

2022 Spokane Invitational - 12/10/2022**The Podium****Results****Event 1 Women 5000 Meter Run**

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Podium:	1	15:21.56	2/11/2022 Kellyn Taylor, Hoka NAZ El
NCAA Indoor:	2	15:12.22	2/28/2015 Emily Sisson, Providence
Name		Year School	Finals
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Finals

1	Clarke, Emily	JR Nevada	17:16.44
2	Zitzer, Kelsie	Unattached	17:34.96
3	Penrose, Paige	SO Nevada	17:50.41
4	Rhein, Eireann	Unattached	18:06.14
5	Fievet, Jasper	SO Nevada	18:28.28
6	Morris, Riley	FR Eastern Oregon	20:22.82
7	Nichols, Madelyn	SO Eastern Oregon	20:38.00
8	Young, Elisabeth	JR Eastern Oregon	20:47.75

Event 2 Men 5000 Meter Run

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Podium:	1	14:22.46	2/19/2022 Zachary Erikson, BYU
NCAA Indoor:	2	13:08.28	2/11/2012 Lawi Lalang, Arizona
Name		Year School	Finals
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1	Smith, Wil	SO Gonzaga	14:01.31
2	Moore, Riley	JR Gonzaga	14:48.44
3	Murphy, Micah	SO Northwest U.	14:56.57
4	Cerkowniak, Bryce	SO Gonzaga	15:02.12
5	Haroldsen, Coen	Unattached	15:11.72
6	Running, Travis	SR Eastern Oregon	15:14.64
7	Ash, Justin	SO Eastern Oregon	15:30.11
8	Telford, Winston	SO Eastern Oregon	15:43.97
9	Wind, Jonny	SO Eastern Oregon	15:54.96
10	Nichols, Hunter	JR Eastern Oregon	16:00.31
11	Brown, Caleb	FR Eastern Oregon	16:02.38
12	Ogden, Thomas	FR Eastern Oregon	16:05.09
13	Turpin, Connor	SR Lewis-Clark	16:06.78
14	DeMartini, Daniel	Oakland Track Club	16:19.99
15	LeBlanc, Brennan	SO Seattle Pacific	16:29.64
16	Welch, Bennett	SO Eastern Oregon	17:27.03
17	Llanos, Chris	SR Eastern Oregon	17:36.69
--	McEachern, Cullen	Unattached	DNF

Event 3 Women 60 Meter Hurdles Qualifying**Top 8 Advance by Time**

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Podium:	1	7.82	2/27/2022 Gabbi Cunningham, NIKE
NCAA Indoor:	2	7.78	1/11/2013 Brianna Rollins-McNeal, Clemson
Name		Year School	Prelims H#
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Preliminaries

1	Marske, Sarah	JR Nevada	8.77q	2
2	Fowler, Susie	SO Cal Poly Pomona	9.05q	3
3	Ales, Isabella	SO Boise State	9.10q	4
4	Chang, Hannah	FR Seattle Pacific	9.13q	3
5	Smrt, Hanah	SR Nevada	9.16q	2
6	Bahn, Delaney	SO Oregon State	9.18q	1
7	Hathaway, Sara	JR Lewis-Clark	9.22q	5
8	Paez-Rueda, Valeria	FR Nevada	9.28q	4 9.271

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 3 Women 60 Meter Hurdles Qualifying**

9 Marx, Anna	SO Hawaii	9.28	3	9.273
10 Moku, Ku'uilei	SR Hawaii	9.29	1	
11 Hurley, Jenelle	JR Western Oregon	9.32	4	
12 Kadrmas, Kate	JR Nevada	9.45	5	9.441
13 Bins, Kaja	JR Fresno State	9.45	2	9.444
14 DeGroot, Ellie	FR Central Washington	9.50	4	
15 Britt, Ashley	SR Lewis-Clark	9.56	1	
16 Sewell, Sarah	SO Central Washington	9.58	3	
17 Mackenzie, Jessica	FR Hawaii	9.61	5	
18 Avery, Nicole	FR Western Washington	9.63	2	
19 Kovich, Sarah	SO Washington St.	9.68	4	
20 Grandle, Lizzy	FR Eastern Oregon	9.75	3	
21 Bates, Naomi	SO Western Washington	9.79	5	
22 Touchette, Catherine	FR Hawaii	9.84	1	9.835
22 McDevitt, Zoe	FR Central Washington	9.84	5	9.835
24 Lindenthal, Sarah	SO Cal Poly Pomona	9.90	3	
25 Deters, Amity	SO Western Oregon	9.92	4	
26 Conley, Sammy	SO Eastern Oregon	9.94	2	
27 Steinsrud, Summer	SO Hawaii	9.99	5	
28 Bedard, Karli	JR Eastern Oregon	10.03	2	
29 Fletcher, McKenzie	JR Seattle Pacific	10.04	5	
30 Elison, Dalli	FR Lewis-Clark	10.09	1	10.083
31 Luong, Vivianne	SO San Francisco St.	10.09	4	10.090
32 Huber, Carley	FR Central Washington	10.14	4	
33 Porter, Isabella	SO Western Washington	10.18	5	
34 Klein, Abby	FR Central Washington	10.37	1	
35 Pilcher, Keelyn	JR Lewis-Clark	10.59	2	

Event 4 Women 60 Meter Dash Qualifying**Top 8 Advance by Time**

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Podium: 1	7.07	2/27/2022	Mikiah Brisco, Unattached	
NCAA Indoor: 2	7.04	3/12/2022	Julian Alfred, Texas	
Name	Year	School	Prelims	H#
=====				
1 Price, Trinity	SO	Stanford	7.63q	6
2 Queniat, Yuna	JR	Cal Poly Pomona	7.66q	2
3 Antolin, Alyssa Mae	JR	Hawaii	7.66q	2
4 Hatton, Lizzie	FR	Oregon State	7.67q	4
5 Pipion, Ceonna	JR	Fresno State	7.73q	7
6 Martin, Olivia	SO	Idaho	7.76q	6
7 Okoh, Queen	JR	Fresno State	7.77q	5
8 Haas, Johanna	FR	Nevada	7.82q	6
9 Cheney, Caitlyn	SO	Western Washington	7.82	4
10 Camello, Angelina	SO	Cal Poly Pomona	7.83	3
11 Hollenbeck, Ashley	SO	Washington St.	7.86	2
12 Sharp, Chloe	SR	Fresno State	7.87	2
13 Ehinlaiye, Kelsey	SO	Cal Poly Pomona	7.88	2
14 Warrington, Amy	JR	Hawaii	7.91	7
15 Williams, Juliette	JR	Central Washington	7.91	3
16 Weidinger, Taylor	JR	Oregon State	7.92	5
17 Thomas, Jaelyn	SO	Cal Poly Pomona	7.93	7
18 Kuntz, Samiah	JR	Eastern Washington	7.95	3
18 Buckner, Nakylia	JR	Fresno State	7.95	7
20 Kelly, Madigan	SO	Lewis-Clark	7.96	1

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 4 Women 60 Meter Dash Qualifying**

21	Scruggs, Gianna	SO Hawaii	7.96	3	7.956
22	Rinaldi, Treasure	FR Oregon State	8.00	3	
23	Grogan, Anika	JR Lewis-Clark	8.03	3	
24	Fletcher, Mackenzie	SR Washington St.	8.04	3	
25	Howard, Chelsea	JR Oregon State	8.05	2	
26	Jennings, Nikki	SR Hawaii	8.07	1	8.063
27	Sproles, Brianna	JR Fresno State	8.07	3	8.067
28	Pilkinghorn, Hannah	FR Western Washington	8.10	1	8.095
29	Sowle, Kaylee	JR Washington St.	8.10	7	8.097
30	Moku, Ku'uilei	SR Hawaii	8.11	5	
31	Green, Aniya	SO Seattle Pacific	8.16	4	
32	Buckley, Abby	JR Oregon State	8.20	4	
33	Miller, Anna	FR Western Washington	8.23	4	
34	Brown, Katie	SO Eastern Oregon	8.29	5	
35	Cabanos, Erica	JR Central Washington	8.30	7	
36	Knight, Alexis	SO Gonzaga	8.34	7	8.335
37	Hopper, Elise	FR Central Washington	8.34	7	8.336
38	Tonoukouin, Maia	FR San Francisco St.	8.41	6	
39	Pace, Suzy	SR Washington St.	8.44	1	
40	Zywina, Sydney	SO Lewis-Clark	8.46	6	
41	Beal, Abby	FR Unat-Ccc	8.68	5	
42	Horsley, Alexa	JR Lewis-Clark	8.71	5	
43	Moore, Tehya	FR Central Washington	8.76	4	
44	Austin, Nevaeh	FR Multnomah	8.92	6	
45	Short, Calli	FR Unat-Spokane CC	8.93	6	
46	Walker, Lena	FR Unat-Ccc	8.97	6	
47	Weiss, Kolby	SO Washington St.	9.34	5	

Event 5 Men 60 Meter Dash Qualifying**Top 8 Advance by Time**

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Podium: 1	6.45	2/27/2022	Christian Coleman, NIKE
NCAA Indoor: 2	6.45	3/11/2017	Christian Coleman, Tennessee
Name	Year	School	Prelims H#

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1	Brewer, Bode	SO Washington St.	6.92q	3	
2	Willems, Ethan	SO Washington St.	6.97q	5	
3	Kuntz, Keenan	SR Unattached	6.98q	4	6.974
4	Kroeger, John	SO Stanford	6.98q	2	6.978
5	McAlvey, Jared	JR Washington St.	6.99q	5	
6	Dixon, Daniel	SO Multnomah	7.04q	3	
7	Deringer, Blake	JR Washington St.	7.06q	1	
8	Rubio, Jose	Idaho Dash T	7.07q	4	
9	Johnson, Ethan	SO Western Washington	7.08	4	
10	Andrews, Cameron	SO Unattached	7.09	3	7.086
11	Gordon, Jeff	JR Seattle Pacific	7.09	5	7.087
12	Lippert, Karson	JR Stanford	7.09	2	7.088
13	Le, Brian	SO Western Washington	7.13	3	
14	Greenwalt, Ryan	JR Western Washington	7.14	4	7.132
15	Palmer, Jamaal	SR Academy of Art	7.14	1	7.134
16	Woodard, Tyrone	SO Western Washington	7.15	1	
17	Ramos, Miguel	FR Unat-Ccc	7.18	2	
18	Webster, Isaiah	FR Central Washington	7.20	7	
19	Connally, James	FR Eastern Oregon	7.22	7	7.211
20	Krabbenhoft, Justin	SO Lewis-Clark	7.22	7	7.214

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 5 Men 60 Meter Dash Qualifying**

21 Merrifield, Zach	FR Unat-Spokane CC	7.23	6	
22 Wilson, DJ	SO Eastern Oregon	7.24	1	7.235
23 Brown, Garrett	SO Stanford	7.24	6	7.236
24 Greenlee, Manu	SO Western Washington	7.25	5	
25 Mickenham, Nolan	SO Western Washington	7.27	2	
26 Fischer, Derek	FR Western Washington	7.28	6	
27 Johnson, Jaden	FR Western Washington	7.29	4	
28 Duskin, Parker	FR Washington St.	7.30	7	
29 Thomas, Nate	FR Seattle Pacific	7.32	5	
30 Castillo, Jordan	FR Lewis-Clark	7.37	6	
31 Tailin, Lucas	SO Washington St.	7.39	3	
32 Boun, Brady	FR Seattle Pacific	7.40	2	7.397
33 Silva, Tre	SO Central Washington	7.40	4	7.398
34 Walker, JJ	JR Western Oregon	7.40	5	7.399
35 Sands, Justin	FR Washington St.	7.42	2	7.411
36 Vongphet, Anouthai	FR Western Washington	7.42	6	7.416
37 Cunningham, Isaiah	FR Unat-Spokane CC	7.49	3	
38 Sibert, Tanner	FR Lewis-Clark	7.53	5	
39 Albertin, Austin	JR Central Washington	7.58	7	
40 Blaker, Jaxson	SO Lewis-Clark	7.61	1	7.603
41 Huxoll, Maxon	FR Eastern Oregon	7.61	1	7.604
42 Sidor, Bryan	Unattached	7.64	1	
43 Hicks, Daylon	JR Washington St.	7.66	7	
44 Metcalf, Matthew	JR Washington St.	7.76	3	
45 Maughan, Zayne	SO Lewis-Clark	7.77	2	
46 Spencer, Tarrell	FR Multnomah	7.80	2	
47 Tilton, Andrew	FR Lewis-Clark	7.85	7	
48 Meisner, Blake	FR Unat-Ccc	8.01	6	
49 Wuthrich, Braden	FR Lewis-Clark	8.07	3	

