

# 2022 Cambridge Youth Invitational-USATF Developmental Track Meet

Hosted by Cambridge Youth Track Club & Alpha Crush

May 14<sup>th</sup>, 2022



**Teams:** Alpha Crush, Cambridge, Walton/Pope, ATL Trailblazers & open to local USATF Youth Clubs

- 7:00 am All field events check in and warm-up
- 7:00 am Coaches meeting
- 8:00 am First call 3000m – all divisions
- 8:30 am Gun fire first race (3000m)
  - Rolling schedule from here. Remaining races will compete youngest to oldest by gender – schedule below
  - Note: USATF age division names are as follows: (8 and under), (9-10), (11-12), (13-14), (15-16), (17-18). Age division is determined by the age the child will be on or before December 31. For example, a child who is currently 8, but will turn 9 by the end of the year will compete in the 9-10 division.

**Competitor Event Limit:** 3 events plus relays

Running events listed below will be run in the following order: 8 and Under Girls (G), 8 and Under Boys (B), 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B.

## List of Running Events

- 3000M (Start time 8:30am) – Rolling schedule from here
- 80M Hurdles 100M Hurdles 110M Hurdles
- 1500m
- 400M
- 100M
- 800M
- 200M
- 4x100 M Relay
- 4x400M Relay

**All Field Events:** All field events check in at the field event stations. The running event takes precedence. Check with event volunteer about returning after a race.

<b>Long Jump</b> 1 <sup>st</sup> jump @ 7:30 am Check in closes @ 7:15 am	<b>Shot Put</b> 1 <sup>st</sup> throw @ 7:30 am Check in closes @ 7:15 am	<b>High Jump</b> 1 <sup>st</sup> jump @ 7:30 am Check in closes @ 7:15 am	<b>Mini Javelin</b> 1 <sup>st</sup> throw @ 9:00 am	<b>Javelin</b> 1 <sup>st</sup> throw @ 7:30 am Check in closes @ 7:15 am
9-10 Girl	8 & under Girl	11-12 Girl,11-12 Boy	8 & under Girl	13-14, 15-16, 17-18 Boy
9-10 Boy	8 & under Boy	13-14 Girl,13-14 Boy	& & under Boy	13-14, 15-16, 17-18 Girl
8 & under Girl	9-10 Girl	15-16, 17-18 Girl	9-10 Girl	
& & under Boy	9-10 Boy	15-16, 17-18 Boy	9-10 Boy	
13-14 Girl	11-12 Girl	9-10 Girl,9-10 Boy	11-12 Girl	
13-14 Boy	11-12 Boy		11-12 Boy	
11-12 Girl	15-16, 17-18 Girl			
11-12 Boy	15-16, 17-18 Boy			
15-16, 17-18 Girl	13-14 Girl			
15-16, 17-18 Boy	13-14 Boy			

