



**2022 1A EVERGREEN SUBDISTRICT CHAMPIONSHIP**  
MONTESANO HIGH SCHOOL TRACK AND FIELD

**2022**

**1A EVERGREEN SUBDISTRICT  
CHAMPIONSHIPS**



**Eatonville, Elma, Hoquiam,  
Montesano, Tenino**



## 2022 1A EVERGREEN SUBDISTRICT CHAMPIONSHIP MONTESANO HIGH SCHOOL TRACK AND FIELD

# Jack Sam Rottle Field

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### MEET INFORMATION

Friday, May 13th 2022 @ Montesano High School

### QUESTIONS CAN BE SENT TO:

[ttrimble@monteschools.org](mailto:ttrimble@monteschools.org)

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### GENERAL INFORMATION

- Coaches' Meeting at 3:15 by finish line
- Field Events begin at 3:30 P.M.
- Track Events begin at 4:00 P.M.

### AWARDS AND SCORING

- Individual Events (races/field events):
  - Ribbons for 1<sup>st</sup> – 4<sup>th</sup> place athletes
- Relay Events
  - Ribbons for 1<sup>st</sup> – 4<sup>th</sup> place teams

The scoring will be 8-6-4-2-1

### RELAY JUDGES

- 4X100 Elma Zone 1, Tenino Zone 2, Hoquiam Zone 3
- 4x200 Montesano Zone 1, Hoquiam Zone 2
- 4x400 Montesano
- 800 cut line Hoquiam

### SCRATCHES and SEEDING

At the coaches' meeting, please provide absent athletes. Please scratch athletes in field events at the specific event.

- All field events (excluding high jump and pole vault) will have 3 attempts each. The top 6 will move to finals for 3 more attempts.
- High Jump beginning height: Boys – 4'8" ft. Girls – 4ft. Will increase by 2 inch increments until 2 competitors are left and then by 1 inch.
- Pole Vault beginning height: Boys – 6ft. Girls – 5ft. Will increase by 6 inch increments until 2 competitors are left and then by 3 inch.

- Field event athletes will be open pit

### GAMES COMMITTEE

Doug Schupbach (Montesano), Tim Pelan(Hoquiam)  
Jeff Olson

Head field events official: Fred Loertscher

Meet director: Tim Trimble

### INFIELD REGULATIONS

Non-competitors and fans must remain off the track. No sunflower seeds or gum are allowed on the track or field area. No spikes are allowed on the wood bleachers in the stadium. Discus athletes must gather on the high jump side of the track. No gathering near the finish line. Athletes will return back to the stands on the football field side of the track next to the fence.

### STADIUM REGULATIONS

No spikes are allowed on the wood seating area in the stadium. Fans must remain seated not stand along the rail. Please encourage your spectators and athletes to wear masks at all times and adhere to social distancing standards.

### ENTRY INFORMATION

All athletes need to be registered on [athletic.net](https://athletic.net) by May 12th 8 PM..



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MEET SCHEDULE:

*FIELD EVENTS*

3:30-4:30

BOYS' Shot Put  
BOYS' Long Jump  
BOYS' Javelin  
BOYS' High Jump

GIRLS' Shot Put  
GIRLS' Long Jump  
GIRLS' Pole Vault  
GIRLS' Discus

4:45-5:45

BOYS' Triple Jump  
BOYS' Pole Vault  
BOYS' Discus

GIRLS' Triple Jump  
GIRLS' High Jump  
GIRLS' Javelin

*RUNNING EVENTS 4:00 PM*

Girls 4x200 Meter Relay  
Girls 3200 Meter  
Boys 110 Meter High Hurdles  
Girls 100 Meter Intermediate Hurdles  
Boys 100 Meter  
Girls 100 Meter  
Boys 1600 Meter  
Girls 1600 Meter  
Boys 4x100 Meter relay  
Girls 4x100 Meter  
Boys 400 Meter  
Girls 400 Meter  
Boys 300 Meter Hurdles  
Girls 300 Meter Hurdles  
Boys 800 Meter  
Girls 800 Meter  
Boys 200 Meter  
Girls 200 Meter  
Boys 3200 Meter  
Girls 4x400 Meter Relay  
Boys 4x400 meter Relay



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### EVERGREEN 1A LEAGUE MEET RECORDS

