2019 Sequoyah Invitational - USATF Developmental Track Meet
Hosted by Sequoyah Youth Track
at Sequoyah High School
May 18, 2019

Order of Events

Teams: Cherokee, Creekview, River Ridge, and Sequoyah

7:30am   All field events check in and warm-up.
7:30am   Coaches meeting
8:00am   First call 3000M - all divisions
8:30am   Gun fire first race (3000M)
- Rolling schedule from here. Remaining races will compete youngest to oldest by gender – schedule below
- Note: USATF age division names are as follows: (8 and under), (9-10), (11-12), (13-14), (15-16), (17-18). Age division is determined by the age the child will be on or before December 31. For example, a child who is currently 8, but will turn 9 by the end of the year will compete in the 9 and 10 division.

Competitor Event Limit: 4 events plus relays
Running events listed below will be run in the following order: 8 and Under Girls (G), 8 and Under Boys (B), 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B.

List of Running Events
3000M (Start time 8:30am)
80M Hurdles
100M Hurdles
110M Hurdles
4x100 Relay
400M
1500M
100M
800M
200M
4x400M Relay

Long Jump 8:00am 1st official Jump @ 8am	Shot Put 8:00am 1st official throw @ 8am	High Jump 8:00am 1st official Jump @ 8am	Mini Javelin 9:00am 1st official throw @ 9am	Javelin 8:00am Check in closes 7:50am 1st official Throw @ 8am
9-10 Girl – Pit 1	8 and Under Girl	11-12 Girl	11-12 Boy	13-14,15-16, 17-18 Boy
9-10 Boy – Pit 2	8 and Under Boy	11-12 Boy	11-12 Girl	13-14,15-16, 17-18 Girl
8 and Under Girl – Pit 1	9-10 Girl	13-14 Girl	8 and Under Girl	
8 and Under Boy – Pit 2	9-10 Boy	13-14 Boy	8 and Under Boy	
11-12 Girl – Pit 1	13-14 Girl	15-16, 17-18 Girl	9-10 Girl	
11-12 Boy – Pit 2	13-14 Boy	15-16, 17-18 Boy	9-10 Boy	
13-14 Girl – Pit 1	15-16, 17-18 Girl	9-10 Girl		
13-14 Boy – Pit 2	15-16, 17-18 Boy	9-10 Boy		
15-16, 17-18 Girl – Pit 1	11-12 Girl			
15-16, 17-18 Boy – Pit 2	11-12 Boy			

All Field Events: All field events check in at the field event stations. The running event takes precedence. Check with event volunteer about returning after a race.