

**2023 MHSAA REGIONAL TRACK AND FIELD
MEET TIME SCHEDULE
FRIDAY, MAY 19**

12:45**COACHES' MEETING**

1:00NATIONAL ANTHEM

BOYS' POLE VAULT RUN TO CONCLUSION

2:00**BOYS' LONG JUMP** Open order for 75 minutes FINALS FOLLOW

GIRLS' SHOT PUT FINALS FOLLOW IMMEDIATELY

BOYS' DISCUSFINALS FOLLOW IMMEDIATELY

GIRLS' HIGH JUMP RUN TO CONCLUSION

ONE HOUR AFTER THE CONCLUSION OF THE PREVIOUS COMPETITION.....

GIRLS' LONG JUMP Open order for 75 minutesFINALS FOLLOW IMMEDIATELY

GIRLS' DISCUS FINALS FOLLOW IMMEDIATELY

BOYS' SHOT PUT FINALS FOLLOW IMMEDIATELY

BOYS' HIGH JUMP RUN TO CONCLUSION

GIRLS' POLE VAULT RUN TO CONCLUSION

4:00**3200 RELAY FINALS**

4:30.....Preliminary Events

100 Meter Prelims

100/110 High Hurdle Prelims

200 Prelims

THERE WILL BE NO SEMI'S WE WILL ADVANCE STRAIGHT TO FINALS Advancing athletes per MHSAA

5:55**NATIONAL ANTHEM**

6:00110/100 HIGH HURDLE FINAL

100 METER FINAL

800 RELAY FINAL

1600 FINAL

400 RELAY FINAL

400 FINAL

300 HURDLE FINAL

800 FINAL

200 FINAL

3200 FINAL

1600 RELAY

10 MINUTES AFTER THE LAST RACE

Presentation of awards