<u>Dan Christie Relays</u> <u>Prosper High School Track Markings</u>

Start Lines:

3200m -- Waterfall

4x100m Relay -- Solid Yellow Line

800m -- Solid White to (cut in) Dotted Green Line
100m Hurdles -- White (100 in Yellow) to Common Finish
110m Hurdles -- White (110 in blue) to Common Finish

100m -- White Line
4 x 200m Relay -- Dark Blue Line
400m -- Solid Yellow Line
300m Hurdles -- Solid White Line
200m -- Solid White Line

1600m -- Waterfall 4 x 400m Relay -- Blue Line

Exchange Zone Markings:

400m Relay -- Yellow to Yellow (ALL)

800m Relay -- 1st Exchange - Dark Blue to Dark Blue

2nd Exchange - Dark Blue to Dark Blue 3rd Exchange - Dark Blue to Dark Blue

1600m Relay -- 1st Exchange - Blue

2nd and 3rd Exchange - Shuffle Blue

Hurdle Markings:

100m Hurdles -- Yellow Dash -- 1 Hole 110m Hurdles -- Blue Dash -- 3 Holes

300m Hurdles -- Black Dash -- Girls 0 Holes/Boys 2 Holes