

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Event 1 Girls 3200 Meter Run Invite (21)

Saturday 3/9/2024 - 10:00 AM

Meet Record: 10:46.54 2003 Claire Rethmeier

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Williams, Jaelyn	10	Eastlake	10:11.01
2	Aguirre, Hannah	11	Patrick Henr	10:52.89
3	Biddle, Riley	9	Rancho Berna	11:13.50
4	Enyedi, Lilah	10	Del Norte	11:17.53
5	Ramos, Isabella	10	Point Loma	11:32.89
6	Peacher, Lauren	12	Vista	11:43.23
7	Lorenz, Madison	12	Rancho Berna	11:49.31
8	Arce, Suhey	12	Grossmont	11:53.30
9	Eudy, Paige	9	Point Loma	11:55.36
10	Witt, Nicole	10	Point Loma	11:55.74
11	Kirkegaard, Amelia	11	Patrick Henr	11:56.68
12	Coleman, Shelby	11	Steele Canyo	11:57.84
13	Lara, Isabel	10	Olympian	12:00.00
14	Judd, Olivia	12	Poway	12:00.62
15	Lagiseti, Samhita	10	Del Norte	12:01.74
16	Andrews, Emmy	12	Carlsbad	12:13.12
17	Welton, Sofia	11	Westview	12:14.61
18	Casalins-DeBoskey, Cassandr	9	Patrick Henr	12:20.00
19	Hart, Kelsi	12	Classical Ac	12:20.00
20	Juza, Mackenzie	11	Poway	12:29.25
21	Li, Madison	10	Poway	12:29.57

Event 2 Girls 4x100 Meter Relay Varsity (24)

Saturday 3/9/2024 - 10:15 AM

Meet Record: 48.41 2014 Great Oak

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	Mount Miguel	A	58.09
	1) Fulcher, Zoey 9	2) Reyna, Kenzie 12	
	3) Mahaney, Skyy 12	4) Chrisp, Ma'liyah 9	
	5) Cook-Weaver, Kanay'Jah 12	6) Chapman, Jadah 12	
2	Patrick Henr	A	57.00
	1) Arzaga, Elena 11	2) Hill, Adlen 12	
	3) Cavazos, Macy 10	4) Smith, Honey 9	
	5) Spate, Elyssa 11	6) Reardon, Tabitha 11	
3	Poway	A	55.48
	1) Carpenter, Courtney 12	2) Hansen, Audrey 9	
	3) Hughes, Delaney 9	4) Vermilyea, Hailey 11	
	5) Nicholas, Dylan-Marie 9		
4	Santana	A	53.46
	1) Johnson, Lanie 12	2) Acevedo, Corrina 9	
	3) Bressler, Kristen 12	4) Fields, Jayden 11	
	5) Hixson, Danielle 11	6) Glider, Brooklynn 9	
5	Valley Cente	A	54.15
	1) Moore, Dana 11	2) Brown, Alexa 12	
	3) Hawranik, Grace 11	4) Gonzalez, Genesis 12	
	5) Contreras, Roxana 12	6) Boleda, Charlotte 10	
6	Ramona	A	55.81
	1) King, Kynzie 9	2) Lawless, Lily 9	
	3) Pierre, Krystian 9	4) Brown, Tayler 9	
	5) King, Peyton 10		
7	El Cajon Val	A	57.44
	1) Thomas, Sa'Mari 9	2) King, Serenity 9	
	3) Macias, Christiana 12	4) Beasley, Shamyia 11	
	5) Butts, Saianna 11	6) Lawrence, Deja 10	
8	Vista	A	NT
	1) Castellanos, Lola 10	2) Larkin, Kyla 10	
	3) Burton, Sarah 12	4) Maldonado, Shelby 12	
	5) Medina, Jocelyn 12		

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Section 2 of 3 Finals...(Event 2 Girls 4x100 Meter Relay Varsity (24))

1	Grossmont	A	53.09	_____
	1) Dilgard, Elizabeth 12		2) Medowell, Evin 11	
	3) Thomas, Gabrielle 10		4) Balistreri, Guliana 12	
	5) Hernandez Soberano, Emma 9		6) Avila, Madyson 11	
2	Mira Mesa	A	52.30	_____
	1) Sarabia, Analeah 12		2) Sanders, Liliana 11	
	3) Holloway, Suraya 11		4) Reed, Hannah 11	
3	San Dieguito	A	51.22	_____
	1) Pullman, Mia 10		2) Renison, Carly 11	
	3) Howard, Makena 10		4) McFadden, Rowan 10	
4	Olympian	A	50.76	_____
	1) Morales, Brianne 12		2) Rodriguez, Sarai 11	
	3) Murphy, Sari 11		4) Tibayan, Aubrey 10	
	5) Hawkins, Gabrielle 11		6) Martin, Alyssa 10	
5	Mt Carmel	A	50.92	_____
	1) Desmond, Issa 10		2) Cassell, Giselle 12	
	3) Lake, Kassa 12		4) Ruskovich, Tianna 12	
6	Martin Luthe	A	51.73	_____
	1) Davis, Paige 11		2) Rudolph, Naomi 10	
	3) Lochard, Amaya 10		4) Richardson, Aaliyah 10	
7	Santa Fe Chr	A	52.83	_____
	1) Bautista, Sofia 11		2) Mercer, Scarlett 10	
	3) Kowalchek, Kira 10		4) Briggs, Kathryn 11	
	5) Starck, Kylee 11		6) Moore, Yasmina 10	
8	Granite Hill	A	53.32	_____
	1) Bramley, Mackenzie 12		2) Tucker, Madeline 9	
	3) Mowrey, Gwen 9		4) Spencer, Brooklynn 9	
	5) O'Neal, Kalista 11		6) Smith, Shaniyah 11	

Section 3 of 3 Finals

1	Madison	A	50.24	_____
	1) Jimerson, Brielle 12		2) Ndiaye, Souckeye 10	
	3) Herriott-Campos, Nayomi 12		4) Shaheed, Amirah 12	
	5) Alan, Destinee 9			
2	Carlsbad	A	49.50	_____
	1) Jayanthi, Susmitha 11		2) Cliff, Charlotte 11	
	3) Herrera, Jillian 11		4) Herbst, Morgan 11	
3	Helix	A	48.88	_____
	1) Broussard, Asia 10		2) Burton, Chanel 12	
	3) Swift, Shaelynn 11		4) Allen, Laraigh 12	
4	Steele Canyo	A	47.50	_____
	1) Allison, Evie 9		2) Barclay, Ily 10	
	3) Dickens, Brionna 12		4) Burkhardt, Nicoletta 12	
	5) Fuller, Kailey 10		6) Ewing, Kaliani 10	
5	Vista Murrie	A	48.77	_____
	1) Alumbres, Alyssa 12		2) Spencer, Jaylen 12	
	3) Robinson, Kaila 12		4) Bryant-Collier, Destiny 12	
6	Kearny	A	49.04	_____
	1) Henriquez, Abigail 12		2) Russ-Wheeler, Jayda 12	
	3) Neugent, Malone 9		4) Jones, JadyN 11	
7	Point Loma	A	50.13	_____
	1) Fernandez, Alexa 11		2) Frey, Hannah 10	
	3) Wotursky, Mallory 11		4) Frichtel, Jenna 10	
	5) Rosas, Sophia 11			
8	Westview	A	50.25	_____
	1) Hooshmand, Ava 11		2) Jensen, Avery 10	
	3) Foster, Morghan 11		4) Ratermann, Macy 11	
	5) Lee, Kiana 9		6) Thompson, Nia 11	

Alternates

1	School for Entrepreneurship	A	NT	_____
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Event 3 Boys 4x100 Meter Relay Varsity (27)

Saturday 3/9/2024 - 10:31 AM

Meet Record: 41.87 2014 Great Oak

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>_____</u>
Section 1 of 4 Finals				
3	School for E	A	NT	_____
	1) Corpuz, Kail 10		2) Repkin, Sasha 10	
	3) Lewis, Robert 10		4) Kane, Jonah 10	
	5) Strahm, Austin 12		6) Baldosano, Maite 10	
4	Valhalla	A	46.08	_____
	1) Alhamdi, Yousif 10		2) Doctor, Brandon 12	
	3) Cruz, Jaylen 12		4) Ghazialam, Arsalan 12	
5	San Dieguito	A	46.80	_____
	1) Shiels, Ruairi 10		2) Adami, Evan 12	
	3) Prior, Jack 10		4) Evans, Wyatt 10	
	5) Ross, William 10		6) Wood, Benjamin	

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Section 2 of 4 Finals...(Event 3 Boys 4x100 Meter Relay Varsity (27))

1	Santa Fe Chr	A	45.80	_____
	1) Ellis, Tyler 11			
	2) McGriff, Will 11			
	3) Olah, Kevin 12			
	4) Husmann, Joshua 10			
2	Steele Canyo	A	45.50	_____
	1) Wilson, Josiah 12			
	2) Azevedo, Jacob 12			
	3) Purvis, Isaiah 12			
	4) Jara, Nico 10			
	5) Sicat, Micah 12			
	6) Haisch, Austin 11			
3	Patrick Henr	A	45.14	_____
	1) Patterson, Robbie 11			
	2) McBride, Derek 12			
	3) Gutierrez, Xiaris 11			
	4) Reardon, Raheim 11			
	5) George, Akwaeno 10			
	6) Jordan, Michael 12			
4	Mount Miguel	A	45.12	_____
	1) McGowan, Davian 12			
	2) Jones, Vincent 12			
	3) Gross, James 10			
	4) Williams, Delontay 9			
	5) Phillips, Sha-Hei 11			
	6) Rottier Johnson, Zane 10			
5	Ramona	A	45.13	_____
	1) Enriquez, Adrian 12			
	2) Patenaude, Kyle 12			
	3) Kassab, Jamil k 12			
	4) Montero MartÃ-n, Zoilo 10			
	5) Grajeda, Ethan 11			
6	El Cajon Val	A	45.43	_____
	1) Middleton, Jay 11			
	2) Dixon, Paris 12			
	3) Oliverez, Carlos 11			
	4) Daraji, Wisam 12			
	5) Dubose, Darick 12			
7	Poway	A	45.60	_____
	1) Houston, Logan 11			
	2) Davy, Jack 11			
	3) Hawkins, Will 10			
	4) Alsop, Tyler 12			
	5) Ellis, Cole 12			
8	Valley Cente	A	45.99	_____
	1) Natale, Matteo 11			
	2) Cathers, Ryan 12			
	3) Maces, Manuel 11			
	4) Bender, Ezekiel 11			
	5) Natale, Alexander 10			

