

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Event 12 Girls 100 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Jadyn Jones	10	D-3-Kearny	13.09
2	Marissa Toliver	11	D-3-Mission Bay	12.99
3	Aryah Palms	10	D-3-Kearny	12.91
4	Eve Norban	12	D-2-Point Loma	12.72
5	Chanel Burton	11	D-1-Helix	12.61
6	Skyler Simpson	12	D-3-Calvin Chris	12.64
7	Souckeye Ndiaye	9	D-3-Madison	12.74
8	Tiffani Brown	10	D-3-Canyon Hills	12.93
9	Sofia Buck	10	D-3-Mater Dei	13.08
Section 2 of 3 Finals				
1	Jess Freeland	11	D-1-Canyon Crest	12.59
2	Macy Ratermann	10	D-1-Westview	12.56
3	Kassie Lofgran	10	D-2-El Capitan	12.51
4	Taylhore Hoagland	11	D-1-Rancho Berna	12.49
5	Malaya Taylor	10	D-3-Bishops	12.44
6	Asia Broussard	9	D-1-Helix	12.47
7	Riley Lankford	12	D-1-Rancho Berna	12.50
8	Shea Morgan	11	D-2-Fallbrook	12.55
9	Jaclyn Macatee	12	D-2-Scripps Ranc	12.58
Section 3 of 3 Finals				
1	Alexis Leath	11	D-2-West Hills	12.40
2	Brionna Dickens	11	D-1-Steele Canyo	12.39
3	Ily Barclay	9	D-1-Steele Canyo	12.29
4	Joelle Frazier	9	D-2-University C	12.27
5	Amirah Shaheed	11	D-3-Madison	11.87
6	Tianna Ruskovich	11	D-2-Mt Carmel	12.12
7	Arynn Sanders	11	D-1-Otay Ranch	12.29
8	Ashley Nash	12	D-2-Morse	12.38
9	Timyra Payne	9	D-2-Monte Vista	12.39
Alternates				
1	Katherine Hunt	10	San Marcos	12.64
2	Anisa Bowen-Fontenot	10	San Diego	12.64
3	Makena Howard	9	San Dieguito	12.69
4	Gabby Mullett	10	West Hills	12.77
5	Jasmine Reed	12	Central Unio	12.81
6	Grace Eichelman	9	Our Lady of	12.83
7	Olivia Smith	10	La Jolla	13.11
8	Sofia Bautista	10	Santa Fe Chr	13.14
9	Tatiana Potter	11	Coronado	13.14

Event 23 Girls 200 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Kai Berry	11	D-3-Victory Chri	26.89
2	Marissa Toliver	11	D-3-Mission Bay	26.60
3	Skyler Simpson	12	D-3-Calvin Chris	26.54
4	Shea Morgan	11	D-2-Fallbrook	26.10
5	Alexis Leath	11	D-2-West Hills	25.98
6	Nadia Miechowicz	10	D-2-San Pasqual	26.03
7	Brielle Jimerson	11	D-3-Madison	26.21
8	Aryah Palms	10	D-3-Kearny	26.59
9	Souckeye Ndiaye	9	D-3-Madison	26.69
Section 2 of 3 Finals				
1	Cassandra Cinzori	12	D-1-San Dieguito	25.86
2	Malaya Taylor	10	D-3-Bishops	25.81
3	Kaitlin Donnelly	10	D-2-La Costa Can	25.70
4	Taylhore Hoagland	11	D-1-Rancho Berna	25.46
5	Macy Ratermann	10	D-1-Westview	25.18
6	Timyra Payne	9	D-2-Monte Vista	25.23
7	Jaclyn Macatee	12	D-2-Scripps Ranc	25.64
8	Carly Renison	10	D-1-San Dieguito	25.78
9	Kassie Lofgran	10	D-2-El Capitan	25.85
Section 3 of 3 Finals				
1	Joelle Frazier	9	D-2-University C	25.18
2	Nicoletta Burkhardt	11	D-1-Steele Canyo	25.01
3	Kyah Otholt	12	D-1-Rancho Berna	24.91
4	Tianna Ruskovich	11	D-2-Mt Carmel	24.74
5	Payton Smith	11	D-3-La Jolla	24.30
6	Amirah Shaheed	11	D-3-Madison	24.47
7	Ily Barclay	9	D-1-Steele Canyo	24.79
8	Arynn Sanders	11	D-1-Otay Ranch	24.93
9	Brionna Dickens	11	D-1-Steele Canyo	25.17
Alternates				
1	Katherine Hunt	10	San Marcos	25.92
2	Jess Freeland	11	Canyon Crest	26.00
3	Gabrielle Hawkins	10	Olympian	26.08
4	Helena Baez	11	Our Lady of	26.21
5	Jasmine Reed	12	Central Unio	26.37
6	Natalie Buggert	11	West Hills	26.54
7	Isabella Wenstrand	11	High Tech Hi	27.10
8	Sienna Gustafson	11	La Jolla	27.23
9	Tatiana Potter	11	Coronado	27.28

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Event 10 Girls 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Brielle Jimerson	11	D-3-Madison	1:01.90
2	Abigail Plezia	11	D-3-La Jolla	1:01.76
3	Julia Foote	12	D-2-Mt Miguel	1:01.47
4	Elena Farrar	10	D-3-La Jolla	1:01.18
5	Isabella Wenstrand	11	D-3-High Tech Hi	1:00.90
6	Madeline Hanks	10	D-2-Scripps Ranc	1:01.13
7	Sienna Gustafson	11	D-3-La Jolla	1:01.21
8	Sydney Bowman	10	D-3-Canyon Hills	1:01.49
9	Aryah Palms	10	D-3-Kearny	1:01.79
Section 2 of 3 Finals				
1	Jimena Valdovinos	9	D-3-Imperial	1:00.83
2	Evangelina Ruvalcaba	12	D-2-Southwest (E	1:00.64
3	Samara Maldonado	9	D-1-Eastlake	59.91
4	Izzy Matteson	10	D-2-Cathedral Ca	59.84
5	Addison Slinger	12	D-1-Patrick Henr	59.25
6	Helena Baez	11	D-2-Our Lady of	59.39
7	Megan Werts	12	D-1-San Marcos	59.85
8	Ivanna Ruiz	10	D-1-Olympian	59.97
9	Hannah Keehn	11	D-2-Sage Creek	1:00.77
Section 3 of 3 Finals				
1	Sofia Nunez	9	D-1-Bonita Vista	59.12
2	Giselle Cassell	11	D-2-Mt Carmel	59.02
3	Anna Wilson	9	D-2-Cathedral Ca	58.66
4	Makenna Herbst	10	D-1-Carlsbad	56.70
5	Payton Smith	11	D-3-La Jolla	55.91
6	Nicoletta Burkhardt	11	D-1-Steele Canyo	56.24
7	Tiffany Stoughton	11	D-2-Scripps Ranc	58.11
8	Kyah Otholt	12	D-1-Rancho Berna	58.86
9	Alonna Bush	11	D-1-Valhalla	59.04
Alternates				
1	Bianca Calafato	12	Del Norte	1:00.49
2	Jillian Herrera	10	Carlsbad	1:00.66
3	Rayne Hawkins	10	Mission Hill	1:01.19
4	Nadia Miechowicz	10	San Pasqual	1:01.99
5	Jennifer Sanchez	12	Southwest (E	1:02.09
6	Sarah De La Pena	12	West Hills	1:02.18
7	Catherine Gizzo	12	La Jolla Cou	1:02.92
8	Sydney Elsner	10	La Jolla	1:04.22
9	Sophia Dann	10	Classical Ac	1:04.44

Event 19 Girls 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Liesel Sellerberg	9	D-2-Cathedral Ca	2:19.57
2	Jenna O'Beirne	12	D-2-University C	2:19.89
3	Olivia Teates	10	D-3-Francis Park	2:19.98
4	Uma Sczupak	9	D-1-El Camino (O	2:21.01
5	Ashley Purcell	11	D-1-San Marcos	2:21.46
6	Mikayla Horning	12	D-2-Santana	2:21.92
7	Brooke Gibson	11	D-3-High Tech Hi	2:23.19
8	Addison Paladino	10	D-2-San Pasqual	2:24.45
9	Jaylynn Erickson	9	D-2-Mission Vist	2:24.76
10	Scarlett Slagter	12	D-3-La Jolla	2:26.05
11	Grace Gavin	11	D-3-Classical Ac	2:27.33
12	Adeline Hooper	10	D-3-Rock Academ	2:27.74
13	Allison Burden	11	D-3-Clairemont	2:27.83
Section 2 of 2 Finals				
1	Tessa Buswell	11	D-1-Poway	2:13.69
2	Chiara Dailey	9	D-3-La Jolla	2:13.82
3	Dasha Zerboni	12	D-1-Canyon Crest	2:14.33
4	Kaitlyn Arciaga	10	D-1-Westview	2:14.71
5	Dominika Janik	12	D-1-Torrey Pines	2:14.80
6	Clara Steer	12	D-3-Pacific Ridg	2:14.90
7	Kalista Villatoro	12	D-1-Canyon Crest	2:15.11
8	Lindsay Zimmer	9	D-2-Cathedral Ca	2:16.18
9	Navah Lipsky	9	D-3-Francis Park	2:16.30
10	Paige Echsner	10	D-1-Del Norte	2:17.76
11	Sophia Biesinger	12	D-2-La Costa Can	2:18.39
12	Miriam Aguirre	10	D-1-Patrick Henr	2:18.92
13	Keira Rall	12	D-2-Cathedral Ca	2:18.95
14	Isabella Ramos	9	D-2-Point Loma	2:19.05
Alternates				
1	Sophia Lesser	9	Torrey Pines	2:22.84
2	Alana Saadus	12	San Marcos	2:24.44
3	Kendall Kerr	10	El Camino (O	2:25.45
4	Ella McDonald	11	Santana	2:26.27
5	Lauren Peacher	11	Vista	2:27.70
6	Abby Petersen	11	Fallbrook	2:28.02
7	Mwamini Shabani	12	Crawford	2:28.28
8	Lillian Jarrett	9	Mission Bay	2:29.26
9	Lillian Strahm	11	Holtville	2:31.64