Event 6 Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Prelims	H#
1 De Mello, Micaela	SO Washington St.	8.32Q	2
2 Caicedo, Maribel	SR Washington St.	8.38Q	3
3 Marske, Sarah	JR Nevada	8.84Q	1 8.838
4 Hano, Joy	SR Unattached	8.83q	2
5 Ourega, Marie-Jeanne	SO Academy of Art	8.84q	2 8.834
6 Scatena, Adael	JR Oregon State	8.85q	1 8.842
7 Meyer, Rencik	SR Washington St.	8.85q	3 8.849
8 Miller, Elise	SO Stanford	8.90q	1
9 Moersdorf, Anneke	JR Oregon State	8.91	2
10 Okemgbo, Nyenuchi	JR Boise State	8.92	3
11 Kelly, Madigan	SO Lewis-Clark	8.94	1 8.932
12 Knight, Madelyn	JR Eastern Washington	8.94	3 8.939
13 Haas, Johanna	FR Nevada	8.98	3
14 Eilers, Kate	Unattached	9.03	1
15 Bahn, Delaney	SO Oregon State	9.11	1
16 Ales, Isabella	SO Boise State	9.20	2
17 Chang, Hannah	FR Seattle Pacific	9.22	3
18 Smrt, Hanah	SR Nevada	9.25	3
19 Paez-Rueda, Valeria	FR Nevada	9.27	2
20 Hathaway, Sara	JR Lewis-Clark	9.33	3

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 6 Women 60 Meter Hurdles**

21 Chandler, Lauryn	JR Central Washington	9.88	1
-- Fowler, Susie	SO Cal Poly Pomona	DQ	2

Event 7 Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Podium: 1	7.37	2/27/2022	Grant Holloway, adidas
NCAA Indoor: 2	7.35	3/9/2019	Grant Holloway, Florida

Name	Year	School	Prelims	H#
1 Doucette, Benjamin		Unattached	8.05Q	4
2 Black, Robin	JR	Academy of Art	8.21Q	2
3 Schooler, Crockett	SR	Academy of Art	8.27Q	3 8.269
4 Duskin, Parker	FR	Washington St.	8.45Q	1
5 Parades, John	FR	Washington St.	8.27q	4 8.268
6 Hamm, Shareez	SR	Academy of Art	8.39q	3
7 Wise, Aiden	SO	Central Washington	8.46q	3
8 Conklin, Justin	JR	Western Oregon	8.51q	1
9 Comin Pescador, Bruno	JR	Washington	8.66	2
10 Miles, Israel	SO	Eastern Oregon	8.70	1
11 Homen, Chris	SR	Eastern Washington	8.71	1
12 Thorner, Oliver	JR	Washington	8.73	2
13 Hopper, Ike	JR	Lewis-Clark	8.76	1
14 Teevens, Cody	JR	Eastern Washington	8.78	4
15 Conley, Elijah	SR	Eastern Washington	8.89	4
16 Moore, Caleb	SR	Lewis-Clark	8.95	2
17 Krabbenhoft, Justin	SO	Lewis-Clark	9.10	4
18 Walker, JJ	JR	Western Oregon	9.11	2
19 Bothwell, Christian	SR	Lewis-Clark	9.12	4
20 Gardom, Ian	SO	Lewis-Clark	9.32	3
21 Stevens, Deshaun	JR	Western Oregon	9.35	1
22 Linhart-Wubben, Parker	SR	Eastern Washington	9.59	2
23 Galbreath, Cameron	FR	Unat-Spokane CC	9.65	2
24 Meisner, Blake	FR	Unat-Ccc	9.73	3
25 McQueen, Jaelin	FR	Western Washington	9.79	4
26 Hines, Christopher	SO	Central Washington	9.81	3

Event 8 Women 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Podium: 1	7.07	2/27/2022	Mikiah Brisco, Unattached
NCAA Indoor: 2	7.04	3/12/2022	Julien Alfred, Texas

Name	Year	School	Prelims	H#
1 Burrell, Cheetah		G3 Performance	7.49Q	3
2 Fields, Ayana	SO	Cal Poly Pomona	7.52Q	2
3 Arjona-Alcazar, Selena	JR	Academy of Art	7.59Q	1
4 Walton, Skyler	JR	Washington St.	7.55q	2
5 Caicedo, Maribel	SR	Washington St.	7.56q	3
6 Crouch, Camryn	JR	Idaho	7.61q	2
7 Oakes, Alaysia	FR	Stanford	7.65q	3
8 Zwaanstra, Teagan	SO	Stanford	7.66q	2
9 Hollis, E'Lexis	JR	Central Washington	7.66	3
10 Matthias, Darria	SR	Academy of Art	7.67	3
11 Unruh-Thomas, Elise	JR	Washington St.	7.67	1

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 8 Women 60 Meter Dash**

12 Okoh, Queen	JR Fresno State	7.68	2
13 Antolin, Alyssa Mae	JR Hawaii	7.68	1
14 Clark, Britney	SR Academy of Art	7.71	3
15 Pipion, Ceonna	JR Fresno State	7.72	1
16 Queniat, Yuna	JR Cal Poly Pomona	7.73	1
17 Martin, Olivia	SO Idaho	7.78	2
18 Price, Trinity	SO Stanford	7.78	1
19 Hano, Joy	SR Unattached	7.87	2
20 Olomu, Megan	SO Stanford	7.97	2
21 Goulet, Andrea	FR Unat-Ccc	8.39	3

Event 9 Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

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Podium: 1	6.45	2/27/2022	Christian Coleman, NIKE
NCAA Indoor: 2	6.45	3/11/2017	Christian Coleman, Tennessee
Name	Year	School	Prelims H#

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1 Simon, Dorien	JR Stanford	6.83Q	2
2 Parades, John	FR Washington St.	6.84Q	1
3 Gauthier, Joe	SR Eastern Washington	6.92Q	3
4 Lawyer, Mason	FR Washington St.	6.85q	1 6.841
5 Sol, Donte	SO Multnomah	6.85q	2 6.844
6 Fornasari-Banguera, Frei	JR Multnomah	6.86q	2
7 Ince, Ajani	SO Academy of Art	6.88q	1
8 Brewer, Bode	SO Washington St.	6.93q	2 6.926
9 Willems, Ethan	SO Washington St.	6.93	3 6.930
10 Kroeger, John	SO Stanford	6.97	2
11 Kuntz, Keenan	SR Unattached	6.98	1 6.971
11 Archer, Jemini	JR Idaho	6.98	3 6.971
13 Rubio, Jose	Idaho Dash T	7.00	1 6.991
14 Macon, Yanai	JR Washington St.	7.00	1 6.994
15 Dixon, Daniel	SO Multnomah	7.04	2
16 Allen, Logan	SO Eastern Washington	7.06	3
17 McAlvey, Jared	JR Washington St.	7.08	3
18 Deringer, Blake	JR Washington St.	7.13	3
19 Wild, Dalton	FR Unat-Spokane CC	7.26	2
20 Britton, Rajay	FR Unat-Spokane CC	7.27	3
21 Sandner, Kyle	FR Unat-Ccc	7.33	1
22 Tedlock, Josh	FR Unat-Ccc	7.36	3

Event 10 Women 60 Meter Hurdles

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Name	Year	School	Finals
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Finals

1 Caicedo, Maribel	SR Washington St.	8.29
2 De Mello, Micaela	SO Washington St.	8.32
3 Scatena, Adael	JR Oregon State	8.79
4 Hano, Joy	SR Unattached	8.82
5 Marske, Sarah	JR Nevada	8.88
6 Miller, Elise	SO Stanford	8.89

2022 Spokane Invitational - 12/10/2022**The Podium****Results****Event 11 Men 60 Meter Hurdles**

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Podium: 1	7.37	2/27/2022	Grant Holloway, adidas	
NCAA Indoor: 2	7.35	3/9/2019	Grant Holloway, Florida	
Name		Year	School	Finals
=====				
1	Doucette, Benjamin		Unattached	7.94
2	Black, Robin		JR Academy of Art	8.01
3	Parades, John		FR Washington St.	8.18
4	Schooler, Crockett		SR Academy of Art	8.25
5	Hamm, Shareez		SR Academy of Art	8.33
6	Duskin, Parker		FR Washington St.	8.43
7	Conklin, Justin		JR Western Oregon	8.56
8	Wise, Aiden		SO Central Washington	8.65

Event 12 Women 60 Meter Dash

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Podium: 1	7.07	2/27/2022	Mikiah Brisco, Unattached	
NCAA Indoor: 2	7.04	3/12/2022	Julien Alfred, Texas	
Name		Year	School	Finals
=====				
1	Burrell, Cheetah		G3 Performance	7.45
2	Walton, Skyler		JR Washington St.	7.50
3	Fields, Ayana		SO Cal Poly Pomona	7.50
4	Caicedo, Maribel		SR Washington St.	7.58
5	Oakes, Alaysia		FR Stanford	7.59
6	Arjona-Alcazar, Selena		JR Academy of Art	7.62
7	Crouch, Camryn		JR Idaho	7.63

Event 13 Men 60 Meter Dash

=====				
Podium: 1	6.45	2/27/2022	Christian Coleman, NIKE	
NCAA Indoor: 2	6.45	3/11/2017	Christian Coleman, Tennessee	
Name		Year	School	Finals
=====				
1	Sol, Donte		SO Multnomah	6.77
2	Parades, John		FR Washington St.	6.82
3	Lawyer, Mason		FR Washington St.	6.83
4	Ince, Ajani		SO Academy of Art	6.85
5	Simon, Dorien		JR Stanford	6.87
6	Gauthier, Joe		SR Eastern Washington	6.88
7	Fornasari-Banguera, Frei		JR Multnomah	6.88
8	Brewer, Bode		SO Washington St.	6.96

Event 14 Women 1 Mile Run

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Podium: 1	4:46.45	2/19/2022	Veerle Bakker, Portland	
NCAA Indoor: 2	4:25.91	2/28/2009	Jenny Barringer, Colorado	
Name		Year	School	Finals
=====				
1	Hanich, Lina		SO Academy of Art	5:05.43
2	Hobbs, Olivia		JR Gonzaga	5:05.66
3	Lanigan, Anna		FR Gonzaga	5:07.11
4	Bienfang, Alyssa		SR Gonzaga	5:07.59
5	Herbes, Michelle		SR Eastern Oregon	5:07.62
6	Brands, Elizabeth		JR Gonzaga	5:14.11
7	Foerster, Chloe		FR Washington	5:14.42

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 14 Women 1 Mile Run**

8 Downing, Jorun	FR Gonzaga	5:23.57
9 Bassett, Elie	FR Western Washington	5:23.60
10 Peightal, Abigail	JR Lewis-Clark	5:30.16
11 McFadden, Carlin	SO Hawaii	5:30.77
12 Smith, Karina	JR Gonzaga	5:35.54
13 Harrison, Anna	SR Eastern Washington	5:38.48
14 Atin, Sophia	JR Gonzaga	5:58.91

Event 15 Men 1 Mile Run

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Podium: 1	3:59.64	2/5/2022	Duncan Hamilton, Montana St
NCAA Indoor: 2	3:50.39	2/13/2021	Cooper Teare, Oregon
Name	Year	School	Finals
=====			
1 Lyne, Jackson	JR	Gonzaga	4:25.48
2 Janecko, Sean	FR	Gonzaga	4:29.44
3 Palmen, Connor	FR	Western Washington	4:30.05
4 Wessels, Kobe	FR	Lewis-Clark	4:33.97
5 O'Brien, Tristin	FR	Lewis-Clark	4:53.30
6 Wise, Branden	JR	Unattached	4:56.76
7 Wood, Tristan	SR	Lewis-Clark	5:03.77
-- Kolor, Michael		Club Northwest	DNF

Event 16 Women 400 Meter Dash

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Podium: 1	51.88	2/27/2022	Lynna Irby, adidas	
NCAA Indoor: 2	50.34	3/10/2018	Kendall Ellis, Sourthern Califor	
Name	Year	School	Finals	H#
=====				
1 Costello, Emily	SR	Nevada	54.06	1
2 Fields, Ayana	SO	Cal Poly Pomona	55.90	1
3 Thomas, Samantha	SO	Stanford	56.05	2
4 Wickramaraachchi, Prabha	SO	Idaho	56.55	3
5 Peisner, Camille	SO	Stanford	56.96	1
6 Scatena, Adael	JR	Oregon State	57.43	3
7 Belles Gallen, Anna	FR	Academy of Art	57.59	2
8 Weidinger, Taylor	JR	Oregon State	57.95	5
9 Armbruster, Ellie	SO	Gonzaga	58.08	3
10 Hopper, Elise	FR	Central Washington	58.56	4
11 Warrington, Amy	JR	Hawaii	58.69	5
12 Crane, Marissa	FR	Seattle Pacific	58.77	5
13 Thomas, Jaelyn	SO	Cal Poly Pomona	59.24	6
14 Collins, Emily	FR	Lewis-Clark	59.40	6
15 Burton, Kylie	SO	Nevada	59.55	5
16 Rowland, Allena	FR	Park Gilbert	59.62	3
17 Jardstrom, Tianna	FR	Cal Poly Pomona	59.77	6
18 Rinaldi, Treasure	FR	Oregon State	1:00.11	4
19 Harris, Donna Marie	FR	Central Washington	1:00.94	4
20 Collard, Erine	SO	Academy of Art	1:01.32	4
21 Britt, Ashley	SR	Lewis-Clark	1:01.45	7
22 Cheney, Caitlyn	SO	Western Washington	1:01.82	8
23 Steinsrud, Summer	SO	Hawaii	1:02.05	7
24 Knight, Sabryn	SO	San Francisco St.	1:02.17	5
25 Hamilton, Halle	FR	Hawaii	1:02.46	8
26 Houck, Emily	FR	Central Washington	1:02.78	6