Section 3 of 4 Finals

1	Eastlake	A	44.86	_____
	1) Albano, Landon 11			
	2) Bush, Damien 12			
	3) Reavis, Anthony 11			
	4) Cross, Micah 11			
2	Grossmont	A	44.63	_____
	1) Riley, Amari 11			
	2) Suarez Morales, Leniel 11			
	3) Patterson, Aron 11			
	4) Trotter, Lovones 9			
	5) Ethridge, Daniel 11			
	6) Tomala, Stephen 12			
3	Mt Carmel	A	44.43	_____
	1) Beato, Jun 12			
	2) Caulfield, Harrison 11			
	3) Barrus, Bryce 11			
	4) Slaughter, David 11			
	5) Tucker, Jack 12			
4	Olympian	A	44.00	_____
	1) Roberts, Ethan 12			
	2) Cadriel, Andrew 12			
	3) Zabayle, Sean 10			
	4) Anderson, Tristan 12			
	5) Lujan, Chase 10			
	6) Castro, Caleb 12			
5	Granite Hill	A	44.33	_____
	1) Zander, Joshua 12			
	2) Puffinburger, Noah 12			
	3) Williams, Davion 9			
	4) Maddox, Nokoi 12			
	5) Turner, Maxwell 11			
	6) Runkle, Kaleb 9			
6	Kearny	A	44.54	_____
	1) Teodoro-Mackey, Lorenzo 11			
	2) McClew, Caleb 12			
	3) Gravely, Zaiden 10			
	4) Enriquez, Carlos 11			
	5) Thomas, Charles 12			
7	Madison	A	44.84	_____
	1) Susos, Mark 12			
	2) Hampton II, Lorne 9			
	3) Scott, Jallen 9			
	4) Jones, Jereil 11			
	5) Norton, Malcom 12			
	6) Parenteau, Ryley 11			
8	Martin Luthe	A	45.00	_____
	1) Petrick, Michael 12			
	2) Stewart, Malachi 11			
	3) Fincher, Kevin 10			
	4) George, Robert 12			

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Section 4 of 4 Finals...(Event 3 Boys 4x100 Meter Relay Varsity (27))

1	Carlsbad	A	43.75	_____
	1) Siegel, Jack 11			
	3) Dahlan, Cole 9			
	5) Ivey, Damon 12			
2	Santana	A	43.54	_____
	1) Esoo, Maddox 10			
	3) Hallman, Kaedyn 11			
	5) Thomas, Ryder 10			
3	Helix	A	43.14	_____
	1) Burston, Laurence 11			
	3) Harris, Harlem 11			
	5) Allen, Kevin 12			
4	Rancho Berna	A	42.80	_____
	1) Christensen, Silas 10			
	3) Clark, Levi 11			
	5) Foster, Jahiem 11			
5	Del Norte	A	43.14	_____
	1) Remigio, Ryan 11			
	3) Warren, Jake 12			
	5) Heintz, Oliver 12			
6	Morse	A	43.40	_____
	1) Holloway, Jonah 10			
	3) Frazier, Jayden 12			
7	Vista Murrie	A	43.56	_____
	1) Jones, Adrian 11			
	3) Coats, Connor 12			
8	Mira Mesa	A	43.96	_____
	1) Castillo, Nathaniel 11			
	3) Cato, Elijah 11			

Event 4 Boys 3200 Meter Run Invite (20)

Saturday 3/9/2024 - 10:47 AM
Meet Record: 8:59.68 2011 Chris Brewer

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	
Section 1 of 1 Finals					
1	Luecht, Camden	11	Rancho Berna	9:26.44	_____
2	Rickert, Jonas	12	Torrey Pines	9:28.33	_____
3	Evans, Cain	12	Carlsbad	9:32.14	_____
4	Bourgeois, York	12	Francis Park	9:33.19	_____
5	Craig, Lyon	11	Health Scien	9:35.00	_____
6	Senn, Micah	11	Steele Canyo	9:47.64	_____
7	Buentello, Luke	12	Vista	9:49.30	_____
8	Borin, Spencer	12	Torrey Pines	9:52.16	_____
9	Jin, Luke	11	Del Norte	9:53.38	_____
10	Schaller, Max	12	Rancho Berna	9:55.00	_____
11	Casillas, Miguel	11	Steele Canyo	9:56.89	_____
12	Kelly, Maximus	11	Point Loma	9:59.25	_____
13	McDevitt, Parker	10	Westview	10:02.05	_____
14	Ramirez, Jose	11	Rancho Berna	10:05.94	_____
15	Brislin, Mason	11	Carlsbad	10:06.30	_____
16	Feiler, Toby	12	Point Loma	10:08.09	_____
17	Davis, Quinn	11	Del Norte	10:09.30	_____
18	Hannaman, Rowan	11	Westview	10:10.06	_____
19	Joseph, Tyus	10	Helix	10:10.46	_____
20	Reyes, Loan	11	Grossmont	10:10.70	_____

Event 5 Girls 100 Meter Hurdles Varsity (16)

Saturday 3/9/2024 - 11:10 AM
Meet Record: 15.06 2004 Laiah Blue

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	
Section 1 of 2 Finals					
1	Jones, Emilee	12	Rancho Berna	17.46	_____
2	Patrick, Danielle	11	Vista Murrie	17.43	_____
3	Grigg, Geneva	10	Helix	17.18	_____
4	Sommer, Ella	11	Poway	16.54	_____
5	Pressley, Kameron	11	Vista Murrie	16.79	_____
6	Herriott-Campos, Nayomi	12	Madison	17.23	_____
7	Memmel, Lily	11	Ramona	17.43	_____
8	Moore, Dana	11	Valley Cente	17.54	_____
Section 2 of 2 Finals					
1	Jones, Jady	11	Kearny	16.46	_____
2	Allison, Evie	9	Steele Canyo	16.26	_____
3	Svendsen, Haley	11	Liberty Char	16.18	_____
4	Cook, Lillian	12	Steele Canyo	14.92	_____
5	Robinson, Isabella	12	Eastlake	15.51	_____
6	Kennedy, Jane	11	Westview	16.24	_____
7	Thomas, Gabrielle	10	Grossmont	16.42	_____
8	Gates, Karolina	11	Point Loma	16.47	_____
Alternates					
1	Sims, Isabel	10	San Dieguito	17.66	_____
2	Coleman, Chloe	11	Mt Carmel	17.67	_____
3	Cunningham, Isa	9	Westview	17.87	_____
4	Gray, Toni	12	Olympian	17.88	_____
5	Arzaga, Elena	11	Patrick Henr	17.94	_____

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Alternates...(Event 5 Girls 100 Meter Hurdles Varsity)

6 Fairman, Makayla 12 Steele Canyo 18.02

Event 6 Boys 110 Meter Hurdles Varsity (16)

Saturday 3/9/2024 - 11:27 AM

Meet Record: 14.16 2011 Jacob Hare

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Munoz, Evan	12	Granite Hill	16.60
2	Mckee, Jaden	12	Martin Luthe	16.44
3	Altamirano, Wolfe	11	Rancho Berna	15.95
4	Vargas, Aidan	12	Mt Carmel	15.81
5	Linck, Nathan	12	Eastlake	15.89
6	Phillips, Dean	12	Del Norte	16.40
7	Dawson, Isaiah	12	Vista Murrie	16.45
8	Griffiths, Kohner	11	Olympian	16.74

Section 2 of 2 Finals

1	McFarlane, Callum	10	Carlsbad	15.54
2	Yakubisin, Luke	11	Westview	15.25
3	Biffle, Jonathan	12	El Capitan	15.01
4	Moore, Julian	12	Vista Murrie	14.87
5	Cappello, Christopher	12	Rancho Berna	14.94
6	Bryant, Sterling	11	Ramona	15.13
7	Wong, Stephen	11	Rancho Berna	15.37
8	Wilkins, Roosevelt	12	Vista Murrie	15.73

Alternates

1	Sanchez-Cordova, Gerard	12	Olympian	16.78
2	Daraji, Wisam	12	El Cajon Val	16.81
3	Zarick, Gavin	11	Granite Hill	16.87
4	Renteria, Robert	10	San Pasqual	16.88
5	Pinedo, Joaquin	12	Olympian	17.06
6	Draher, Joshua	12	Carlsbad	17.15

Event 7 Girls 4x800 Meter Relay Varsity (25)

