LARRY STEEB Memorial Track & Field Meet of Champions

TUESDAY, JUNE 1, 2021

IT'S GREAT TO BE BACK ON THE TRACK!

THIS IS A FUNDRAISER FOR THE DEXTER TRACK & FIELD PROGRAM. THANKS FOR ATTENDING!

FIELD EVENTS BEGIN AT 4:00.

THROWING EVENTS.

FOUR Throws per contestant. NO FINALS.

Throwers will throw 2 – 2 in seeded order. Throwers will throw in order of worst to first.

SHOT PUT – women throw first. No measure under 39' 00 for men / 28' 00 for women.

DISCUS – men throw first No measure under 110' 00 for men / 80' 00 for women.

LONG JUMP - TWO PITS.

Men and Women will jump simultaneously.

OPEN PIT FROM 4:30 – 5:45 PITS WILL CLOSE AT 5:45!

FOUR attempts per contestant. NO FINALS. No measure under 17' 06 for men / 13' 06 for women.

HIGH JUMP - MEN JUMP FIRST FOLLOWED BY WOMEN.

Men's opening Height will be 5' 04" Women's opening Height will be 4' 04" All raises will be two inches.

POLE VAULT - TWO PITS

Men and Women Vault simultaneously

Women's opening height will be 8'09" Men's opening height will be 10"06 All raises will be six inches.

TRACK EVENTS WILL BEGIN AT 4:00 AND RUN IN THE FOLLOWING ORDER.

Track events – 2021 is an "ODD" year – this means WOMEN's events run first on the track!

No Semi-Final Heats. No prelims. Heats seeded by time. Fastest run vs. fastest. Top six FAT Time earn medals.

4:00 Shuttle Hurdle Relay (Boys: 4 x 110m @ 39" / Girls: 4 x 100m @ 33")

4:30 3200 Meter Relay (4 x 800)

5:00 100 / 110 Meter Hurdles.

100 Meter Dash

4 x 200 Meter Relay

Freshman 1600 Meter Run

1600 Meter Run

4 x 100 Meter Relay

400 Meter Dash

300 Meter Hurdles

800 Meter Run

200 Meter Dash

Distance Medley Relay (1200 – 400 – 800 – 1600)

4 x 400 Meter Relay

LIVE RESULTS WILL BE POSTED.

Visit: http://www.a2racemanagement.com/live2

PROBLEMS?

We will try solve it but we must follow the rules and be fair to all.

We are human. We do make mistakes. Be patient please! It takes a village to host a good track meet!

^{*}There will be an awards ceremony for Athletes of the Year and Coaches of Year at the conclusion of the 100 dash.

^{*}This will be a short 15 – 20 minute intermission.