

2023 Cal High All-comers Track Meets

**Dates: January 14th, January 28th and February 11th
at California High School**

Time: All events start at 9:00am

**FAT- Finish Lynx Automatic Timing System
3/16" PYRAMID SPIKES ONLY (on sale at the meet)
All Ages Can Compete**

COST: \$5.00 unlimited entry for athletes, spectators, and coaches

Running Events begin at 9:00am
Order of Events for January 14th

4x100 Relay
1600 meters
60m Hurdles
400 meters
60 meters
100 meters
800 meters
300m Hurdles
300 meters
200 meters
3200 meters
4x400 Relay

Running Events begin at 9:00am
Order of Events for Jan. 28th and Feb. 11th

4x100 Relay
1600 meters
100/110 Hurdles
400 meters
100 meters
800 meters
300 Hurdles
200 meters
3200 meters
4x400 Relay

Field Events begin at 9:00am

Long Jump
Triple Jump
Pole Vault
High Jump
Shot Put
Discus

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Pole Vault
High Jump
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PARKING: Free Parking is available in front of the large gym on Hawes Street

California HS: 9800 Mills Avenue, Whittier, CA 90604

Contact: Mando Padilla (Cal High), (562) 233-4725 armando.padilla@wuhsd.org