Saturday 3/9/2024 - 11:45 AM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Scripps Ranc	A	9:41.00
	1) Kim, Jada 10	2) Cannon, Ellie 9	
	3) Van Duren, Ally 11	4) Martin, Riley 9	
	5) Van Der Zwart, Eva 10		
2	Point Loma	A	10:20.00
	1) Carroll, McKenna 10	2) Ramos, Isabella 10	
	3) Eudy, Paige 9	4) Lopic, Katherine 12	
	5) Russell, Colby 10	6) Brown, Sienna 10	
3	Rancho Berna	A	10:25.00
	1) Baccei, Sophia 10	2) Castro, Jasmyne 12	
	3) Lorenz, Emily 9	4) Chammas, Charlize 10	
	5) Cannon, Meadow 11	6) Hendrickson, Kate 11	
4	Mt Carmel	A	10:28.04
	1) Bell, Veronica 10	2) Everts, Lieke 11	
	3) Espinoza, Olivia 12	4) Campos, Olivia 10	
	5) Holland, Elise 12		
5	Mira Mesa	A	10:50.00
	1) Gabriel, Adelia 11	2) Bernabe, Gheeriel 10	
	3) Mitchell, Samantha 10	4) Hixon, Vianne 11	
	5) Comia, Celine 10		
6	El Capitan	A	11:00.00
	1) Montes, Ashlynn 10	2) Dixon, Camiele 10	
	3) Lottermoser, Cora 9	4) Dixon, Berlin 10	
	5) Schneider, Natalie 9		
7	Rancho Berna	B	11:00.00
	1) Anderson, Renae 12	2) Grant, Anna 10	
	3) Style, Kaelyn 12	4) Dangio, Livia 10	
	5) Baccei, Marin 12	6) Kakar, Anvi 11	
8	Grossmont	A	11:05.00
	1) Arce, Suhey 12	2) Ornelas, Abigail 11	
	3) Sykes, Lily 10	4) Telliard, Jane 9	
	5) Georggin, Panagiota 10	6) Goulette, McKensi 10	
9	Vista	A	11:06.23
	1) Larimore, Olivia 11	2) Rilea, Olivia 10	
	3) Sanchez, Elena 9	4) Peacher, Lauren 12	
	5) Chavez, Tania 10	6) Sanchez, Melina 10	
10	Patrick Henr	A	11:30.00
	1) Kirkegaard, Amelia 11	2) Nevius, Hannah 11	
	3) Cruz, Eva 10	4) Belflower, Jillian 12	
11	Olympian	A	11:32.00
	1) Rich, Greyson 9	2) Alaman, Alyssa 11	
	3) Bravo, Daniela 12	4) Perez, Syvette 10	
	5) Meza Campos, Jessica 10		
12	Granite Hill	A	11:45.00
	1) Hamilton, Keona 10	2) Campos, Denise 10	
	3) Harris, Jaslynn 10	4) Bueno, Mia 10	
	5) Recourt, Nadia 10	6) Patlan, Halia 10	
13	Patrick Henr	B	12:00.00
	1) Molina, Fatima 11	2) Sutera, India 9	
	3) Casalins-DeBoskey, Eva 9	4) Casalins-DeBoskey, Cassandra 9	
	5) Lodge, Kimberly 11	6) Vance, Sonya 9	
14	Olympian	B	13:09.00
	1) Ingram, Anette 9	2) Uzarraga, Leilani 9	
	3) Vasquez, Mya 9	4) Snyder, Gabriela 10	
	5) Herrera, Christina 10	6) Cota, Mitzi 9	

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Section 1 of 1 Finals

15	Scripps Ranc	B	NT	_____
	1) Warner, Tayler 11		2) Stoughton, Tiffany 12	
	3) Kirchoff, Anya 10		4) Hanks, Madeline 11	
	5) Schatz, Talia 9		6) Abdin, Sarah 9	
16	Kearny	A	NT	_____
	1) Avila, Sofia 9		2) Tovar, Yarixa 9	
	3) Herring, Vonnae 11		4) Hernandez Sanchez, Michelle 12	
17	Steele Canyo	A	NT	_____
	1) Coleman, Shelby 11		2) Coleman, Kylie 10	
	3) Lopez, Dania 11		4) Ferrez, Danica 10	
18	Eastlake	A	NT	_____
	1) Blanco, Sienna 12		2) Prado-Tamayo, Andrea 10	
	3) Cruz, Charlize 9		4) Kitamura, Solana 10	
19	Westview	A	NT	_____
	1) Leventhal, Laurel 9		2) Nava, Kamila 11	
	3) Long, Charlotte 10		4) Yasuda, Sonya 10	
	5) Alvarez, Sofia 9		6) Arciaga, Kaitlyn 11	
20	Valley Cente	A	NT	_____
	1) Guachino, Jasmina 10		2) Allen, Natalie 12	
	3) Giron, Emily 10		4) Castanon, Summer 12	
21	Steele Canyo	B	NT	_____
	1) Schaefer, Allyson 9		2) Gomez, Martha 9	
	3) Lopez, Isabel 11		4) Rodriguez, Vanessa 11	
22	Classical Ac	A	NT	_____
	1) Ashton, Allyson 11		2) Falk, Haven 9	
	3) Alioto, Elara 10		4) Gililland, Julia 9	
	5) Grisnik, Kyoto 9		6) Davenport, Olivia 10	
23	Santana	A	NT	_____
	1) Glider, Brooklynn 9		2) Oliver, Lacey 12	
	3) MacPherson, Ariel 9		4) Calnon, Ali 10	
	5) Parson, Madison 9			
24	Valhalla	A	NT	_____
	1) Perry, Alana 12		2) Balladeres, Mia 10	
	3) Moltke, Jenna 11		4) Haas, Kayla 12	
25	Ramona	A	NT	_____
	1) Cain-Robersshaw, Ashlee 10		2) Beals, Katie 11	
	3) Petersen, Nicole 11		4) Solt, Charlize 11	
	5) Accardi, Isabella 10		6) Luna, Tihensuhe 11	

Event 8 Boys 4x800 Meter Relay Varsity (23)

Saturday 3/9/2024 - 12:04 PM

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>_____</u>
Section 1 of 1 Finals				
1	Steele Canyo	A	8:15.00	_____
	1) Senn, Micah 11		2) Magoffin, Alec 11	
	3) Casillas, Miguel 11		4) Griffiths, Dashiell 11	
2	Poway	A	8:18.41	_____
	1) Castleberry, Cooper 10		2) Vranish, Jack 11	
	3) Shah, Kamran 11		4) Tovey, Larry 12	
	5) Kim, Rory 12			
3	Point Loma	A	8:20.00	_____
	1) Xavier, Gabriel 11		2) Snider, Noah 12	
	3) Kelly, Maximus 11		4) Feiler, Toby 12	
	5) Turner, Jonah 9		6) Palmer, Sebastian 12	
4	El Capitan	A	8:30.00	_____
	1) Boinus, Austin 12		2) Dotson, Gabriel 11	
	3) Redman, Noah 10		4) Calvert, Austin 12	
	5) Morence, Dean 10		6) Webb, Jonathan 11	
5	Helix	A	8:33.57	_____
	1) Freshley, Alex 12		2) Towne, Dylan 12	
	3) Nickerson, Joel 11		4) Rodriguez, Isai 11	
	5) Unis, Dylan 9		6) Freshley, Adam 12	
6	Del Norte	A	8:35.00	_____
	1) Yarbrough, Cameron 10		2) Butler, Finn 10	
	3) Glaser, Alexander 9		4) Owlsey, Ben 10	
	5) Aparri, Evan 12		6) Chang, Sean 11	
7	Mira Mesa	A	8:40.00	_____
	1) Chiu, Bennett 12		2) DeGraziano, Peter 11	
	3) Dela Cruz, Theo 11		4) Johnson, Brevan 12	
	5) Zelaya, Xavier 12		6) Lam, Trevor 12	
8	Olympian	A	8:40.00	_____
	1) Gainer, Andrew 11		2) Cuellar, Isaac 11	
	3) Gensler, Memphis 10		4) Ortiz, Jesus 10	
	5) Kaneko, Sho 11		6) Gutierrez, Joaquin 12	
9	Vista	A	8:44.15	_____
	1) Cruz, Jarett 11		2) Villegas, Isayah 11	
	3) Sanchez, Carlos 9		4) Schmid, Zach 12	
	5) Bello, Giovanni 10		6) Hyde, Caiden 11	
10	Rancho Berna	A	8:45.00	_____
	1) Moffit, Jayden 10		2) Liu, William 10	
	3) Schaller, Max 12		4) Morga, Michael 9	
	5) Ramirez, Jose 11			
11	Olympian	B	8:45.00	_____
	1) Campbell, Andrew 12		2) Hastings, Tristan 10	
	3) Gonzalez, Carlos 9		4) Degenhardt, Jack 10	
	5) Camargo, Owen 12		6) Lopez-Rios, Alexander 11	
12	Steele Canyo	B	8:50.00	_____
	1) Agostino, Nicolai 9		2) Stevens, Matthew 9	
	3) Lopez, Michael 9		4) Mora, Fisher 9	
13	Scripps Ranc	A	8:52.90	_____
	1) Randolph, Marley 12		2) Krachon, Nate 12	
	3) Martin, Markell 11		4) Barajas, Luke 12	
	5) Stadtherr, Ryan 11			
14	Patrick Henr	A	9:09.00	_____
	1) Avila, Dominic 10		2) Moya, Isaac 11	
	3) Corlew, Joseph 10		4) Wilcox, Beckett 11	
15	Rancho Berna	B	9:10.00	_____
	1) Yip, Daniel 10		2) Alemi, Zain 10	

