

Amchara

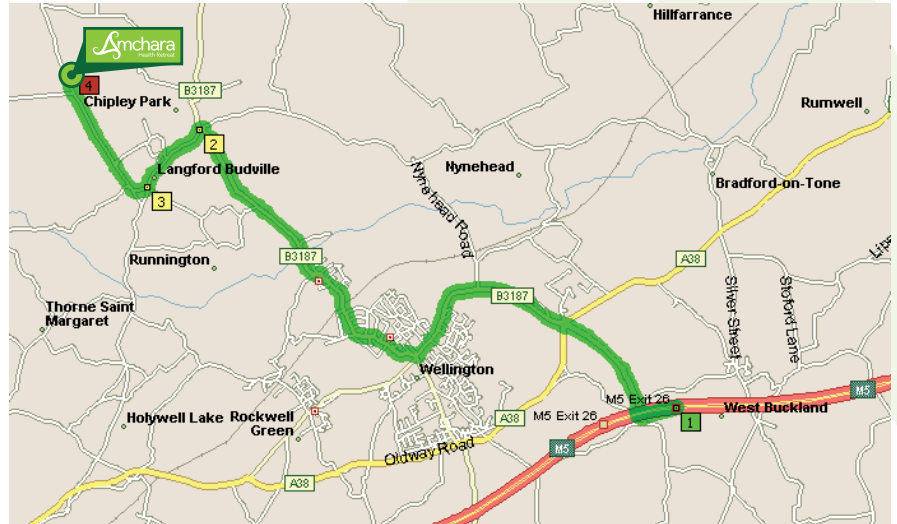
Health Retreat

Directions to Amchara's Health Retreat

The location for Amchara is; Bindon House, Langford Budville, TA21 0RU.

If you're travelling by car:

Exit the M5 at Junction 26 (1) -Take the A38 to Wellington-After one mile take the B3187 into Wellington and at the 2nd set of traffic lights turn right staying on the B3187 to Langford Budville after approximately 2.5 miles there is a sharp hand bend (2) turn left to the village - Drive through the village and take the next right (3) towards Wiveliscombe (Follow the Hotel Brown Finger Signs)-turn right again at the next junction and after one mile you will pass Bindon Farm and after a further 450 yards take the next right for Bindon Country House (4).



Nearest Airports:

Exeter Airport 01392 367 433 - www.exeter-airport.co.uk Exeter Airport, Exeter, EX5 2BD

Bristol Airport 0871 334 4344 - www.bristolairport.co.uk Bristol Airport, Bristol, BS48 3DY

Train Station:

Taunton 08457 000 125 - www.nationalrail.co.uk/stations/tau.html Taunton Railway Station, Taunton, TA1 1QW
It takes approximately 20 minutes by taxi from Taunton station to Bindon Country House. The cost is approximately £30 in a taxi from outside the station but if you call 'A Cabs' on 07900 900093, 01823 241124 and book in advance quoting 'Amchara Detox Retreat' at Bindon Country House, they charge £25. Please book in advance as they get very busy.

If you are having any difficulties finding the venue then please feel free to call us on 01823 400070, but we might not be able to get to the phone immediately, so bare with us. On any other day prior to your retreat please use the London number to contact Karen or Justin on 0207 603 7744.

