

Larry Steeb Track & Field Meet of Champions

2022 Qualifying Standards

Note! These standards are firm.

We must enforce them in order to have the meet completed in a timely manner.

- Only athletes that have met the standards will be allowed to compete.
- Note: We will not allow overrides. Athletes must have a valid entry mark listed on A-Net.
- Each team may enter multiple athletes in each individual event as long as ALL have met or exceeded the entry standards.
- Each team may enter multiple relays in each relay as long as they are competitive in relation to the minimum standards listed below..
- We are relying on coaches to be honest with their entries in order to keep the meet both competitive and manageable in size.
- Entries are due by Friday MAY 27 at 10 pm using Athletic.net

<u>EVENT</u>	<u>BOYS STANDARD</u>	<u>GIRLS STANDARD</u>
Pole Vault	11' 00"	9' 00"
<i>Opening Heights</i>	<i>10' 06"</i>	<i>8'09"</i>
Discus	110' 00"	80' 00"
<i>Discus:</i>	<i>Boys - no measure under 110'</i>	<i>Girls - no measure under 80'</i>
Shot Put	39' 00"	28' 00"
<i>Shot Put:</i>	<i>Boys - no measure under 39'</i>	<i>Girls - no measure under 28'</i>
Long Jump	17' 06"	13' 06"
<i>Long Jump:</i>	<i>Boys - no measure under 17'06"</i>	<i>Girls - no measure under 13'06"</i>
High Jump	5' 08"	4' 08"
<i>Opening Heights</i>	<i>5' 06"</i>	<i>4'06"</i>
Shuttle Hurdle	No Standard, any school may enter	
4 x 800 Meter Relay	8:45	10:45
110/100 Hurdles	17.5	18.5
100 Meter Dash	12.0	13.5
4 x 200 Meter Relay	1:37.0	1:54.0
Freshman 1600 Run	No Standard. Max entries per school is three.	
1600 Meter Run	4:50.0	5:50.0
4 x 100 Meter Relay	45.0	54.0
400 Meter Dash	55.0	1:06.0
300 Meter Hurdles	47.0	53.0
800 Meter Run	2:09.0	2:35.0
200 Meter Dash	24.0	28.0
Distance Medley Relay	No Standard, any school may enter	
4 x 400 Meter Relay	3:40.0	4:30.0