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Section 1 of 1 Finals

16	Grossmont	A	9:17.31	_____
	1) Morales, Noah 9			
	2) Benrud, Paul 10			
	3) Naranjo, Luis 9			
	5) Rivera, Diego 11			
17	Granite Hill	A	9:45.00	_____
	1) Carrillo, Orlando 11			
	3) Neibert, Anson 9			
	5) Lam, Vinh 10			
18	Patrick Henr	B	9:53.00	_____
	1) Savvides, Alexios 12			
	3) Fallon, David 10			
	5) Smith, Elijah 9			
19	Kearny	A	10:30.00	_____
	1) Milholland, Erik 10			
	3) Harvey, Aiden 10			
20	Kearny	B	11:20.00	_____
	1) Meza, Nicholas 10			
	3) Reeves-Shoaf, Mathieu 10			
21	Santana	A	NT	_____
	1) McDonald, Trevor 12			
	3) Ramos, Ralph 12			
	5) Beltran, Abel 11			
22	Eastlake	A	NT	_____
	1) Peraza, Dylan 11			
	3) Winn, Jalen 9			
23	Ramona	A	NT	_____
	1) Roed, Robert 9			
	3) Nelson, Connor 11			
	5) George, William 10			
	4) Mizui, Naoya 11			
	2) Edwards, Jonah 11			
	4) Reyes, Loan 11			
	6) Trillas, Alejandro 10			
	2) Pimentel, Joaquin 11			
	4) Digenan, Jack 9			
	6) Cruz, Sergio 12			
	2) Olson, Samuel 11			
	4) Nguyen, Nathan 10			
	6) McNeil, Adam 9			
	2) Durant, DJ 11			
	4) Kamari, Jacob 12			
	2) Lindbeck, Jason 11			
	4) Romayor, Damien 10			
	2) Smith, Wyatt 10			
	4) La Bruno, Vincent 12			
	2) Esquer, Franco 12			
	4) Navarrete Ocampo, Diego 12			
	2) Ethington, Marc 9			
	4) Shelton, Jackson 11			
	6) Mesa, George 10			

5	Jayanthi, Susmitha	11	Carlsbad	12.85
6	Cliff, Charlotte	11	Carlsbad	12.85

Event 10 Boys 100 Meter Dash Invite (16)

Saturday 3/9/2024 - 12:34 PM

Meet Record: 10.75 2011 Jared Pickering

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Cruz, O'Neil	12	Santana	11.24	_____
2	Reardon, Raheim	11	Patrick Henr	11.22	_____
3	Sanders, Amari	11	Mira Mesa	11.18	_____
4	Warren, Jake	12	Del Norte	11.14	_____
5	Crews, Austin	10	Francis Park	11.17	_____
6	Christensen, Silas	10	Rancho Berna	11.18	_____
7	Twyman, Caleb	11	Mira Mesa	11.24	_____
8	Abawi, Brice	10	Rancho Berna	11.27	_____

Section 2 of 2 Finals

1	Henry, Logan	12	El Capitan	11.08	_____
2	Jones, Adrian	11	Vista Murrie	11.07	_____
3	Burston, Laurence	11	Helix	11.06	_____
4	Maddox, Nokoi	12	Granite Hill	11.05	_____
5	Natale, Matteo	11	Valley Cente	11.06	_____
6	Fisher, Terrick	12	Rancho Berna	11.06	_____
7	Saint Paul, Jalen	12	Carlsbad	11.07	_____
8	Valenzuela, Michael	12	Santana	11.14	_____

Event 9 Girls 100 Meter Dash Invite (16)

Saturday 3/9/2024 - 12:22 PM

Meet Record: 11.66 2016 Susie Acolatse

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Robinson, Kaila	12	Vista Murrie	12.70	_____
2	Howard, Makena	10	San Dieguito	12.60	_____
3	Lofgran, Kassie	11	El Capitan	12.51	_____
4	Broussard, Asia	10	Helix	12.39	_____
5	Renison, Carly	11	San Dieguito	12.39	_____
6	Morgan, Shea	12	Fallbrook	12.55	_____
7	Gross, Zoe	10	Del Norte	12.70	_____
8	Owen, Camille	12	Valhalla	12.74	_____

Section 2 of 2 Finals

1	Burton, Chanel	12	Helix	12.35	_____
2	Dickens, Brionna	12	Steele Canyo	12.27	_____
3	Ruskovich, Tianna	12	Mt Carmel	12.12	_____
4	Shaheed, Amirah	12	Madison	11.58	_____
5	Barclay, Ily	10	Steele Canyo	12.05	_____
6	Ratermann, Macy	11	Westview	12.27	_____
7	Alumbres, Alyssa	12	Vista Murrie	12.31	_____
8	Hoagland, Tayhlore	12	Rancho Berna	12.35	_____

Alternates

1	Swift, Shaelynne	11	Helix	12.77
2	Wotursky, Mallory	11	Point Loma	12.80
3	Jones, Jady	11	Kearny	12.80
4	Richardson, Aaliyah	10	Martin Luthe	12.81

2024 Don Jones - 3/9/2024
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Alternates

1	Arrington, Brandon	10	Mount Miguel	10.58
2	Trotter, Lovones	9	Grossmont	11.29
3	Lloyd, Brian	12	Westview	11.34
4	Cato, Elijah	11	Mira Mesa	11.34
5	Petrick, Michael	12	Martin Luthe	11.35
6	Ghazialam, Arsalan	12	Valhalla	11.36
7	Enriquez, Carlos	11	Kearny	11.36

Event 11 Girls 800 Meter Run Invite (22)

Saturday 3/9/2024 - 12:44 PM

Meet Record: 2:12.45 2002 Whitney Schmucker

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Aguirre, Miriam	11	Patrick Henr	2:17.62
2	Echsner, Ella	12	Del Norte	2:18.48
3	Russo, Emily	11	Del Norte	2:19.27
4	Paladino, Addison	11	San Pasqual	2:22.89
5	Diaz, Harper	9	Santana	2:23.66
6	Merlo, Kaiya	9	Helix	2:23.72
7	Hennigan, Delaney	10	Westview	2:24.82
8	Sinnett, Audrey	12	Carlsbad	2:24.92
9	Spurgiesz, Addison	10	Del Norte	2:25.04
10	Gavin, Grace	12	Classical Ac	2:25.50
11	Peacher, Lauren	12	Vista	2:25.58
12	Koranda, Tegan	9	Scripps Ranc	2:26.14
13	Haas, Kayla	12	Valhalla	2:26.33
14	Smith, Mackenzie	10	Poway	2:27.10
15	Li, Elizabeth	12	Westview	2:27.53
16	Petersen, Abby	12	Fallbrook	2:28.02
17	Lopez, Dania	11	Steele Canyo	2:28.66
18	Stock, Katrina	12	Steele Canyo	2:28.98
19	Perry, Alana	12	Valhalla	2:29.10
20	Weaver, Kate	9	Helix	2:29.50
21	Sweeney, Aine	9	Poway	2:29.77
22	Hunter, Leela	12	Carlsbad	2:29.79

Event 12 Boys 800 Meter Run Invite (20)

Saturday 3/9/2024 - 12:53 PM

Meet Record: 1:52.66 2015 Isaac Cortes

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Cordero, Angel	12	Olympian	1:53.43
2	Akinpelu, Peter	12	Del Norte	1:58.68
3	Xavier, Gabriel	11	Point Loma	1:59.27
4	Freshley, Adam	12	Helix	1:59.31
5	Stevens, Matthew	11	Westview	1:59.49
6	Freshley, Alex	12	Helix	1:59.58
7	Bray, Joel	12	Liberty Char	2:00.27
8	Chelesnik, Ryan	11	Torrey Pines	2:00.67
9	Rigg, Kielan	11	Del Norte	2:00.90
10	Bourgeois, York	12	Francis Park	2:01.26
11	Cloyd, Garrett	12	Mount Miguel	2:02.21
12	Estrella, Anthony	12	Olympian	2:02.22
13	Tovey, Larry	12	Poway	2:02.57
14	Harpster, Tristan	11	Del Norte	2:02.65
15	Calvert, Austin	12	El Capitan	2:02.91
16	Tucker, Jack	12	Mt Carmel	2:02.94
17	van Eldik Thieme, Thijs	11	Scripps Ranc	2:03.12
18	Cardenas-Wallenfelt, Diego	12	Point Loma	2:03.19
19	Massoud, Kian	9	Torrey Pines	2:03.19
20	Boinus, Austin	12	El Capitan	2:03.60

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Event 13 Girls 800 Sprint Medley Frosh/Soph (24)

Saturday 3/9/2024 - 1:02 PM

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
1	Poway	A	NT
	1) Hughes, Delaney 9	2) Hansen, Audrey 9	
	3) Nicholas, Dylan-Marie 9	4) Smith, Mackenzie 10	
	5) Hardy, Kiana 10		
2	Kearny	A	NT
	1) Chuckta, Madelynn 10	2) Tarin, Makayla 11	
	3) Soto, Ailiyah 11	4) Estrada, Samarah 10	
	5) Neugent, Malone 9		
3	Olympian	A	NT
	1) Keys, Amarah 9	2) Martin, Alyssa 10	
	3) Gallardo, Kelena 10	4) Tetteh, Kendra 9	
4	El Cajon Val	A	NT
	1) Brazeau, Aniyah 9	2) Steward, Lailah 9	
	3) Thomas, Sa'Mari 9	4) Lawrence, Deja 10	
	5) King, Serenity 9		
5	Steele Canyo	B	NT
	1) Coleman, Dejanae 10	2) Garza, Destiny 10	
	3) Baker, Jayla 10	4) Lewis, Elisha 9	
6	Westview	A	NT
	1) Ochoa, Viviana 9	2) Lanski, Brooke 9	
	3) Jensen, Avery 10	4) Lee, Kiana 9	
	5) Cotton, Jocelyn 9	6) Cunningham, Isa 9	
7	Ramona	A	NT
	1) King, Kynzie 9	2) King, Peyton 10	
	3) Lawless, Lily 9	4) Brown, Tayler 9	
8	Scripps Ranc	A	NT
	1) Binger, Wren 10	2) Kwee, Morgan 10	
	3) Charvat-Aguilar, Stefani 9	4) Kirchhoff, Anya 10	

