

Jaguar Invitational 2023 Morning Session

Time	Event	Heat	Time	Event	Heat
8:30	Girls 4 x 800 Relay	All	12:23	Girls 200m	1
8:45	Boys 4 x 800 Relay	All	12:26	Girls 200m	2
9:00	Girls 4 x 100 Relay	1	12:29	Girls 200m	3
9:05	Girls 4 x 100 Relay	2	12:32	Girls 200m	4
9:10	Boys 4 x 100 Relay	1	12:35	Boys 200m	1
9:15	Boys 4 x 100 Relay	2	12:38	Boys 200m	2
9:20	Girls 1600m	1	12:41	Boys 200m	3
9:29	Girls 1600m	2	12:44	Boys 200m	4
9:38	Boys 1600m	1	12:50	Girls 3200m	All
9:46	Boys 1600m	2	1:06	Boys 3200m	All
9:54	Girls 100 IH	1	1:20	Girls 4 x 400 Relay	1
9:57	Girls 100 IH	2	1:26	Girls 4 x 400 Relay	2
10:00	Girls 100 IH	3	1:32	Boys 4 x 400 Relay	1
10:03	Girls 100 IH	4	1:38	Boys 4 x 400 Relay	2
10:09	Boys 110 HH	1	1:46	Coed Throwers Relay	1
10:12	Boys 110 HH	2	1:50	Coed Throwers Relay	2
10:15	Boys 110 HH	3			
10:18	Boys 110 HH	4	Time	Field Events	Flight
10:24	Girls 400m	1	8:00	Girls Long Jump	1
10:28	Girls 400m	2	8:00	Girls Long Jump	2
10:32	Girls 400m	3	9:00	Girls Pole Vault	2
10:36	Girls 400m	4	9:00	Girls Pole Vault	1
10:40	Boys 400m	1	9:00	Girls Discus	1
10:44	Boys 400m	2	9:00	Girls Discus	2
10:48	Boys 400m	3	9:00	Boys Shot Put	2
10:52	Boys 400m	4	9:00	Boys Shot Put	1
10:58	Girls 100m	1	9:30	Boys High Jump	1
11:01	Girls 100m	2	9:30	Boys High Jump	2
11:04	Girls 100m	3	9:30	Boys Long Jump	1
11:07	Girls 100m	4	9:30	Boys Long Jump	2
11:10	Boys 100m	1	11:00	Girls Shot Put	1
11:13	Boys 100m	2	11:00	Girls Shot Put	2
11:17	Boys 100m	3	11:00	Boys Discus	1
11:20	Boys 100m	4	11:00	Boys Discus	2
11:26	Girls 800m	1	11:15	Girls Triple Jump	1
11:31	Girls 800m	2	11:15	Girls Triple Jump	2
11:36	Boys 800m	1	11:30	Boys Pole Vault	2
11:41	Boys 800m	2	11:30	Boys Pole Vault	1
11:47	Girls 300 LH	1	11:30	Girls High Jump	1
11:51	Girls 300 LH	2	11:30	Girls High Jump	2
11:55	Girls 300 LH	3	12:45	Boys Triple Jump	1
11:59	Girls 300 LH	4	12:45	Boys Triple Jump	2
12:05	Boys 300 IH	1			
12:09	Boys 300 IH	2			
12:13	Boys 300 IH	3			
12:17	Boys 300 IH	4			