**AFTERBURNERS YOUTH TRACK CLUB**

**TRACK MEET**

**SANCTION – USATF / Gulf Association**

**RIDGE POINT HIGH SCHOOL**

**500 Waters Lake Blvd, Missouri City, TX 77459**

**May 6, 2023**

Gates Open: 6:45 a.m.

Coaches Meeting: 7:15 a.m. (Morning Session) / 12:45 p.m. (Afternoon Session)

Meet start times: 7:30 a.m. (Morning Session) / 1:00 p.m. (Afternoon Session)

**MEET DIRECTOR:**

Ken Tennard 832-526-8399 / 713-459-9529

Abtrackclub1996@aol.com

**COACH CONTACTS:**

Ken Tennard 832-526-8399 / 713-459-9529

Norris Carter 346-333-5364

Deon Minor 713- 545-2065

Thomas Lester 281-221-0286

Al Lawson 832-859-9140

***Each team is responsible for providing hydration for their athletes during the meet and immediately following race finishes. Hydration will not be provided by the host team.***

***There will be no sharing of implements. Each athlete/team must supply their own.***

Registration opens Monday, April 10, 2023 @ 8:00 am <https://www.athletic.net/>

Registration closes Tuesday, May 2, 2023 @ 11:59 pm

**Capacity limits may apply**

**ADMISSION:** Athletes -$12.00

 Spectators -$12.00

 Children under 5 - Free

NO REFUNDS WILL BE ISSUED

There will be no day of event Add-on’s or registration.

USATF Registered/SafeSport Cleared coaches – Free

Please submit to host team @ abtrackclub1996@aol.com a screenshot of your team’s USATF Account page showing the Active Roles list no later than 11:59 pm Tuesday, May 2, 2023.

 Coach passes will be included in the team packets.

Unattached athletes will receive 1 coach band.

 Non-USATF registered teams will receive 3 Coaches bands for each 50 athletes entered.

**Spectator ticket link**: [**https://afterburnerstrackclub.ticketleap.com/afterburners-2023-track-meet/**](https://afterburnerstrackclub.ticketleap.com/afterburners-2023-track-meet/)

**Live Results:**      <https://results.adkinstrak.com/meets/22416>

**Awards Link:**     <https://awards.tf/meet/22416/events>

**AWARDS:** (by times ONLY!!)

- Medals for 1st thru 3rd place finishers

- Ribbons for 4th thru 6th place finishers

**DIVISIONS:** 8 & Under -2015 & Athletes turning 7 in 2023

*Ages as of* 9/10 -2014 - 2013

*Dec 31, 2023* 11/12 -2012 - 2011

 13/14 -2010 - 2009

 15/16 -2008 - 2007

 17/18 -2006 - 2005

12 & Under permitted in 3 events / 13 & Up permitted in up to 4 events

*Athletes, Coaches, Officials, Spectators, Vendors and Volunteers are attending or participating in this track meet at your own risk. The Afterburners Youth Track Club and USATF assume no liability for COVID-19 related cases or other injuries.*

**FAT Timing by Adkins Trak Timing Associates, Inc.**

**Results.adkinstrak.com**

**ORDER OF EVENTS**

**Rolling Schedule**

***Youngest to Oldest***

**MORNING SESSION – 7:30 a.m. 11/12 AND UNDER**

-Sprint Medley Relay *(100, 100, 200, 400)* - 8 & Under, 9/10, 11/12

-1500 Meter Racewalk - 9/10 & 11/12

-100 Meter Run - 8 & Under

-400 Meter Run - 9/10 & 11/12

-800 Meter Run - 9/10 & 11/12

-4 x 100 Meter Relay - 8 & Under, 9/10, 11/12

-4 x 100 Meter Relay - Parents/Coaches

-1500 Meter Run - 9/10 & 11/12

-4 x 400 Meter Relay - 8 & Under, 9/10, 11/12

**FIELD EVENTS – 7:30 a.m.**

Long Jump -8 & Under, 9/10, 11/12

Shot Put -8 & Under, 9/10, 11/12

Javelin -8 & Under, 9/10, 11/12

Discus -11/12

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**AFTERNOON SESSION – 1:00 p.m. 13/14 and UP**

-Sprint Medley Relay *(200, 200, 400, 800)* - 13/14 & Up

-3000 Meter Run - 13/14 & Up

-3000 Meter Racewalk - 13/14 & Up

-400 Meter Run - 13/14 & Up

-200 Meter Run - 13/14 & Up

------------------------------------------------15 Min ***BREAK (time permitting)*** ---------------------------------------------------------

-4 x 100 Meter Relay - 13/14 & Up

-1500 Meter Run - 13/14 & Up

-4 x 400 Meter Relay - 13/14 & Up

**FIELD EVENTS – 1:00 p.m.**

Long Jump -13/14 & Up

Shot Put -13/14 & Up

Javelin -13/14 & Up

Discus -13/14 & Up

**SIGNATURE CUSTOM MEDALS AWARDED FOR 1ST, 2ND & 3RD PLACE WINNERS**



**Parents will not be permitted on the field**

Team Tent set ups in designated areas only

LIMITED CONCESSION STAND ITEMS

*FOOD TRUCKS AVAILABLE ONSITE*