

ANN ARBOR RUNNING COMPANY & RUNNING FIT
DEXTER "WELCOME BACK TO THE TRACK" INVITATIONAL

THE MEET WILL BE AN UNSCORED EVENT.

THE MEET WILL HAVE A REGIONAL FORMAT.

WE WILL LIMIT THIS EVENT TO 8 SCHOOLS / 8 TEAMS PER GENDER

DATE: Saturday, April 24, 2021 SITE: Dexter HS Track

2615 BAKER ROAD NEXT TO THE CREEKSIDE ELEMENTARY SCHOOL

DEXTER HIGH SCHOOL HAS A STATE OF THE ART FACILITY!

THE MEET FORMAT WILL BE SIMILAR TO A MITS EVENT.

EACH TEAM WILL BE ALLOWED TO BRING FIFTY ATHLETES TO COMPETE.

Example: Dexter Women can have 50 athletes compete / Dexter Men can have 50 athletes compete.

ATHLETES CAN PARTICIPATE IN A MAXIMUM OF FOUR EVENTS EACH.

This format will allow both varsity and reserve athletes from your team to have a chance to compete!

You can run multiple relays in each relay event.

There is no limit to the number of athletes you can have compete in any event.

ENTRY FEE: \$225 per team / \$450 combined men + women

**IN ORDER TO COMBAT THE VIRAL SPREAD WE ASK THAT IF YOUR SCHOOL DECIDES TO ATTEND,
BOTH YOUR MEN'S AND WOMEN'S TEAMS COMPETE.**

ALL ENTRIES WILL BE PROCESSED ON ATHLETIC.NET

We will seed entries on the day of the meet (just like MITS Meets).

Enter ALL athletes into the 100 M Dash on A-Net.

No need to seed entries by performances prior to the meet.

This will allow you to have maximum flexibility with your lineup.

We will use a wristband system to record results. If you enter athletes into the 100 M. Dash they will get a wristband.

NOTE: ALL RESULTS will be available on line during the meet and will also be emailed upon completion of the meet.

NOTE: Contact Meet Manager Tom (Mick) Micallef with questions. 734.649.2091

Email: tommicallef@gmail.com US MAIL: Tom Micallef / Meet Manager 7184 Steeplechase Drive Saline, MI 48176

Register on Athletic.net but please, we need contracts returned via email or US mail to insure your spot in this event.

EACH TEAM WILL BE GIVEN 25 MEET AWARDS.

Awards will be given to head coaches. Head Coach can then distribute awards to athletes who had memorable performances. There will be a variety of awards. Awards will come from a variety of sponsors of this event.

FIELD EVENTS will begin at 9:30 AM:

TRACK EVENTS will begin at 10:00 am

3200 RELAY	Multiple Heats	
100 / 110 HURDLES:	Multiple Heats.	No rounds of competition.
100 DASH	Multiple Heats.	No rounds of competition.
800 RELAY	Multiple Heats	
1600 RUN	Multiple Heats	
400 RELAY	Multiple Heats	
400 DASH	Multiple Heats	
300 HURDLES	Multiple Heats	
800 RUN	Multiple Heats	
200 DASH	Multiple Heats.	No rounds of competition.
3200 RUN	Multiple Heats	
1600 RELAY	Multiple Heats	

Note Please: Due to the uncertainty of the state of athletic competitions in Michigan, meet management reserves the right to make changes to the format listed above. We will keep you informed of changes. Additional Information will be distributed to coaches as we approach the starting line of this event.