

W.T. WHITE HIGH SCHOOL

LONGHORNS INVITATIONAL

Attention Coaches,

The W.T. WHITE LONGHORNS INVITATIONAL track meet is Saturday, April 2nd. Our meet is held on an excellent competition track, well organized, run on schedule, with electronic timing, and plenty of space for spectators. This is a great end of season track meet to attend before your district championships. For more information, please email **Coach Michael Martin** at micmartin@dallasisd.org or **Coach Collins** at lacollins@dallasisd.org

Registration: Directathletics.com

Registration: We will limit team entries to the first 16 schools, and precedence will be given to teams with all four divisions (JVG, VG, JVB, VB).

(send back confirmation sheet)

Entry Fees: \$250 Varsity Boys / \$250 Varsity Girls

\$100 JV Boys / \$100 JV Girls

\$600 for all 4 teams

Deadlines: Entry fees due by Friday, March 18th

- **Registration closes Tuesday, March 29th at 5pm.**
- **Email all scratches Thursday, March 31st**
- **Heat sheets emailed Friday, April 1st**

Please make checks payable to:

W.T. White Track Teams

Coach Michael Martin

4505 Ridgeside Drive

Dallas, TX 75244

W.T. WHITE HIGH SCHOOL

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Event Order: JVG, VG, JVB, VB (Rolling Start)

All Running Events are Heat vs Time

1. 3200 (STARTS AT 8:30 am)
2. 4x100m Relay (9:30 am)
3. 800m
4. 100 Hurdles
5. 110 Hurdles
6. 100m
7. 400m
8. 4x200m Relay
9. 300m Hurdles
10. 200m
11. 1600m
12. 4x100m Throwers Relay
13. 4x400m Relay

Long Jump, Triple Jump, Shot Put, Discus,

3 Attempts for Varsity (NO FINALS)

3 Attempts for junior varsity (NO FINALS)

High Jump:

3 Attempts at each height

Girls starting height **4'0 (2" increments up to 5')** NO FINALS

Boys starting height **5'2 (2" increments up to 6')** NO FINALS

NO POLE VAULT

CONFIRMATION SHEET

**Return to:
Attention: Coach Michael Martin
W.T. White High School (Track)
micmartin@dallasisd.org**

SCHOOL _____
COACH NAME _____
E-MAIL _____
SCHOOL PHN _____
COACH CELL _____

CHECK PARTICIPATING TEAM(S)

_____ **VARSITY BOYS (\$250)**
_____ **VARSITY GIRLS (\$250)**
_____ **JUNIOR VARSITY BOYS (\$100)**
_____ **JUNIOR VARSITY GIRLS (\$100)**
_____ **THROWERS RELAY (2 Boys and 2 Girls)**
(please sign up at the meet)