

WALTON - POPE YOUTH RUNNING CLUB INVITATIONAL



USATF Developmental Track Meet

Hosted by the Walton - Pope Youth Running Club

May 21, 2022 at Pope High School

Order of Events

7:00 am Warm Up and/or Event Check In: Long Jump, Shot Put, High Jump, and Javelin

7:00 am Coaches meeting

8:00 am First call 4x800M Relay - all divisions

8:30 am Gun fire first race (4x800M Relay)

- Rolling schedule from here. Remaining races will compete youngest to oldest by gender – schedule below
- Note: USATF age division names are as follows: (8 and under), (9-10), (11-12), (13-14), (15-16), (17-18). Age division is determined by the age the child will be on or before December 31. For example, a child who is currently 8, but will turn 9 by the end of the year will compete in the 9 and 10 division.

Competitor Event Limit: 5 events plus relays

Running events listed below will be run in the following order: 8 and Under Girls (G), 8 and Under Boys (B), 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B.

List of Running Events

4x800M (Start time 8:30am) – Rolling scheduled from here

80M Hurdles

100M Hurdles

110M Hurdles

200M

1500M

400M

100M

Parent/Coaches 4x100M Relay

Sprint Medley Relay (100-100-200-400)

Long Jump 7:30 am Check in for first event closes @ 7:15am 1st official Jump @ 7:30	Shot Put 7:30 am Check in for first event closes @ 7:15am 1st official throw @ 7:30	High Jump 7:30 am Check in for first event closes @ 7:15am 1st official Jump @ 7:30	Mini Javelin 9:00 1st official throw @ 9:00	Javelin 7:30 am Check in for first event closes 7:15am 1st official throw @ 7:30
9-10 Girl - Pit 1	8 and Under Girl	11-12 Girl	8 and Under Girl	13-14, 15-16, 17-18 Boy
9-10 Boy - Pit 2	8 and Under Boy	11-12 Boy	8 and Under Boy	13-14, 15-16, 17-18 Girl
8 and Under Girl - Pit 1	9-10 Girl	13-14 Girl	9-10 Girl	
8 and Under Boy - Pit 2	9-10 Boy	13-14 Boy	9-10 Boy	
13-14 Girl - Pit 1	11-12 Girl	15-16, 17-18 Girl	11-12 Girl	
13-14 Boy - Pit 2	11-12 Boy	15-16, 17-18 Boy	11-12 Boy	
11-12 Girl - Pit 1	15-16, 17-18 Girl	9-10 Girl		
11-12 Boy - Pit 2	15-16, 17-18 Boy	9-10 Boy		
15-16, 17-18 Girl - Pit 1	13-14 Girl			
15-16, 17-18 Boy - Pit 2	13-14 Boy			

All Field Events: All field events check in at the field event stations. The running event takes precedence. Check in with the event volunteer about returning after a race.