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 16 Women 400 Meter Dash**

27 Joy, Leighton	JR Gonzaga	1:02.82	9
28 Camello, Angelina	SO Cal Poly Pomona	1:02.92	6
29 Fletcher, McKenzie	JR Seattle Pacific	1:03.44	7
30 Bates, Naomi	SO Western Washington	1:03.86	9
31 Porter, Isabella	SO Western Washington	1:03.87	9
32 Douglas, Madison	FR Unat-Spokane CC	1:04.80	9
33 Elison, Dalli	FR Lewis-Clark	1:04.85	8
34 Fowler, Susie	SO Cal Poly Pomona	1:05.07	7
35 Hicks, Maliyah	FR Seattle Pacific	1:07.53	8
-- Terrell, Anna	FR Washington	DQ	2

Event 17 Men 400 Meter Dash

=====				
Podium: 1 45.75	2/27/2022	Trevor Bassitt, Ashland Universi		
NCAA Indoor: 2 44.52	3/10/2018	Michael Norman, Sourthern Califo		
Name	Year School	Finals	H#	
=====				
1 Agyemang, Duncan	SR Academy of Art	48.46	1	
2 Wilkinson, Matthew	SO Washington	48.47	2	
3 Hamm, Shareez	SR Academy of Art	48.60	1	
4 Black, Robin	JR Academy of Art	48.63	1	
5 Gaik, Daniel	SO Washington	48.83	1	
6 Ayers, Alex	SR Idaho	48.87	3	
7 Kirk, London	SO Lewis-Clark	49.24	3	
8 Baricevic, Sam	SO Washington	49.39	3	
9 Page, Markarios	SO Academy of Art	49.60	2	
10 Oboh, Omodiaogbe	FR Academy of Art	50.24	2	
11 Le, Brian	SO Western Washington	50.56	5	
12 Rubio, Jose	Idaho Dash T	50.69	4	
13 Watkins, Jon	FR Idaho	50.80	4	
14 Soto, Roderick	SO Multnomah	50.95	3	
15 Byers, Michael	0 Unat-Spokane CC	51.90	5	
16 Shepherd, Julius	JR Seattle Pacific	51.97	6	
17 Garcia, David	FR Seattle Pacific	52.12	4	
18 Salverson, Shaun	FR Unat-Spokane CC	52.30	7	
19 Pinto, Denzel	SO Western Washington	52.55	6	
20 Carpenter, Evan	SO Seattle Pacific	53.40	4	
21 Richmond, Maximus	FR Unat-Spokane CC	53.46	6	
22 Wittrell, Solomon	FR Seattle Pacific	54.46	6	
23 McQueen, Jaelin	FR Western Washington	55.30	7	
24 Blaker, Jaxson	SO Lewis-Clark	55.43	6	
25 Woodard, Gabe	SO Seattle Pacific	56.18	7	
26 Wilson, Devon	FR Multnomah	56.52	5	
27 Wallace, Leilani	FR Multnomah	58.00	7	

Event 18 Women 300 Meter Dash

=====				
Name	Year School	Finals	H#	
=====				
1 Unruh-Thomas, Elise	JR Washington St.	39.41	1	
2 Crouch, Camryn	JR Idaho	39.94	2	
3 Willems, Elena	JR Washington St.	40.15	1	
4 Fletcher, Mackenzie	SR Washington St.	40.55	1	
5 Yang, Renee	FR Washington St.	40.62	2	
6 Hollenbeck, Ashley	SO Washington St.	41.44	2	

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 18 Women 300 Meter Dash**

7 Harris, Jasmine	FR Nevada	42.01	3
8 Polk, Assata	JR San Francisco St.	42.46	3
9 Holzhaure, Lara	FR Idaho	42.74	3
10 Harris-Bazuaye, Zyah	FR San Francisco St.	43.01	5
11 Peck, Sydney	FR Eastern Oregon	44.31	6
12 Conley, Sammy	SO Eastern Oregon	44.66	4
13 O'Brien, Kathleen	FR San Francisco St.	45.00	4
14 Conley, Janice	FR San Francisco St.	45.53	5
15 Garcia, Isabel	FR San Francisco St.	46.02	5
16 Klein, Abby	FR Central Washington	46.36	4
17 Kovich, Sarah	SO Washington St.	46.43	3
18 Chandler, Lauryn	JR Central Washington	46.57	4
19 Luong, Vivianne	SO San Francisco St.	46.71	5
20 Schultz, Sierra	FR Unat-Ccc	47.69	6
21 Beal, Abby	FR Unat-Ccc	49.31	6
-- George, Lauren	FR San Francisco St.	DQ	4

Event 19 Men 300 Meter Dash

Name	Year School	Finals	H#
1 Willems, Ethan	SO Washington St.	33.92	1
2 Lawyer, Mason	FR Washington St.	34.88	1
3 Davis, Deyondre	SO Idaho	35.53	2
4 Ramos, Miguel	FR Unat-Ccc	36.54	3
5 Duskin, Parker	FR Washington St.	36.94	2
6 Sandner, Kyle	FR Unat-Ccc	37.00	3
7 Wise, Aiden	SO Central Washington	37.89	3
-- McAlvey, Jared	JR Washington St.	DNF	1
-- Tedlock, Josh	FR Unat-Ccc	DQ	3
-- Macon, Yanai	JR Washington St.	DQ	2

Event 20 Women 800 Meter Run

Podium: 1 2:01.72 2/27/2022 Ajee Wilson, adidas			
NCAA Indoor: 2 1:58.40 2/25/2021 Athing Mu, Texas A&M			
Name	Year School	Finals	
1 Aniteye, Vanessa	SR Seattle Pacific	2:13.04	
2 Stamper, Abby	FR Boise State	2:13.43	
3 Brown, Jillian	FR Oregon State	2:13.68	
4 Ledesma, Marian	JR Western Washington	2:14.48	
5 Sefried, Paige	JR Oregon State	2:19.07	
6 Russell, Hannah	JR Idaho	2:20.53	
7 McDevitt, Zoe	FR Central Washington	2:25.70	
8 Huber, Carley	FR Central Washington	2:31.32	
9 Sharif, Maryan	SR Park Gilbert	2:31.99	
10 Larson, Emma	FR Gonzaga	2:38.13	
11 Biondi, Taylor	SR Gonzaga	2:44.40	

2022 Spokane Invitational - 12/10/2022**The Podium****Results****Event 21 Men 800 Meter Run**

=====				
Podium: 1 1:45.30 2/27/2022 Bryce Hoppel, adidas				
NCAA Indoor: 2 1:44.84 3/4/1989 Paul Ereng, Virginia				
Name	Year	School	Finals	H#
=====				
1 Elliott, Cass	SR	Washington	1:50.82	2
2 Franks, Mac	SR	Unattached	1:52.51	2
3 Correa, Johan	SO	Central Washington	1:53.97	2
4 Bloom, Jonah	FR	Western Washington	1:54.08	2
5 Weber, Drew	JR	Western Washington	1:54.26	2
6 Bright, Zac	SO	Idaho	1:56.40	2
7 Archer, Isaiah	SO	Seattle Pacific	1:56.77	2
8 Kolor, Michael		Club Northwest	1:57.13	2
9 O'Neil, Tommy	FR	Gonzaga	2:04.89	2
10 Wessels, Kobe	FR	Lewis-Clark	2:05.88	1
11 Pinto, Denzel	SO	Western Washington	2:06.98	1
12 Franco, Kade	SO	Seattle Pacific	2:07.00	1
13 O'Brien, Tristin	FR	Lewis-Clark	2:10.13	1
14 Slack, Darian	FR	Unat-Spokane CC	2:13.58	1

Event 22 Women 600 Meter Run

=====				
NCAA Indoor: 2 1:25.80 1/23/2021 Athing Mu, Texas A&M				
Name	Year	School	Finals	H#
=====				
1 Senegal, Halyn	SO	Nevada	1:32.14	3
2 Gorzeman, Raegan	JR	Nevada	1:35.92	3
3 Nutting, Haven	JR	Eastern Washington	1:36.64	3
4 Heffernan, Janae	FR	Fresno State	1:36.91	2
5 Gordon, Samantha	SO	Hawaii	1:36.92	2
6 Mitchell, Lauryn	SO	Eastern Oregon	1:37.32	2
7 Stoeher, Franziska	SO	Idaho	1:37.33	3
8 Rowland, Allena	FR	Park Gilbert	1:38.57	2
9 Andrews, Michaela	FR	Academy of Art	1:38.63	3
10 Vander Poel, Rebecca	SO	Boise State	1:39.47	2
11 Smith, Charisma	SO	Seattle Pacific	1:42.32	2
12 Pratt, Savannah	SO	Idaho	1:43.01	3
13 Marx, Anna	SO	Hawaii	1:46.04	1
14 Bonzani, Kendall	SO	Eastern Oregon	1:48.32	1
15 Bedard, Karli	JR	Eastern Oregon	1:49.01	1

Event 23 Men 600 Meter Run

=====				
Podium: 1 1:13.97 2/11/2022 Donavan Brazier, NIKE UAC				
NCAA Indoor: 2 1:14.79 1/19/2018 Michael Saruni, UTEP				
Name	Year	School	Finals	H#
=====				
1 Missamore, Trent	SO	Boise State	1:21.16	2
2 Stamper, Caleb	JR	Boise State	1:22.27	2
3 Maxwell, Daniel	JR	Eastern Washington	1:22.94	2
4 Henkel, Evan	SO	Idaho	1:23.07	1
5 Robert, Lucas	JR	Eastern Washington	1:23.25	2
6 Wisdom, Taj-Leon	FR	Academy of Art	1:23.52	1
7 Albertin, Austin	JR	Central Washington	1:24.58	1
8 Thatcher, James	FR	Eastern Oregon	1:26.83	1
9 Robinson, Ryan	SO	Eastern Oregon	1:29.48	1

2022 Spokane Invitational - 12/10/2022**The Podium****Results****Event 24 Women 200 Meter Dash**

=====				
Podium: 1 23.65 1/15/2022 Iman Brown, Oregon				
NCAA Indoor: 2 22.09 2/25/2022 Abby Steiner, Kentucky				
Name	Year	School	Finals	H#
=====				
1 Antolin, Alyssa Mae	JR	Hawaii	24.38	2
2 Pipion, Ceonna	JR	Fresno State	24.51	2
3 Arjona-Alcazar, Selena	JR	Academy of Art	24.66	1
4 Price, Trinity	SO	Stanford	24.67	2
5 Sharp, Chloe	SR	Fresno State	24.93	1
6 Clark, Britney	SR	Academy of Art	24.96	2
7 Matthias, Darria	SR	Academy of Art	25.07	1
8 Martin, Olivia	SO	Idaho	25.26	3
9 Hatton, Lizzie	FR	Oregon State	25.27	5
10 Buckner, Nakya	JR	Fresno State	25.35	4
11 Cullen, Alyssa	SO	Boise State	25.41	3
12 Grogan, Anika	JR	Lewis-Clark	25.46	3
13 Hano, Joy	SR	Unattached	25.50	6
14 Williams, Juliette	JR	Central Washington	25.65	6
15 Terrell, Anna	FR	Washington	25.68	4
16 Olomu, Megan	SO	Stanford	25.78	3
17 Jennings, Nikki	SR	Hawaii	25.83	8
18 Green, Aniya	SO	Seattle Pacific	25.91	7
19 Sproles, Brianna	JR	Fresno State	26.00	5
20 Collard, Erine	SO	Academy of Art	26.09	5
21 Dunakin, Megan	FR	Boise State	26.17	9
22 Thweatt, Sydney	FR	Eastern Washington	26.25	5
23 Hopper, Elise	FR	Central Washington	26.30	8
24 Scruggs, Gianna	SO	Hawaii	26.32	6
25 Brown, Katie	SO	Eastern Oregon	26.37	5
26 Pilkingshorn, Hannah	FR	Western Washington	26.41	8
27 Buckley, Abby	JR	Oregon State	26.46	6
28 Kennedy, Faith	SR	Eastern Washington	26.52	4
29 Hollis, E'Lexis	JR	Central Washington	26.53	6
30 Kelly, Madigan	SO	Lewis-Clark	26.57	9
31 Harris, Donna Marie	FR	Central Washington	26.65	7
32 Britt, Ashley	SR	Lewis-Clark	26.67	8
33 Miller, Anna	FR	Western Washington	26.70	7
34 Howard, Chelsea	JR	Oregon State	26.74	10
35 Chang, Hannah	FR	Seattle Pacific	27.11	7
36 Hempstead, Felicity	SR	Eastern Washington	27.46	4
37 DeGroot, Ellie	FR	Central Washington	27.48	7
38 Sewell, Sarah	SO	Central Washington	27.68	9
39 Knight, Alexis	SO	Gonzaga	27.83	10
40 Zywna, Sydnie	SO	Lewis-Clark	27.93	10
41 Elison, Dalli	FR	Lewis-Clark	28.00	11
42 Avery, Nicole	FR	Western Washington	28.09	12
43 Houck, Emily	FR	Central Washington	28.13	10
44 Goulet, Andrea	FR	Unat-Ccc	28.15	9
45 Pilcher, Keelyn	JR	Lewis-Clark	28.30	11
46 Myer, Gianna	FR	San Francisco St.	28.61	10
47 Douglas, Madison	FR	Unat-Spokane CC	28.62	12
48 Mack, Emberlynn	FR	Lewis-Clark	28.77	11
49 Tonoukouin, Maia	FR	San Francisco St.	28.95	11
50 Horsley, Alexa	JR	Lewis-Clark	28.97	8
51 Krueger, Keanna	FR	Central Washington	29.07	9