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Event 5 Girls 1600 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	McCall Dame	12	D-1-El Camino (O)	5:10.49
2	Jaylynn Erickson	9	D-2-Mission Vist	5:12.78
3	Audra Sutherland	12	D-1-Rancho Berna	5:12.80
4	Madelyn Basinet	12	D-2-Cathedral Ca	5:13.36
5	Rachel Reyes	9	D-1-El Camino (O)	5:15.56
6	Hannah Aguirre	10	D-1-Patrick Henr	5:15.68
7	Ella McDonald	11	D-2-Santana	5:21.29
8	Daphne Mayer	11	D-3-La Jolla	5:22.40
9	Clara Steer	12	D-3-Pacific Ridg	5:22.98
10	Bella Sword	10	D-3-Maranatha Ch	5:23.04
11	Alexis Noble	12	D-3-Clairemont	5:25.66
12	Lillian Strahm	11	D-3-Holtville	5:26.96
13	Lillian Jarrett	9	D-3-Mission Bay	5:34.94
Section 2 of 2 Finals				
1	Jaelyn Williams	9	D-1-Eastlake	4:48.82
2	Tessa Buswell	11	D-1-Poway	4:50.81
3	Gioana Lopizzo	11	D-2-La Costa Can	4:52.77
4	Hannah Riggins	12	D-1-Del Norte	4:55.67
5	Emily Russo	10	D-1-Del Norte	4:58.37
6	Jenna O'Beirne	12	D-2-University C	5:00.15
7	Lindsay Zimmer	9	D-2-Cathedral Ca	5:00.20
8	Breea Selbrede	12	D-2-Mt Carmel	5:03.73
9	Chiara Dailey	9	D-3-La Jolla	5:04.28
10	Addy Richardson	10	D-2-Scripps Ranc	5:06.52
11	Amanda Challburg	12	D-1-Eastlake	5:06.77
12	Scarlett Martin	11	D-2-Cathedral Ca	5:09.28
13	Kirra Fisk	11	D-3-La Jolla	5:09.33
14	Ayanna Hickey	9	D-3-Bishops	5:09.34
Alternates				
1	Evelyn Lawson	9	Torrey Pines	5:16.70
2	Ella Echsner	11	Del Norte	5:16.94
3	Addison Shannon	9	Del Norte	5:16.95
4	Julia Monreal	12	Southwest (E)	5:22.37
5	Gabriella Peters	10	Sage Creek	5:22.92
6	Tatiana Dorrestein	11	University C	5:26.88
7	Danielle Stark	11	Christian	5:35.55
8	Hannah Aalaei	9	La Jolla	5:38.12
9	Maua Mloko	12	Crawford	5:41.49

Event 29 Girls 3200 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Jaelyn Williams	9	D-1-Eastlake	10:26.40
2	Gioana Lopizzo	11	D-2-La Costa Can	10:40.09
3	Scarlett Martin	11	D-2-Cathedral Ca	10:59.21
4	Winter Moritz	11	D-2-University C	10:59.57
5	Katja Dunayevich	10	D-1-Canyon Crest	11:06.44
6	Chiara Dailey	9	D-3-La Jolla	11:08.20
7	Amanda Challburg	12	D-1-Eastlake	11:08.99
8	Alexandria Pena	11	D-2-Cathedral Ca	11:12.89
9	Kirra Fisk	11	D-3-La Jolla	11:18.56
10	Charlotte Sach	10	D-1-Torrey Pines	11:23.75
11	Avalon Nash	11	D-1-Poway	11:26.53
12	Ayanna Hickey	9	D-3-Bishops	11:27.58
13	Darcy Ray	10	D-2-University C	11:28.08
14	Olivia Campos	9	D-2-Mt Carmel	11:29.19
15	Jaylynn Erickson	9	D-2-Mission Vist	11:30.12
16	Madelyn Basinet	12	D-2-Cathedral Ca	11:30.87
17	Melissa Estrada	12	D-2-Vista	11:31.22
18	Audra Sutherland	12	D-1-Rancho Berna	11:31.38
19	Revere Schmidt	12	D-3-Santa Fe Chr	11:39.34
20	Rachel Reyes	9	D-1-El Camino (O)	11:40.26
21	Rebecca Bronstein	12	D-1-Canyon Crest	11:42.77
22	Aviva DeVore	10	D-1-Otay Ranch	11:51.68
23	Jade Kingston	12	D-3-High Tech Hi	12:06.21
24	Natalie Allen	11	D-3-Valley Cente	12:07.93
25	Emily Giron	9	D-3-Valley Cente	12:09.42
26	Lillian Strahm	11	D-3-Holtville	12:15.19
27	Kelsi Hart	11	D-3-Classical Ac	12:43.39
Alternates				
1	Tatiana Dorrestein	11	University C	11:37.89
2	Michaela Martin	12	Scripps Ranc	11:41.17
3	Lilah Enyedi	9	Del Norte	11:55.09
4	Kira Lerner	12	La Costa Can	11:59.14
5	Olivia Judd	11	Poway	12:00.66
6	Julia Ferreira	11	Mission Hill	12:02.29
7	Rosette Kinney	12	Clairemont	12:51.09
8	Sophie Memmelaar	11	Calvin Chris	12:51.21
9	Adeline Hooper	10	Rock Academy	12:57.38

Event 7 Girls 100 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Nayomi Herriott Campos	11	D-3-Madison	17.94
2	Rose Riley	11	D-3-Rock Academ	17.59
3	Alana Ortiz	10	D-2-Central Unio	17.42
4	Dessa Kuritz	11	D-3-Francis Park	17.29
5	Ally Gaut	12	D-3-Christian	17.15
6	Margot Courtoglous	12	D-2-Mt Carmel	17.22
7	Emily Harris	12	D-2-Point Loma	17.29
8	Lily Memmel	10	D-2-Ramona	17.45
9	Cheney Gomez	12	D-3-Imperial	17.81

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School

Meet Program

Section 2 of 3 Finals...(Event 7 Girls 100 Meter Hurdles)

1	Tiana Gordon	10	D-2-Mont	16.99
2	Charlotte Weale	10	D-1-Torrey Pines	16.60
3	Karolina Gates	10	D-2-Point Loma	16.47
4	Marissa Bumanlag	12	D-1-Mira Mesa	16.44
5	Petra Marsowicz	10	D-3-Mission Bay	16.37
6	Haley Svendsen	10	D-3-Liberty Char	16.41
7	Jadyn Jones	10	D-3-Kearny	16.46
8	Maliyah Anthony	12	D-2-Lincoln	16.49
9	Ella Sommer	10	D-1-Poway	16.96

Section 3 of 3 Finals

1	Yvonne Tremoulet	10	D-3-Francis Park	16.29
2	Skye Uyeda	12	D-1-Rancho Berna	16.01
3	Delaney Magers	11	D-2-La Costa Can	15.93
4	Lillian Cook	11	D-1-Steele Canyo	15.15
5	Anisa Bowen-Fontenot	10	D-1-San Diego	14.61
6	Zamaria Mack	10	D-1-Otay Ranch	14.77
7	Dominika Janik	12	D-1-Torrey Pines	15.68
8	Isabella Robinson	11	D-1-Eastlake	16.00
9	Julianna Miracco	10	D-2-Sage Creek	16.24

Alternates

1	Chanel Wells	10	El Camino (O	17.08
2	Isabella Kitson	10	Torrey Pines	17.13
3	Jane Kennedy	10	Westview	17.14
4	Annie Sundstrom	11	Our Lady of	17.97
5	Charlotte Berardino	9	Our Lady of	17.98
6	Ana Villela	11	La Jolla	17.99
7	Dana Moore	10	Valley Cente	18.00
8	Genesis Gonzalez	11	Valley Cente	18.06
9	Angelina Deleon	12	Monte Vista	18.06

Event 21 Girls 300 Meter Hurdles

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Dana Moore	10	D-3-Valley Cente	52.45
2	Cristina Alapi	12	D-3-La Jolla	50.88
3	Margot Courtoglous	12	D-2-Mt Carmel	50.18
4	Tiana Gordon	10	D-2-Mont	49.28
5	Reese Silcox	12	D-2-La Costa Can	49.04
6	Genesis Gonzalez	11	D-3-Valley Cente	49.24
7	Bridget Harris	11	D-2-Scripps Ranc	49.40
8	Rose Riley	11	D-3-Rock Academ	50.70
9	Ally Gaut	12	D-3-Christian	51.92

Section 2 of 3 Finals

1	Syrios Gabriella	10	D-2-Our Lady of	48.91
2	Alana Ortiz	10	D-2-Central Unio	48.75
3	Haley Svendsen	10	D-3-Liberty Char	48.27
4	Lindsey Balsley	11	D-3-Coronado	47.95
5	Songoli Ekwosi	10	D-1-Valhalla	47.55
6	Isabella Robinson	11	D-1-Eastlake	47.70
7	Julianna Miracco	10	D-2-Sage Creek	47.95
8	Kassa Lake	11	D-2-Mt Carmel	48.51
9	Petra Marsowicz	10	D-3-Mission Bay	48.81

Section 3 of 3 Finals

1	Yvonne Tremoulet	10	D-3-Francis Park	47.48
2	Anna Wilson	9	D-2-Cathedral Ca	46.93
3	Lillian Cook	11	D-1-Steele Canyo	45.87
4	Karina Janik	12	D-1-Torrey Pines	44.18
5	Morgan Herbst	10	D-1-Carlsbad	43.56
6	Anisa Bowen-Fontenot	10	D-1-San Diego	44.12
7	Zamaria Mack	10	D-1-Otay Ranch	44.80
8	Ella Echsner	11	D-1-Del Norte	46.91
9	Charlotte Weale	10	D-1-Torrey Pines	47.08

