

2023 KLAA Track and Field Championship Meet
Saturday, May 13th 2023

GENERAL INFORMATION

- HOST:** Howell High School
1200 W. Grand River Ave., Howell, MI 48843
- TEAMS:** **East:** Belleville, Churchill, Dearborn, Fordson, Franklin, John Glenn, Stevenson, Wayne Memorial
West: Brighton, Canton, Hartland, Howell, Northville, Novi, Plymouth, Salem
- PARKING/BUS:** Teams may be dropped off in the circle drive near the main entrance to the stadium or at the back of the parking lot near the softball fields. All buses will be directed to park at the baseball/softball complex across the street from the stadium. Individual vehicles may park in the stadium lot or the surrounding parking lots.
- ADMISSION:** Admission is **CASH ONLY** and will be \$5 per spectator, free for 62 and Older. KLAA Passes will not be honored.
- T-SHIRTS:** KLAA are available for purchase at the following [LINK](#).
- TEAM CHECK-IN:** Team packets will be available for pickup at the ticket booth at the main gate. Only athletes in uniform and coaches on your official roster will be admitted to the stadium. All others will be charged admission. *Wristbands for coaches will be in your boys team packet*
- TENTS:** Tents may be placed on the grass field adjacent to the throwing area or outside the South end of the stadium. **NO TENTS ARE ALLOWED INSIDE OF THE STADIUM.** *Please see Facility Diagram*
- LOCKER ROOMS:** There are no locker rooms available for team use. Restrooms are available in the stadium behind the home stands.
- FALSE TIMES:** Confirmed false times will be placed in the last position or first section without seeding consideration. The coach challenged must submit verification of times and distances prior to the day of competition.
- SEED MEETING:** This year's seed meeting will be conducted over Zoom on Thursday, May 11th at 7:00pm. Please click [HERE](#) for the Zoom link. *(Link Coming Soon)*

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ENTRIES: Each team may enter up to 1 relay and up to 4 entries per individual event (only 3 athletes may compete in individual events). All entries are to be entered in athletic.net by 11:59 pm on Wednesday, May 10th. Each school will receive a copy of the event seed/performance list via email on Thursday, May 11.

SCRATCHES: Initial scratches to 3 entries is due by 5:00pm on Friday, May 12th. If scratches are not received, your lowest seeded 4th athlete will automatically be scratched from each event.

EVENT/TIME SCHEDULE: Click here to view the [2023 MHSAA "Officials PAL" Order of Events](#) (Girls run first in 2023)

Boys Pole Vault:.....	9:30am
All Field Events:.....	10:00am
Coaches Meeting:.....	10:30 am
Preliminary Scratches due:.....	11:00am
4 x 800m Relay:.....	12:30pm
Preliminary Rounds:.....	1:00pm
(100m dash, 100/110m hurdles, 200m dash)	
Final scratches are due:.....	2:00pm
National Anthem:.....	2:45pm
Finals:.....	3:00pm

IMPLEMENT WEIGH-IN: Shot Put and Discus weigh-in will be located at the north end of the shed adjacent to the throwing area. (Inside the garage door). Weigh-in must be completed by 9:30am.

SCORING: Event Scoring: 10-8-6-5-4-3-2-1
Medals will be awarded up to 8th place for individual events and 4th place for relays

TIMING: FAT Timing will be used.
Timing Software: FinishLynx
Meet Management Software: Meet Pro

INFIELD: Only participating athletes and coaches will be allowed in the infield area. There will be a designated coach's box marked for coaches on the infield along the backstretch. This will be enforced. No tents, footballs, frisbees, and food allowed in the infield area. All other athletes and coaches must stay outside the fence surrounding the track.

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WARM-UP AREA: All warm-ups must be done outside the track area. Only athletes that have been called to check in for their event may warm up on the infield.

SCHOOL ASSIGNMENTS: Howell will supply some volunteers but please cover your respective area.

Discus.....	Dearborn (Boys) & Canton (Girls)
Shot Put.....	Belleville (Boys) & Plymouth (Girls)
Pole Vault.....	Churchill (Boys) & Salem (Girls)
High Jump.....	Fordson (Boys) & Novi (Girls)
Long Jump.....	John Glenn (Boys) & Hartland (Girls)
Hurdle Crew.....	Howell (Boys & Girls)
Lane Judges.....	Wayne & Northville (2 per school)
Exchange Zone Judges.....	Franklin, Stevenson & Brighton (2 each)

OFFICIALS:

Chris Ford.....	Head Umpire
Ed Gabrys.....	Finish Line Clerk
Steve Boyak.....	Boys Clerk
Dennis Betts.....	Boys Starter
Donald Brewer.....	Girls Clerk
Deb Karabees-Betts.....	Girls Starter
Mark Lauzon.....	Umpire

JURY OF APPEALS: Ed Gabrys, Chris Ford (*Additional coaches to be assigned at seed meeting*)

AWARDS: Will be presented at the conclusion of the last event of finals.

ATHLETIC TRAINER: We will have an athletic trainer on site throughout the day. There will be a training tent located on the field at the south end.

HOWELL CONTACTS:

Athletic Director: John Young
Phone: 517-540-8335
Email: youngj@howellschools.com

Head Track Coach: Chris Gadjev
Email: gadjevc@howellschools.com

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FIELD EVENTS

POLE VAULT:

This event will be run in rotations of "five-alive". When the number of competitors reach one more than places to be awarded (9), then raises will be 3".

Boys: 9:30 a.m.. Starting height is 8'3". First raise will be 8' 9" with 6" raises thereafter.

30 Minute Break

Girls: Starting height is 7'6". First raise will be 8'0" with 6" raises thereafter.

***Bylaws dictate that raise progressions must hit the Regional AQ, which for boys is 12'3", girls is 9'. Further discussion of opening height and raises can be discussed at the seed meeting.*

SHOT PUT:

This event will run in flights. Each flight will have three trials (2-1) in the prelims. Top 9 advance to finals in inverse order taking an additional 3 trials (1-1-1).

Girls: Start time is 10:00 a.m. Finals will begin 15 minutes after the conclusion of Prelims.

30 Minute Break

Boys: Prelims will start at the conclusion of the break.

DISCUS:

This event will run in flights. Each flight will have three trials (2-1) in the prelims. Top 9 advance to finals in inverse order taking an additional 3 trials (1-1-1).

Boys: Start time is 10:00 a.m. Finals will begin 15 minutes after the conclusion of Prelims

30 Minute Break

Girls: Prelims will start at the conclusion of the break.

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HIGH JUMP:

Only competitors will be allowed in the High Jump area. Coaches can coach their athletes outside of the flagged area.

Girls: Start time is 10:00. Starting height is 4'5". First raise will be 4'8", then 2" thereafter. This event will be run in rotations of "five-alive". When the number of competitors reaches one more than places to be awarded (9), then raises will be 1".

30 Minute Break

Boys: Starting height is 5'5". First raise will be 5'8", then 2" thereafter.

LONG JUMP:

This event will run in open order for 1.5 hours. Top 9 to finals after a 15 minute break.

Boys: Start time is 10:00 a.m. Finals will begin 15 minutes after the conclusion of prelims.

30 Minute Break

Girls: Prelims will start at the conclusion of the break. Finals will begin 15 minutes after the conclusion of prelims.