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 24 Women 200 Meter Dash**

52 Smith, Cynthia	SR	Lewis-Clark	29.36	11
53 Winslow, Desiree	SR	Lewis-Clark	30.24	12
54 Austin, Nevaeh	FR	Multnomah	30.70	12
55 Wagner, Heather	FR	Multnomah	31.98	12

Event 25 Men 200 Meter Dash

=====

Podium: 1 21.22 1/15/2022 Rieker Daniel, Oregon

NCAA Indoor: 2 20.02 3/10/2018 Elijah Hall, Houston

Name	Year	School	Finals	H#
=====				
1 Smith, Anthony	SO	Washington	21.28	1
2 Black, Robin	JR	Academy of Art	21.41	1
3 Barrera, Spencer	JR	Idaho	21.65	2
4 Ince, Ajani	SO	Academy of Art	21.74	1
5 Cole, Olufemi	FR	Stanford	22.17	2
6 Pierce, David	SR	Boise State	22.25	1
7 Fornasari-Banguera, Frei	JR	Multnomah	22.34	1
8 Sol, Donte	SO	Multnomah	22.39	2
9 Le, Brian	SO	Western Washington	22.40	6 22.391
10 Gordon, Jeff	JR	Seattle Pacific	22.40	4 22.392
11 Dixon, Daniel	SO	Multnomah	22.40	3 22.393
12 Andrews, Cameron	SO	Unattached	22.40	4 22.400
13 Arce-Torres, Gabe	SR	Western Oregon	22.48	5 22.477
14 Rubio, Jose		Idaho Dash T	22.48	4 22.480
15 Bracken, Liam	SR	Eastern Washington	22.52	3
16 Soto, Roderick	SO	Multnomah	22.56	3
17 Connally, James	FR	Eastern Oregon	22.64	6
18 Palmer, Jamaal	SR	Academy of Art	22.72	3
19 Shepherd, Julius	JR	Seattle Pacific	22.75	7
20 Johnson, Ethan	SO	Western Washington	22.79	7
21 Fischer, Derek	FR	Western Washington	23.00	7
22 Phelps, Camden	SR	Eastern Washington	23.12	4
23 Greenwalt, Ryan	JR	Western Washington	23.19	5
24 Wilson, DJ	SO	Eastern Oregon	23.24	5
25 Miles, Israel	SO	Eastern Oregon	23.26	5
26 Hansen, Christian	FR	Unat-Spokane CC	23.30	8
27 Webster, Isaiah	FR	Central Washington	23.32	4
28 Garcia, David	FR	Seattle Pacific	23.35	6
29 Mickenham, Nolan	SO	Western Washington	23.38	8
30 Vongphet, Anouthai	FR	Western Washington	23.50	8
31 Castillo, Jordan	FR	Lewis-Clark	23.60	8
32 Woodard, Tyrone	SO	Western Washington	23.63	9
33 Wild, Dalton	FR	Unat-Spokane CC	23.71	6 23.704
34 Johnson, Jaden	FR	Western Washington	23.71	7 23.707
35 Carpenter, Evan	SO	Seattle Pacific	23.75	5 23.743
36 Sidor, Bryan		Unattached	23.75	6 23.750
37 Pinto, Denzel	SO	Western Washington	23.80	9
38 Dyess, Preston	FR	Unat-Spokane CC	23.89	7
39 Stevens, Deshaun	JR	Western Oregon	23.90	10
40 Runge, Craig	FR	Unat-Spokane CC	23.98	10
41 Wittrell, Solomon	FR	Seattle Pacific	24.09	8
42 Gardom, Ian	SO	Lewis-Clark	24.10	9
43 Sibert, Tanner	FR	Lewis-Clark	24.18	9
44 Merrifield, Zach	FR	Unat-Spokane CC	24.22	10

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 25 Men 200 Meter Dash**

45 Galbreath, Cameron	FR Unat-Spokane CC	24.73	10
46 Moore, Caleb	SR Lewis-Clark	24.79	9
47 Sanders, Charles	FR Multnomah	25.28	10
48 Tilton, Andrew	FR Lewis-Clark	25.45	9

Event 26 Women 3000 Meter Run

Podium: 1 8:41.53 2/27/2022 Elle Purrier St. Pierre, Ne
 NCAA Indoor: 2 8:41.60 2/3/2018 Karissa Schweizer, Missouri

Name	Year School	Finals
1 McLaughlin, Grace	SR Unattached	9:22.52
2 Mestler, Caramia	SR Gonzaga	9:34.98
3 Hijman, Marije	JR Nevada	9:54.46
4 Hansen, Brittney	JR Gonzaga	9:57.46
5 Edwards, Makenna	SR Gonzaga	10:12.76
6 Crocker, Mia	SO Western Washington	10:22.92
7 Redlinger, Lisa	FR Academy of Art	10:25.74
8 Phelps, Emily	SR Gonzaga	10:31.69
9 Rosencrans, Audrey	SR Academy of Art	10:40.15
10 Fetzer, Lilly	JR Eastern Washington	10:49.04
11 Mulch, Matise	FR Seattle Pacific	10:51.77
12 Parker, Alanna	FR Western Washington	10:53.53
13 Shaw, Liz	SO Nevada	11:00.09
14 Wilkes, Keilah	FR Hawaii	11:00.29
15 Knap, Ava	FR Gonzaga	11:02.20
16 Parker, Alexis	FR Western Washington	11:08.48
17 Flolo, Katelyn	FR Seattle Pacific	11:16.53
18 Ewing, Maya	FR Seattle Pacific	11:20.01
19 Yorges, Nicki	SO Seattle Pacific	11:21.23
20 Boone, Ashley	FR Nevada	11:26.76
-- Clarke, Emily	JR Nevada	DNF
-- Michael, Libby	SO Seattle Pacific	DNF

Event 27 Men 3000 Meter Run

Podium: 1 7:47.50 2/26/2022 Cole Hocker, NIKE
 NCAA Indoor: 2 7:38.13 2/12/2022 Yared Nuguse, Notre Dame

Name	Year School	Finals	H#
1 Laird, Cooper	SO Gonzaga	8:22.14	2
2 DiMartino, Nicola	SO Gonzaga	8:26.77	2
3 Baughan, Aidan	SO Gonzaga	8:28.36	2
4 Mukai, Carp	SO Gonzaga	8:42.49	2
5 Thorsett, Will	SO Gonzaga	8:43.27	2
6 Alfonso, Jacob	FR Gonzaga	8:45.07	2
7 Kennedy, Brian	SO Unattached	8:58.49	2
8 Rickey, Quentin	SO Gonzaga	9:07.17	1
9 Owen, Jon	JR Seattle Pacific	9:08.75	1
10 Boutin, Colin	SR Seattle Pacific	9:13.09	1
11 Kissell, Mason	FR Gonzaga	9:14.05	2
12 Reyes, Lucas	FR Seattle Pacific	9:14.15	1
13 LeBlanc, Brennan	SO Seattle Pacific	9:17.22	1
14 McClelland, Rory	JR Seattle Pacific	9:17.34	1
15 Fry, Alexander	FR Lewis-Clark	9:29.67	1

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 27 Men 3000 Meter Run**

16 Alfonso, Luke	FR Gonzaga	9:33.33	2
17 Thake, Tom	FR Seattle Pacific	9:35.48	1
18 Alexander, Connor	FR Lewis-Clark	9:38.34	1
19 Venable, Isaac	FR Seattle Pacific	9:42.68	1
20 Gale, Nathaniel	FR Seattle Pacific	9:50.22	1
21 Endresen, Gabe	SO Seattle Pacific	9:51.07	1
-- Guermali, Yacine	SR Gonzaga	DNF	2

Event 28 Women 4x400 Meter Relay

=====

Podium: 1 3:42.11 1/15/2022 Oregon, Oregon
 K Wright, S Hall, E Clayton, I Brown

NCAA Indoor: 2 3:24.09 2/25/2022 Arkansas
 Effiong, Hollis, Maloney, Wilson

School	Finals	H#
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 =====

1 Stanford 'A'	3:46.63	4
1) Thomas, Samantha SO	2) Price, Trinity SO	
3) Peisner, Camille SO	4) Olomu, Megan SO	
2 Fresno State 'A'	3:47.16	4
1) Buckner, Nakya JR	2) Sharp, Chloe SR	
3) Sproles, Brianna JR	4) Pipion, Ceonna JR	
3 Nevada 'A'	3:47.26	4
1) Senegal, Halyn SO	2) Costello, Emily SR	
3) Gorzeman, Raegan JR	4) Harris, Jasmine FR	
4 Oregon State 'A'	3:54.30	4
1) Scatena, Adael JR	2) Sefried, Paige JR	
3) Brown, Jillian FR	4) Weidinger, Taylor JR	
5 Academy of Art 'A'	3:56.51	3
1) Clark, Britney SR	2) Belles Gallen, Anna FR	
3) Collard, Erine SO	4) Hanich, Lina SO	
6 Oregon State 'B'	3:58.84	3
1) Rinaldi, Treasure FR	2) Bahn, Delaney SO	
3) Moersdorf, Anneke JR	4) Hatton, Lizzie FR	
7 Hawaii 'A'	4:00.40	3
1) Warrington, Amy JR	2) McFadden, Carlin SO	
3) Sydnor, Tierra JR	4) Moku, Ku'u lei SR	
8 Lewis-Clark 'A'	4:00.41	3
1) Grogan, Anika JR	2) Hathaway, Sara JR	
3) Pilcher, Keelyn JR	4) Collins, Emily FR	
9 Central Washington 'A'	4:01.32	3
1) DeGroot, Ellie FR	2) Sewell, Sarah SO	
3) Williams, Juliette JR	4) Hopper, Elise FR	
10 Boise State 'B'	4:02.88	2
1) Cullen, Alyssa SO	2) Stefan, Emily SO	
3) Ales, Isabella SO	4) Okemgbo, Nyenuchi JR	
11 Hawaii 'B'	4:05.09	1
1) Scruggs, Gianna SO	2) Steinsrud, Summer SO	
3) Touchette, Catherine FR	4) Hamilton, Halle FR	
12 Nevada 'C'	4:05.75	1
1) Smrt, Hanah SR	2) Kadrmas, Kate JR	
3) Paez-Rueda, Valeria FR	4) Marske, Sarah JR	
13 Eastern Washington 'B'	4:07.72	2
1) McAuliff, Hayden JR	2) Kennedy, Faith SR	
3) Thomson, Alexa FR	4) Nutting, Haven JR	

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 28 Women 4x400 Meter Relay**

14 Eastern Washington 'A'	4:10.81	2
1) Knight, Madelyn JR	2) Thweatt, Sydney FR	
3) Glanzer, Emma FR	4) Hempstead, Felicity SR	
15 Central Washington 'B'	4:13.37	1
1) Harris, Donna Marie FR	2) Houck, Emily FR	
3) McDevitt, Zoe FR	4) Huber, Carley FR	
16 San Francisco St. 'A'	4:13.84	3
1) Knight, Sabryn SO	2) Polk, Assata JR	
3) O'Brien, Kathleen FR	4) Harris-Bazuaye, Zyah FR	
17 Central Washington 'C'	4:38.44	1
1) Cabanos, Erica JR	2) Chandler, Lauryn JR	
3) Hollis, E'Lexis JR	4) Klein, Abby FR	
-- Eastern Washington 'C'	DNF	1
1) Garza, Kassy FR	2) Bruno, Grace FR	
3) Folger-Vent, Rosalie JR	4) Ruff, Hally SR	

