

Palmetto State Games Championship

July 17-18, 2020

Columbia International University /Columbia, South Carolina



Championship Meet

This event is open to everyone. All ages and levels. Age groups and genders may be run together. The meet is open to people from other states as well but only South Carolina residents will be eligible for SC Championship awards & state records.

COVID 19

We must do this event safely for all the participants, officials, and spectators. We will strictly follow all USATF & CDC guidelines. With this in mind, things will be fluid regarding the schedule and how we administer the field events. More information will follow as we get closer to the event. Field sizes will determine the schedule and may be limited if necessary. Spectator will also be limited if necessary. We are working to do a live stream of the event. Please be patient and work with us as we try to pull this event together and be as safe as possible.

Palmetto State Games Championship Meet 2020

Tentative Schedule / Final Posted 7-15

Final Schedule

Friday

3:00 PM Pole Vault
3:00 PM Javelin
6:00 PM High Jump
6:00 PM Shot Put

Friday

5:00 PM 2000m Steeplechase
5:45 PM 100 HH / 110m HH
6:00 PM Mile
7:00 PM 5000m
8:00 PM 4 x 800m Relay

Boys then Girls

Saturday

8:30 AM Hammer Throw
10:00 AM Long Jump
2:00 PM Triple Jump
2:00 PM Discus

Saturday

10:00 AM 4 x 100m Relay
10:30 AM 3000m
11:15 AM 400m Hurdle
12:00 PM 100m
1:00 PM 400m
1:45 PM 800m
2:00 PM 200m
3:00 PM 4 X 400m Relay

This is a general outline of the schedule. Event times will be dictated by the number of entries and spread out as much as possible to reduce risk. In the throws and horizontal jumps, there will be 4 attempts only with no finals.

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Entry Fees / Deadline @ Palmettostategames.com

The entry fee is \$20 per event. (Refunds will only be given if event is canceled. Processing fees are not refundable.) Entry deadline is Thursday July 15 at Midnight. No Exceptions! Field sizes will be limited with first come first serve. There will be no exceptions once entries fill up.

Spectators & Parking

Spectators will be charged \$5/person at the gate. Spectator parking will be across the boulevard, handicap will be right across from the track in front of Ben Lippen. Buses in the gravel lot below the track, behind the jumbotron. Proceeds go to help fund the CIU track and field.

Concessions

Will be available throughout the meet with the restrooms adjacent to the concessions stand.

Spikes & Info

¼ inch pyramid spikes only, no Christmas Trees!! Team tent areas will be in the field behind the jumbotron.

T-Shirts

T-Shirts are available for sale but must be preordered online when doing entries. No shirts will be sold onsite. Shirts will be available for pick up onsite.

COVID 19 Action Plan and Protocols

- Everyone entering the facility will be screened when entering the gates.
- Please bring your own hand sanitizer and apply to your hands periodically. Apply before and after each race/throw/jump.
- All participants, spectators, staff, & officials are encouraged to wear masks. Athletes are not required to wear a mask while competing.
- All athletes & spectators must provide their own water.

Clerking & Check-In

There will be no clerking and holding area. Heat Sheets will be posted online with specific times to report. There will then be a call to the line.

Athletes will get their hip numbers at the line and maintain appropriate social distancing whenever possible.

Throws

Athletes will be required to retrieve their own implements after they throw. Please stay alert.

Relays

There will be no relays for this event.

Be alert! This information will change over the next few days at things become clearer and guidance is given.

This document is developing as we go. Please check back periodically.