

**Friday, June 11, 2021**

**Running Events 4:30 pm Start**

1500m Race Walk (9-10, 11-12)  
3000m Race Walk (13-14, 15-16, 17-18)  
2000m Steeplechase (15-16, 17-18)

**Field Events 5:30 pm Start**

Hammer (15-16, 17-18)  
Para Shot Put (All Age Groups)

**Saturday, June 12, 2021**

**Running Events 9:00 am Start**

3000m (11-12, 13-14, 15-16, 17-18)  
4x800m Relay (All Age Groups)  
80m Hurdle Trials G/B (11-12)  
100m Hurdle Trials (13-14G, 15-16G,  
17-18G, 13-14B)  
110m Hurdle Trials (15-16B, 17-18BB)  
Hurdle Finals (Same Order, unless 8 or less  
in Age Group)  
Para 100m (All Age Groups – Timed Final)  
100m Trials (All Age Groups)  
1500m (All Age Groups)  
4x100 Relay (All Age Groups)  
100m Finals (Same Order, unless 8 or less  
in Age Group)

100m Trials (All Age Groups)

**Field Events 9:00 am Start**

Shot Put B/G (8 & Under, 9-10, 11-12,  
13-14, 15-16, 17-18)  
Discus G/B (11-12, 13-14, 15-16, 17-18)  
Long Jump B (8 & Under, 11-12, 13-14,  
15-16, 17-18)  
High Jump G (9-0, 11-12, 13-14, 15-16,  
17-18)  
Triple Jump G (13-14, 15-16, 17-18)  
(Following Long Jump)

**Sunday, June 13, 2021**

**Running Events 9:00 am Start**

Para 400m (All Age Groups)  
400m (All Age Groups)  
200m Hurdle Final G/B (13-14)  
400m Hurdle Final G/B (15-16, 17-18)  
800m (All Age Groups)  
Para 200m (All Age Groups – Timed Final)  
200m (All Age Groups – Timed Final)  
4x400m Relay (All Age Groups)

**Field Events 9:00 am Start**

Mini Javelin G/B (8 & Under, 9-10, 11-12)  
Javelin Throw (13-14G; 13-14B; 15-16G;  
15-16B; 17-18G; 17-18B) (Following Mini  
Javelin)  
Pole Vault B/G (13-14, 15-16, 17-18)  
Long Jump G (8 & Under 11-12, 13-14,  
15-16, 17-18)  
High Jump B (9-10, 11-12, 13-14, 15-16,  
17-18)  
Triple Jump B (13-14, 15-16, 17-18)  
(Following Long Jump)