Event 29 Men 4x400 Meter Relay

=====			
Podium: 1 3:12.35	2/19/2022	BYU, BYU	
		C Ruiz, C Yardley, S Carlile, J Jensen	
NCAA Indoor: 2 3:00.77	3/10/2018	Southern California	
		Shinnick, Benjamin, Morgan, Norman	
School		Finals	H#
=====			
1 Washington 'A'	3:11.671	2	
1) Elliott, Cass SR	2) Gaik, Daniel SO		
3) Wilkinson, Matthew SO	4) Smith, Anthony SO		
2 Academy of Art 'A'	3:13.31	2	
1) Page, Markarios SO	2) Hamm, Shareez SR		
3) Ince, Ajani SO	4) Black, Robin JR		
3 Eastern Washington 'A'	3:23.00	2	
1) Bracken, Liam SR	2) Phelps, Camden SR		
3) Allen, Logan SO	4) Robert, Lucas JR		
4 Academy of Art 'B'	3:24.40	1	
1) Agyemang, Duncan SR	2) Oboh, Omodiaogbe FR		
3) Wisdom, Taj-Leon FR	4) Palmer, Jamaal SR		
5 Central Washington 'A'	3:24.97	2	
1) Wise, Aiden SO	2) Albertin, Austin JR		
3) Webster, Isaiah FR	4) Correa, Johan SO		
6 Lewis-Clark 'A'	3:27.01	1	
1) Kirk, London SO	2) Blaker, Jaxson SO		
3) Krabbenhoft, Justin SO	4) Hopper, Ike JR		
7 Seattle Pacific 'A'	3:34.35	2	
1) Archer, Isaiah SO	2) Gordon, Jeff JR		
3) Carpenter, Evan SO	4) Shepherd, Julius JR		
8 Eastern Washington 'B'	3:35.42	1	
1) Teavens, Cody JR	2) Gauthier, Joe SR		
3) Homen, Chris SR	4) Conley, Elijah SR		
9 Unattached - Spokane CC 'A'	3:45.95	1	
1) Richmond, Maximus FR	2) Slack, Darian FR		
3) Wild, Dalton FR	4) Runge, Craig FR		
-- Eastern Washington 'C'	DNF	1	
1) Linhart-Wubbena, Parker SR	2) Say, Bobby SR		
3) Couron, Lucas FR	4) Meter, Christian FR		

2022 Spokane Invitational - 12/10/2022**The Podium****Results****Event 30 Men High Jump (2 Pits)**

Podium: 1 2.28m 2/27/2022 JuVaughn Harrison, Unattached						
NCAA Indoor: 2 2.37m 3/11/1989 Hollis Conway, Louisiana						
Name	Year	School	Finals	H#		
1 Hicks, Daylon	JR	Washington St.	2.00m	6-06.75	2	
1.80 1.85 1.90 1.95 2.00 2.05						
PPP PPP O O O XXX						
2 Roberts, Elijah	SO	Academy of Art	J2.00m	6-06.75	2	
1.80 1.85 1.90 1.95 2.00 2.05						
PPP XO XXO XXO O X						
3 Bishop, Alex	SR	Eastern Washington	J2.00m	6-06.75	2	
1.80 1.85 1.90 1.95 2.00 2.05						
PPP PPP XXO O XO XXX						
4 Nichols, Jaxson	SO	Unat-Spokane CC	J2.00m	6-06.75	2	
1.80 1.85 1.90 1.95 2.00 2.05						
PPP O O O XXO XXX						
5 Reiber, Joe	FR	Idaho	1.95m	6-04.75	2	
1.80 1.85 1.90 1.95 2.00						
PPP PPP XO O XXX						
6 Jones, Tyler	SO	Eastern Oregon	J1.95m	6-04.75	2	
1.80 1.85 1.90 1.95 2.00						
PPP PPP XXO O XXX						
7 Stevens, James	SO	Stanford	1.90m	6-02.75	2	
1.80 1.85 1.90 1.95						
PPP PPP O XXX						
8 Thorner, Oliver	JR	Washington	J1.90m	6-02.75	2	
1.80 1.85 1.90						
O O XO						
9 Krabbenhoft, Justin	SO	Lewis-Clark	J1.90m	6-02.75	1	
1.65 1.70 1.75 1.80 1.85 1.90 1.95						
PPP PPP O O XXO XO XXX						
10 Wuthrich, Braden	FR	Lewis-Clark	J1.90m	6-02.75	1	
1.65 1.70 1.75 1.80 1.85 1.90 1.95						
PPP PPP O O O XXO XXX						
11 Greenlee, Manu	SO	Western Washington	1.85m	6-00.75	2	
1.80 1.85 1.90						
O O XXX						
12 Kelly, Brendan	FR	Unat-Spokane CC	J1.85m	6-00.75	1	
1.65 1.70 1.75 1.80 1.85 1.90						
PPP PPP O O XO XXX						
13 Mansfield, Judson	JR	Eastern Oregon	1.80m	5-10.75	1	
1.65 1.70 1.75 1.80 1.85						
PPP PPP XO XXO XXX						
14 Gardom, Ian	SO	Lewis-Clark	1.75m	5-08.75	1	
1.65 1.70 1.75 1.80						
PPP O O XXX						
15 Runge, Craig	FR	Unat-Spokane CC	1.70m	5-07.00	1	
1.65 1.70 1.75						
O O XXX						
16 Moore, Caleb	SR	Lewis-Clark	J1.70m	5-07.00	1	
1.65 1.70 1.75						
O XO XXX						
17 Slack, Darian	FR	Unat-Spokane CC	1.65m	5-05.00	1	
1.65 1.70						
O XXX						

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 30 Men High Jump (2 Pits)**

-- Cunningham, Isaiah FR Unat-Spokane CC NH 1
 1.65
 XXX

Event 31 Women Weight Throw

Podium: 1 24.28m 2/27/2022 Janee Kassanavoid, NIKE										
NCAA Indoor: 2 25.56m 3/10/2007 Brittany Riley, Southern Illinois										
Name	Year School			Finals			H#			
=====										
1 Jackson, Cierra	SO Fresno State			17.61m	57-09.50	3				
17.54m 17.61m	FOUL	17.14m 17.19m	17.17m							
2 Solheim, Victoria	SR Hawaii			17.33m	56-10.25	3				
15.96m 16.76m	16.96m	16.27m 17.33m	16.87m							
3 Bryant, Jordyn	JR Fresno State			17.22m	56-06.00	3				
16.99m 15.52m	17.22m	15.90m	FOUL 15.68m							
4 Turner, Keiana	SO Cal Poly Pomona			16.89m	55-05.00	3				
16.89m 16.11m	15.63m	15.77m	FOUL 16.51m							
5 Westfall, Raine	SO Western Washington			16.75m	54-11.50	3				
15.92m 16.18m	FOUL	FOUL 16.53m	16.75m							
6 Harper, Emma	SO Fresno State			J16.75m	54-11.50	3				
15.62m 15.28m	16.35m	16.07m 15.01m	16.75m							
7 DiPaola, Amelia	JR Fresno State			16.72m	54-10.25	3				
16.52m 16.72m	FOUL	16.05m 15.79m	16.34m							
8 Williams, Trinity	JR Fresno State			16.36m	53-08.25	3				
15.90m 15.42m	16.36m	FOUL 13.66m	15.74m							
9 Montanes i Arbo, Montser	JR Hawaii			16.15m	53-00.00	3				
FOUL 15.67m	16.15m	15.43m	FOUL 16.08m							
10 Payne, Alex	SO Washington St.			15.41m	50-06.75	3				
FOUL FOUL	15.41m									
11 Mohr, Hallee	SO Hawaii			15.12m	49-07.25	2				
15.06m 13.69m	15.12m									
12 Paller, Kaitlyn	SR Eastern Washington			15.11m	49-07.00	3				
14.36m 15.11m	14.95m									
13 Ledbetter, Maggie	SR Eastern Oregon			14.94m	49-00.25	3				
14.94m 14.51m	FOUL									
14 Johnson, Morgan	JR Fresno State			14.37m	47-01.75	2				
12.61m 13.79m	14.37m									
15 Dibisceglie, Chloe	JR Eastern Washington			14.32m	46-11.75	2				
14.32m FOUL	14.21m									
16 Potts, Katie	JR Western Washington			14.21m	46-07.50	3				
13.67m 13.16m	14.21m									
17 Lawson, Maria	SO Fresno State			13.92m	45-08.00	2				
12.06m 13.91m	13.92m									
18 Stovall, Carissa	JR Eastern Washington			13.87m	45-06.25	2				
13.76m FOUL	13.87m									
19 Carpenter, Emillia	JR Western Oregon			J13.87m	45-06.25	2				
13.58m FOUL	13.87m									
20 Hill, Trinity	SO Eastern Oregon			13.84m	45-05.00	2				
12.79m 13.41m	13.84m									
21 Young, Bailey	FR Eastern Washington			13.80m	45-03.50	2				
13.80m 12.60m	11.46m									
22 Keyes, Vatoria	JR Eastern Washington			13.64m	44-09.00	2				
13.05m 13.11m	13.64m									

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 31 Women Weight Throw**

23	Palzinski, Paige	SO Idaho	13.33m	43-09.00	1
	13.33m FOUL 12.84m				
24	Schloss, Kahlani	JR Eastern Washington	12.98m	42-07.00	2
	12.83m 12.95m 12.98m				
25	Fonoti, Dyvhon	SO Eastern Washington	12.74m	41-09.75	2
	12.74m FOUL FOUL				
26	Range, Elise	SO Western Oregon	12.38m	40-07.50	1
	12.38m FOUL FOUL				
27	Lusco, Abby	SO Eastern Oregon	12.31m	40-04.75	1
	12.28m FOUL 12.31m				
28	Lindquist, Laura	FR Washington St.	11.48m	37-08.00	1
	11.00m 11.48m 10.77m				
29	Carpenter, Isabella	FR Unat-Spokane CC	11.42m	37-05.75	1
	FOUL 8.39m 11.42m				
30	Phenicie, Lily	FR Idaho	11.36m	37-03.25	1
	10.74m FOUL 11.36m				
31	Hurtado, Cynthia	FR Cal Poly Pomona	11.11m	36-05.50	2
	11.11m FOUL FOUL				
32	Emigh, Sam	Unat-Spokane CC	11.10m	36-05.00	1
	10.97m 11.10m FOUL				
33	Henderson, Cassidy	SO Lewis-Clark	10.56m	34-07.75	1
	10.56m 9.55m 9.14m				
34	Schoener, Saira	FR Unat-Spokane CC	10.52m	34-06.25	1
	FOUL 9.64m 10.52m				
35	Osborne, Grace	FR Lewis-Clark	10.02m	32-10.50	1
	FOUL 10.02m FOUL				
36	Christensen, Shona	FR Cal Poly Pomona	10.01m	32-10.25	1
	10.00m 9.98m 10.01m				
37	Wersland, Faith	FR Unat-Spokane CC	9.81m	32-02.25	1
	9.20m 9.28m 9.81m				
38	Fager, Madison	FR Unat-Spokane CC	7.73m	25-04.50	1
	7.73m 7.07m FOUL				
--	Woodward, Kenna	JR Eastern Oregon	FOUL		3
	FOUL FOUL FOUL				

Event 32 Women Long Jump

Podium: 1 6.55m 2/27/2022 Quanesha Burks, Unattached					
NCAA Indoor: 2 6.93m 3/12/2021 Tara Davis, Texas					
Name	Year	School	Finals		H#
1 Jones, Alyssa	FR	Stanford	6.25m	20-06.25	1
	6.25m 6.00m 6.24m	5.50m 2.76m 5.11m			
2 Bahn, Delaney	SO	Oregon State	5.95m	19-06.25	4
	5.95m 4.56m 5.86m	FOUL FOUL 5.59m			
3 Moersdorf, Anneke	JR	Oregon State	5.84m	19-02.00	4
	5.58m 5.76m 5.84m	FOUL FOUL 5.67m			
4 Meyer, Rencik	SR	Washington St.	5.78m	18-11.75	4
	5.16m 5.61m 5.78m	5.23m 5.72m 5.68m			
5 Ourega, Marie-Jeanne	SO	Academy of Art	5.73m	18-09.75	4
	FOUL FOUL 5.69m	5.73m FOUL 5.66m			
6 Zwaanstra, Teagan	SO	Stanford	5.73m	18-09.75	4
	FOUL 5.73m FOUL FOUL	FOUL PASS			
7 Chetty, Natasha	FR	Nevada	5.71m	18-09.00	2
	5.71m 5.70m 5.63m	5.69m 5.65m PASS			

