

2021 Top-5 Meet

Seaside High School
2200 Noche Buena St
Seaside, CA 93955

Saturday – July 10, 2021

Sunday – July 11, 2021

The Pacific Association of USA Track and Field (USATF) welcomes you to the 2021 Top 5 Meet hosted by Maneuver Athletics. The competition will be held Saturday and Sunday, July 10-11, 2021 at Seaside High School in Seaside, CA (15 Minutes north of Monterey).

Meet Director: Cris Houston pa.youthXC@gmail.com

NO LATE REGISTRATION

There will be no late registration and no same-day registration. You must complete your registration process through athletic.net before 9 pm, Wednesday July 7th, 2021

Admission – Spectators admission: \$5 Adults (6 and under free)

- This meet will be subject to 2021 USATF Rules of Competition. Please review the 2021 USATF Rules at: [2021 USATF Competition Rules](#)
 - **Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**
- **Implements may only be used for warm-up during an organized warm-up under the supervision of the event's head official. Athletes failing to follow this rule are subject to immediate disqualification.**

Competition Age Groups

Age Group	Age on 12/31/2021	Maximum Amount of Events
Group 1	7 - 8	3 events
Group 2	9 - 10	3 events
Group 3	11 - 12	3 events
Group 4	13 - 14	4 events
Group 5	15 - 16	4 events

Revised 6/28/2021

Group 6	17 - 18	4 events
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SATURDAY - Events Schedule
July 10, 2021

Field Events

<u>Event</u>	<u>Age Group</u>	<u>Time</u>
<u>Long Jump</u> (2 pits)	Group 3 ▶ 2 ▶ 1 Girls/Boys	09:00:00 AM
<u>Triple Jump</u>	Group 4 ▶ 5 ▶ 6 Boys/Girls	Following Long Jump
(groups may be combined)		
<u>Pole Vault</u>	Group 4, 5, 6 Girls	09:00:00 AM
	Group 4, 5, 6 Boys	Following girls
<u>Javelin</u>	Group 4, 5, 6 Girls	08:00:00 AM
	Group 4, 5, 6 Boys	Following girls
<u>Discus</u>	Group 5/6 Boys	8:00
	Group 5/6 Girls	▼
	Group 4 Girls / Boys	▼
	Group 3 Girls / Boys	▼

Track Events

<u>Event</u>	<u>Age Group</u>	<u>Time</u>
1500m RW Finals	Group 2 and Group 3 Girls / Boys	10:00
3000m RW Finals	Group 4 through Group 6 Girls / Boys	
3000 Meter Finals	Group 3 through Group 6 Girls / Boys	
100m Dash Trials	Group 6 through Group 1 Girls / Boys	
800m Run Finals	Group 1 through Group 6 Girls / Boys	
80m Hurdle Trials	Group 3 Girls / Boys	
100m Hurdle Trials	Group 4 Girls / Boys	
100m Hurdle Trials	Group 5, Group 6 Girls,	
110m Hurdle Trials	Group 5, Group 6 Boys,	
4x800 Meter Relay	Group 3 through Group 6 Girls / Boys	

100m Dash Finals	Group 1 through Group 6 Girls / Boys	
400m Dash Finals	Group 1 through Group 6 Girls / Boys	

SUNDAY - Events Schedule

July 11, 2021

Field Events

Event	Age Group	Time	Event	Age Group	Time
Shot Put	Group 4 Girls / Boys 8:00	08:00	Long Jump	Group 4 Girls / Boys	08:00
Shot Put	Group 5 Girls / Boys		Long Jump	Group 5 Girls / Boys	
	Group 6 Girls / Boys		Long Jump	Group 6 Girls / Boys	
	Group 1 Girls/Boys				
	Group 2 Girls/Boys		<u>Aero</u> Javelin	Group 3 Girls / Boys	08:00
	Group 3 Girls/Boys		Mini Javelin	Group 2 Girls / Boys	
			Mini Javelin	Group 1 Girls / Boys	
High Jump	Group 6 Girls / Boys	08:00			
	Group 5 Girls / Boys				
	Group 4 Girls / Boys				
	Group 3 Girls / Boys				
	Group 2 Girls / Boys				

Track Events

Event	Age Group	Time
200m Dash Trials	Group 6 through Group 1 Girls / Boys	09:00
1500 Meter Run Finals	Group 1 through Group 6 Girls / Boys	
200 Meter Hurdle Finals	Group 4 Girls / Boys	
400 Meter Hurdle Finals	Group 5 and Group 6 Girls / Boys	
4x100 Meter Relay Finals	Group 1 through Group 6 Girls / Boys	
200 Meter Dash Finals	Group 1 through Group 6 Girls / Boys	
80/100/110 Meter Hurdle Finals <u>if required</u>	Group 3 > 6 Girls / Boys	

4x400 Meter Relay Finals	Group 1 through Group 6 Girls / Boys	
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Additional Information

- **Check-in** – There will be a first and final call for all events during the track meet. Athletes must arrive at check-in no later than final call. Field event athletes check in at the field event.
 - **All four members of a relay team must check in together** at the Clerk of the Course and all four members uniforms must match
 - If an athlete is competing in a field event and their running event has been called for check-in, the athlete **must check out of the field event; once released by the head field event official the athlete must check-in at the running event.**
 - The athlete will be allowed to return to their field event, but must report to the starting line prior to the start of their race.
 - As soon as the athlete completes the running event they need to check back into the field event.
- **Youth Start Rules** – Group 5 and Group 6 athletes must utilize starting-blocks from a crouched position in all events 400 Meters or less and relays where the first leg is 400 Meters or less. This rule is waived for Groups 1 through Group 4.
 - Group 5 and Group 6 athletes are not allowed any false starts, same as their high school rule.
 - Groups 1 through Group 4 are allowed one false start. False starts are called on the individual, not the field.
- **Bib Numbers & Hip Numbers** – Bib numbers will be distributed at packet pick-up. Athletes use the same bib number for all events. All athletes must have a bib number assigned to them in order to compete
 - **Bib numbers must be worn on the front of the jersey in all events.** An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back if they prefer
 - **\$5 cash charge for replacement bib numbers**
 - For all running and race walking events, athletes will be assigned a hip number when they check in with the Clerk of the Course
 - Hip numbers must be worn on the hip (hip facing camera while competing – not the butt or the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line
 - In some of the longer distance races hip numbers may also be placed on the front of the shirt to assist with lap counting

Medical Services & Security

Emergency medical services will be available on-site at all sessions of the championships. Additional medical facilities are within minutes of the stadium and the local Fire Department and Rescue Unit is located minutes from the stadium.

Stadium Rules

- **Access to infield / Clerk of Course area:** Only athletes who are competing will be allowed access to the track or Clerk of the Course area.
- **Tents** – Allowed on the top row of the bleachers only but cannot block the announcer's area. **Tents must be securely tied down at all times.** Tents must be broken down and removed from the stadium at the completion of competition each day. School and USATF are not

responsible for lost or stolen items.

- **Alcohol** – There is no alcohol permitted on school grounds.
- **Smoking** – All California public schools campus are smoke/drug free zones. Smoking is not allowed on the campus including parking lots and undeveloped areas. This includes e-cigarettes, vaping and non-tobacco “smoking” products.
- **Coolers** – Permitted inside the stadium; however, GLASS CONTAINERS in the coolers ARE NOT PERMITTED. Coolers will be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium.
- **Food Services** – Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal.
 - BBQs are not allowed anywhere on the facility.
 - Sunflower seeds are not allowed in the stadium