

2021 Dakotas Association Invitational

Friday - Saturday, June 18-19, 2021
MDU Community Bowl, Bismarck ,ND

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

8 & under (born 2013 +)
9 - 10 (born 2011-2012)
11 - 12 (born 2009-2010)
13 - 14 (born 2007-2008)
15 - 16 (born 2005-2006)
17 - 18 (born 2003-2004)
* athletes born in 2003 are also eligible if they do not turn 19 on or before 7/30/2021



Event Entry:

Step 1: Become a USATF Member – go to <https://www.usatf.org/home/top-utility-nav-content/membership> for a discounted entry fee (\$20 for members, \$25 for non-members). A USATF membership is not a requirement for this meet.

Step 2: On <https://usatf.sport80.com/> once you have a membership, go to Athlete Verification and download a copy of your child's birth certificate. The USATF National office will verify age within 5 business days.

Step 3: Go to athletic.net, start an account and search for the meet if unattached. Club coaches usually enter their athletes, so refer to your coaches on their process.

Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2021 members of USATF in good standing.

Relay Teams: Only registered 2021 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership.

ENTRY PROCESS:

Individual Entries: \$20 per athlete (USATF member), \$25 non-USATF members
Multi event: \$10 per athlete (USATF member), \$15 non-USATF members

Club Administrators and Unattached Athletes should register online at <https://www.athletic.net/TrackAndField/meet/409647/info>. **Late entries will not be allowed. Fees must be paid online by the close of registration by noon on Wednesday, June 16.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. False information will result in disqualification. An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>

AWARDS: Medals will be awarded to the top six (6) individuals and the top four (4) relay teams in each event of each age division.

ADVANCEMENTS:

Meet advancement will be at the discretion of the athletes since there will be no advancement by placement qualification. A list of suggested standards will be published soon. The National Junior Olympic Championships will be held from Monday, July 26th to Sunday, August 1st in Jacksonville, FL. Information is available at:

<https://www.usatf.org/events/2021/2021-usatf-national-junior-olympic-track-field-cha>

SCHEDULE:

Friday, June 18th – Combined Events Day 1

12:00PM Decathlon (100, LJ, SP, HJ, 400m) 15-16(B), 17-18(M), OPEN, MASTERS
12:30PM Heptathlon (100H, HJ, SP, 200) 15-16(G), 17-18(W), OPEN, MASTERS
4:00PM Pentathlon (80H, SP, HJ, LJ, 800/1500) 11-12(G-B), 13-14(G-B)
Triathlon (SP, HJ, 200/400) 9-10(G), 9-10(B)

Saturday, June 19th - Combined Events – Day 2

9:00AM Decathlon (110H, Discus, PV, Javelin, 1500)
Heptathlon (LJ, Javelin, 800)

Field Events – Day 2 – June 19th- Day 2

**indicates estimated times*

Open/Masters athletes will compete in the older age group sections

9:00AM 1500RW (9-10) 11-12), 3K (13-14) (15-16) (17-18), 5K Racewalk Championships

12:00PM Pole Vault Girls– (13-14), (15-16), (17-18)

High Jump Girls – (13-14), (15-16), (17-18) *(12:00-1:00)
(9-10), (11-12) *(1:00-2:00)

Long Jump Boys – (8 & U), (9-10), (11-12) *Cafeteria Style per Age Sections *(12:00-1:30) *4 jumps
(13-14), (15-16), (17-18) *Cafeteria style per age Sections *(1:30-on) *4 jumps

Long Jump Girls - (8 &U), (9-10), (11-12) *Cafeteria Style per Age Sections *(12:00-1:30) *4 jumps
(13-14), (15-16), (17-18) *Cafeteria Style per Age Sections *(1:30-on) *4 jumps

Triple to follow LJ:

Triple Jump Girls - (13-14), (15-16), (17-18) *Cafeteria Style – 4 jumps

Triple Jump Boys - (13-14), (15-16), (17-18) *Cafeteria Style – 4 jumps

Shot Put Girls - (13-14), (15-16), (17-18) *Cafeteria Style per Age Sections *(12:00-1:00)
(8 &U), (9-10), (11-12) *Cafeteria Style per Age Sections *(1:00-2:00)

Javelin Boys - (13-14), (15-16), (17-18) *Cafeteria Style per Age Sections *(12:00-1:00)
(8 &U), (9-10), (11-12) *Cafeteria Style per Age Sections *(1:00-2:00)

1:00PM Hammer – Girls & Boys (15-16), (17-18)

2:00PM Pole Vault Boys - (13-14), (15-16), (17-18)

High Jump Boys – (13-14), (15-16), (17-18) *(2:00-3:00)
(9-10), (11-12) *(3:00-4:00)

Shot Put Boys – (13-14), (15-16), (17-18) *(2:00-3:00)
(8 &U), (9-10), (11-12) *(3:00-4:00)

Javelin Girls - (8 &U), (9-10), (11-12) *(2:00-3:00)
(13-14), (15-16), (17-18) *(3:00-4:00)

3:00PM Girls & Boys Discus - (11-12), (13-14), (15-16), (17-18) * Cafeteria Style

Running Schedule – June 19th, 2020

(8 & U), (9-10), (11-12), (13-14), (15-16), (17-18) *Girls followed by Boys in each age group. *Followed by Open W&M & Masters W&M.

1:00 PM ***Rolling Time Schedule**
2000m Steeplechase - (15-16), (17-18)
3000m Run – (11-12), (13-14), (15-16), (17-18)
4X100 Relay – All age groups
80m Hurdles – (G/B 11-12)
100m Hurdles – (G/B 13-14) (G15-16) (G17-18)
110m Hurdles – (B15-16) (B17-18)
100m Dash – All Age Groups
400m Dash – All Age Groups
4X800 Relay - (11-12), (13-14), (15-16), (17-18)
200m Dash – All Age Groups
800m Run – All Age Groups
200m Hurdles – (G/B 13-14)
400m Hurdles – (15-16), (17-18)
1500m Run – All Age Groups
4X400 Relay – All Age Groups

IMPLEMENT WEIGH-IN: Combined event weigh-ins will be before competition on Day 1.
All field event weigh-ins will be done Saturday morning from 11:00-12:30PM on the southwest area of the track.

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front of their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$5.00. Bib numbers will be distributed to athletes during athlete check-in from 11:00AM to 12:00 Noon at the southwest gate entrance.

EVENT RESULTS: During competition, event results will be posted on athletic.net.

PROTESTS: Protests must be submitted to the Head Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

GATE ADMISSION FEES: \$5, Free 5 & under

CONTACT:

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