

2023 CIFSDS Track & Field Finals Schedule

Note: Time Schedules are Subject to Change

Running Events

Time	Heat	Event
9:55	1	Girls Unified 400 Relay
10:00	1	Girl's 400 Relay
10:04	2	Girl's 400 Relay
10:08	3	Girl's 400 Relay
10:20	1	Girl's 1600m
10:28	2	Girl's 1600m
10:40	1	Girl's 100 HH
10:44	2	Girl's 100 HH
10:48	3	Girl's 100 HH
11:00	1	Girl's 400m
11:04	2	Girl's 400m
11:08	3	Girl's 400m
11:20	1	Girl's 100m
11:24	2	Girl's 100m
11:30	3	Girl's 100m
11:34	1	Girl's Unified 100m
11:38	1	Girl's Ambulatory 100m
11:50	1	Girl's 800m
11:55	2	Girl's 800m
12:07	1	Girl's 300 LH
12:11	2	Girl's 300 LH
12:15	3	Girl's 300 LH
12:27	1	Girl's 200m
12:31	2	Girl's 200m
12:25	3	Girl's 200m
12:47		Girl's 3200 Relay
1:02		Girl's 3200m
1:22	1	Girl's 1600 Relay
1:30	2	Girl's 1600 Relay
1:38	3	Girl's 1600 Relay

Field Events

Time	Flight	Event	Site
8:00		Girl's Discus	
9:00	1	Girl's Long Jump	East
9:00	2	Girl's Long Jump	West
9:15	1	Girl's High Jump	South
9:15	2	Girl's High Jump	North
10:00	1	Girl's Pole Vault	East
10:00	2	Girl's Pole Vault	West
11:15	1	Girl's Triple Jump	East
11:15	2	Girl's Triple Jump	West
11:30	1	Girl's Shot Put	South
11:30	1	Girl's Unified Shot Put	South
11:30	2	Girl's Shot Put	North
11:30	1	Girl's Ambulatory Shot Put	North