Alternates

1	Skye Uyeda	12	Rancho Berna	48.50
2	Alexa Amador	10	Otay Ranch	48.83
3	Kahnee Atrushi	10	Otay Ranch	49.20
4	Aadi Simmons	10	Hilltop	51.03
5	Emily Harris	12	Point Loma	51.08
6	Lily Memmel	10	Ramona	51.10
7	Odeyla Kina	11	Christian	52.65
8	Malia McAllister	12	Canyon Hills	52.95
9	Makenna Tompkins	11	Valley Cente	53.00

Event 3 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Classical Ac	A	52.77
2	Kearny	A	52.45
3	Canyon Hills	A	51.98
4	Mission Bay	A	51.70
5	Hilltop	A	51.06
6	Point Loma	A	51.18
7	Valley Cente	A	51.96
8	Mater Dei	A	52.23
9	Escondido Ch	A	52.62

Section 2 of 3 Finals

1	Morse	A	51.02
2	Our Lady of	A	50.57
3	La Costa Can	A	50.26
4	Torrey Pines	A	49.97
5	San Dieguito	A	49.93
6	Cathedral Ca	A	49.95
7	Mt Carmel	A	50.05
8	Sage Creek	A	50.51
9	San Pasqual	A	50.89

Section 3 of 3 Finals

1	Mission Hill	A	49.78
2	La Jolla	A	49.42
3	Otay Ranch	A	48.77
4	Rancho Berna	A	48.51
5	Madison	A	48.00
6	Steele Canyo	A	48.31
7	Carlsbad	A	48.61
8	Helix	A	49.25
9	Del Norte	A	49.65

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School

Meet Program

Alternates...(Event 3 Girls 4x100 Meter Relay)

1	Bonita Vista	A	50.09
2	Westview	A	50.25
3	Mira Mesa	A	50.34
4	Fallbrook	A	51.19
5	Lincoln	A	51.46
6	Central Union	A	52.04
7	Santa Fe Christian	A	52.83
8	Francis Parker	A	52.96
9	O'Farrell Charter	A	53.94

Event 31 Girls 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	Imperial	A	4:25.21
2	Clairemont	A	4:24.19
3	San Pasqual	A	4:19.94
4	Classical Ac	A	4:17.76
5	Point Loma	A	4:15.61
6	Mission Bay	A	4:16.44
7	Crawford	A	4:18.39
8	La Jolla Cou	A	4:23.16
9	High Tech Hi	A	4:24.54
Section 2 of 3 Finals			
1	Olympian	A	4:12.60
2	Madison	A	4:11.29
3	Southwest (E	A	4:10.79
4	West Hills	A	4:09.39
5	Patrick Henr	A	4:08.46
6	Our Lady of	A	4:09.11
7	Sage Creek	A	4:10.44
8	Eastlake	A	4:10.89
9	Mira Mesa	A	4:12.23
Section 3 of 3 Finals			
1	Mt Carmel	A	4:06.44
2	Steele Canyo	A	4:04.50
3	Scripps Ranc	A	4:02.93
4	Torrey Pines	A	4:01.45
5	Carlsbad	A	3:57.62
6	Del Norte	A	3:59.63
7	Otay Ranch	A	4:02.59
8	Cathedral Ca	A	4:03.73
9	La Jolla	A	4:05.91
Alternates			
1	Valhalla	A	4:13.08
2	Westview	A	4:13.25
3	El Camino (Oceanside)	A	4:13.38
4	Central Union	A	4:20.87
5	Hilltop	A	4:24.12
6	Santana	A	4:26.15
7	Canyon Hills	A	4:26.72
8	Valley Center	A	4:30.28
9	Christian	A	4:38.38

Event 27 Girls 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Del Norte	A	9:39.60
2	Francis Park	A	9:41.14
3	Cathedral Ca	A	9:44.43
4	Sage Creek	A	9:45.97
5	El Camino (O	A	9:53.78
6	San Marcos	A	10:01.51
7	Scripps Ranc	A	10:02.15
8	La Costa Can	A	10:03.81
9	Poway	A	10:03.89
10	Canyon Crest	A	10:08.75
11	Torrey Pines	A	10:09.49
12	Steele Canyo	A	10:13.19
13	Vista	A	10:15.95
14	Westview	A	10:16.44
15	El Capitan	A	10:18.06
16	Rancho Buena	A	10:22.33
17	Point Loma	A	10:23.64
18	La Jolla	A	10:30.20
19	Our Lady of	A	10:37.26
20	Clairemont	A	10:43.01
21	Mission Vist	A	10:47.24
22	Imperial	A	10:48.68
23	Christian	A	10:49.31
24	Maranatha Ch	A	11:07.17
25	Liberty Char	A	11:22.41
26	Tri-City Chr	A	11:31.67
27	Classical Ac	A	11:41.48
Alternates			
1	Rancho Bernardo	A	10:26.60
2	Otay Ranch	A	10:27.99
3	Mission Hills	A	10:36.26
4	Ramona	A	11:15.63
5	Hilltop	A	11:19.52
6	Southwest (Ec)	A	11:45.71
7	Crawford	A	12:00.25
8	Kearny	A	12:03.95
9	La Jolla Country Day	A	12:07.40

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Event 33 Girls High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Kylie Wade	11	D-2-Point Loma	4	07.00
2	Capri Johnson	11	D-3-Christian	4	07.00
3	Siena Bateman	10	D-3-La Jolla Cou	4	07.00
4	Katie Snedden	11	D-2-Our Lady of	4	07.00
5	Jordan Brambila	10	D-3-Mater Dei	4	07.00
6	Ana Villela	11	D-3-La Jolla	4	09.00
7	Mia Webster	10	D-3-Canyon Hills	4	09.00
8	Alana Ortiz	10	D-2-Central Unio	4	09.00
9	Marazanae Townsend	12	D-2-University C	4	09.00
10	Julia Foote	12	D-2-Mt Miguel	4	09.00
11	Avery Redfern	11	D-3-La Jolla	4	09.00
12	Georgia Sporrer	10	D-2-La Costa Can	4	09.00

Flight 2 of 2 Finals

1	Mya Williams	11	D-1-Steele Canyo	4	11.00
2	Lilette Woldemichael	10	D-1-Helix	4	11.00
3	Kloe Taylor	12	D-1-Del Norte	4	11.00
4	Jae'Awnna Fimmel	12	D-1-Mission Hill	4	11.00
5	Aliyah Thibeault	12	D-2-El Capitan	4	11.00
6	Maria Shea	12	D-1-Rancho Berna	4	11.00
7	Camila Mendoza	11	D-1-Sweetwater	5	01.00
8	Yvonne Tremoulet	10	D-3-Francis Park	5	01.00
9	Maia Gordon	11	D-1-Torrey Pines	5	01.00
10	Bridget Lopez Valenzuela	10	D-1-Poway	5	01.00
11	Kelly Vander Pol	11	D-3-Maranatha Ch	5	01.00
12	Tamia Gradney	11	D-2-Lincoln	5	01.00
13	Breeze Czapinski	12	D-1-Poway	5	01.00
14	Lizzie Tarczy	12	D-2-Scripps Ranc	5	08.00

Alternates

1	Sophia Johnson	9	Cathedral Ca	4	07.00
2	Danni Dill	10	Palo Verde	4	05.00
3	Astrid Egan	9	La Jolla	4	05.00

Event 34 Girls Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Sophia Gizzo	10	D-3-La Jolla Cou	7	03.00
2	Emily Lanzel	10	D-3-La Jolla	7	03.00
3	Roxana Contreras	11	D-3-Valley Cente	7	03.00
4	Grace Hawranik	10	D-3-Valley Cente	7	09.00
5	Ciara Wicks	12	D-3-Clairemont	7	09.00
6	Olivia Barnhill	11	D-3-Clairemont	8	03.00
7	Emma Bustamante	11	D-2-Mt Carmel	9	09.00
8	Nathalia Arista	12	D-2-University C	9	09.00
9	Nina Korevaar	12	D-3-La Jolla	9	09.00
10	Natalie Hobbs	11	D-2-Cathedral Ca	10	03.00
11	Danielle Gould	12	D-2-University C	10	03.00
12	Ria Rizo	11	D-3-Clairemont	10	03.00

Flight 2 of 2 Finals

1	Lauren Scarpelli	11	D-2-Sage Creek	10	09.00
2	Maya Khoury	11	D-2-Fallbrook	10	09.00
3	Sahara Khoury	11	D-2-Fallbrook	10	09.00
4	Caitlin Khieu	9	D-1-Del Norte	10	09.00
5	Jada Potenciano	11	D-1-Rancho Berna	10	09.00
6	Katie Snedden	11	D-2-Our Lady of	10	09.00
7	Quinn Campbell	11	D-1-Canyon Crest	10	09.00
8	Jordan Kinkead	12	D-3-La Jolla Cou	11	03.00
9	Jessica Condliff	10	D-1-Canyon Crest	11	03.00
10	Chloe Tseng	11	D-1-Del Norte	11	03.00
11	Lilia Montiel	12	D-1-Rancho Berna	11	09.00
12	Evangeline Thomson	12	D-1-Poway	12	03.00
13	Paige Echsner	10	D-1-Del Norte	12	03.00
14	Iliana Downing	11	D-2-La Costa Can	13	03.00
15	Avery Hilliard	12	D-1-Poway	13	03.00

Alternates

1	McKenzie Brown	9	Torrey Pines	10	09.00
2	Sophie Humer	9	Rancho Berna	10	03.00
3	Anna Jackson	11	West Hills	8	09.00
4	Emily Keeley	9	Santana	8	09.00
5	Olivia Romero	9	Mission Bay	6	09.00

Event 35 Girls Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Emily Haynes	10	D-3-Canyon Hills	15	05.75
2	Shayden Kaiser	10	D-3-Mountain Em	15	09.25
3	Serre Kliijan	12	D-3-Santa Fe Chr	15	11.50
4	Nora Hilgeman	11	D-3-Mater Dei	15	11.50
5	Havana Jacobs	10	D-3-Mater Dei	16	03.50
6	Natalie Guevara	11	D-1-Bonita Vista	16	05.75
7	Avery Redfern	11	D-3-La Jolla	16	07.50
8	Lillian Cook	11	D-1-Steele Canyo	16	08.00
9	Tamia Gradney	11	D-2-Lincoln	16	08.25
10	Kyla O'Donnell	9	D-2-Cathedral Ca	16	09.00
11	Asia Broussard	9	D-1-Helix	16	09.00
12	Jaedah Holiday	9	D-2-Morse	16	09.00
13	Erin Huang	12	D-1-Rancho Berna	16	09.00
14	Camila Mendoza	11	D-1-Sweetwater	16	10.00

