

Orvik-Radke Classic
Minot High School Duane Carlson Stadium
Friday, May 14

3:00 Pole vault

Shot put

Javelin

High jump

4:15 4 x 800 meter relay

300 meter hurdles

100 meter dash

4 x 200 meter relay

1600 meter run

4 x 100 meter relay

400 meter dash

110 meter hurdles

800 meter run

200 meter dash

3200 meter run

4 x 400 meter relay

Note: Teams can enter 5 athletes per event and one relay

Long Jump will start immediately after High Jump is completed.

Triple Jump will start immediately after Long Jump is completed.

Discus will start immediately after the Shot put is completed.

Orvik-Radke CLASSIC TRACK AND FIELD MEET MEET RECORDS

100 meters	Chad Loosemore; Fargo South HS	10.57	1992
	Mike Ekroth; Mandan HS	10.57	1987
200 meters	Mike Ekroth; Mandan HS	21.20	1987
400 meters	Jason Breitzman; Bismarck HS	48.41	1995
800 meters	Ken Norton; Mandan HS	1:56.20	1981
1600 meters	Jake Leingang; Bismarck HS	4:18.37	2012
3200 meters	Jake Leingang; Bismarck HS	9:26.65	2013
110 hurdles	Weston Leutz; Century HS	13.91	2006
300 hurdles	Ryan Chappell; GF Central HS	37.72	2004
4 x 100 relay	Fargo South HS	42.90	1987
4 x 200 relay	Fargo South HS	1:29.40	1987
4 x 400 relay	Century HS	3:21.55	2014
4 x 800 relay	Mandan HS	7:57.31	2004
Shot Put	Howard Hausauer; Bismarck HS	65'08.50	1987
Discus	Brian Burke; GF Red River	196'01.50	2013
Javelin (retired)	Brian Hogan; Jamestown HS	197'00.00	1978
Javelin	John Buehler; Dickinson HS	195'05.00	1994
Pole Vault	Joe Plencner; Fargo South HS	15'06.00	2005
High Jump	Charles Pokladnik; Bismarck HS	6'10.25	1991
Long Jump	Adrian Davis-Aguilar; Minot	23'04.50	2018
Triple Jump	Mike Backes; Red River HS	45'08.00	1998

General Info Before a meet:

Pre-entered - event entries with season-best marks.

Event entries will be done through Athleticnet.

Late entries may not be seeded at Marshall, but will be allowed to compete (often last heat or first flight).

Please email scratches after the entry deadline to dhysjulien@mymmps.us (701-721-4562).

Please bring a supply of tape and athletic training supplies for your athletes.

Sports medicine staff will be available, but athletes should bring supplies for their own taping needs.

Spectators are allowed. Admission is \$5 adults, \$5 K-12 students

Entry fee is \$150. Send team entry fees to: attn: Jody Kraft; Minot High School; 215 2nd St SE; Minot, ND 58701.

Dressing and shower facilities at Magic City Campus are available by request prior to meet day.

At the meets:

Competitors in the field events must report to check-in before they are called to compete.

A busy competitor or their coach must check-in to request flight adjustments prior to their call.

Any athlete arriving after finals begin will not be allowed to compete.

The following scoring system will be used: 10-8-6-5-4-3-2-1.

Concessions are available at Duane Carlson track stadium.

Only 1/4" cone spikes may be used on the track surface and the jumping approaches.

All running events will be timed finals. Starting blocks will be furnished. No outside blocks allowed.

Outdoor throwing events will take place downhill from the stadium to the lower North throwing fields.

Each team must be responsible for their own personal belongings and equipment, and any losses.

The pole vault will start with the bar at 10'0" and the bar will be raised at 6" increments until a champion is determined.

The high jump will start with the bar at 5'4" and the bar will be raised at 2" increments until a champion is determined.

No team camps on the infield.

Conduct and eligibility according to the rules of the NDHSAA.