



2019 Intervalley League District Track Meet Order of Events:

Tuesday May 7th:

4:20 Coaches Meeting @ Finish Line

Field Events- From prelims, top nine competitors will get three additional attempts. Any of the athlete's six attempts count toward placing.

Running Events – Winner of each prelim heat and the next four fastest times will advance to finals on day two

4:30: Field Events Start

Boys High Jump - Sage Valley

Boys Long Jump - TVCS

Boys Discus - Lone Star

Girls Shot Put - Emmett

Girls Triple Jump - South

Girls & Boys Pole Vault - Vallivue

Exchange Zones - Kuna/West/Syringa

Hurdles - East Valley/Middleton/Jefferson

Blocks - Mountain Home

4:30: Running Events:

Medley Relay ----- *Finals*

100 Hurdles ----- Prelims

100----- Prelims

400 open ----- Prelims

200 Hurdles ----- Prelims

200----- Prelims

1600 ----- *Finals*

Wednesday May 8th

4:30: Field Events Start

Girls High Jump - Sage Valley

Girls Long Jump – TVCS

Girls Discus - Lone Star

Boys Shot - Emmett

Boys Triple Jump - South

Exchange Zones - Kuna/West/Syringa

Hurdles - East Valley/Middleton/Jefferson

Blocks - Mountain Home

4:30: Running Events: All Finals

100 Hurdles

4 X 200 Relay

100

400 open

10-15 min BREAK

4 X 100 Relay

200 Hurdles

800 open

200

4 X 400 relay





Scoring: 10-8-6-5-4-3-2-1 Relays 10-8-6-5-4-3-2-1

Additional Responsibilities:

Bull Pen - Jeff Miller, Mark Weekes

Finish Line - Ashley McNeal

Start Line - Rommie Lewis

Announcer - Kevin Henson

Medals - Cass Herbst

Gate - Kuna MS

Concessions - Kuna MS

Gate Security - Brent Harrison

Starter - David Roy

Timing - Vanni Tilzey, Adrien Coronado

Entries: Athletes will be registered for the meet through www.athletic.net. The number of participants will be in accordance with the IVL By-Laws. **In the 100m, 200m, 400m, and 100 and 200 hurdles, we will be taking the top two runners from each school, plus the next four fastest times. Schools are allowed three participants for each field event, the 800m, and 1600m events. One relay team per school for each relay.**

Entries are due by 7:00 PM on Monday May 6. The Meet Program will be sent out that evening – Corrections/Changes are due by 9:00 AM on May 7 emailed to trigsby@nsd131.org