Flight 2 of 2 Finals

1	Skyler Simpson	12	D-3-Calvin Chris	16	11.00
2	Aliyah Ratcliffe	11	D-2-Cathedral Ca	16	11.00
3	Taylhore Hoagland	11	D-1-Rancho Berna	17	00.00
4	Samantha Harris	12	D-2-Vista	17	00.00
5	Amaya Bryant	11	D-2-Cathedral Ca	17	01.00
6	Amari Vaughn	12	D-1-Steele Canyo	17	01.50
7	Lindsey Balsley	11	D-3-Coronado	17	03.00
8	Mia Bento	12	D-2-Cathedral Ca	17	04.00
9	Ashley Nash	12	D-2-Morse	17	06.00
10	Angel Miller	12	D-1-El Camino (O	17	08.00
11	Siena Bateman	10	D-3-La Jolla Cou	17	08.75
12	Riley Lankford	12	D-1-Rancho Berna	17	10.50
13	Jenna Fields	12	D-2-Santana	18	03.00

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School

Meet Program

Alternates...(Event 35 Girls Long Jump)

1	Sydney Terrell	10	Mission Vist	16-05.75
2	Destinee Jones	12	Hilltop	16-05.00
3	Kaylee Tan	12	Del Norte	16-02.00
4	Abrielle Hagan	11	Morse	16-01.00
5	Sabine Chung	9	Canyon Crest	16-00.75
6	Diana Kostina	11	Otay Ranch	16-00.50
7	Lucia Meza	11	Mission Bay	15-05.50
8	Skyler McNamara	11	Valley Cente	15-04.50
9	Mallory Fickas	12	Escondido Ch	15-04.00

Event 36 Girls Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Kyra Sharma	10	D-3-La Jolla	31-08.00
2	Emily Haynes	10	D-3-Canyon Hills	32-02.25
3	Havana Jacobs	10	D-3-Mater Dei	32-08.50
4	Serre Kliijan	12	D-3-Santa Fe Chr	32-09.00
5	Astrid Egan	9	D-3-La Jolla	33-02.75
6	Shayden Kaiser	10	D-3-Mountain Emj	33-03.50
7	Keana Smith	11	D-2-Lincoln	33-04.00
8	Kanayjah Cook-Weaver	11	D-2-Mt Miguel	33-04.75
9	Isabelle Snook	12	D-1-Steele Canyo	33-05.25
10	Abigail Plezia	11	D-3-La Jolla	33-05.25
11	Mia Bento	12	D-2-Cathedral Ca	33-09.00
12	Valeria Vasquez	11	D-1-Torrey Pines	34-01.00
13	Aliyah Ratcliffe	11	D-2-Cathedral Ca	34-03.00
14	Rae Ball	11	D-1-Eastlake	34-04.75

Flight 2 of 2 Finals

1	Evin McDowell	10	D-1-Grossmont	34-05.25
2	Kyla O'Donnell	9	D-2-Cathedral Ca	34-08.00
3	Vinisha Rogers	10	D-2-Oceanside	34-09.00
4	Samantha Harris	12	D-2-Vista	34-10.00
5	Siena Bateman	10	D-3-La Jolla Cou	35-02.25
6	Angel Miller	12	D-1-El Camino (O	35-03.50
7	Natalie Guevara	11	D-1-Bonita Vista	35-04.00
8	Lillian Cook	11	D-1-Steele Canyo	35-06.50
9	Avery Redfern	11	D-3-La Jolla	35-08.00
10	Kylie Wade	11	D-2-Point Loma	35-10.00
11	Riley Lankford	12	D-1-Rancho Berna	36-00.25
12	Jenna Fields	12	D-2-Santana	37-00.00
13	Amari Vaughn	12	D-1-Steele Canyo	37-03.75

Alternates

1	Erin Huang	12	Rancho Berna	33-02.50
2	Laura Rucks	12	Torrey Pines	33-02.50
3	Diana Kostina	11	Otay Ranch	33-01.00
4	Katie Snedden	11	Our Lady of	32-03.75
5	Eveline Neuenswander	11	San Pasqual	32-03.00
6	Violet Tengan	12	San Pasqual	32-02.00
7	Isabella Cruz	11	High Tech Hi	31-03.00
8	Nora Hilgeman	11	Mater Dei	30-11.75
9	Lila Gladden	9	High Tech Hi	30-10.25

Event 37 Girls Shot Put

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Taylor Ricasata	10	D-3-Canyon Hills	29-03.75
2	Zoe Cruz	11	D-3-Mater Dei	29-06.25
3	Iris Diaz	12	D-3-Valley Cente	29-08.50
4	AveMarie Meleseia	12	D-3-Madison	29-10.25
5	Amalia Cardona	12	D-3-Imperial	30-01.50
6	Lily Fangman	12	D-3-Pacific Ridg	30-08.00
7	Mia Robles	11	D-2-Mt Carmel	30-10.00
8	Sarah Chevrette	10	D-3-Canyon Hills	30-10.50
9	Breanne Ketts	12	D-2-Sage Creek	31-00.00
10	Mariah Hubbard	9	D-3-Canyon Hills	31-02.50
11	Grace Staff	11	D-2-Vista	31-11.00
12	Jacqueline Seabolt	10	D-2-Mt Carmel	32-06.00
13	Jayla White	11	D-2-Morse	32-06.00
14	Karly Espinoza	10	D-2-Southwest (E	32-08.50

Flight 2 of 2 Finals

1	Cheney Gomez	12	D-3-Imperial	33-03.75
2	Lelia Keene	12	D-1-El Camino (O	34-10.00
3	Azaria Martin	12	D-2-Brawley	35-00.25
4	Laura Rucks	12	D-1-Torrey Pines	35-03.50
5	Mairead Frankel	10	D-2-Sage Creek	35-07.00
6	Hailey Lauifi	11	D-1-Helix	36-02.00
7	Brenna Williams	11	D-2-Cathedral Ca	36-04.00
8	Leilah Lauifi	11	D-1-Helix	37-00.00
9	Tesa Liufau	11	D-1-Helix	37-03.00
10	Kennedi Jones	12	D-1-Steele Canyo	38-00.00
11	Logan Shojgreen	12	D-1-Rancho Berna	38-02.50
12	Shani Ford	10	D-1-Helix	39-09.50
13	Gabriella Colon Gipson	11	D-1-Otay Ranch	39-11.00

Alternates

1	Atria Wells	9	El Camino (O	34-09.00
2	Elisabeth Driscoll	11	Canyon Crest	34-05.00
3	Briana McClean	10	San Marcos	34-04.00
4	Amy Welch	11	Mt Carmel	30-09.00
5	Jakeelah Thomas	10	Morse	30-04.00
6	Nora Covington	12	Oceanside	30-03.50
7	Krista Ghosh	9	Valley Cente	28-04.00
8	Roxanne Raab	10	Clairemont	28-02.00
9	Khouri Evans	12	Mission Bay	28-00.00

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Event 40 Girls Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Lily Fangman	12	D-3-Pacific Ridg	87-11.25	
2	Rachel Patterson	11	D-3-Christian	89-00.75	
3	Iris Diaz	12	D-3-Valley Cente	89-04	
4	Samantha Nelson	11	D-3-Rock Academ	89-06.25	
5	Lauren Ripley	12	D-3-Holtville	90-11.50	
6	Madison Culuko	11	D-2-Hilltop	91-03	
7	Amy Welch	11	D-2-Mt Carmel	91-06	
8	Jessica Thiss	11	D-2-Our Lady of	93-02	
9	Riley Dene	12	D-2-Santana	94-02	
10	Julie Zamarripa	11	D-3-Mater Dei	94-03	
11	Samantha Brims	12	D-2-West Hills	95-04	
12	Kayley Teagle	12	D-2-Sage Creek	96-01	
13	Brook Meiers	12	D-1-Steele Canyo	97-03	
14	Zoe Cruz	11	D-3-Mater Dei	98-01.50	

Flight 2 of 2 Finals

1	AveMarie Meleseia	12	D-3-Madison	98-05	
2	Hailey Lauifi	11	D-1-Helix	99-02	
3	Carsen McKinney	11	D-1-Del Norte	99-09	
4	Loren Swisher	12	D-1-Eastlake	101-08	
5	Sofia Caruso	12	D-1-Rancho Berna	106-09	
6	Lelia Keene	12	D-1-El Camino (O	108-01	
7	Cheney Gomez	12	D-3-Imperial	108-09.25	
8	Mia Robles	11	D-2-Mt Carmel	115-07	
9	Elisabeth Driscoll	11	D-1-Canyon Crest	117-00	
10	Mairead Frankel	10	D-2-Sage Creek	119-03	
11	Logan Shojgreen	12	D-1-Rancho Berna	119-07	
12	Brenna Williams	11	D-2-Cathedral Ca	124-09	
13	Kennedi Jones	12	D-1-Steele Canyo	124-11	

Alternates

1	Denise Molano	12	El Camino (O	95-07	
2	Jaya Khot	10	Rancho Berna	92-07	
3	Emily Andrews	12	Poway	92-03	
4	Riley McClellan	12	Ramona	89-02	
5	Jacqueline Seabolt	10	Mt Carmel	88-03	
6	Elizabeth Morales Diaz	12	Clairemont	87-08.75	
7	Semalu Hernandez Palomo	10	Valley Cente	87-04.50	
8	Jaden Malo	11	Christian	87-00.50	
9	Natalie Danks	11	El Capitan	83-07	

