



10 EAST TRACK & FIELD INVITATIONAL

Hosted By: 10 East Track & Field Conference

Date: Saturday, March 12th, 2022

Site: Grand Terrace High School, 21810 Main Street Grand Terrace CA 92313

Registration: www.Athletic.net

The meet will be fully automatic timed.

Registration Begins March 1st, 2022 at 08:00AM PST

Registration Ends March 9th, 2022 at 11:59 PM PST

Packet Pickup: 7:00 AM

Starting Time: 7:30 AM for Field and 8:30 AM Running Events

Parking \$5

Contact Person: Billy Potts: (323) 540-8165

Eligibility: Meet open to All !!!!, USATF and AAU

Boys and Girls in the following Divisions:

Five & Six.....	2016 & 2017
Seven & Eight.....	2014 & 2015
Nine & Ten Year Old.....	2012 & 2013
Eleven & twelve Year Old.....	2010 & 2011
Thirteen & Fourteen Year Old.....	2008 & 2009
Fifteen & Sixteen Years Old.....	2006 & 2007

Limitation: 8 & under, and 9 year old thru 12 year old, are limited to 3 events. Thirteen and older are limited to 4 events, **Relays** don't count towards events

Surface: ALL-Weather 8 lane Track and Runway, ¼ Spikes or less

Entry Fee: \$10.00 per athlete

Team entries are to be paid online at www.Athletic.net , or at the meet with cash or a club check
(NO PERSONAL CHECKS ACCEPTED)

Awards: Metals for top 3 runners in each event, Ribbons for top 4-8 finishers, Division champion banner,
Championship Backpacks to Sprint Medley Relay Winners

Concession: Food and Drinks will be available for purchase

Meet Results: Will be provided On-Line at

Check-In: All participants must check in at the Clerk of the Course when their event is called. Field Event participants must report directly to the official in charge of the event when the event is called.



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Order of Events

RUNNING EVENTS – START TIME: 8:30 a.m.

1500M (7-8 through 15-16) youngest to oldest

100M HURDLES (13 - 14G, 13- 14B, 15-16G)

80M HURDLES (11G, 12G, 11B, 12B)

60M HURDLES (9-10 G , 9-10B)

40M HURDLES (8-UNDER)

400M (ALL DIVISIONS) youngest to oldest

100M (ALL DIVISIONS) youngest to oldest

800M (ALL DIVISIONS) youngest to oldest

Sprint Med. RELAY (ALL DIVISIONS) !!!! Winner gets Championship Backpacks!!!!!!
200M, 200M, 400M, 800M

Field Events

Long Jump Oldest to youngest

High Jump (9 through 15 years)

Turbo Javelin (12, 11, 10, 9, 8, & 7)

Javelin (13,14,15)

Discus (13,14,15)

Shot Put (ALL DIVISIONS) youngest to oldest

A large, stylized logo for the California 10 East Track & Field event. It features a blue shield with 'CALIFORNIA' in white at the top, '10' in white in the center, and 'EAST' in white at the bottom. The shield is flanked by two large, pink and blue wings. Below the shield, the words 'TRACK & FIELD' are written in a large, bold, blue, italicized font.

TRACK & FIELD