## Welcome to the Track Houston Youth Track and Field Championship Meet. Thank you for your support. All the best

 to the teams, athletes, and coaches.
## Admission

Athletes- $\$ 15.00$ *
Spectators - $\$ 15.00$ for both days and $\$ 10$ per day. *
Free-Children 5 \& under
*Please keep the wristband on for both days.

## Entry and Participation Rules

All entries and payments will be done through Athletic.net.
The deadline for entries is $11: 59 \mathrm{pm}, 5 / 30 / 2023$.
8 under thru the 11-12 Divisions can participate in three (3) events. 13-14 Division and up may participate in up to four (4) events. Athletes can only compete in one age division.

Athletes and/or clubs must be registered with USATF.
Athletes Age as of December 31, 2023, will determine age division. Birth Certificates will serve as proof of the participant's age is required.

## USATF Age Division is as follows:

8 \& Under Division (Born 2015 and younger)
9-10 Division (Born 2013-2014)
11-12 Division (Born 2011-2012)
13-14 Division (Born 2009-2010)
15-16 Division (Born 2007-2008)
17-18 Division (Born 2005-2006) *
*(Athletes who are still 18 through July 30, 2023, the last day of the USATF Junior Olympics)

## Awards

Medals will be awarded to 1st - 6th places for all events. All running events are awarded by time. Trophy for the $1^{\text {st }}$ place relay teams and medals for $1^{\text {st }}$ thru $8^{\text {th }}$ in the 100 m championship.

## Track Meet Features

- Sanctioned by the USATF
- Fully Automatic Timing by AdkinsTrak Timing
- Live and final results on Athletic.net
- Masters 100 m and 400 m
- Certified USATF Officials
- 100 m Prelim. and Championship finals for each age division


## Officials

Meet Director: William Valerie
Meet Coordinator: Donna Iles
Announcers: Chris Campbell and Krystle Iles
Starters: Rosie Cullins, Ron Nicholson, and Ramsi Taylor

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Meet Schedule Saturday, June 3, 2023
Coaches Meeting @ 8:10 AM
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Field Events (Starts promptly at 8:30 AM)
High Jump-------------------9-10, 11-12, 13-14, 15-16, 17-18
Long Jump--------------------13-14, 15-16, 17-18
Shot Put---------------------13-14, 15-16, 17-18
Discus-------------------------1112,13-14, 15-16, 17-18
Javelin (After Shot and Discus)---13-14, 15-16, 17-18
Meet Schedule Sunday, June 4, 2023
Coaches Meeting @ after Steeplechase

| Running Events (Starts promptly at 7:30 AM) |
| :---: |
| 2K Steeplechase-----------------13-14, 15-16, 17-18 |
| 1500 M Run------------------- All |
| 100 M Dash Finals-------------- Top 8 from Prelim. from Saturday |
| 100 M Dash Finals------------ Masters |
| 400 M Dash--------------------9-10, 11-12, 13-14, 15-16, 17-18 |
| 400 m Dash-------------------Masters |
| 80 M Hurdles-----------------11-12 |
| 4 X 800 M Relay----------------11-12, 13-14, 15-16, 17-18 |
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## Field Events (Starts promptly at 8:30 AM)

Long Jump------------------8 Under, 9-10, 11-12,
Mini Javelin------------------ 8 Under, 9-10, 11-12
Shot Put----------------------8 Under, 9-10, 11-12
Triple Jump-----------------13-14, 15-16, 17-18
Pole Vault-------------------13-14, 15-16, 17-18
Hammer--------------------15-16, 17-18
All field events will have 3 attempts. All jumps will have a qualifying mark. Blocks start for 13-14 and above only.