Event 13 Boys 100 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	Tayshawn Taylor	11	D-3-Bishops	11.51	
2	Alfredo Dorame	11	D-3-Imperial	11.49	
3	Austin Crews	9	D-3-Francis Park	11.43	
4	Matteo Natale	10	D-3-Valley Cente	11.22	
5	Matthew Robertson	12	D-3-Palo Verde	11.20	
6	Elijah Thornton	12	D-3-Kearny	11.21	
7	Matthew Carr	10	D-3-Mater Dei	11.34	
8	Landon Schrom	9	D-3-Army-Navy	11.45	
9	Jeffrey Lee	11	D-3-Bonsall	11.50	

Section 2 of 3 Finals

1	Brandon Worsley	12	D-1-Mission Hill	11.18	
2	Brett Barry	11	D-1-Torrey Pines	11.14	
3	Makei Thompson	12	D-1-Mira Mesa	11.09	
4	Joseph Solomon	11	D-1-Eastlake	11.08	
5	DaMourion Dudley	10	D-2-Lincoln	11.00	
6	Dreyden Garner	10	D-2-University C	11.01	
7	Samuel Harris	10	D-2-University C	11.09	
8	Tanner Whitford	11	D-1-Rancho Berna	11.14	
9	Brady Pohl	10	D-1-San Marcos	11.16	

Section 3 of 3 Finals

1	Dante Scott	12	D-1-Bonita Vista	10.96	
2	Eden Perez	11	D-2-Escondido	10.93	
3	Austin McCotter	11	D-2-Cathedral Ca	10.86	
4	Steven Luker	12	D-2-Central Unio	10.84	
5	Jason Wells	12	D-2-La Costa Can	10.55	
6	Jase Nix	10	D-1-San Marcos	10.84	
7	Jonathan Aukerman Salinas	12	D-2-Mt Carmel	10.85	
8	Quentin Stevens	12	D-1-Steele Canyo	10.93	
9	Riley Leyva	11	D-2-Cathedral Ca	10.95	

Alternates

1	Ethan Ford	11	Cathedral Ca	11.10	
2	Vicente Mondragon	12	Southwest (S	11.10	
3	Seven McGrath	12	La Costa Can	11.12	
4	Aleonte Logan	12	Morse	11.12	
5	Spencer Gray	10	Helix	11.19	
6	Nolan Cummings	12	San Marcos	11.19	
7	Jacob Warren	11	Del Norte	11.22	
8	Leed Smoole	9	La Jolla	11.55	
9	Aiden Alringer	12	La Jolla	11.56	
10	Kingston Matthews	11	High Tech Hi	11.59	

Event 24 Boys 200 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	Landon Schrom	9	D-3-Army-Navy	23.14	
2	Ahmad Jackson	12	D-3-Canyon Hills	22.89	
3	Matteo Natale	10	D-3-Valley Cente	22.73	
4	Elijah Thornton	12	D-3-Kearny	22.66	
5	Alfredo Dorame	11	D-3-Imperial	22.54	
6	Logan Henry	11	D-2-El Capitan	22.63	
7	Matthew Robertson	12	D-3-Palo Verde	22.68	
8	Donald Moore	11	D-3-Rock Academ	22.75	
9	Austin Crews	9	D-3-Francis Park	23.07	

Section 2 of 3 Finals

1	Jalen Saint Paul	11	D-1-Carlsbad	22.44	
2	Habib Ismail	12	D-3-Crawford	22.42	
3	Jase Nix	10	D-1-San Marcos	22.32	
4	Riley Leyva	11	D-2-Cathedral Ca	22.15	
5	Joseph Solomon	11	D-1-Eastlake	22.03	
6	Eden Perez	11	D-2-Escondido	22.07	
7	Brandon Worsley	12	D-1-Mission Hill	22.30	
8	Jonah Holloway	9	D-2-Morse	22.40	
9	Gevonni Richey	11	D-1-Otay Ranch	22.43	

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Section 3 of 3 Finals...(Event 24 Boys 200 Meter Dash)

1	D'Angelo Besikof	11	D-1-San Diego	22.00
2	David Acosta	12	D-1-El Camino (O)	21.87
3	Steven Luker	12	D-2-Central Unio	21.85
4	Jonathan Aukerman Salinas	12	D-2-Mt Carmel	21.71
5	Adren Parker	12	D-1-Helix	21.63
6	Jason Wells	12	D-2-La Costa Can	21.69
7	David Slaughter	10	D-2-Mt Carmel	21.84
8	Malachi McCoy	12	D-2-Hilltop	21.86
9	Quentin Stevens	12	D-1-Steele Canyo	21.99

Alternates

1	Dante Scott	12	Bonita Vista	22.50
2	Terrick Fisher	11	Rancho Berna	22.53
3	Spencer Gray	10	Helix	22.63
4	Austin McCotter	11	Cathedral Ca	22.66
5	Marley Randolph	11	Scripps Ranc	22.76
6	Aleonte Logan	12	Morse	22.94
7	Lah'darius Crawford	11	Mar Vista	23.23
8	Orion Collier	11	Mission Bay	23.36
9	Blake McGihon	12	Horizon Prep	23.41

Event 11 Boys 400 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Orion Collier	11	D-3-Mission Bay	53.49
2	Alex Chin	10	D-3-Cambridge	52.44
3	John Guckian	12	D-3-La Jolla Cou	51.78
4	Ahmad Jackson	12	D-3-Canyon Hills	51.46
5	Marley Randolph	11	D-2-Scripps Ranc	51.35
6	Jacob Kim	10	D-3-Cambridge	51.40
7	Blake Behmer	12	D-2-Cathedral Ca	51.56
8	Tyler Tennant	10	D-3-Maranatha Ch	51.87
9	Sean Groeneveld	10	D-3-Coronado	52.85

Section 2 of 3 Finals

1	Habib Ismail	12	D-3-Crawford	51.19
2	Donald Moore	11	D-3-Rock Academ	50.86
3	Divad Diaz	11	D-2-Southwest (S)	50.70
4	Nathan Bruhn	11	D-2-Cathedral Ca	50.50
5	Jalen Saint Paul	11	D-1-Carlsbad	50.34
6	Ian Seifert	12	D-2-La Costa Can	50.40
7	Shakur Jackson	12	D-1-Hoover (Sd)	50.67
8	Carter Schoon	12	D-1-Poway	50.75
9	Gabriel Leyva	11	D-1-Otay Ranch	51.12

Section 3 of 3 Finals

1	Jaylon Graves	10	D-1-Olympian	50.31
2	Preston Hines	10	D-1-San Marcos	50.11
3	D'Angelo Besikof	11	D-1-San Diego	49.35
4	David Slaughter	10	D-2-Mt Carmel	48.61
5	Adren Parker	12	D-1-Helix	47.46
6	Malachi McCoy	12	D-2-Hilltop	48.52
7	David Acosta	12	D-1-El Camino (O)	49.15
8	Vincent Jones	11	D-2-Mt Miguel	50.03
9	Finn Deatherage	12	D-2-Sage Creek	50.19

Alternates

1	Emmanuel Cortes	12	San Ysidro	51.33
2	Aaron Gray	11	Steele Canyo	51.36
3	Jacob Azevedo	11	Steele Canyo	51.53
4	Myles Farkas	11	Mt Carmel	51.70
5	Ayden Goodwin	10	Oceanside	51.78
6	Austin Calvert	11	El Capitan	51.78
7	Elijah Vaz	11	La Jolla	53.54
8	Landon Eberly	12	High Tech (C)	53.59
9	Daniel Ortega	12	Imperial	53.88

Event 20 Boys 800 Meter Run

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Aundrey Calvert	11	D-2-El Capitan	2:00.02
2	Marlon De la Torre	11	D-2-Brawley	2:00.60
3	Jimmy Markowicz	12	D-2-St Augustine	2:00.72
4	Julian Reyna	12	D-2-Central Unio	2:01.33
5	Brian Truong	12	D-3-Crawford	2:01.46
6	Carlos Aldrete	12	D-3-Mater Dei	2:01.50
7	Joel Bray	11	D-3-Liberty Char	2:02.18
8	Jay Udinsky	12	D-3-Bishops	2:02.95
9	Matthew Monroy	12	D-3-Maranatha Ch	2:03.39
10	Payton Bryant	10	D-3-Maranatha Ch	2:04.15
11	Aiden Burr	10	D-3-Liberty Char	2:04.16
12	Gabriel Contreras-Nicolas	10	D-3-Santa Fe Chr	2:04.40
13	Ryan Weis	12	D-3-Classical Ac	2:04.78

Section 2 of 2 Finals

1	Manuel Correia	12	D-2-Point Loma	1:54.71
2	Angel Cordero	11	D-1-Olympian	1:55.35
3	Josiah Bowman	9	D-2-Sage Creek	1:56.21
4	Ian Rosen	12	D-1-Grossmont	1:56.26
5	Brandon Day	12	D-1-Rancho Berna	1:57.65
6	William Cornick	12	D-1-Canyon Crest	1:58.12
7	Brian Maweu-Small	12	D-2-Sage Creek	1:58.15
8	Mark De Haro	12	D-2-Vista	1:58.26
9	Peter Akinpelu	11	D-1-Del Norte	1:58.68
10	Gabriel Xavier	10	D-2-Point Loma	1:59.40
11	Matthew Stevens	10	D-1-Westview	1:59.49
12	Kaipo Christensen	12	D-1-Poway	1:59.49
13	Rafael Herchenhorn	10	D-1-Torrey Pines	1:59.70
14	Ryan Hurley	12	D-1-San Marcos	1:59.72

Alternates

1	Jb Kouwonou	12	Helix	1:59.92
2	Ian Ridge	11	Bonita Vista	1:59.94
3	Juan Pablo Arredondo	12	Steele Canyo	1:59.96
4	Franklin Garcia	12	Vista	2:02.00
5	Miguel Ramirez	12	Southwest (E)	2:02.62
6	Jack Tucker	11	Mt Carmel	2:02.94
7	Miles Pike	9	Canyon Hills	2:06.19
8	Phoenix Cruz	12	Julian	2:06.89
9	Ryan Rodrigue	10	Santa Fe Chr	2:07.84

