



## References for blog post: How Liver Function affects Hormone Balance

1. Das SK & Vasudevan DM. Protective effects of silymarin, a milk thistle derivative on ethanol-induced oxidative stress in liver. Indian J Biochem Biophys. 2006; 43 (5): 306-11.
2. Kidd PM. Glutathione: systemic protectant against oxidative and free radical damage. Altern Med Rev. 1997; 2 (3):155-176.
3. Kortsaliouodaki C, Taylor RM et al. Safety and efficacy of N-acetyl cysteine in children with non-acetaminophen-induced acute liver failure. Liver Transpl. 2008; 14 (1): 25-30.
4. Liska D J. The detoxification enzyme systems. Altern Med Rev. 1998; 3 (3): 187-98.
5. Luper S. A review of plants used in the treatment of liver disease: part 2. Altern Med Rev. 1999; 4 (3): 178-189.
6. McCord A. Milk thistle may help improve liver health in people with HIV and hepatitis C. Proj Inf Perspect. 2008; (46): 18.
7. Murray MT & Pizzorno JE (1999). Textbook of natural medicine, 2nd ed. Churchill Livingstone: USA.
8. Parcell S. Sulphur in human nutrition and applications in medicine. Altern Med Rev. 2002; 7 (1): 22-24.
9. Pizzorno J (1996). Total Wellness. Prima Publishing: USA.
10. Trickey R (2003). Womens Hormones and the menstrual cycle. Allen & Unwin: Australia.