

“Brighton BULLDOG Invitational”

Promoted by Fleet Feet and The Ann Arbor Running Company

THIS WILL BE A CO-ED MEET BUT IT IS NOT NECESSARY THAT BOTH MEN'S AND WOMEN'S TEAMS FROM SAME SCHOOLS ATTEND.

DATE: Saturday, April 29, 2023

SITE: Brighton High School Track – STATE OF THE ART facility!

TIME: 9:30 am start for Track events. 9:30 am start for Field Events

**ENTRY FEE: \$225 per team
(\$450 combined men + women)
NO TEAM SCORES**

MEDALS WILL BE AWARDED TO THE TOP SIX PLACES IN ALL EVENTS.

MEDALS ARE CUSTOM MEDALS WITH NECK RIBBONS.

EACH TEAM WILL BE GIVEN A FEW ADDITIONAL MEET AWARDS.

Awards will be given to head coaches. Head Coach can then distribute awards to athletes who had memorable performances. There will be a variety of awards. Awards will come from a variety of sponsors of this event.

Maximum number of teams participating will be 24.

(24 men's teams / 24 women's teams)

Send in Contracts early if you want to “be in!”

This should be a fun meet with lots of opportunities for athletes to perform.

The meet is a combination of relays and open events – please check out the event information below.

ALL ENTRIES MUST BE SUBMITTED ELECTRONICALLY ON ATHLETIC.NET

ALL RESULTS will be available “on line” at the completion of the meet.

Email Meet Manager Sam Etter to secure a spot in the meet!

samantha_etter@yahoo.com

Phone number is 810.623.1140

SEND CONTRACTS AND ENTRY FEE CHECKS TO

SAM ETTER – MEET MANAGER
BRIGHTON HIGH SCHOOL ATHLETICS
7878 BRIGHTON ROAD
BRIGHTON, MI 48116

LINEUP OF EVENTS – SEE NEXT PAGE!

COACHES MEETING – 9:00 AM

Meet in the Team Room near the south east corner of the track.

FIELD EVENTS – BEGIN AT 9:30 AM:

YOU CAN ENTER UP TO THREE ATHLETES IN EACH FIELD EVENT.

Field Events will be contested by gender according to MHSAA Standards for each year.

Long Jump will be Open Pit with 90 minutes time limitation for each gender. Four Jumps. No Finals.

High Jump and Pole Vault – THE BAR WILL NOT STOP MOVING UP IF YOU CHECK OUT

Throws will be by Flights. Four Throws. No Finals.

TRACK EVENTS: BEGIN AT 9:30 AM

In the following order.

NOTE: Per MHSAA rules, WOMEN will run first in 2023.

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| VARSITY 3200 METER RUN | Maximum of Two entrants per team |
| FRESHMAN / SOPHOMORE 4 x 800 METER RELAY | One entry per team |
| VARSITY 100 METER DASH - Prelims | Three entrants per team |
| VARSITY 110 / 100 METER HURDLES - Prelims | Three entrants per team |
| FRESHMAN / SOPHOMORE 4 x 200 Meter Relay | One entrant per team |
| VARSITY 200 METER DASH - Prelims | Three entrants per team |
| VARSITY 4 x 800 METER RELAY | One entry per team |
| FRESHMAN / SOPHOMORE 4 x 100 METER RELAY | One entry per team |

20 minute break. Finals begin after the break.

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| VARSITY 110 / 100 HURDLES | Heat Winners and next fastest times |
| VARSITY 100 METER DASH | Heat Winners and next fastest times |
| VARSITY 4 x 200 METER RELAY | One entry per team |
| VARSITY 1600 METER RUN | Three entrants per team |
| VARSITY 4 x 100 METER RELAY | One entry per team |
| VARSITY 400 METER DASH | Three entrants per team |
| VARSITY 300 METER HURDLES | Three entrants per team |
| VARSITY 800 METER RUN | Three entrants per team |
| VARSITY 200 METER DASH | Heat Winners and next fastest times |
| FRESHMAN/SOPHOMORE 1600 METER RUN | Two entries per team |
| VARSITY 4 x 400 METER RELAY | One entry per team |
| THROWERS CO- ED 4 x 100 RELAY | One entry per team |