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School

Meet Program

Event 6 Boys 1600 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Juan Pablo Arredondo	12	D-1-Steele Canyo	4:27.10
2	Connor Cheary	12	D-2-Santana	4:28.03
3	Hudson Kim	12	D-3-Santa Fe Chr	4:28.30
4	Garrett Cloyd	11	D-2-Mt Miguel	4:28.85
5	Austin Boinus	11	D-2-El Capitan	4:28.92
6	Stanley Yan	11	D-1-Del Norte	4:30.36
7	Mason Coyle	12	D-1-Grossmont	4:31.11
8	Luke Jin	10	D-1-Del Norte	4:31.78
9	Micah Senn	10	D-1-Steele Canyo	4:31.86
10	John Bitner	11	D-3-Calvin Chris	4:32.63
11	Eric Semprebom	12	D-1-Poway	4:32.81
12	Aidan Stirk	12	D-3-High Tech (C	4:35.51
13	Aiden Burr	10	D-3-Liberty Char	4:36.57
Section 2 of 2 Finals				
1	Jacob Juden	12	D-1-Otay Ranch	4:13.25
2	Ryan Thomas	12	D-1-Torrey Pines	4:15.55
3	Manuel Correia	12	D-2-Point Loma	4:15.76
4	Tom Bell	12	D-2-Mt Carmel	4:16.60
5	Brandon Day	12	D-1-Rancho Berna	4:17.46
6	Micah Sanchez	12	D-3-Liberty Char	4:18.70
7	Jimmy Markowicz	12	D-2-St Augustine	4:18.79
8	Jayson Oliver	12	D-2-Santana	4:21.86
9	York Bourgeois	11	D-3-Francis Park	4:24.79
10	Ken Belt	12	D-2-Scripps Ranc	4:24.85
11	Kai Lange-Dei	11	D-3-High Tech Hi	4:25.28
12	Evan Smith	10	D-3-Santa Fe Chr	4:25.64
13	Finn McClure	12	D-2-Monte Vista	4:26.39
14	Isaac Chu	12	D-3-La Jolla	4:26.92
Alternates				
1	Nathan Bamford	9	Scripps Ranc	4:31.31
2	Shiva Rajesh	12	Mission Vist	4:32.51
3	James Hilton	10	Westview	4:33.29
4	Spencer Borin	11	Torrey Pines	4:33.29
5	Sebastian Aranda	10	Bonita Vista	4:34.00
6	Brogan Fountain	11	Mt Carmel	4:34.19
7	Joshua Dunphy	11	Mater Dei	4:38.02
8	Keegan Durfee	10	Clairemont	4:40.65
9	Collin Gordon	10	Calvin Chris	4:43.92

Event 30 Boys 3200 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Tom Bell	12	D-2-Mt Carmel	9:18.91
2	Jacob Juden	12	D-1-Otay Ranch	9:23.80
3	Adrian Welton	11	D-1-Westview	9:24.71
4	Rowan Nicholas	12	D-1-Rancho Berna	9:25.67
5	Jacob Pippel	11	D-1-Canyon Crest	9:25.77
6	Nathan Christmore	12	D-1-Torrey Pines	9:25.78
7	Derek Kirschbaum	12	D-1-Poway	9:25.80
8	Omar Reyes	11	D-1-El Camino (O	9:26.10
9	Jake Shorey	12	D-1-Otay Ranch	9:26.22
10	Camden Luecht	10	D-1-Rancho Berna	9:26.44
11	Jacob Niednagel	12	D-2-La Costa Can	9:28.10
12	Micah Sanchez	12	D-3-Liberty Char	9:37.19
13	Caden Hicks	11	D-2-University C	9:40.87
14	Archie Olvera	12	D-2-Brawley	9:43.31
15	Ivan Guzman	11	D-3-Liberty Char	9:43.76
16	York Bourgeois	11	D-3-Francis Park	9:47.50
17	Austin Boinus	11	D-2-El Capitan	9:48.45
18	Steven Valadez	12	D-2-Monte Vista	9:49.78
19	Luke Buentello	11	D-2-Vista	9:50.28
20	Eduardo Serrano	12	D-2-University C	9:50.70
21	Shiva Rajesh	12	D-2-Mission Vist	9:52.82
22	Kai Lange-Dei	11	D-3-High Tech Hi	9:55.59
23	Maxwell Gibbons	10	D-3-High Tech Hi	9:57.36
24	John Bitner	11	D-3-Calvin Chris	10:06.24
25	Lyon Craig	10	D-3-Health Scien	10:11.48
26	Jose Julian Mojarro	11	D-3-Crawford	10:13.04
27	Joshua Dunphy	11	D-3-Mater Dei	10:20.60
Alternates				
1	Saul Johnson	12	Torrey Pines	9:30.80
2	Bryce Conover	11	Torrey Pines	9:31.51
3	Jonas Rickert	11	Torrey Pines	9:38.60
4	Isaac Niednagel	11	La Costa Can	9:58.59
5	Garrett Cloyd	11	Mt Miguel	9:58.84
6	Lennox Rowlett	11	Sage Creek	10:08.71
7	Mitchell Gillepsie	9	Mission Bay	10:27.25
8	Evers Clemeshaw	10	Classical Ac	10:30.18
9	Joshua Jaffin	10	Maranatha Ch	10:32.44

Event 8 Boys 110 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Gavin Gladden	11	D-3-High Tech Hi	17.01
2	Isaiah Baker	12	D-3-Kearny	16.67
3	Mekhi Oluwa	9	D-3-Mater Dei	16.41
4	Aidan Vargas	11	D-2-Mt Carmel	15.81
5	Khalid Aldelaimi	12	D-2-Mt Carmel	15.71
6	Steven Gomez	12	D-2-Southwest (E	15.80
7	Caden Taffe	10	D-3-Mission Bay	16.16
8	De'vin Riley	11	D-3-Madison	16.55
9	Xavier Morales	10	D-3-Canyon Hills	16.94

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School

Meet Program

Section 2 of 3 Finals...(Event 8 Boys 110 Meter Hurdles)

1	Dorian Marquez	12	D-3-Mission Bay	15.57
2	Deonte Sharp	11	D-2-Monte Vista	15.39
3	Justin Reichenberg	11	D-3-Mission Bay	15.33
4	Danny Tragarz	12	D-1-Del Norte	15.31
5	Hudson Blattman	12	D-1-Rancho Berna	15.18
6	Jayden Bailey	10	D-3-Mission Bay	15.18
7	Daniel Zavala	12	D-2-Central Unio	15.32
8	Elton Hurd	12	D-1-El Camino (O	15.36
9	Bucko Wong	10	D-1-Rancho Berna	15.41

Section 3 of 3 Finals

1	Vincent Atilano	11	D-2-Cathedral Ca	15.15
2	Balamber Izsold	12	D-1-San Marcos	15.10
3	Jonathan Biffle	11	D-2-El Capitan	15.01
4	Christopher Cappello	11	D-1-Rancho Berna	14.94
5	Shon Martin	11	D-1-Helix	14.38
6	Jaden Dorsey	12	D-1-Olympian	14.74
7	Owen Cruise	10	D-1-Torrey Pines	15.01
8	Ryan Richter	11	D-2-Santana	15.02
9	Sterling Bryant	10	D-2-Ramona	15.13

Alternates

1	Callum McFarlane	9	Carlsbad	15.54
2	Deshawn Smith	12	Sweetwater	15.57
3	Devin Escobar	11	El Camino (O	15.59
4	Drew Tegt	12	Fallbrook	15.88
5	Patrick Stewart	12	Scripps Ranc	15.92
6	Gustavo De La Fuente	12	Cathedral Ca	16.07
7	Ethan Stevenson	10	High Tech Hi	17.15
8	Pablo Moreno	12	Imperial	17.29
9	Jeremiah Torres	9	Army-Navy	17.50

Event 22 Boys 300 Meter Hurdles

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Octavio Ayala	12	D-3-Imperial	44.83
2	Reif Souder	10	D-3-Coronado	44.02
3	Jack Lowell	10	D-3-Classical Ac	43.78
4	Xavier Morales	10	D-3-Canyon Hills	43.06
5	Jayden Bailey	10	D-3-Mission Bay	41.64
6	Drew Tegt	12	D-2-Fallbrook	42.10
7	Ethan Chin	10	D-3-Cambridge	43.47
8	Dorian Marquez	12	D-3-Mission Bay	43.80
9	Josiah Sadler	11	D-3-Kearny	44.45

Section 2 of 3 Finals

1	Steven Gomez	12	D-2-Southwest (E	41.37
2	Deonte Sharp	11	D-2-Monte Vista	41.05
3	Daniel Zavala	12	D-2-Central Unio	40.83
4	Daniel Camillo	12	D-2-Brawley	40.66
5	Ozzeno Diallo	11	D-1-Hoover (Sd)	40.19
6	Hudson Blattman	12	D-1-Rancho Berna	40.50
7	Ryan Richter	11	D-2-Santana	40.70
8	Bucko Wong	10	D-1-Rancho Berna	40.93
9	Wyn Smoole	12	D-3-La Jolla	41.27

Section 3 of 3 Finals

1	Joshua Spurgiesz	11	D-1-Del Norte	40.10
2	Jaden Dasher	12	D-2-Oceanside	39.86
3	Xavier Barksdale	12	D-1-Steele Canyo	39.56
4	Danny Tragarz	12	D-1-Del Norte	38.92
5	Vincent Atilano	11	D-2-Cathedral Ca	38.56
6	Shon Martin	11	D-1-Helix	38.64
7	Jaden Dorsey	12	D-1-Olympian	39.02
8	Jonathan Biffle	11	D-2-El Capitan	39.80
9	Devin Escobar	11	D-1-El Camino (O	39.99