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 32 Women Long Jump**

8 Eilers, Kate	Unattached	5.60m	18-04.50	3
5.55m 5.31m 5.57m 5.60m 5.06m 5.32m				
9 Howard, Chelsea	JR Oregon State	5.57m	18-03.25	3
5.39m 5.45m 5.57m 5.30m 5.21m 5.27m				
10 Rodgers, Anna	SR Washington St.	5.54m	18-02.25	4
5.54m 5.53m 5.53m				
11 Hurley, Jenelle	JR Western Oregon	5.52m	18-01.50	4
FOUL 5.52m FOUL				
12 Smrt, Hanah	SR Nevada	5.50m	18-00.50	4
FOUL 5.48m 5.50m				
13 Milani, Maria Paz	SO Nevada	J5.50m	18-00.50	4
5.40m 5.50m FOUL				
14 Ehinlaiye, Kelsey	SO Cal Poly Pomona	5.47m	17-11.50	3
5.30m 5.21m 5.47m				
15 Weems, Jodeci	SO Fresno State	5.36m	17-07.00	3
5.25m 5.36m 5.23m				
16 Nealey, Rayven	JR Nevada	5.34m	17-06.25	4
5.22m 5.20m 5.34m				
17 Haas, Johanna	FR Nevada	J5.34m	17-06.25	4
5.34m FOUL FOUL				
18 Stefan, Emily	SO Boise State	5.33m	17-06.00	3
5.30m 4.98m 5.33m				
19 Verwasch, Sica	FR Nevada	5.30m	17-04.75	3
5.30m 5.29m FOUL				
20 Duckett, Camille	SO Washington	5.29m	17-04.25	2
5.17m 5.29m 4.91m				
21 McAuliff, Hayden	JR Eastern Washington	5.19m	17-00.50	3
4.84m FOUL 5.19m				
22 Gordon, Samantha	SO Hawaii	5.18m	17-00.00	3
5.16m 5.00m 5.18m				
23 Pace, Rachela	SO Fresno State	5.15m	16-10.75	3
5.11m 5.07m 5.15m				
24 Chang, Hannah	FR Seattle Pacific	5.09m	16-08.50	3
5.09m 4.91m 4.54m				
25 Kovich, Sarah	SO Washington St.	J5.09m	16-08.50	2
5.09m 4.86m 4.88m				
26 Sydnor, Tierra	JR Hawaii	5.05m	16-07.00	3
5.05m 4.85m 4.84m				
27 Minoletti, Isabella	FR Nevada	5.02m	16-05.75	2
4.82m 4.91m 5.02m				
28 Hano, Joy	SR Unattached	5.00m	16-05.00	3
5.00m 4.77m 4.57m				
29 Deters, Amity	SO Western Oregon	J5.00m	16-05.00	2
4.66m 5.00m 4.76m				
30 Marske, Sarah	JR Nevada	4.98m	16-04.25	1
4.91m 4.98m 4.85m				
31 Dennison, Jeramea	JR Multnomah	J4.98m	16-04.25	3
4.65m 4.98m 4.42m				
32 Lindenthal, Sarah	SO Cal Poly Pomona	4.97m	16-03.75	2
4.90m 4.97m 4.69m				
33 Marx, Anna	SO Hawaii	4.94m	16-02.50	1
4.94m 4.66m 4.40m				
34 Cabanos, Erica	JR Central Washington	4.93m	16-02.25	2
4.14m 4.71m 4.93m				

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 32 Women Long Jump**

35	Smith, Dezirae	SO San Francisco St.	4.88m	16-00.25	2
	4.78m 4.88m 4.79m				
36	DeGroot, Ellie	FR Central Washington	4.87m	15-11.75	2
	4.87m 4.47m 4.10m				
37	Kadrmaz, Kate	JR Nevada	4.86m	15-11.50	2
	4.56m 4.74m 4.86m				
38	Mackenzie, Jessica	FR Hawaii	J4.86m	15-11.50	2
	4.65m 4.86m 4.69m				
39	Glanzer, Emma	FR Eastern Washington	4.84m	15-10.50	1
	4.84m FOUL 4.80m				
40	Sewell, Sarah	SO Central Washington	4.83m	15-10.25	1
	4.83m 4.54m 4.53m				
41	Cecilio, Mattie	FR San Francisco St.	4.82m	15-09.75	2
	FOUL 4.70m 4.82m				
42	Crane, Marissa	FR Seattle Pacific	4.81m	15-09.50	2
	FOUL 4.81m FOUL				
43	Spatz, Anna	FR Idaho	4.79m	15-08.75	4
	4.42m 4.79m 4.79m				
44	Pilkinghorn, Hannah	FR Western Washington	J4.79m	15-08.75	1
	4.79m 4.70m 4.67m				
45	Contreras, Evelyn	FR San Francisco St.	4.64m	15-02.75	2
	4.64m 4.55m 4.47m				
46	Touchette, Catherine	FR Hawaii	4.60m	15-01.25	3
	4.15m 4.05m 4.60m				
47	Moore, Tehya	FR Central Washington	4.52m	14-10.00	2
	4.33m 4.52m 4.49m				
48	Thomson, Alexa	FR Eastern Washington	4.51m	14-09.75	2
	4.25m 4.51m FOUL				
49	Hicks, Maliyah	FR Seattle Pacific	4.50m	14-09.25	1
	4.50m 4.31m 4.02m				
50	Short, Calli	FR Unat-Spokane CC	4.43m	14-06.50	1
	4.38m 4.43m 4.35m				
51	Horsley, Alexa	JR Lewis-Clark	4.42m	14-06.00	1
	FOUL 4.42m FOUL				
52	Myer, Gianna	FR San Francisco St.	4.41m	14-05.75	3
	FOUL 4.41m 4.40m				
53	Algarin, Madison	SO San Francisco St.	4.37m	14-04.00	1
	4.37m 4.17m 4.16m				
54	Smith, Marissa	SO Central Washington	4.35m	14-03.25	1
	4.35m 4.26m 4.27m				
55	Dhar, Ojal	FR San Francisco St.	4.25m	13-11.50	1
	4.20m 4.24m 4.25m				
56	Bryson, Emma	FR Unat-Spokane CC	4.17m	13-08.25	1
	4.17m 4.11m 4.17m				
57	Irwin, Miranda	FR Unat-Spokane CC	4.16m	13-07.75	1
	4.16m 3.93m 3.70m				
58	Elison, Dalli	FR Lewis-Clark	4.15m	13-07.50	1
	4.15m 3.53m 4.00m				

Results

Podium: 1 8.19m		2/27/2022		Jarriion Lawson, Unattached				
NCAA Indoor: 2 8.59m		3/1/2002		Miguel Pate, Alabama				
Name		Year		School		Finals		
H#								
=====								
1	Artis, Prestin	SO		Washington		7.40m	24-03.50	3
	7.11m 7.38m 7.15m 7.34m	FOUL		7.40m				
2	Kroeger, John	SO		Stanford		7.16m	23-06.00	3
	6.71m 6.99m 6.97m 7.04m	7.16m 7.05m						
3	Nunis, Zach	SR		Idaho		7.05m	23-01.75	3
	FOUL 7.05m	FOUL 6.94m		6.95m FOUL				
4	Say, Bobby	SR		Eastern Washington		7.04m	23-01.25	3
	7.02m 6.82m 6.70m 7.04m	PASS PASS						
5	Johnson, Malik	JR		Multnomah		6.91m	22-08.00	3
	6.59m FOUL 6.91m 6.85m	6.74m PASS						
6	Britton, Rajay	FR		Unat-Spokane CC		6.79m	22-03.50	1
	6.79m 6.39m 6.06m 6.14m	FOUL 6.40m						
7	Gnacko, Yacouba	SO		Academy of Art		6.77m	22-02.50	3
	6.63m 6.49m 6.77m 6.46m	6.64m FOUL						
8	Tshani, Mathieu	SR		Academy of Art		6.73m	22-01.00	3
	FOUL FOUL 6.69m FOUL	6.43m 6.73m						
9	Comin Pescador, Bruno	JR		Washington		6.71m	22-00.25	1
	6.71m FOUL FOUL FOUL	FOUL FOUL						
10	Peterson, Landon	SO		Idaho		6.66m	21-10.25	3
	6.66m 6.52m 6.23m							
11	Thorner, Oliver	JR		Washington		6.65m	21-10.00	1
	6.39m FOUL 6.65m							
12	Stevens, Deshaun	JR		Western Oregon		6.52m	21-04.75	2
	6.52m 6.39m 6.48m							
13	Nichols, Jaxson	SO		Unat-Spokane CC		6.49m	21-03.50	2
	6.49m FOUL 6.20m							
14	Hines, Christopher	SO		Central Washington		6.38m	20-11.25	2
	FOUL 5.86m 6.38m							
15	Nichols, Josh	SR		Boise State		6.26m	20-06.50	2
	6.26m 6.06m 6.15m							
16	Reiber, Joe	FR		Idaho		J6.26m	20-06.50	1
	6.10m 5.98m 6.26m							
17	Kelly, Brendan	FR		Unat-Spokane CC		J6.26m	20-06.50	2
	6.10m 6.26m PASS							
18	Vongphet, Anouthai	FR		Western Washington		6.25m	20-06.25	2
	6.25m FOUL 6.23m							
19	Sands, Justin	FR		Washington St.		6.24m	20-05.75	3
	6.17m 6.17m 6.24m							
20	Silva, Tre	SO		Central Washington		6.21m	20-04.50	2
	6.21m 6.16m 3.91m							
21	Jones, Cash	FR		Idaho		J6.21m	20-04.50	2
	5.32m 6.21m 5.87m							
22	Hansen, Christian	FR		Unat-Spokane CC		6.14m	20-01.75	2
	6.14m 5.17m 5.27m							

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 35 Men Long Jump**

23	Runge, Craig	FR Unat-Spokane CC	6.12m	20-01.00	1
	6.12m 6.03m FOUL				
24	Wilson, DJ	SO Eastern Oregon	6.07m	19-11.00	1
	6.07m 5.72m 6.00m				
25	Thomas, Nate	FR Seattle Pacific	6.05m	19-10.25	2
	6.05m 5.87m FOUL				
26	Sanders, Charles	FR Multnomah	6.03m	19-09.50	1
	FOUL 6.03m 5.65m				
27	Teevens, Cody	JR Eastern Washington	6.02m	19-09.00	2
	6.02m 5.79m 5.98m				
28	Walker, JJ	JR Western Oregon	J6.02m	19-09.00	3
	PASS 4.81m 6.02m				
29	Boun, Brady	FR Seattle Pacific	5.96m	19-06.75	2
	5.88m 5.96m FOUL				
30	Holmes, Darius	SO Seattle Pacific	5.89m	19-04.00	2
	FOUL FOUL 5.89m				
31	Conley, Elijah	SR Eastern Washington	5.87m	19-03.25	1
	5.63m 5.76m 5.87m				
32	Cunningham, Isaiah	FR Unat-Spokane CC	5.82m	19-01.25	2
	5.74m 5.82m FOUL				
33	Homen, Chris	SR Eastern Washington	5.75m	18-10.50	1
	5.64m 5.62m 5.75m				
34	Ross, Demari	SR Unattached	5.65m	18-06.50	2
	5.29m 5.10m 5.65m				
35	Linhart-Wubben, Parker	SR Eastern Washington	5.59m	18-04.25	1
	5.59m 5.31m 5.35m				
36	Tilton, Andrew	FR Lewis-Clark	5.53m	18-01.75	1
	5.35m 5.53m 5.52m				
37	Spencer, Tarrell	FR Multnomah	5.43m	17-09.75	1
	5.43m 5.02m 5.11m				
38	O'Connell, Isaiah	FR Unat-Ccc	5.42m	17-09.50	2
	5.42m 5.42m 4.98m				
39	Clark, Maddax	FR Unat-Ccc	5.19m	17-00.50	1
	5.19m 5.04m 5.10m				

Event 36 Men Weight Throw

=====						
Podium: 1 24.84m 2/27/2022 Alex Young, Unattached						
NCAA Indoor: 2 25.58m 2/28/2015 Michael Lihman, Wisconsin						
Name	Year	School	Finals		H#	
=====						
1 McKhann, Max		JR Stanford	20.90m	68-07.00	2	
	19.55m 20.25m 20.90m	20.19m 19.61m 20.70m				
2 Fillis, Bradley		SO Eastern Washington	17.58m	57-08.25	2	
	16.14m 16.26m 17.09m	16.53m FOUL 17.58m				
3 Campbell, Miller		SO Western Washington	16.26m	53-04.25	2	
	16.26m 16.18m 15.26m	15.59m FOUL 15.42m				
4 Hottman, Caden		Unattached	16.18m	53-01.00	2	
	15.78m 16.18m 15.61m	15.63m FOUL 15.18m				
5 Beaton, Angus		FR Central Washington	15.52m	50-11.00	2	
	15.52m FOUL 14.65m	15.16m 15.02m 15.28m				
6 Michaels, Brooks		FR Eastern Oregon	15.24m	50-00.00	2	
	FOUL 14.41m FOUL FOUL	15.24m FOUL				
7 Ramos, Angelo		FR Western Washington	15.10m	49-06.50	2	
	FOUL 15.10m 14.18m	14.87m 14.36m 14.15m				

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 36 Men Weight Throw**

8	Anderson, Colby	SO Eastern Oregon	14.91m	48-11.00	2
	13.30m 14.19m 14.91m	FOUL FOUL FOUL			
9	Atencio, Jaycob	SR Lewis-Clark	14.32m	46-11.75	1
	FOUL FOUL 14.32m	FOUL 13.92m 14.29m			
10	Nett, Tanner	FR Eastern Oregon	13.98m	45-10.50	2
	13.98m FOUL FOUL				
11	Thomas, Reid	FR Idaho	13.75m	45-01.50	1
	FOUL 12.48m 13.75m				
12	Close, Dan	FR Unat-Spokane CC	13.70m	44-11.50	2
	FOUL 13.70m FOUL				
13	Orr, Jaxson	FR Unat-Spokane CC	13.23m	43-05.00	1
	13.23m FOUL 12.09m				
14	Niuamoa, JJ	SO Eastern Washington	13.05m	42-09.75	2
	13.05m FOUL 12.38m				
15	Moore, Mason	FR Eastern Washington	12.82m	42-00.75	2
	11.97m 12.82m 12.41m				
16	Heckman, Gabe	SO Eastern Oregon	12.46m	40-10.50	1
	11.69m 12.46m FOUL				
17	Jeffries, Weston	SO Idaho	12.32m	40-05.00	1
	12.32m FOUL FOUL				
18	Silva, Cody	SO Eastern Oregon	11.89m	39-00.25	1
	11.89m FOUL FOUL				
19	Miller, Daniel	JR Eastern Washington	11.86m	38-11.00	1
	11.34m 11.86m 11.51m				
20	Wattles, Jon	FR Lewis-Clark	11.81m	38-09.00	1
	10.07m 11.81m FOUL				
21	Slusser, Kevin	SR Multnomah	10.82m	35-06.00	1
	FOUL FOUL 10.82m				
22	Beltz-Childs, Tanner	FR Lewis-Clark	10.79m	35-05.00	1
	FOUL 10.79m 10.48m				
23	Wylam, Joey	SO Eastern Oregon	10.55m	34-07.50	1
	FOUL 10.44m 10.55m				
24	Weller, Sam	FR Lewis-Clark	10.37m	34-00.25	1
	FOUL 10.37m FOUL				
25	Dewey, Ryan	FR Unat-Spokane CC	9.90m	32-05.75	1
	9.90m FOUL FOUL				
26	Church, Mark	FR Eastern Oregon	9.33m	30-07.50	1
	FOUL 9.33m 9.09m				
27	Action, Jacob	FR Unat-Spokane CC	8.63m	28-03.75	1
	8.59m 8.63m 8.16m				
--	Warren, Mark	SO Western Oregon	FOUL		2
	FOUL FOUL FOUL				