Section 2 of 3 Finals...(Event 13 Girls 800 Sprint Medley Frosh/Soph

1	Eastlake	A	NT
	1) Kinchen, Erin 10	2) McFadden, Nala 9	
	3) Eberle, Rowan 10	4) Elliott, Keirra 10	
	5) Adjasu, Aseye 10		
2	Patrick Henr	A	2:17.00
	1) Hirt, Madison 10	2) Sanchez, Valerie 9	
	3) Muller, Emory 10	4) Thrasher, Moseli 9	
	5) Murphy, Madeline 9	6) Heinzelmann, Makena 9	
3	Granite Hill	A	2:07.13
	1) Mowrey, Gwen 9	2) Tucker, Madeline 9	
	3) Spencer, Brooklynn 9	4) Hamilton, Keona 10	
	5) Egan, Riley 9	6) Suetos, Jayselle 10	
4	Mira Mesa	A	2:05.00
	1) Truong, Sophia 9	2) Lange, Gabriella 10	
	3) Gain, Remma 9	4) Zapanta, Trista 9	
	5) Mapp, Siviena 9	6) Swinson, Aniya 9	
5	Rancho Berna	B	2:05.65
	1) Drager, Isabella 9	2) Rudkin, Zoe 9	
	3) Frozano, Sophia 10	4) Walkley, Gabriella 9	
6	El Capitan	B	2:10.00
	1) Jackson, Gabriella 9	2) Evans, Alyssa 9	
	3) Macias, Maddox 10	4) Ziembia, Maylia 10	
7	Santana	A	2:23.00
	1) Acevedo, Corrina 9	2) Agana, Janelle 9	
	3) Velasquez, Athena 10	4) Quiroga, Maddy 10	
8	Steele Canyo	A	NT
	1) Ewing, Kaliani 10	2) Hiatt, Solana 9	
	3) Fuller, Kailey 10	4) Harper, Devyn 9	

2024 Don Jones - 3/9/2024
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Section 3 of 3 Finals

1	Mount Miguel	A	2:05.00	_____
	1) Fulcher, Zoey 9		2) Jones, Anielle 9	
	3) Chrisp, Ma'liyah 9		4) Keller, Angelina 10	
	5) Mejia, Alondra 9		6) Daniel, Kamari 9	
2	Rancho Berna	A	2:02.65	_____
	1) Pascual, Lexington 10		2) West, Brynn 10	
	3) Beeby, Madison 10		4) Carter, Emilie 10	
3	Point Loma	A	2:01.56	_____
	1) Cruz, Eva 9		2) Frichtel, Jenna 10	
	3) Frey, Hannah 10		4) Avila-Aguilar, Alexa 10	
	5) McKelvey, Helena 9			
4	Martin Luthe	A	1:57.00	_____
	1) Rudolph, Naomi 10		2) Richardson, Aaliyah 10	
	3) Lochard, Amaya 10		4) Llamas, Sophia 9	
5	Helix	A	1:59.87	_____
	1) Millan, Hayley 9		2) Soto, Kassandra 10	
	3) Payne, Aaliyah 10		4) Smith, Javay 10	
	5) Henderson, Aiya 9			
6	Grossmont	A	2:02.45	_____
	1) Thomas, Gabrielle 10		2) Brownsberger, Kaci 10	
	3) Strongosky, Elsie 9		4) Hernandez Soberano, Emma 9	
	5) McKee, Alexa 10			
7	Carlsbad	A	2:03.50	_____
	1) Williams, Lauren 9		2) Zadeh, Nesa 10	
	3) Batt, Mia 9		4) Walker, Maggie 9	
8	El Capitan	A	2:05.00	_____
	1) Parker, Sasha 9		2) Miller, Jillian 10	
	3) Miller, Maya 10		4) Dixon, Camiele 10	

Alternates

1	Poway	B	NT	_____
2	Ramona	B	NT	_____
3	Del Norte	A	NT	_____

Event 14 Boys 800 Sprint Medley Frosh/Soph (24)

Saturday 3/9/2024 - 1:26 PM

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>_____</u>
Section 1 of 3 Finals				
1	Eastlake	A	NT	_____
	1) Rodriguez, Isaiah 10		2) Demery, Rasharee 10	
	3) Navarrete, Juan 10		4) Lovell, Jacob 9	
2	Ramona	A	NT	_____
	1) Bejar, Jorge 9		2) Mallinson, Wyatt 10	
	3) Paredes, Timothy 10		4) Randall, Everick 9	
	5) Kelly, Trake 9			
3	Poway	A	NT	_____
	1) Curtis, Kaden 9		2) Wolfe, William 9	
	3) Hawkins, Will 10		4) Woods, Gavin 10	
	5) Houston, Logan 11			
4	Rancho Berna	B	1:49.43	_____
	1) Collins, Emmanuel 9		2) Mariner, Carson 9	
	3) Jackson, Jaden 9		4) Dalrymple, Trent 10	
5	Scripps Ranc	A	NT	_____
	1) Shuman, Trevor 10		2) Walkowiak, Dane 10	
	3) Gausman, Jaden 9		4) Cruz, Nico 9	
	5) Armstrong, Parker 9		6) Yoon, Nathan 10	
6	Kearny	A	NT	_____
	1) Cazares-Gomez, Hector 9		2) Villa, Jose 12	
	3) Kapun, Nikolai 9		4) Reeves-Shoaf, Mathieu 10	
7	El Cajon Val	A	NT	_____
	1) Dubose, Darick 12		2) Watson, Da'mon 9	
	3) Kashindi, Janvier 9		4) Gonzalez, Jonathan 9	
	5) Aguilar, Ezequiel 9			
8	Grossmont	A	NT	_____
	1) Yost, Jonah 9		2) Meade, Michael 10	
	3) Trotter, Lovones 9		4) Alobaidi, Taim 10	
	5) Ong, Kaiden 9		6) Russell, Angelo 10	

2024 Don Jones - 3/9/2024
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Section 2 of 3 Finals

1	Del Norte	A	1:48.24	_____
	1) Zierolf, Jacob 9		2) Rubio, Alejandro 9	
	3) Chang, Maxwell 9		4) Akinpelu, Timothy 9	
	5) Patil, Yeah 9		6) Miller, Brady 9	
2	Santana	A	1:47.60	_____
	1) Esoo, Maddox 10		2) Thomas, Ryder 10	
	3) Alsbaugh, Nathan 10		4) Santiago, Ayden 9	
	5) Terry, Anthony 9			
3	El Capitan	A	1:45.00	_____
	1) Lawrence, Jarvis 10		2) Chaney II, Cetric 10	
	3) Valencia II, Michael 9		4) Pierce, Trenton 10	
4	Patrick Henr	A	1:45.00	_____
	1) George, Akwaeno 10		2) Underwood, Kelly 10	
	3) Aguilera, Roman 9		4) Borden, Kolion 9	
	5) Luzi, Luzian 10		6) Kiar, Salem 9	
5	Westview	A	1:45.00	_____
	1) Brown, Kyler 10		2) Larsen, Truman 9	
	3) Thomas, Brady 10		4) Shanyour, Omar 10	
	5) Mendoza, Lucca 10		6) Versteeg, Ryan 9	
6	Mira Mesa	A	1:47.00	_____
	1) Aquino-Keoasa, Xavier 10		2) Lam, Andy 10	
	3) Schmid, Jack 10		4) Jaimes-Monteon, Seth 10	
	5) Hassan, Naseem 10		6) Mendes, Denilson 9	
7	Olympian	A	1:48.14	_____
	1) Zabayle, Sean 10		2) Lujan, Chase 10	
	3) Izaguirre, Santiago 9		4) Rodriguez, Franky 10	
8	El Capitan	B	1:49.24	_____
	1) Hylton Gordon, Tyrese 9		2) Fawver, Gage 10	
	3) Ballesteros, Mathew 9		4) Rivera, Jesse 9	

Section 3 of 3 Finals...(Event 14 Boys 800 Sprint Medley Frosh/Soph (

1	Steele Canyo	A	1:44.14	_____
	1) Hill, Marcell 10		2) Wilson, Jordan 10	
	3) Randall Jr, Rafiq 10		4) Giordan, Alexander 10	
2	Mount Miguel	A	1:44.00	_____
	1) Rottier Johnson, Zane 10		2) Sutton, LaÁ Justice 10	
	3) Gross, James 10		4) Williams, Delontay 9	
	5) Hege, Dominik 10		6) Lopez, Dominic 9	
3	Martin Luthe	A	1:41.00	_____
	1) Pompey-Taylor, Christian 10		2) Major, Benjamin 10	
	3) Fincher, Kevin 10		4) Babino, Rami 10	
4	Granite Hill	A	1:40.24	_____
	1) Runkle, Kaleb 9		2) Williams, Davion 9	
	3) Mossman, Vave 10		4) Hedrick, Justin 10	
	5) Scott, Peyton 10		6) Gosek, Rocky 10	
5	Helix	A	1:40.90	_____
	1) Ballesteros, Joshua 10		2) Lindley, Jordan 10	
	3) Weatherford, Adrian 9		4) Robinson, Jeshua 11	
	5) Garrett, Jaiden 10		6) Williams, Jake 10	
6	Carlsbad	A	1:42.00	_____
	1) Park, Joonpyo 10		2) McCracken, Conrad 10	
	3) Dahlan, Cole 9		4) Easter, Ashton 10	
	5) Lewis, Luke 10		6) Prasuhn, Brendan 9	
7	Point Loma	A	1:44.00	_____
	1) Correia, Matteo 10		2) Bruso, Isaac 10	
	3) Postolis Carter, Romeo 10		4) Hughes, Holling 10	
	5) Ramos, Bradley 9		6) Ferreira, Judah 9	
8	Rancho Berna	A	1:44.87	_____
	1) Valencia, Gavin 10		2) De La Cruz, Miles 10	
	3) Dizon, Anthony 10		4) Johnson, Caleb 10	