Alternates

1	Christopher Cappello	11	Rancho Berna	40.99
2	Ivan Huerta	11	Mission Hill	41.11
3	Nolan Chen	12	Westview	41.73
4	Zealand Batis	12	Mira Mesa	41.73
5	Patrick Stewart	12	Scripps Ranc	42.21
6	Khalid Aldelaimi	12	Mt Carmel	42.22
7	Isaiah DeJarnette	12	Mt Carmel	42.26
8	Luis Cisneros	12	Mar Vista	44.94
9	Gavin Gladden	11	High Tech Hi	45.01
10	Brycen Middleton	12	Valley Cente	45.49

Event 4 Boys 4x100 Meter Relay

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Francis Park	A	45.72
2	Imperial	A	45.34
3	Bishops	A	44.78
4	Mission Bay	A	44.35
5	West Hills	A	44.09
6	La Jolla	A	44.32
7	Palo Verde	A	44.74
8	Mar Vista	A	44.88
9	Army-Navy	A	45.54

Section 2 of 3 Finals

1	Mater Dei	A	44.00
2	Sage Creek	A	43.87
3	Vista	A	43.54
4	Olympian	A	43.37
5	El Camino (O	A	43.25
6	Central Unio	A	43.31
7	Eastlake	A	43.41
8	Steele Canyo	A	43.62
9	Scripps Ranc	A	43.92

Section 3 of 3 Finals

1	Otay Ranch	A	43.22
2	San Marcos	A	43.02
3	Helix	A	42.66
4	Mt Carmel	A	42.32
5	University C	A	42.03
6	Cathedral Ca	A	42.20
7	La Costa Can	A	42.49
8	Del Norte	A	42.92
9	Bonita Vista	A	43.22

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School

Meet Program

Alternates...(Event 4 Boys 4x100 Meter Relay)

1	Torrey Pines	A	43.66
2	San Dieguito Academy	A	43.80
3	Mira Mesa	A	43.91
4	Oceanside	A	44.25
5	St Augustine	A	44.28
6	Hilltop	A	44.33
7	Santa Fe Christian	A	45.80
8	Cambridge	A	45.98
9	Valley Center	A	46.47

Event 32 Boys 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	Valley Cente	A	3:42.57
2	Cambridge	A	3:41.26
3	Clairemont	A	3:38.93
4	Imperial	A	3:35.29
5	Brawley	A	3:33.69
6	Mission Bay	A	3:34.91
7	Crawford	A	3:38.35
8	Coronado	A	3:40.29
9	Bishops	A	3:41.82
Section 2 of 3 Finals			
1	La Jolla	A	3:33.62
2	Central Unio	A	3:33.24
3	Eastlake	A	3:29.16
4	Mission Hill	A	3:28.14
5	Otay Ranch	A	3:27.04
6	El Capitan	A	3:27.89
7	Carlsbad	A	3:28.30
8	Hoover (Sd)	A	3:30.46
9	San Ysidro	A	3:33.30
Section 3 of 3 Finals			
1	Steele Canyo	A	3:27.01
2	La Costa Can	A	3:26.74
3	Poway	A	3:25.53
4	Sage Creek	A	3:24.34
5	Mt Carmel	A	3:22.91
6	Cathedral Ca	A	3:23.65
7	Olympian	A	3:25.52
8	Point Loma	A	3:25.78
9	Oceanside	A	3:26.87

Alternates

1	St Augustine	A	3:34.55
2	Scripps Ranch	A	3:35.91
3	Monte Vista	A	3:36.06
4	Sweetwater	A	3:37.56
5	Bonita Vista	A	3:39.40
6	Patrick Henry	A	3:41.99
7	Kearny	A	3:43.92
8	Mater Dei	A	3:44.44
9	Maranatha Christian	A	3:44.82

Event 28 Boys 4x800 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Del Norte	A	8:10.56
2	Helix	A	8:11.15
3	Steele Canyo	A	8:15.33
4	Poway	A	8:16.53
5	Olympian	A	8:18.77
6	Carlsbad	A	8:19.14
7	Vista	A	8:19.51
8	Westview	A	8:20.33
9	El Camino (O)	A	8:21.55
10	Canyon Crest	A	8:21.97
11	Central Unio	A	8:26.90
12	Point Loma	A	8:32.79
13	Santa Fe Chr	A	8:34.37
14	Imperial	A	8:38.40
15	Maranatha Ch	A	8:38.43
16	Mission Vist	A	8:38.60
17	Sage Creek	A	8:39.79
18	Scripps Ranc	A	8:40.69
19	Santana	A	8:41.76
20	Mt Carmel	A	8:42.60
21	Ramona	A	8:42.91
22	La Jolla	A	8:48.61
23	Coronado	A	8:48.66
24	Crawford	A	8:50.41
25	Canyon Hills	A	8:55.45
26	Liberty Char	A	8:59.55
27	Mission Bay	A	9:05.26
Alternates			
1	Rancho Bernardo	A	8:30.08
2	Otay Ranch	A	8:35.07
3	Torrey Pines	A	8:36.44
4	Cathedral Catholic	A	8:43.64
5	Mt Miguel	A	8:46.47
6	Hilltop	A	9:04.31
7	Christian	A	9:10.50
8	La Jolla Country Day	A	9:17.23
9	Francis Parker	A	9:19.99

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Event 41 Boys High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Jared Nixon	11	D-3-Imperial	5	09.00
2	Shamarion Unden	11	D-2-El Capitan	5	09.00
3	Davin Doak	11	D-3-La Jolla Cou	5	09.00
4	Nicolis Isaac	12	D-3-La Jolla	5	09.00
5	Malakai Easter	11	D-1-Mira Mesa	5	09.00
6	Dylan Eads	11	D-3-Christian	5	09.00
7	Aiden Robak	11	D-2-Santana	5	09.00
8	Isaiah Baker	12	D-3-Kearny	5	11.00
9	Joshua Dixon	11	D-2-University C	5	11.00
10	Lucas Heldman	11	D-3-La Jolla Cou	5	11.00
11	Jalen Brown	11	D-2-Monte Vista	5	11.00
12	Brady Murphy	12	D-1-Bonita Vista	5	11.00
13	Jamal Lawrence	12	D-3-Canyon Hills	5	11.00
14	AJ McIlwain	12	D-1-Otay Ranch	5	11.00
15	Hudson Shaver	11	D-2-La Costa Can	5	11.00

Flight 2 of 2 Finals

1	Jackson Gross	11	D-1-Torrey Pines	6	01.00
2	Grant Cegelski	12	D-2-Point Loma	6	01.00
3	Ian Stockes	12	D-1-Carlsbad	6	01.00
4	Balamber Izsold	12	D-1-San Marcos	6	01.00
5	Quincy Herron	12	D-1-Helix	6	01.00
6	Cayden How	12	D-1-Mission Hill	6	01.00
7	Adrian Phillips	12	D-3-Canyon Hills	6	01.00
8	Dorian Fillmore	11	D-2-Monte Vista	6	03.00
9	Sammy Carmona	11	D-2-Fallbrook	6	03.00
10	Brandon Cheeks II	11	D-3-Mission Bay	6	03.00
11	Aaron Fruge'	12	D-2-University C	6	05.00
12	John Chang	12	D-1-Rancho Berna	6	05.00

Alternates

1	Blake Ramirez	12	Sage Creek	5	09.00
2	Ja'Marcus Jiles	12	San Ysidro	5	09.00
3	Samuel Kramer	11	Santa Fe Chr	5	07.00
4	Jonathan Cowles	10	Classical Ac	5	07.00

Event 42 Boys Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Carlos Navarro	10	D-3-Mater Dei	9	00.00
2	Tristan Rosete	11	D-3-Mission Bay	9	06.00
3	Luke Daly	10	D-3-La Jolla	10	00.00
4	Kyle Palmer	10	D-3-La Jolla	10	00.00
5	Ethan Heldman	11	D-3-La Jolla Cou	11	00.00
6	Chase Enyart	11	D-3-Mission Bay	11	06.00
7	Xander Ortiz	10	D-3-Valley Cente	11	06.00
8	Noah Pearl	12	D-2-Mt Carmel	12	06.00
9	Andrew Hamby	12	D-2-Mt Carmel	12	06.00
10	Joseph Sbuttoni IV	10	D-2-St Augustine	13	00.00
11	Tyler Thomas	11	D-2-Santana	13	00.00
12	Merrick Stroschine	10	D-2-Scripps Ranc	13	00.00

Flight 2 of 2 Finals

1	Jordan Kondo	11	D-2-Vista	13	06.00
2	Rob Saunders	11	D-1-Rancho Berna	13	06.00
3	Jaden Ong	12	D-1-Westview	13	06.00
4	Chance Rynearson	11	D-3-Mission Bay	14	00.00
5	Vincent Farenc	11	D-1-Westview	14	00.00
6	Justin Reichenberg	11	D-3-Mission Bay	14	00.00
7	Mateo Guerra	12	D-1-Poway	14	00.00
8	Tristan Sotelo	11	D-1-Grossmont	14	00.00
9	Kamren Boyles	12	D-1-San Marcos	14	00.00
10	Leo Sun	11	D-1-Del Norte	14	06.00
11	Andrew Schiering	11	D-1-Westview	14	06.00
12	Aiden Bernier	11	D-2-Fallbrook	14	06.00
13	Jacob Emerson	11	D-2-Sage Creek	15	06.00
14	Kai Anderson	10	D-2-University C	15	06.00
15	Joey Weisman	11	D-1-Torrey Pines	16	00.00

Alternates

1	Jackson Gilbert	11	Poway	13	00.00
2	Alexander Paik	11	Canyon Crest	13	00.00
3	Bryton Hicks	10	University C	12	00.00
4	Jason Peck	12	St Augustine	12	00.00
5	Jacob Gilbert	12	Mater Dei	8	06.00
6	Davin Doak	11	La Jolla Cou	8	00.00