Event 37 Women Shot Put

=====					
	Podium: 1	19.79m	2/27/2022	Maggie Ewen, NIKE	
	NCAA Indoor: 2	19.56m	3/10/2017	Raven Saunders, Mississippi	
	Name		Year School	Finals	H#
=====					
1	Bryant, Jordyn	JR Fresno State	14.61m	47-11.25	3
	13.79m 13.60m 14.61m	13.35m 13.62m 13.52m			
2	Jackson, Cierra	SO Fresno State	14.54m	47-08.50	3
	14.46m 14.54m FOUL	14.08m 14.52m 14.14m			
3	Gyedu, Nana	SO Washington St.	14.46m	47-05.25	3
	13.49m 14.46m FOUL	13.39m 14.23m 14.27m			

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 37 Women Shot Put**

4	DiPaola, Amelia	JR Fresno State	14.11m	46-03.50	3
	12.39m 14.11m 13.19m	FOUL 13.26m 13.67m			
5	Solheim, Victoria	SR Hawaii	13.32m	43-08.50	2
	12.57m 12.91m 12.33m	13.10m 13.32m FOUL			
6	Young, Bailey	FR Eastern Washington	13.11m	43-00.25	3
	11.84m 12.08m 13.11m	12.09m 12.51m 12.80m			
7	Harper, Emma	SO Fresno State	13.09m	42-11.50	3
	FOUL 13.09m 12.34m	FOUL 12.51m 12.79m			
8	Vital, Samaria	FR Hawaii	12.76m	41-10.50	3
	12.08m 12.24m 12.76m	12.28m 12.48m FOUL			
9	Potts, Katie	JR Western Washington	12.73m	41-09.25	3
	12.32m 12.73m 12.56m	12.10m 12.63m 12.30m			
10	Paller, Kaitlyn	SR Eastern Washington	12.64m	41-05.75	3
	FOUL 11.73m 12.64m				
11	Mohr, Hallee	SO Hawaii	12.53m	41-01.50	2
	12.51m 12.53m 11.85m				
12	Williams, Trinity	JR Fresno State	12.51m	41-00.50	3
	12.51m FOUL 12.07m				
13	Stovall, Carissa	JR Eastern Washington	12.42m	40-09.00	3
	FOUL FOUL 12.42m				
14	Atuatasi, Brandy	SO Stanford	12.39m	40-07.75	3
	11.84m 11.46m 12.39m				
15	Turner, Keiana	SO Cal Poly Pomona	12.33m	40-05.50	2
	11.10m 11.85m 12.33m				
16	Christensen, Shona	FR Cal Poly Pomona	12.28m	40-03.50	2
	12.28m 11.90m 11.81m				
17	Fisher, Kaiah	SO Stanford	12.17m	39-11.25	3
	12.17m 11.24m 11.65m				
18	Montanes i Arbo, Montser	JR Hawaii	12.10m	39-08.50	2
	11.14m 10.84m 12.10m				
19	Johnson, Morgan	JR Fresno State	11.95m	39-02.50	3
	11.95m FOUL 11.90m				
20	Palzinski, Paige	SO Idaho	J11.95m	39-02.50	2
	11.54m 11.95m 11.14m				
21	Ledbetter, Maggie	SR Eastern Oregon	11.94m	39-02.25	3
	11.79m 11.94m FOUL				
22	Forshaw, Rose	FR Hawaii	11.83m	38-09.75	2
	11.36m 11.36m 11.83m				
23	Fonoti, Dyvhon	SO Eastern Washington	J11.83m	38-09.75	2
	11.83m 11.26m 10.56m				
24	Phenicie, Lily	FR Idaho	11.78m	38-07.75	1
	FOUL 11.78m FOUL				
25	Strickland, Gracie	FR Washington St.	11.72m	38-05.50	1
	10.72m 11.72m 10.61m				
26	Woodward, Kenna	JR Eastern Oregon	11.70m	38-04.75	2
	10.95m 11.21m 11.70m				
27	Mackenzie, Jessica	FR Hawaii	11.53m	37-10.00	2
	FOUL 11.53m 11.17m				
28	Dibisceglie, Chloe	JR Eastern Washington	11.25m	36-11.00	2
	FOUL 11.25m FOUL				
29	Haas, Johanna	FR Nevada	10.55m	34-07.50	2
	9.94m 9.43m 10.55m				
30	Kadrmass, Kate	JR Nevada	10.51m	34-05.75	1
	10.31m 10.51m 10.16m				

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 37 Women Shot Put**

31	Osborne, Grace	FR Lewis-Clark	10.16m	33-04.00	1
	9.94m FOUL 10.16m				
32	Marx, Anna	SO Hawaii	9.87m	32-04.75	1
	9.61m 9.87m FOUL				
33	Emigh, Sam	Unat-Spokane CC	9.60m	31-06.00	1
	9.60m 8.92m 8.99m				
34	Carpenter, Isabella	FR Unat-Spokane CC	9.50m	31-02.00	2
	9.30m 9.18m 9.50m				
35	Wersland, Faith	FR Unat-Spokane CC	9.15m	30-00.25	2
	8.10m 9.15m 8.83m				
36	Smrt, Hanah	SR Nevada	8.89m	29-02.00	1
	8.89m 8.54m 8.32m				
37	Lusco, Abby	SO Eastern Oregon	8.58m	28-01.75	1
	FOUL 8.58m FOUL				
38	Bryson, Emma	FR Unat-Spokane CC	8.14m	26-08.50	1
	7.10m 8.14m 7.38m				
39	Hurtado, Cynthia	FR Cal Poly Pomona	7.90m	25-11.00	1
	7.46m 7.90m 6.91m				
40	Henderson, Cassidy	SO Lewis-Clark	7.82m	25-08.00	1
	6.93m 7.82m 7.65m				
41	Avery, Nicole	FR Western Washington	7.55m	24-09.25	1
	7.55m x x				
42	Sewell, Sarah	SO Central Washington	7.39m	24-03.00	1
	6.80m 7.02m 7.39m				

Event 38 Women High Jump

=====											
Podium: 1 1.91m 2/27/2022 Vashti Cunningham, NIKE/NV Gazalles											
NCAA Indoor: 2 1.98m 3/11/2016 Akela Jones, Kansas State											
Name		Year		School		Finals				H#	
=====											
1	Turban, Lilian			FR Hawaii		1.80m				5-10.75	2
	1.56	1.61	1.66	1.71	1.74	1.77	1.80	1.82			
	PPP	O	O	O	O	O	O	XXX			
2	Nelson, Emma			SR Oregon State		1.71m				5-07.25	2
	1.56	1.61	1.66	1.71	1.74						
	PPP	O	O	XO	XXX						
3	Gordon, Samantha			SO Hawaii		1.66m				5-05.25	2
	1.56	1.61	1.66	1.71							
	O	O	O	XXX							
4	Eilers, Kate			Unattached		J1.66m				5-05.25	1
	1.41	1.46	1.51	1.56	1.61	1.66	1.71				
	PPP	PPP	PPP	O	O	XO	XXX				
5	Paez-Rueda, Valeria			FR Nevada		1.61m				5-03.25	1
	1.41	1.46	1.51	1.56	1.61	1.66					
	PPP	PPP	O	O	O	XXX					
5	Reilly, Savannah			JR Oregon State		1.61m				5-03.25	2
	1.56	1.61	1.66								
	O	O	XXX								
5	Pace, Suzy			SR Washington St.		1.61m				5-03.25	2
	1.56	1.61	1.66								
	O	O	XXX								
5	Rhoads, Giovanna			JR Washington St.		1.61m				5-03.25	2
	1.56	1.61	1.66								
	O	O	XXX								

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 38 Women High Jump**

9	Hurley, Jenelle	JR Western Oregon	J1.61m	5-03.25	2
	1.56 1.61 1.66				
	O XO XXX				
9	Chetty, Natasha	FR Nevada	J1.61m	5-03.25	2
	1.56 1.61 1.66				
	PPP XO XXX				
11	Kremer, Alison	SO Boise State	J1.61m	5-03.25	2
	1.56 1.61 1.66				
	O XXO XXX				
11	Griffin, Kylie	JR Central Washington	J1.61m	5-03.25	2
	1.56 1.61 1.66				
	O XXO XXX				
13	Sowle, Kaylee	JR Washington St.	J1.61m	5-03.25	2
	1.56 1.61 1.66				
	XO XXO XXX				
14	Jozin, Annika	SO Idaho	1.56m	5-01.25	2
	1.56 1.61				
	O XXX				
14	Moore-Bastide, Macaria	FR San Francisco St.	1.56m	5-01.25	2
	1.56 1.61				
	O XXX				
14	Proudfoot, Grace	FR Oregon State	1.56m	5-01.25	1
	1.41 1.46 1.51 1.56 1.61				
	PPP PPP O O XXX				
14	Bruno, Grace	FR Eastern Washington	1.56m	5-01.25	1
	1.41 1.46 1.51 1.56 1.61				
	O O O O XXX				
14	Garza, Kassy	FR Eastern Washington	1.56m	5-01.25	1
	1.41 1.46 1.51 1.56 1.61				
	O O O O XXX				
19	Bins, Kaja	JR Fresno State	J1.56m	5-01.25	1
	1.41 1.46 1.51 1.56 1.61				
	PPP PPP O XO XXX				
20	McCarrell, Taylor	JR Eastern Oregon	1.51m	4-11.50	1
	1.41 1.46 1.51 1.56				
	PPP O O XXX				
20	Stefan, Emily	SO Boise State	1.51m	4-11.50	1
	1.41 1.46 1.51 1.56				
	O O O XXX				
20	Hathaway, Sara	JR Lewis-Clark	1.51m	4-11.50	1
	1.41 1.46 1.51 1.56				
	PPP O O XXX				
23	Carle-Parra, Sabrina	FR San Francisco St.	J1.51m	4-11.50	1
	1.41 1.46 1.51 1.56				
	O O XXO XXX				
24	Avery, Nicole	FR Western Washington	1.46m	4-09.50	1
	1.41 1.46 1.51				
	XO O XXX				
24	Marske, Sarah	JR Nevada	1.46m	4-09.50	1
	1.41 1.46 1.51				
	XO O XXX				
24	DeGroot, Ellie	FR Central Washington	1.46m	4-09.50	1
	1.41 1.46 1.51				
	XO O XXX				

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 38 Women High Jump**

27	Klein, Abby	FR Central Washington	1.41m	4-07.50	1
	1.41 1.46				
	O XXX				
--	Deters, Amity	SO Western Oregon	NH		2
	1.56				
	XXX				
--	Grandle, Lizzy	FR Eastern Oregon	NH		2
	1.56				
	XXX				
--	Bedard, Karli	JR Eastern Oregon	NH		1
	1.41 1.46				
	PPP XXX				
--	Sydnor, Tierra	JR Hawaii	NH		2
	1.56				
	XXX				

Event 39 Women Pole Vault INVITE (1)

Name	Year School	Finals
1 Ferguson, Sarah	FR Washington	4.20m 13-09.25
3.45 3.60 3.75 3.90 4.00 4.10 4.20 4.30		
PPP PPP O XO XXO O XO XXX		
2 Wilson, Avril	FR Washington	4.10m 13-05.25
3.45 3.60 3.75 3.90 4.00 4.10 4.20		
PPP PPP O O O O XXX		
3 Schultz, Savannah	SR Unattached	3.90m 12-09.50
3.45 3.60 3.75 3.90 4.00		
PPP PPP O O XXX		
3 Franklin, Sophia	Unattached	3.90m 12-09.50
3.45 3.60 3.75 3.90 4.00		
PPP O O O XXX		
5 Wong, Laurel	JR Stanford	J3.90m 12-09.50
3.45 3.60 3.75 3.90 4.00		
O XO O XXO XXX		
5 Ruff, Hally	SR Eastern Washington	J3.90m 12-09.50
3.45 3.60 3.75 3.90 4.00		
PPP XO O XXO XXX		
7 Kern, Kelly	FR Stanford	3.75m 12-03.50
3.45 3.60 3.75 3.90		
O XO O XXX		
8 Kistler, Lianne	SO Stanford	J3.75m 12-03.50
3.45 3.60 3.75 3.90		
PPP XO XO XXX		
9 Weiss, Kolby	SO Washington St.	J3.75m 12-03.50
3.45 3.60 3.75 3.90		
PPP XO XXO XXX		
10 Dolcini, Camrin	SO Nevada	3.60m 11-09.75
3.45 3.60 3.75		
PPP XO XXX		
10 Folger-Vent, Rosalie	JR Eastern Washington	3.60m 11-09.75
3.45 3.60 3.75		
O XO XXX		