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Event 15 Girls 1600 Meter Run Invite (23)

Saturday 3/9/2024 - 1:42 PM

Meet Record: 4:51.55 2011 Molly Grabill

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Williams, Jaelyn	10	Eastlake	4:46.26
2	Weaver, Kate	9	Helix	5:10.29
3	Aguirre, Hannah	11	Patrick Henr	5:11.81
4	Lawson, Evelyn	10	Torrey Pines	5:12.76
5	Shannon, Addison	10	Del Norte	5:13.41
6	Wang, Natalie	12	Torrey Pines	5:14.21
7	Campos, Olivia	10	Mt Carmel	5:16.55
8	Diaz, Harper	9	Santana	5:17.72
9	Teates, Olivia	11	Francis Park	5:18.16
10	Mitchell, Allison	12	Mira Mesa	5:19.87
11	Keegan, Sadie	12	Scripps Ranc	5:20.81
12	Ramos, Isabella	10	Point Loma	5:20.88
13	Lopez, Dania	11	Steele Canyo	5:24.20
14	Nash, Avalon	12	Poway	5:26.75
15	Witt, Nicole	10	Point Loma	5:27.17
16	Carroll, McKenna	10	Point Loma	5:27.69
17	Coleman, Shelby	11	Steele Canyo	5:30.16
18	Peacher, Lauren	12	Vista	5:30.53
19	Arce, Suhey	12	Grossmont	5:31.76
20	Lorenz, Madison	12	Rancho Berna	5:31.94
21	McEwan, Reese	11	Poway	5:34.22
22	Petersen, Abby	12	Fallbrook	5:34.52
23	Tang, Sophia	11	Del Norte	5:34.76

Event 16 Boys 1600 Meter Run Invite (24)

Saturday 3/9/2024 - 1:52 PM

Meet Record: 4:11.34 1994 Mark Hauser

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Evans, Cain	12	Carlsbad	4:20.00
2	Cordero, Angel	12	Olympian	4:22.82
3	Lange-Dei, Kai	12	High Tech Hi	4:23.91
4	Senn, Micah	11	Steele Canyo	4:26.43
5	Conover, Bryce	12	Torrey Pines	4:27.51
6	Welton, Adrian	12	Westview	4:28.70
7	Craig, Lyon	11	Health Scien	4:34.00
8	Fountain, Brogan	12	Mt Carmel	4:34.19
9	Casillas, Miguel	11	Steele Canyo	4:34.33
10	Tran, Ethan	12	Scripps Ranc	4:34.38
11	Towne, Dylan	12	Helix	4:35.90
12	Joseph, Tyus	10	Helix	4:35.96
13	Kelly, Maximus	11	Point Loma	4:36.44
14	Burr, Aiden	11	Liberty Char	4:36.57
15	Chang, Sean	11	Del Norte	4:37.47
16	Sun, Brandon	10	Scripps Ranc	4:38.27
17	Johnson, Brevan	12	Mira Mesa	4:39.09
18	Sabin, David	11	San Pasqual	4:39.28
19	Mesa, George	10	Ramona	4:39.55
20	Cruz, Jarett	11	Vista	4:39.88
21	Lam, Trevor	12	Mira Mesa	4:39.88
22	Simon, John	11	Mount Miguel	4:39.96
23	Carrillo, Orlando	11	Granite Hill	4:40.04
24	Schmid, Zach	12	Vista	4:40.94

Event 17 Girls 300 Meter Hurdles Varsity (16)

Saturday 3/9/2024 - 2:07 PM

Meet Record: 45.09 2013 Jessica Garcia

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Tokushige, Reese	11	Rancho Berna	50.14
2	Pressley, Kameron	11	Vista Murrie	49.62
3	Harris, Bridget	12	Scripps Ranc	49.20
4	Herriott-Campos, Nayomi	12	Madison	48.88
5	Kennedy, Jane	11	Westview	49.09
6	Allison, Evie	9	Steele Canyo	49.24
7	Gates, Karolina	11	Point Loma	49.95
8	Dilgard, Elizabeth	12	Grossmont	50.45
Section 2 of 2 Finals				
1	Robinson, Isabella	12	Eastlake	47.70
2	Lake, Kassa	12	Mt Carmel	47.61
3	Cook, Lillian	12	Steele Canyo	45.02
4	Herbst, Morgan	11	Carlsbad	43.48
5	Blake, Samarra	12	Vista Murrie	44.03
6	Ekwosi, Songoli	11	Valhalla	47.55
7	Svendsen, Haley	11	Liberty Char	47.63
8	Gonzalez, Genesis	12	Valley Cente	48.46

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Alternates

1	Memmel, Lily	11	Ramona	50.79	
2	Grigg, Geneva	10	Helix	50.82	
3	Tokushige, Keira	11	Rancho Berna	50.88	
4	Mahaney, Skyy	12	Mount Miguel	51.64	
5	Rawls, Lyric	10	Vista Murrie	51.87	
6	Purvis, Ashlyn	11	Foothills Ch	52.01	

Event 18 Boys 300 Meter Hurdles Varsity (16)

Saturday 3/9/2024 - 2:18 PM

Meet Record: **37.44 1997** **Reggei DePass**

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Phillips, Dean	12	Del Norte	43.28	_____
2	Holbrook, Maxwell	12	El Capitan	43.14	_____
3	Morales, Martin	12	Martin Luthe	42.69	_____
4	Dawson, Isaiah	12	Vista Murrie	42.46	_____
5	Altamirano, Wolfe	11	Rancho Berna	42.49	_____
6	Pinedo, Joaquin	12	Olympian	42.89	_____
7	Renteria, Robert	10	San Pasqual	43.24	_____
8	Vargas, Aidan	12	Mt Carmel	43.48	_____

Section 2 of 2 Finals

1	Wilkins, Roosevelt	12	Vista Murrie	42.10	_____
2	Bryant, Sterling	11	Ramona	40.95	_____
3	Cappello, Christopher	12	Rancho Berna	40.26	_____
4	Biffle, Jonathan	12	El Capitan	38.75	_____
5	Spurgiesz, Josh	12	Del Norte	39.68	_____
6	Wong, Stephen	11	Rancho Berna	40.93	_____
7	Cathers, Ryan	12	Valley Cente	41.53	_____
8	Linck, Nathan	12	Eastlake	42.20	_____

Alternates

1	Mapes, Benjamin	12	Liberty Char	43.61	
2	Taylor, Nick	12	Vista	43.73	
3	Patterson, Robbie	11	Patrick Henr	43.78	
4	Draher, Joshua	12	Carlsbad	43.81	
5	Munoz, Evan	12	Granite Hill	43.99	

Event 19 Girls 400 Meter Dash Invite (16)

Saturday 3/9/2024 - 2:27 PM

Meet Record: **54.83 2001** **Monique Henderson**

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Cassell, Giselle	12	Mt Carmel	58.90	_____
2	Allen, Laraigh	12	Helix	58.51	_____
3	Spencer, Jaylen	12	Vista Murrie	57.62	_____
4	Burkhardt, Nicoletta	12	Steele Canyo	55.13	_____
5	Arciaga, Kaitlyn	11	Westview	56.95	_____
6	Stoughton, Tiffany	12	Scripps Ranc	58.02	_____
7	Miechowicz, Nadia	11	San Pasqual	58.63	_____
8	Bush, Alonna	12	Valhalla	59.04	_____

Section 2 of 2 Finals...(Event 19 Girls 400 Meter Dash Invite (16))

1	Koranda, Tegan	9	Scripps Ranc	1:00.97	_____
2	Hawkins, Gabrielle	11	Olympian	1:00.00	_____
3	Ruiz, Ivanna	11	Olympian	59.51	_____
4	Jimerson, Brielle	12	Madison	59.31	_____
5	Prasouvo, Anna	12	Del Norte	59.46	_____
6	Herrera, Jillian	11	Carlsbad	59.84	_____
7	Hanks, Madeline	11	Scripps Ranc	1:00.53	_____
8	Diaz, Harper	9	Santana	1:01.14	_____

Alternates

1	Herman, Maya	11	San Dieguito	1:01.51	
2	Williams, Kindyl	12	Martin Luthe	1:01.70	
3	Cesena, Jenna	11	Eastlake	1:02.33	
4	Edelstein, Shani	11	Poway	1:02.55	
5	Rosas, Sophia	11	Point Loma	1:02.75	
6	Reed, Hannah	11	Mira Mesa	1:02.96	

Event 20 Boys 400 Meter Dash Invite (16)

Saturday 3/9/2024 - 2:37 PM

Meet Record: **48.09 2002** **Deun White**

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Uden, Shamarion	12	El Capitan	50.51	_____
2	Valenzuela, Michael	12	Santana	50.13	_____
3	Tennant, Tyler	11	Maranatha Ch	50.08	_____
4	Slaughter, David	11	Mt Carmel	48.14	_____
5	Jones, Vincent	12	Mount Miguel	49.70	_____
6	Saint Paul, Jalen	12	Carlsbad	50.12	_____
7	Graves, Jaylon	11	Olympian	50.31	_____
8	Calvert, Aundrey	12	El Capitan	50.62	_____

Section 2 of 2 Finals

1	Azevedo, Jacob	12	Steele Canyo	51.53	_____
2	Gray, Aaron	12	Steele Canyo	51.36	_____
3	Ellis, Jackson	10	Helix	51.31	_____
4	Randolph, Marley	12	Scripps Ranc	50.94	_____
5	Caulfield, Harrison	11	Mt Carmel	51.12	_____
6	Kim, Jacob	11	Cambridge	51.35	_____
7	Gray, Spencer	11	Helix	51.43	_____
8	Coats, Connor	12	Vista Murrie	51.66	_____