Event 43 Boys Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Diego Pereyra	10	D-3-Clairemont	20	04.00
2	Zagar Aiken	10	D-3-Madison	20	05.00
3	Ben Moscato	11	D-3-High Tech Hi	20	06.50
4	Sullivan Adams	12	D-3-Army-Navy	20	07.50
5	Gavin Holt	11	D-2-Cathedral Ca	20	08.50
6	Jalen Brown	11	D-2-Monte Vista	20	08.75
7	Rhys Vaughn	11	D-2-Cathedral Ca	20	08.75
8	Danny Tragarz	12	D-1-Del Norte	20	10.00
9	Brandon Cheeks II	11	D-3-Mission Bay	20	10.50
10	Cameron Payne	12	D-1-Patrick Henr	20	11.25
11	Travon Smith	12	D-3-Mar Vista	20	11.50
12	Ryley Parentau	10	D-3-Madison	21	00.25
13	Logan Henry	11	D-2-El Capitan	21	00.75
14	Marcus Harris	11	D-2-Vista	21	01.00

Flight 2 of 2 Finals

1	Isaiah Baker	12	D-3-Kearny	21	02.50
2	Isaiah Chappell	12	D-1-Bonita Vista	21	03.75
3	Luke Shanks	12	D-1-Patrick Henr	21	03.75
4	Bruno Fong	11	D-1-Mission Hill	21	06.00
5	AJ Cornthwaite	12	D-1-Valhalla	21	09.50
6	Amare Shaw	11	D-2-Scripps Ranc	21	11.00
7	Seven McGrath	12	D-2-La Costa Can	21	11.00
8	Dante Scott	12	D-1-Bonita Vista	22	00.50
9	Justin Reichenberg	11	D-3-Mission Bay	22	02.25
10	SirDarius Autry	10	D-1-Hoover (Sd)	22	02.50
11	Vincent Jones	11	D-2-Mt Miguel	22	03.00
12	Nicola Redon	12	D-1-San Diego	22	10.50
13	Aaron Fruge'	12	D-2-University C	22	11.75

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program

Alternates...(Event 43 Boys Long Jump)

1	Josiah Wilson	11	Steele Canyo	20-10.00
2	AJ McIlwain	12	Otay Ranch	20-09.50
3	Preston Hines	10	San Marcos	20-09.00
4	Isaiah Thompson	11	Mira Mesa	20-09.00
5	Cooper Rohnow	11	Point Loma	20-04.00
6	Max Umberg	12	Point Loma	20-03.00
7	Arturo Estrada	11	Central Unio	20-03.00
8	Matteo Natale	10	Valley Cente	20-02.50
9	Mekhi Oluwa	9	Mater Dei	20-02.50
10	Gabriel Dagnino	12	Palo Verde	19-09.50

Event 44 Boys Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Ethan Chin	10	D-3-Cambridge	39-09.50
2	Sullivan Adams	12	D-3-Army-Navy	40-03.25
3	Malakai Easter	11	D-1-Mira Mesa	41-01.50
4	Julius Patton	10	D-3-La Jolla Cou	41-01.50
5	Samuel Gouvalaris	11	D-1-Torrey Pines	41-02.00
6	Justus Pfeiffer	12	D-3-Classical Ac	41-04.00
7	Isaiah Thompson	11	D-1-Mira Mesa	41-05.00
8	Dane Peaslee	11	D-3-Mission Bay	41-05.00
9	Jaiden Ingram	11	D-1-Otay Ranch	41-05.25
10	Ariah Minnifield	11	D-2-West Hills	41-06.50
11	Jared Nixon	11	D-3-Imperial	41-07.00
12	John Panganiban	11	D-1-Mira Mesa	41-07.25
13	Jamil Kassab	11	D-2-Ramona	41-08.00
14	Isaiah Baker	12	D-3-Kearny	41-08.25

Flight 2 of 2 Finals

1	Jaden Wilson	11	D-3-Imperial	41-09.50
2	Jacob Shaw	11	D-1-Olympian	42-00.50
3	Kymani Nua	9	D-2-Oceanside	42-02.50
4	John Chang	12	D-1-Rancho Berna	42-05.50
5	Arturo Estrada	11	D-2-Central Unio	42-11.00
6	Jordan Julien	11	D-2-Mt Carmel	43-03.00
7	Ravel Cato	12	D-1-Mira Mesa	43-05.00
8	Dorian Fillmore	11	D-2-Monte Vista	44-01.00
9	Donovan Wood	11	D-2-Point Loma	44-04.50
10	AJ McIlwain	12	D-1-Otay Ranch	44-07.00
11	Marcus Harris	11	D-2-Vista	44-10.50
12	Kesean Goodson	12	D-2-Oceanside	45-01.75
13	Justin Reichenberg	11	D-3-Mission Bay	45-03.25

Alternates

1	DaKarii Dudley	10	Lincoln	41-03.00
2	Elijah Hamilton	11	University C	41-01.50
3	Alex Reich	12	San Dieguito	41-00.00
4	Andrew Ikponmwosa	12	Otay Ranch	40-11.50
5	Mario Pennyman	11	Rancho Berna	40-11.00
6	Rhys Vaughn	11	Cathedral Ca	40-10.25
7	Cyncere Dukes	11	Madison	39-01.25
8	Pasha Skorobogaty	9	Mission Bay	38-09.25
9	Hassan Baines-Rogers	9	Canyon Hills	38-06.75

Event 45 Boys Shot Put

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Max Victor	11	D-3-Valley Cente	40-06.50
2	Gannon Pisapia	10	D-3-Christian	40-09.50
3	Thomas Alvarez	12	D-3-Imperial	40-10.00
4	Ethan Arreola	11	D-3-Imperial	40-11.00
5	Dylan Gascon	11	D-3-Foothills Ch	41-00.00
6	Chase Jordan	11	D-3-Bishops	41-07.25
7	Jett Thomas	10	D-3-La Jolla	41-11.00
8	Teddy Buettner	12	D-3-Mission Bay	42-10.25
9	Charles Sullivan	12	D-2-Central Unio	43-10.00
10	Misael Sandoval	12	D-2-St Augustine	45-01.00
11	Orlando Castillo	11	D-3-Mission Bay	45-05.50
12	Jordan Tompkins	11	D-2-San Pasqual	45-06.00
13	Paul Graham	12	D-1-Rancho Buen	45-08.00
14	Tyeron Washington	12	D-2-Hilltop	45-11.00

Flight 2 of 2 Finals

1	Javier Quiroga	11	D-1-Steele Canyo	46-05.00
2	Dominic Holguin	12	D-1-Rancho Buen	46-06.00
3	Jesil Gadzekpo	12	D-1-Poway	46-06.50
4	Israel Rascon	12	D-2-Central Unio	46-07.00
5	Adrian Gutierrez	11	D-2-Lincoln	47-02.00
6	Jake Nickley	11	D-2-San Pasqual	47-05.00
7	Anthony Gash	11	D-1-Helix	47-09.00
8	Santiago Macias	11	D-1-Chula Vista	47-09.00
9	Jake Vorhees	11	D-1-San Marcos	47-10.00
10	Christian Ferguson	12	D-1-Otay Ranch	48-08.00
11	Edward Brandreth	11	D-2-La Costa Can	50-03.50
12	Trey Vergenz	12	D-1-Mission Hill	53-05.00
13	Tyler Knowles	12	D-1-Rancho Buen	58-04.00

Alternates

1	Kellen Maciejewski	11	Del Norte	45-04.50
2	Baylor Marcos	11	Poway	45-04.00
3	Kaleb Bowler	12	Otay Ranch	44-09.50
4	Jayden Gibbs	9	Oceanside	43-06.00
5	Keon Jackson	12	Morse	43-05.00
6	Lance Briseno	12	West Hills	42-11.00
7	Trent Yeagley	12	Christian	40-01.75
8	Yusbel Pacheco	11	Valley Cente	39-08.75
9	Makhai Viavia	11	Madison	39-04.00

CIF San Diego Section Championships 2023 - 5/20/2023

Mt. Carmel High School
Meet Program**Event 49 Boys Discus Throw**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Michael Carranza	11	D-3-San Pasqual		116-03.75
2	Yusbel Pacheco	11	D-3-Valley Cente		116-11.25
3	Ethan Arreola	11	D-3-Imperial		118-07
4	Kai West	11	D-3-Mission Bay		119-04
5	Natthan Simmons	11	D-3-Kearny		119-05.25
6	Saxton Sylvester	12	D-3-Coronado		119-07
7	Andres Maces	11	D-3-Valley Cente		122-05.25
8	Dylan Gascon	11	D-3-Foothills Ch		126-11
9	Dominick Yaldo	12	D-1-Valhalla		127-09
10	Adrian Gutierrez	11	D-2-Lincoln		129-08
11	Alan Ibarra	12	D-2-Southwest (S		129-08
12	Joseph Hunt	11	D-1-Steele Canyo		130-07
13	Omar Ortega	11	D-1-Rancho Berna		131-01
14	Israel Rascon	12	D-2-Central Unio		131-04
Flight 2 of 2 Finals					
1	Tyeron Washington	12	D-2-Hilltop		132-02
2	Keon Jackson	12	D-2-Morse		132-07
3	Geordan Beamon	11	D-2-Oceanside		133-11
4	Teddy Buettner	12	D-3-Mission Bay		134-06.75
5	Kellen Maciejewski	11	D-1-Del Norte		136-04
6	Jake Nickley	11	D-2-San Pasqual		138-06
7	Joshua Carson	11	D-2-West Hills		142-01
8	Paul Graham	12	D-1-Rancho Buen:		142-03
9	Anthony Gash	11	D-1-Helix		145-03
10	Jacob Polak	10	D-1-Granite Hill		146-02
11	Kaleb Bowler	12	D-1-Otay Ranch		146-11
12	Ryan Telemaque	11	D-2-Sage Creek		163-03
13	Tyler Knowles	12	D-1-Rancho Buen:		167-01
Alternates					
1	Tyler Kousonh	12	University C		129-08
2	Ahmed Althalmi	12	Morse		127-04
3	Kaleo Donaldson	12	Otay Ranch		126-11
4	Noah Straily	12	Steele Canyo		126-01
5	Gael Lopez	12	Otay Ranch		125-10
6	Sam Bjerke	11	Cathedral Ca		119-05
7	Orlando Castillo	11	Mission Bay		115-00.75
8	Makhai Viavia	11	Madison		114-02.25
9	Max Victor	11	Valley Cente		113-07.50