#### Boys

110 High Hurdles	Cody Triana	Rochester	15.22	2013
100 Meters	Nolan Hoiness	Hoquiam	10.75	2013
1600 Meters	Ivan Bannon	Ilwaco	04:18.4	2000
4x100 Relay	Erhart, Ronquillo, Pelan, Hoiness	Hoquiam	42.99	2011
400 Meters	Angel Vazquez	Rochester	51.59	1998
300 Hurdles	Ray Stark	Elma	39.63	2014
800 Meters	Connor Lovell	Montesano	1:59.61a	2016
200 Meters	Devin Kelly	Hoquiam	21.99	2014
3200 Meters	Stephen Bottoms	Onalaska	09:23.3	2012
4x400 Relay	Esses, McCulloch, Fishback, Larson	Montesano	03:31.1	2003
Pole Vault	Gabe Chavez	Hoquiam	14-0	2006
High Jump	Cole Smith	Hoquiam	6' 8	2012
Long Jump	Jerid Ronquillo	Hoquiam	22' 8.25	2011
Triple Jump	Scott Fremond	Elma	45' 5	1999
Shot Put	Shaun Straka	Montesano	56' 9.5	2000
Discus	Justin Kaelin	Eatonville	160-10.25	2015
Javelin	Cole Smith	Hoquiam	191' 8	2013

#### Girls

4x200 Relay	Rose, Smith, Skinner, Wright	Hoquiam	01:46.3	2014
3200 Meters	Tess Grannemann	Hoquiam	11:25.0	2004
100 Hurdles	Sarah Funk	Rainier	15.74	2007
100 Meters	Natalie Grant	Elma	12.69	2013
1600 Meters	Kristen Schoenherr	Rainier	05:26.8	2008
4x100 Relay	Krohn, Wright, Rose, Skinner	Hoquiam	51.16	2015
400 Meters	Stephanie Lillie	Montesano	61.1	1999
300 Hurdles	Sarah Funk	Rainier	47.28	2007
800 Meters	Laura Becker	Montesano	02:23.0	1998
200 Meters	Emma Skinner	Hoquiam	26.21	2015
4x400 Relay	Perkins, Reed, Gale, Hanson	Toledo	04:15.7	2003
Pole Vault	Renhard/Talcott	Hoq/Rain	9' 6	00/12
High Jump	Burke/Johnson/VandenBoom/Floch	BH/Hoq/Ea/Mon	5' 2	99/1216
Long Jump	Christina Seiffert	Black Hills	16' 10	1999
Triple Jump	Janna Smith	Elma	35' 11	1999
Shot Put	Tera Novy	Montesano	45-10	2012
Discus	Tera Novy	Montesano	137' 7	2011
Javelin	Kristen Schoenherr	Rainier	136' 7	2011



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### ALL FIELD EVENTS START AT 3:30 PM

- **Please pick up your clipboard, tape, markers and helpers at finish line before**
- First call will be given at 3:10 PM for all field events
- Please start your event on time!

### FIELD EVENT OFFICIAL GUIDELINES

Please follow these steps:

1. During the check in of athletes on the first call (15 min. before the start of your event) please inform them
  - Athletes must wear a school issued uniform
  - Each athlete will throw/put/jump **3 attempts** (they can throw all three at one time)
  - Top 6 athletes will move on to finals for a final 3 attempts
  - Measure to the nearest ¼ inch
  - DISCUS AND JAVELIN ONLY measurements shall be recorded to the nearest lesser inch.
  - Please PRINT the numbers on the event sheet, computer result entry person must be able to read it without any doubt.
  - Please mark the throwers best throw in the appropriate box.
2. Athlete may sign out from your event on the 1<sup>st</sup> call of their running event, he/she must check back in no later than **10 min after the conclusion of their heat**. If the athlete fails to return within 10 minutes, they forfeit any remaining throws. They are still eligible to place in the event.
  - Athletes competing in 2 or more field events must run back and forth between those events.
3. **State records must be re-measured using steel tape and verified by event official, head field events official and meet director.**
4. After the conclusion of the event please
  - Circle the best throw/put for every competitor (finalist out of all 6 throws/puts) or write in the appropriate box
  - Break ties (2<sup>nd</sup> best throw/put, THAN 3<sup>rd</sup> etc.)
  - Write the finish place in the right column for each competitor
  - Bring all equipment to the breezeway and send the event sheet to the booth.
  - **There must not be any practice throws/puts after the conclusion of the event and all implements must be removed from the area**