

**2023 NWAC Multi-Event Championships - 5/1/2023 to 5/2/2023****Lane Community College****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Hill, Skotlyn SW Oregon CC SO Team Points: 10	3992	15.36 w: 1.2 (795)	1.46m 4-09.5 (577)	8.08m 26-06.25 (405)	26.78 w: 1.4 (730)	2507	4.63m NWI (461)	19.79m 64-11 (285)	2:26.36 (739)
2 Irwin, Miranda Spokane CC SO Team Points: 8	3887	16.16 w: 1.8 (695)	1.31m 4-03.5 (419)	8.49m 27-10.25 (431)	27.81 w: 1.4 (646)	2191	4.46m NWI (418)	36.09m 118-05 (592)	2:30.56 (686)
3 Nalls, Alonna Lane CC SO Team Points: 6	3810	16.35 w: 1.2 (672)	1.31m 4-03.5 (419)	9.44m 30-11.75 (493)	27.32 w: 1.4 (685)	2269	4.93m NWI (540)	32.52m 106-08 (524)	2:48.73 (477)
4 Stewart, Lulu SW Oregon CC SO Team Points: 5	3460	16.48 w: 1.2 (657)	1.49m 4-10.5 (610)	7.48m 24-06.5 (366)	26.37 w: 1.4 (765)	2398	4.73m NWI (487)	20.18m 66-02 (292)	3:09.37 (283)
5 Schoener, Saira Spokane CC FR Team Points: 4	3087	20.41 w: 1.2 (269)	1.34m 4-04.75 (449)	8.85m 29-00.5 (454)	30.33 w: 0.5 (459)	1631	4.53m NWI (436)	37.26m 122-03 (615)	2:55.80 (405)
6 Shinkle, Avery Umpqua CC FR Team Points: 3	2918	17.83 w: 1.8 (506)	1.22m 4-00 (331)	9.75m 32-00 (513)	29.32 w: 0.5 (531)	1881	4.35m NWI (391)	24.20m 79-05 (367)	3:09.80 (279)
7 Barnes, Jamira Everett CC SO Team Points: 2	2819	18.73 w: 1.8 (416)	1.40m 4-07 (512)	8.26m 27-01.25 (416)	28.92 w: 0.5 (560)	1904	3.81m NWI (265)	17.90m 58-09 (250)	2:56.34 (400)
8 Orocu, Callie Olympic College FR Team Points: 1	2707	19.83 w: 1.2 (316)	1.28m 4-02.25 (389)	6.19m 20-03.75 (283)	28.21 w: 1.4 (614)	1602	3.66m NWI (233)	15.28m 50-01 (202)	2:31.86 (670)
9 Bryson, Emma Spokane CC FR	2676	20.40 w: 1.2 (270)	1.31m 4-03.5 (419)	8.13m 26-08.25 (408)	29.66 w: 0.5 (506)	1603	4.09m NWI (329)	23.46m 77-00 (353)	2:57.31 (391)