

**2022 CIFSDS Girls Track & Field Finals Schedule**

**Saturday, May 21, 2022**

**Running Events**

| Time  | Heat | Event                  |
|-------|------|------------------------|
| 10:00 | 1    | Girl's 400 Relay       |
| 10:04 | 2    | Girl's 400 Relay       |
| 10:08 | 3    | Girl's 400 Relay       |
| 10:20 | 1    | Girl's 1600m           |
| 10:28 | 2    | Girl's 1600m           |
| 10:40 | 1    | Girl's 100 HH          |
| 10:44 | 2    | Girl's 100 HH          |
| 10:48 | 3    | Girl's 100 HH          |
| 11:00 | 1    | Girl's 400m            |
| 11:04 | 2    | Girl's 400m            |
| 11:08 | 3    | Girl's 400m            |
| 11:20 | 1    | Girl's 100m            |
| 11:24 | 2    | Girl's 100m            |
| 11:28 | 3    | Girl's 100m            |
| 11:31 | 1    | Girl's 100m Ambulatory |
| 11:34 | 1    | Girl's 100m Wheelchair |
| 11:40 | 1    | Girl's 800m            |
| 11:45 | 2    | Girl's 800m            |
| 11:57 | 1    | Girl's 300 LH          |
| 12:01 | 2    | Girl's 300 LH          |
| 12:05 | 3    | Girl's 300 LH          |
| 12:17 | 1    | Girl's 200m            |
| 12:21 | 2    | Girl's 200m            |
| 12:25 | 3    | Girl's 200m            |
| 12:37 |      | Girl's 3200m           |
| 12:57 | 1    | Girl's 1600 Relay      |
| 1:05  | 2    | Girl's 1600 Relay      |
| 1:13  | 3    | Girl's 1600 Relay      |

**Field Events**

| Time  | Flight | Event                      |
|-------|--------|----------------------------|
| 9:00  | 1      | Girl's Long Jump           |
| 9:00  | 2      | Girl's Long Jump           |
| 9:10  | 1      | Girl's Shot Put            |
| 9:10  | 2      | Girl's Shot Put            |
| 10:30 | 1      | Girl's Shot Put Wheelchair |
| 9:20  | 1      | Girl's High Jump           |
| 9:20  | 2      | Girl's High Jump           |
| 10:30 | 1      | Girl's Pole Vault          |
| 10:30 | 2      | Girl's Pole Vault          |
| 11:00 |        | Girl's Discus              |
| 11:15 | 1      | Girl's Triple Jump         |
| 11:15 | 2      | Girl's Triple Jump         |

**Running Events**

| Time | Heat | Event                   |
|------|------|-------------------------|
| 2:55 | 1    | Boy's 400 Relay Unified |
| 3:00 | 1    | Boy's 400 Relay         |
| 3:04 | 2    | Boy's 400 Relay         |
| 3:08 | 3    | Boy's 400 Relay         |
| 3:20 | 1    | Boy's 1600m             |
| 3:28 | 2    | Boy's 1600m             |
| 3:40 | 1    | Boy's 100 HH            |
| 3:44 | 2    | Boy's 100 HH            |
| 3:48 | 3    | Boy's 100 HH            |
| 3:53 | 1    | Boy's 400m Wheelchair   |
| 4:00 | 1    | Boy's 400m              |
| 4:04 | 2    | Boy's 400m              |
| 4:08 | 3    | Boy's 400m              |
| 4:12 | 2    | Boy's 100m Unified      |
| 4:20 | 1    | Boy's 100m              |
| 4:24 | 2    | Boy's 100m              |
| 4:28 | 3    | Boy's 100m              |
| 4:31 | 1    | Boy's 100m Ambulatory   |
| 4:34 | 1    | Boy's 100m Wheelchair   |
| 4:40 | 1    | Boy's 800m              |
| 4:45 | 2    | Boy's 800m              |
| 4:57 | 1    | Boy's 300 LH            |
| 5:01 | 2    | Boy's 300 LH            |
| 5:05 | 3    | Boy's 300 LH            |
| 5:17 | 1    | Boy's 200m              |
| 5:21 | 2    | Boy's 200m              |
| 5:25 | 3    | Boy's 200m              |
| 5:28 | 1    | Boy's 200m Ambulatory   |
| 5:31 | 1    | Boy's 200m Wheelchair   |
| 5:37 |      | Boy's 3200m             |
| 5:57 | 1    | Boy's 1600 Relay        |
| 6:05 | 2    | Boy's 1600 Relay        |
| 6:13 | 3    | Boy's 1600 Relay        |

**Field Events**

| Time | Flight | Event                     |
|------|--------|---------------------------|
| 2:00 | 1      | Boy's Long Jump           |
| 2:00 | 2      | Boy's Long Jump           |
| 2:10 | 1      | Boy's Shot Put            |
| 2:10 | 2      | Boy's Shot Put            |
| 3:30 | 1      | Boy's Shot Put Wheelchair |
| 3:30 | 1      | Boy's Shot Put Unified    |
| 2:20 | 1      | Boy's High Jump           |
| 2:20 | 2      | Boy's High Jump           |
| 3:30 | 1      | Boy's Pole Vault          |
| 3:30 | 2      | Boy's Pole Vault          |
| 4:00 |        | Boy's Discus              |
| 4:15 | 1      | Boy's Triple Jump         |
| 4:15 | 2      | Boy's Triple Jump         |