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 39 Women Pole Vault INVITE (1)**

```
-- Daugherty, Lizzy          JR Seattle Pacific          NH
   3.45
   XXX
-- Tassara, Kayla           FR Seattle Pacific          NH
   3.45
   XXX
```

Event 40 Men Pole Vault INVITE (2)

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=====
Name                               Year School                               Finals
=====
```

1	Brown, Garrett	SO Stanford	5.40m	17-08.50
	4.30 4.45 4.60 4.75 4.90 5.05 5.20 5.30 5.40 5.45 5.50			
	PPP PPP PPP O O O O O XO XPP XX			
2	Manson, Max	JR Stanford	5.30m	17-04.50
	4.30 4.45 4.60 4.75 4.90 5.05 5.20 5.30 5.40			
	PPP PPP PPP PPP O O XO XO XXX			
3	Herrscher, JT	SO Stanford	5.05m	16-06.75
	4.30 4.45 4.60 4.75 4.90 5.05 5.20			
	PPP PPP PPP O O O XXX			
4	Freitag, Brayden	JR Eastern Washington	J5.05m	16-06.75
	4.30 4.45 4.60 4.75 4.90 5.05 5.20			
	PPP PPP PPP O XO O XXX			
5	Klobutcher, Zach	JR Eastern Washington	J5.05m	16-06.75
	4.30 4.45 4.60 4.75 4.90 5.05 5.20			
	PPP PPP PPP XO O XO XXX			
6	Tailin, Lucas	SO Washington St.	4.90m	16-00.75
	4.30 4.45 4.60 4.75 4.90 5.05			
	PPP PPP O O O XXX			
7	Walker, Darrian	SR Eastern Oregon	4.60m	15-01.00
	4.30 4.45 4.60 4.75			
	PPP PPP XO XXX			
8	Maughan, Zayne	SO Lewis-Clark	4.45m	14-07.25
	4.30 4.45 4.60			
	XO O XXX			
9	Syth, Peter	FR Unat-Ccc	J4.45m	14-07.25
	4.30 4.45 4.60			
	XXO O XXX			
9	Couron, Lucas	FR Eastern Washington	J4.45m	14-07.25
	4.30 4.45 4.60			
	XXO O XXX			
11	Grieshaber, John	JR Eastern Washington	4.30m	14-01.25
	4.30 4.45			
	O XXX			
--	Bowman, Brad	JR Seattle Pacific	NH	
	4.30			
	XXX			
--	Lee, Kainoa	SO Seattle Pacific	NH	
	4.30			
	XXX			

2022 Spokane Invitational - 12/10/2022**The Podium****Results****Event 41 Women Triple Jump**

Podium: 1 14.28m 2/27/2022 Keturah Orji, Mizuno							
NCAA Indoor: 2 14.57m 3/12/2022 Jasmine Moore, Florida							
Name		Year		School		Finals	H#
1	Ourega, Marie-Jeanne	SO		Academy of Art		12.26m	40-02.75 2
	11.83m 12.10m FOUL	12.15m		12.26m FOUL			
2	LyDay, Tayler	JR		Idaho		12.25m	40-02.25 2
	FOUL 12.25m 11.70m	FOUL		FOUL FOUL			
3	Milani, Maria Paz	SO		Nevada		12.17m	39-11.25 2
	FOUL 12.17m 11.96m	FOUL		FOUL 11.90m			
4	Miller, Elise	SO		Stanford		12.13m	39-09.75 2
	11.62m 12.13m 11.64m	PASS		PASS PASS			
5	Larson, Maggie	SO		Boise State		12.11m	39-08.75 2
	FOUL FOUL 11.63m 11.87m	FOUL		12.11m			
6	Oakes, Alaysia	FR		Stanford		12.07m	39-07.25 1
	11.90m FOUL 11.20m	12.07m		11.85m 11.91m			
7	Nealey, Rayven	JR		Nevada		11.98m	39-03.75 2
	11.75m 11.98m 11.76m	11.82m		11.74m 11.58m			
8	Okoh, Queen	JR		Fresno State		11.92m	39-01.25 2
	FOUL 11.92m 11.79m	FOUL		11.87m FOUL			
9	Verwasch, Sica	FR		Nevada		11.78m	38-07.75 2
	11.31m FOUL 11.78m	FOUL		11.78m FOUL			
10	Cecilio, Mattie	FR		San Francisco St.		11.49m	37-08.50 2
	11.28m 11.34m 11.49m						
11	Pace, Rachela	SO		Fresno State		11.36m	37-03.25 2
	11.35m 11.36m 11.23m						
12	Grant, Ellie	SO		Idaho		11.17m	36-07.75 1
	FOUL FOUL 11.17m						
13	Weems, Jodeci	SO		Fresno State		11.11m	36-05.50 1
	11.11m 10.74m 11.11m						
14	Cabanos, Erica	JR		Central Washington		11.00m	36-01.25 2
	10.79m 10.96m 11.00m						
15	Hardyway, Kalani	SO		Idaho		10.91m	35-09.50 1
	10.72m 10.43m 10.91m						
16	Minoletti, Isabella	FR		Nevada		10.76m	35-03.75 1
	FOUL 10.50m 10.76m						
17	Zywina, Sydnie	SO		Lewis-Clark		10.66m	34-11.75 1
	10.43m 10.66m 10.57m						
18	Smith, Dezirae	SO		San Francisco St.		10.50m	34-05.50 2
	10.49m FOUL 10.50m						
19	Moore, Tehya	FR		Central Washington		10.48m	34-04.75 1
	10.19m 10.48m 10.00m						
20	Thomson, Alexa	FR		Eastern Washington		10.41m	34-02.00 1
	FOUL 10.41m FOUL						
21	Dhar, Ojal	FR		San Francisco St.		10.33m	33-10.75 1
	10.33m 9.06m 9.33m						
22	Contreras, Evelyn	FR		San Francisco St.		10.22m	33-06.50 1
	9.65m 9.89m 10.22m						
23	Munoz, Amanda	FR		Idaho		10.13m	33-03.00 1
	FOUL 10.13m FOUL						
24	Dennison, Jeramea	JR		Multnomah		10.09m	33-01.25 1
	FOUL 9.96m 10.09m						
25	Horsley, Alexa	JR		Lewis-Clark		9.44m	30-11.75 1
	FOUL FOUL 9.44m						

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 41 Women Triple Jump**

26 Smith, Marissa SO Central Washington 9.30m 30-06.25 1
 9.30m 9.07m 9.09m

Event 42 Men Triple Jump

Podium: 1 16.88m 2/27/2022 Donald Scott, adidas						
NCAA Indoor: 2 17.40m 2/22/1985 Mike Conley, Arkansas						
Name	Year	School	Finals	H#		
1 Tshani, Mathieu	SR	Academy of Art	15.09m	49-06.25	2	
FOUL	14.71m	FOUL	FOUL	14.76m	15.09m	
2 Say, Bobby	SR	Eastern Washington	15.08m	49-05.75	2	
15.08m	FOUL	FOUL	14.60m	FOUL	FOUL	
3 Yang, Kevin	SO	Stanford	14.78m	48-06.00	2	
14.78m	14.49m	14.74m	FOUL	FOUL	14.60m	
4 Johnson, Malik	JR	Multnomah	14.64m	48-00.50	2	
14.17m	14.30m	14.64m	FOUL	FOUL	FOUL	
5 Njeri, David	SR	Seattle Pacific	14.41m	47-03.50	2	
14.41m	14.02m	FOUL	FOUL	FOUL	FOUL	
6 Nichols, Josh	SR	Boise State	14.18m	46-06.25	2	
FOUL	FOUL	14.18m	FOUL	FOUL	FOUL	
7 Johnson, Trenton	FR	Lewis-Clark	13.54m	44-05.25	1	
13.09m	FOUL	FOUL	13.54m	FOUL	13.39m	
8 Clark, Maddax	FR	Unat-Ccc	12.08m	39-07.75	1	
11.10m	11.36m	11.47m	12.08m	11.63m	11.74m	
9 Thomas, Nate	FR	Seattle Pacific	11.82m	38-09.50	1	
11.82m	10.75m	11.40m	PASS	PASS	PASS	
-- Hines, Christopher	SO	Central Washington	FOUL		2	
FOUL	FOUL	FOUL				
-- Gnacko, Yacouba	SO	Academy of Art	FOUL		2	
FOUL	FOUL	FOUL				
-- Silva, Tre	SO	Central Washington	FOUL		1	
FOUL	FOUL	FOUL				

Event 43 Men Shot Put

Podium: 1 22.51m 2/27/2022 Ryan Crouser, NIKE						
NCAA Indoor: 2 21.85m 2/13/2021 Turner Washington, Arizona State						
Name	Year	School	Finals	H#		
1 Liokumovich, Sam	JR	Stanford	17.92m	58-09.50	2	
17.32m	17.92m	17.18m	16.98m	17.42m	17.35m	
2 Grueso Mosquera, Ronald	FR	Washington St.	17.24m	56-06.75	2	
16.85m	16.82m	17.24m	FOUL	17.12m	FOUL	
3 Culbertson, Noah	SO	Idaho	16.66m	54-08.00	2	
16.66m	16.44m	16.54m	16.46m	FOUL	16.23m	
4 Fillis, Bradley	SO	Eastern Washington	16.29m	53-05.50	2	
15.07m	16.29m	16.28m	15.78m	15.47m	15.90m	
5 Gordien, Dayne	SR	Western Oregon	16.16m	53-00.25	2	
16.16m	16.01m	FOUL	FOUL	FOUL	FOUL	
6 Nett, Tanner	FR	Eastern Oregon	16.12m	52-10.75	2	
FOUL	14.75m	14.75m	15.23m	FOUL	16.12m	
7 Hottman, Caden	Unattached		14.28m	46-10.25	2	
13.26m	14.06m	12.87m	FOUL	14.28m	13.90m	

2022 Spokane Invitational - 12/10/2022**The Podium****Results****....Event 43 Men Shot Put**

8	Miller, Daniel	JR Eastern Washington	13.84m	45-05.00	2
	13.84m 13.03m 13.21m 12.64m 13.50m 13.57m				
9	Jeffries, Weston	SO Idaho	13.46m	44-02.00	2
	11.89m 13.46m FOUL 12.51m FOUL 12.58m				
10	Thomas, Reid	FR Idaho	13.40m	43-11.75	1
	13.28m 13.40m 13.27m				
11	Michaels, Brooks	FR Eastern Oregon	13.14m	43-01.50	2
	13.14m 13.08m 12.60m				
12	Campbell, Miller	SO Western Washington	12.86m	42-02.25	1
	12.86m 12.52m 12.23m				
13	Orr, Jaxson	FR Unat-Spokane CC	12.61m	41-04.50	1
	12.59m 12.61m FOUL				
14	Moore, Mason	FR Eastern Washington	12.54m	41-01.75	2
	10.77m 11.78m 12.54m				
15	Niuamoa, JJ	SO Eastern Washington	12.41m	40-08.75	1
	12.41m 11.53m FOUL				
16	Weller, Sam	FR Lewis-Clark	12.37m	40-07.00	1
	12.10m 12.37m FOUL				
17	Wylam, Joey	SO Eastern Oregon	12.27m	40-03.25	1
	12.27m FOUL 11.75m				
18	Close, Dan	FR Unat-Spokane CC	12.19m	40-00.00	1
	12.19m 11.71m 12.13m				
19	Warren, Mark	SO Western Oregon	12.09m	39-08.00	2
	12.09m FOUL FOUL				
20	Franklin, Wyatt	SO Central Washington	11.82m	38-09.50	2
	11.82m FOUL 11.53m				
21	Silva, Cody	SO Eastern Oregon	11.42m	37-05.75	1
	FOUL FOUL 11.42m				
22	Wattles, Jon	FR Lewis-Clark	11.38m	37-04.00	1
	10.95m 11.38m 10.85m				
23	Bothwell, Christian	SR Lewis-Clark	11.16m	36-07.50	1
	11.16m 10.94m 10.79m				
24	Action, Jacob	FR Unat-Spokane CC	10.50m	34-05.50	1
	10.47m 10.50m 10.33m				
25	Atencio, Jaycob	SR Lewis-Clark	10.23m	33-06.75	1
	FOUL 10.02m 10.23m				
26	Anderson, Colby	SO Eastern Oregon	10.20m	33-05.75	1
	10.20m FOUL FOUL				
27	Beltz-Childs, Tanner	FR Lewis-Clark	9.03m	29-07.50	1
	8.85m 8.91m 9.03m				
--	Church, Mark	FR Eastern Oregon	FOUL		1
	FOUL FOUL FOUL				