Alternates

1	Dillon, Shreyas	10	San Dieguito	51.66	
2	Dodds, Michael	12	Steele Canyo	51.71	
3	Chancay, Xzavier	12	Vista Murrie	51.94	
4	Kim, Rory	12	Poway	51.97	
5	Lochard, Amare	12	Martin Luthe	52.04	
6	Babino, Rami	10	Martin Luthe	52.14	

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Event 21 Girls 1600 Meter Run Frosh (20)

Saturday 3/9/2024 - 2:52 PM

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Hong, Eliza	9	Del Norte	5:13.00
2	Biddle, Riley	9	Rancho Berna	5:24.64
3	Santavicca, Alessandra	9	Poway	5:34.84
4	Muscat, Nina	9	Poway	5:37.14
5	Sanchez, Elena	9	Vista	5:42.00
6	Telliard, Jane	9	Grossmont	5:43.82
7	Casalins-DeBoskey, Eva	9	Patrick Henr	5:45.00
8	Harpster, Savannah	9	Del Norte	5:45.24
9	Walker, Maggie	9	Carlsbad	5:50.73
10	Casalins-DeBoskey, Cassandr	9	Patrick Henr	5:52.00
11	Abdin, Sarah	9	Scripps Ranc	6:04.57
12	Connelly, Graziela	9	Del Norte	6:05.56
13	Herrin, Trinity	9	Granite Hill	6:08.88
14	Mercer, Lila	9	Patrick Henr	6:13.70
15	Gomez, Elise	9	Westview	6:16.32
16	Mullally, Kylie	9	Helix	6:20.38
17	Schlickman, Mya	9	Carlsbad	6:22.97
18	Schaefer, Allyson	9	Steele Canyo	6:23.03
19	Falk, Haven	9	Classical Ac	6:29.00
20	Grisnik, Kyoto	9	Classical Ac	6:32.00

Event 22 Boys 1600 Meter Run Frosh (21)

Saturday 3/9/2024 - 3:00 PM

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Breckenridge, Jake	9	San Pasqual	4:46.39
2	Polk, Ryan	9	Mira Mesa	4:49.17
3	Sanchez, Carlos	9	Vista	4:50.00
4	Iverson, Cameron	9	Westview	4:50.28
5	O'Connell, Liam	9	Scripps Ranc	4:52.76
6	Turner, Jonah	9	Point Loma	4:54.33
7	Unis, Dylan	9	Helix	4:54.36
8	Hernandez, Ruben	9	High Tech Hi	4:55.49
9	Naranjo, Luis	9	Grossmont	4:56.20
10	Lapastora, Marcelino	9	Del Norte	4:56.23
11	Rohrer, Sam	9	Liberty Char	4:56.98
12	Digenan, Jack	9	Granite Hill	4:57.37
13	Echsner, Nicholas	9	Del Norte	4:58.20
14	Miguel Rios, Leonardo	9	Mira Mesa	5:04.03
15	DeFaria, Olegs	9	Patrick Henr	5:05.10
16	Fernandez DuFur, Mario (Nic	9	Patrick Henr	5:07.45
17	Gassaway, Oliver	9	Granite Hill	5:08.10
18	Morga, Michael	9	Rancho Berna	5:08.90
19	Fronjian, Quentin	9	Mt Carmel	5:09.48
20	Ayala, Lucas	9	Westview	5:09.58
21	Nabi, Alihumza	9	Carlsbad	5:09.91

Event 23 Girls Distance Medley Varsity (20)

Saturday 3/9/2024 - 3:08 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Patrick Henr	A	12:35.00
	1) Aguirre, Miriam 11	2) Hill, Adlen 12	
	3) Mercer, Lila 9	4) Aguirre, Hannah 11	
2	Poway	A	12:43.55
	1) Santavicca, Alessandra 9	2) McIntosh, Tori 11	
	3) Judd, Grace 12	4) Buswell, Tessa 12	
3	Del Norte	A	13:00.00
	1) Echsner, Ella 12	2) Harpster, Samantha 9	
	3) Hong, Eliza 9	4) Enyedi, Lilah 10	
	5) Russo, Emily 11	6) Tang, Sophia 11	
4	Helix	A	13:30.00
	1) Merlo, Kaiya 9	2) Morris, Kerrington 10	
	3) Weaver, Kate 9	4) Smith, Javay 10	
	5) Millan, Hayley 9	6) Hallmann, Jacqueline 10	
5	Rancho Berna	A	13:40.00
	1) Castro, Jasmyne 12	2) Cannon, Meadow 11	
	3) Baccei, Sophia 10	4) Lorenz, Madison 12	
	5) Anderson, Renae 12	6) Baccei, Marin 12	
6	Rancho Berna	B	13:55.00
	1) Grant, Anna 10	2) Lorenz, Emily 9	
	3) Hendrickson, Kate 11	4) Dangio, Livia 10	
	5) Kim, Yena 11	6) Style, Kaelyn 12	
7	Vista	A	13:57.81
	1) Larimore, Olivia 11	2) Larkin, Kyla 10	
	3) Rilea, Olivia 10	4) Sanchez, Elena 9	
	5) Castellanos, Lola 10	6) Chavez, Tania 10	
8	Point Loma	A	14:00.00
	1) Carroll, McKenna 10	2) White, Zoey 12	
	3) Guhse, Annie 11	4) Rosas, Sophia 11	
	5) Lopic, Katherine 12		
9	Classical Ac	A	14:12.29
	1) Gavin, Liliana 12	2) Hayes, Hannah 12	
	3) Gavin, Grace 12	4) Hart, Kelsi 12	
10	Patrick Henr	B	14:13.00
	1) Casalins-DeBoskey, Eva 9	2) Sutera, India 9	
	3) Cruz, Eva 10	4) Casalins-DeBoskey, Cassandra 9	
	5) Nevius, Hannah 11	6) Kirkegaard, Amelia 11	
11	Westview	A	14:23.97
	1) Yasuda, Sonya 10	2) Leventhal, Laurel 9	
	3) Nava, Kamila 11	4) Welton, Sofia 11	
	5) Arciaga, Kaitlyn 11	6) Long, Charlotte 10	
12	Mira Mesa	A	14:30.00
	1) Hixon, Vianne 11	2) Bernabe, Gheeriel 10	
	3) Comia, Celine 10	4) Mitchell, Samantha 10	
	5) Gabriel, Adelia 11		
13	Olympian	A	14:43.00
	1) Alaman, Alyssa 11	2) Rodriguez, Sarai 11	
	3) Bravo, Daniela 12	4) Lara, Isabel 10	
	5) Rich, Greyson 9	6) Meza Campos, Jessica 10	
14	Granite Hill	A	14:45.00
	1) Hamilton, Keona 10	2) Campos, Denise 10	
	3) Harris, Jaslynn 10	4) Perez Ruelas, Kate 11	
	5) Patlan, Halia 10	6) Bueno, Mia 10	
15	Olympian	B	17:00.00

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Section 1 of 1 Finals

1) Ingram, Anette 9	2) Uzarraga, Leilani 9	
3) Vasquez, Mya 9	4) Perez, Syvette 10	
5) Cota, Mitzi 9	6) Osio, Andrea 9	
16 Ramona	A	NT
1) Cain-Robershaw, Ashlee 10	2) Luna, Tihensuhe 11	
3) Petersen, Nicole 11	4) Solt, Charlize 11	
5) Accardi, Isabella 10	6) Beals, Katie 11	
17 Steele Canyo	A	NT
1) Coleman, Shelby 11	2) Hiatt, Solana 9	
3) Coleman, Kylie 10	4) Lopez, Dania 11	
18 Valley Cente	A	NT
1) Allen, Natalie 12	2) Gonzalez, Genesis 12	
3) Guachino, Jasmina 10	4) Giron, Emily 10	
5) Castanon, Summer 12		
19 Steele Canyo	B	NT
1) Schaefer, Allyson 9	2) Baker, Jayla 10	
3) Lopez, Isabel 11	4) Ferrez, Danica 10	
20 Eastlake	A	NT
1) Cruz, Charlize 9	2) Cesena, Jenna 11	
3) Prado-Tamayo, Andrea 10	4) Kitamura, Solana 10	

Event 24 Boys Distance Medley Varsity (23)

