

USATF Region 10 Junior Olympic Championships
Kidd Field, El Paso, TX
July 7-10, 2022

Schedule of Events (a/o 5/16/22)

Thursday, July 7, 2022

08:00 AM	Decathlon	15-16B, 17-18M (100m, LJ, SP, HJ, 400m)
08:30 AM	Pentathlon	13-14B (100mH, SP, HJ, LJ, 1500m)
08:45 AM	Heptathlon	15-16G, 17-18W (100mH, HJ, SP, 200m)
09:15 AM	Pentathlon	13-14G (100mH, SP, HJ, LJ, 800m)

Friday, July 8, 2022

8:00 AM	Decathlon	15-16B, 17-18M (110mH, DT, PV, JT, 1500m)
8:00 AM	Heptathlon	15-16G, 17-18W (LJ, JT, 800m)
8:15 AM	Pentathlon	11-12B (80mH, SP, HJ, LJ, 1500m)
8:30 AM	Pentathlon	11-12G (80mH, SP, HJ, LJ, 800m)
9:00 AM	2000m Steeple	15-16B, 17-18M
9:30 AM	2000m Steeple	15-16G, 17-18W
9:30 AM	Triathlon	9-10B (SP, HJ, 400m)
10:00 AM	Triathlon	9-10G (SP, HJ, 200m)
10:00 AM	3000m Racewalk	13-14, 15-16, 17-18 (G/B, rolling schedule)
10:30 AM	1500m Racewalk	9-10, 11-12 (G/B, rolling schedule)
1:00 PM	Hammer	15-16G, 17-18W, 15-16B, 17-18M

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Saturday, July 9, 2022: Running Events

8:00 AM Rolling Schedule. All events with 8 or less checked in will be run as a final at the Prelim time. All entrants must check-in ready to run.

3000m	Final	11-12,13-14, 15-16, 17-18 (Girls then Boys)
110mH	Prelim/Final	15-16B, 17-18M
100mH	Prelim/Final	17-18W, 15-16g, 13-14B/G
80mH	Prelim/Final	11-12 (B/G)
800m	Final	All (Youngest to Oldest, Girls then Boys)
400mRelay	Prelim/Final	All (Youngest to Oldest, Girls then Boys)
400m	Prelim/Final	All (Youngest to Oldest, Girls then Boys)
100m	Prelim/Final	All (Youngest to Oldest, Girls then Boys)
400mH	Prelim/Final	15-16B, 17-18M, 15-16G, 17-18W
200mH	Prelim/Final	13-14 (B/G)
3200mRelay	Final	11-12, 13-14, 15-16, 17-18 (Girls then Boys)
200m	Prelim/Final	All (Youngest to Oldest, Girls then Boys)
1600mRelay	Prelim/Final	All (Youngest to Oldest, Girls then Boys)

Saturday, July 9, 2022: Field Events

8:30 AM Rolling Schedule

Long Jump Pit 1	Long Jump Pit 2	High Jump	Shot Put	Discus	Pole Vault
7-8B	7-8G	15-16G	9-10G	11-12G	13-14G
9-10B	9-10G	15-16B	9-10B	11-12B	15-16G
11-12B	11-12G	17-18W	7-8G	13-14G	17-18W
13-14B	13-14G	17-18M	7-8B	13-14B	13-14B
15-16B	15-16G		11-12G	15-16G	15-16B
17-18M	17-18W		11-12B	15-16B	17-18M
			13-14G	17-18W	
			13-14B	17-18M	

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Sunday, July 10, 2022: Running Events, Rolling Schedule

8:00 AM Parade of Athletes

8:30 AM

1500m	Final	All (Youngest to Oldest, Girls then Boys)
110mH	Final	15-16B, 17-18M
100mH	Final	15-16G, 17-18W, 13-14B
100mH	Final	13-14G
80mH	Final	11-12G, 11-12B
400mRelay	Final	All (Youngest to Oldest, Girls then Boys)
400m	Final	All (Youngest to Oldest, Girls then Boys)
100m	Final	All (Youngest to Oldest, Girls then Boys)
400mH	Final	15-16B, 17-18M
400mH	Final	15-16G, 17-18W
200mH	Final	13-14B, 13-14G
200m	Final	All (Youngest to Oldest, Girls then Boys)
1600mRelay	Final	All (Youngest to Oldest, Girls then Boys)

Sunday, July 10, 2022: Field Events

8:30 AM Rolling Schedule

Triple Jump Pit 1	Triple Jump Pit2	High Jump	Shot Put	Javelin Runway 1	Javelin Runway 2
13-14G	13-14B	9-10G	15-16G	7-8 G	7-8B
15-16G	15-16B	9-10B	15-16B	9-10G	9-10B
17-18W	17-18M	11-12G	17-18W	11-12G	11-12B
		11-12B	17-18M	13-14G*	13-14B*
		13-14G		15-16G	15-16B
		13-14B		17-18W	17-18M

*13-14 Javelin closest to jumps pits may not start until triple jump is complete.