Saturday 3/9/2024 - 3:24 PM

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
1	Helix	A	10:35.61
	1) Freshley, Alex 12	2) Towne, Dylan 12	
	3) Nickerson, Joel 11	4) Joseph, Tyus 10	
	5) Rodriguez, Isai 11	6) Unis, Dylan 9	
2	Poway	A	10:40.87
	1) Tovey, Larry 12	2) Kim, Rory 12	
	3) Vranish, Jack 11	4) Castleberry, Cooper 10	
	5) Nations, Mitchell 12		
3	Del Norte	A	10:45.00
	1) Yarbrough, Cameron 10	2) Harpster, Tristan 11	
	3) Akinpelu, Peter 12	4) Jin, Luke 11	
	5) Davis, Quinn 11	6) Chang, Sean 11	
4	Carlsbad	A	10:59.01
	1) Stevenson, Derek 10	2) Brotman, Chase 11	
	3) Evans, Cain 12	4) Brislin, Mason 11	
	5) Henkel, Carson 11	6) McKay, Myles 12	
5	Steele Canyo	A	11:00.00
	1) Covarrubias, Aldo 11	2) Gray, Aaron 12	
	3) Griffiths, Dashiell 11	4) Binsfield, Matthew 11	
6	Rancho Berna	A	11:00.00
	1) Tani, Nassim 10	2) Luecht, Camden 11	
	3) Parvataneni, Pradyun 10	4) De La Cruz, Miles 10	
7	Patrick Henr	A	11:01.00
	1) Moya, Isaac 11	2) Avila, Dominic 10	
	3) Fernandez DuFur, Mario (Nico) 9	4) Savvides, Alexios 12	
	5) McNeil, Adam 9		
8	Scripps Ranc	A	11:05.00
	1) Stephens, Benjamin 10	2) van Eldik Thieme, Thijs 11	
	3) Tran, Ethan 12	4) Broadhead, Carter 11	
	5) Sun, Brandon 10	6) Walker, Jacob 12	
9	Mount Miguel	A	11:10.34
	1) Simon, John 11	2) Hege, Dason 12	
	3) Cloyd, Garrett 12	4) Orozco, Roberto 11	
	5) Elhamad, Hamad 11	6) Limon, Jaydin 11	
10	Mira Mesa	A	11:15.00
	1) DeGraziano, Peter 11	2) Scott, Dante 11	
	3) Lam, Trevor 12	4) McCaskill, Brian 10	
	5) Polk, Ryan 9	6) Dela Cruz, Theo 11	
11	Mt Carmel	A	11:24.67
	1) Boesel, Wyatt 10	2) Chang, Caleb 11	
	3) Shivakumar, Eshan 10	4) Fountain, Brogan 12	
	5) Northcutt, Jaxon 9	6) Fronjian, Quentin 9	
12	Vista	A	11:26.12
	1) Cruz, Jarett 11	2) Harris, Marcus 12	
	3) Villegas, Isayah 11	4) Schmid, Zach 12	
	5) Bello, Jovanni 10	6) Buentello, Luke 12	
13	Steele Canyo	B	11:30.00
	1) Senn, Isaac 9	2) Hoeben, Andrew 11	
	3) Lopez, Michael 9	4) Mora, Fisher 9	
14	Point Loma	A	11:40.00
	1) Xavier, Gabriel 11	2) Feiler, Toby 12	
	3) Kelly, Maximus 11	4) Snider, Noah 12	
	5) Bond, Ethan 12	6) Brown, Neal 12	
15	Westview	A	11:40.06
	1) Hannaman, Rowan 11	2) Stevens, Matthew 11	

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Section 1 of 1 Finals

3) Namgoong, Daniel 10	4) Welton, Adrian 12	
5) McDevitt, Parker 10		
16 Granite Hill	A	11:42.00
1) Digenan, Jack 9	2) Cruz, Sergio 12	
3) Gassaway, Oliver 9	4) Lam, Vinh 10	
5) Neibert, Anson 9	6) Pimentel, Joaquin 11	
17 Olympian	A	11:45.00
1) Gonzalez, Carlos 9	2) Izaguirre, Santiago 9	
3) Degenhardt, Jack 10	4) Hastings, Tristan 10	
5) Gainer, Andrew 11	6) Campbell, Andrew 12	
18 Olympian	B	12:00.00
1) Esquer Rosas, Ian 12	2) Gibbs, Jordin 9	
3) Mationg, Jordan 11	4) Bailon, Isaac 9	
5) Camargo, Owen 12	6) Cuellar, Isaac 11	
19 Patrick Henr	B	12:43.00
1) Iannuzzi, Gray 10	2) Antonio, Francisco 12	
3) David, Jett 12	4) Goehring, Cash 12	
5) Karim, Sebastian 9		
20 Classical Ac	A	NT
1) Silva, Gunner 10	2) Hale, Landon 11	
3) Berryman, Josiah 11	4) Clemeshaw, Evers 11	
5) Angeles, Esteban 10	6) Clemeshaw, Owen 10	
21 Eastlake	A	NT
1) Peraza, Dylan 11	2) Ramos, Andreaz 12	
3) Navarrete Ocampo, Diego 12	4) Albright, Brady 10	
22 Rancho Berna	B	NT
1) Schaller, Max 12	2) Liu, William 10	
3) Moffit, Jayden 10	4) Ramirez, Jose 11	
23 El Cajon Val	A	NT
1) Abdullah, Anhar 11	2) Sami, Matiass 10	
3) Shukur, Alex 11	4) Esttaifan, Yousif 12	
5) Kashindi, Janvier 9	6) Aguilar, Ezequiel 9	

4 Lawless, Lily	9 Ramona	14.16
5 Mowrey, Gwen	9 Granite Hill	14.17
6 Cotton, Jocelyn	9 Westview	14.20

Event 26 Boys 100 Meter Dash Frosh (16)

Saturday 3/9/2024 - 3:45 PM

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 2 Finals				
1	Kashindi, Janvier	9	El Cajon Val	12.46
2	Ezinwa, Chukwuma	9	Martin Luthe	12.37
3	Rivera, Jesse	9	El Capitan	12.27
4	Colbert, Nathan	9	San Dieguito	12.25
5	Doctor, Azavier	9	Valhalla	12.26
6	Lujan, Chase	10	Olympian	12.35
7	Ballesteros, Mathew	9	El Capitan	12.37
8	Collins, Emmanuel	9	Rancho Berna	12.57

Section 2 of 2 Finals

1	Larsen, Truman	9	Westview	12.13
2	Valencia II, Michael	9	El Capitan	11.99
3	Hampton II, Lorne	9	Madison	11.94
4	Banks, Joshua	9	Vista Murrie	11.15
5	Williams, Davion	9	Granite Hill	11.78
6	Scott, Jallen	9	Madison	11.94
7	Runkle, Kaleb	9	Granite Hill	12.13
8	Williams, Delontay	9	Mount Miguel	12.16

Alternates

1	Nealis, Joseph	10	El Cajon Val	12.66
2	Young, Jayden	9	Steele Canyo	12.66
3	Bejar, Jorge	9	Ramona	12.67

Event 25 Girls 100 Meter Dash Frosh (16)

Saturday 3/9/2024 - 3:39 PM

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 2 Finals				
1	Chaudhry-Halperin, Chaya	9	San Dieguito	14.07
2	Glider, Brooklyn	9	Santana	13.94
3	Thomas, Sa'Mari	9	El Cajon Val	13.88
4	Soto-Academia, Amari	9	Helix	13.70
5	Millan, Hayley	9	Helix	13.83
6	McKelvey, Helena	9	Point Loma	13.91
7	Hiatt, Solana	9	Steele Canyo	13.94
8	Lee, Kiana	9	Westview	14.07
Section 2 of 2 Finals				
1	Pascual, Lexington	9	Rancho Berna	13.64
2	Harper, Devyn	9	Steele Canyo	13.58
3	Parker, Sasha	9	El Capitan	13.50
4	Allison, Evie	9	Steele Canyo	12.94
5	Holmes, Lauren	9	Del Norte	13.42
6	Tucker, Madeline	9	Granite Hill	13.58
7	Delgado, Zoe	9	Del Norte	13.58
8	McFadden, Nala	9	Eastlake	13.64

Alternates

1	King, Kynzie	9	Ramona	14.09
2	Hansen, Audrey	9	Poway	14.09
3	Barfield, Imani	9	Martin Luthe	14.14

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Alternates...(Event 26 Boys 100 Meter Dash Frosh)

4	Hull, David	9	Liberty Char	12.68
5	Stocker, Josiah	9	Steele Canyo	12.69
6	Hunt, Marcus	9	Steele Canyo	12.69

Event 27 Girls 4x400 Meter Relay Varsity (24)

Saturday 3/9/2024 - 3:50 PM

Meet Record: 4:01.24 1996 Morse

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Ramona	A	NT	_____
	1) Brown, Tayler 9	2) Bishop, Hallie 11		
	3) King, Kynzie 9	4) King, Peyton 10		
	5) Spann, Samantha 10			
2	Kearny	A	NT	_____
	1) Sells, Cirayah 12	2) Girdlestone, Rachael 12		
	3) Chuckta, Madelynn 10	4) Neugent, Malone 9		
	5) Henriquez, Abigail 12			
3	Patrick Henr	A	4:52.00	_____
	1) Ortega, Angelina 11	2) Reardon, Tabitha 11		
	3) Underwood, Camille 11	4) Cunningham, Emma 9		
	5) Aguirre, Hannah 11	6) Aguirre, Miriam 11		
4	Liberty Char	A	4:40.00	_____
	1) Vibbard, Abigail 11	2) Belasco, Cadelyn 10		
	3) Sanchez, Cambria 11	4) Svendsen, Haley 11		
	5) Belasco, Cambrey 9	6) Gall, Allison 11		
5	Valley Cente	A	4:50.66	_____
	1) Moore, Dana 11	2) Gonzalez, Genesis 12		
	3) Contreras, Roxana 12	4) Boleda, Charlotte 10		
6	El Cajon Val	A	5:07.53	_____
	1) Lawrence, Deja 10	2) Butts, Saianna 11		
	3) Beasley, Shamyia 11	4) Macias, Christiana 12		
	5) King, Serenity 9			
7	Scripps Ranc	A	NT	_____
	1) Stoughton, Tiffany 12	2) Koranda, Tegan 9		
	3) Hanks, Madeline 11	4) Kirchhoff, Anya 10		
8	Madison	A	NT	_____
	1) Alan, Destinee 9	2) Herriott-Campos, Nayomi 12		
	3) Jimerson, Brielle 12	4) Shaheed, Amirah 12		
	5) Escalante, Xiomara 10			

Section 2 of 3 Finals

1	San Dieguito	A	4:30.00	_____
	1) McFadden, Rowan 10	2) Fugate, Arabella 10		
	3) Unrein, Kaedence 9	4) Herman, Maya 11		
	5) Shayegan, Xavi 10			
2	Santana	A	4:25.03	_____
	1) Alford, Leilani 10	2) Parson, Madison 9		
	3) Johnson, Lanie 12	4) Acevedo, Corrina 9		
	5) Diaz, Harper 9	6) Glider, Brooklynn 9		
3	Helix	A	4:22.74	_____
	1) Allen, Laraigh 12	2) Burton, Chanel 12		
	3) Payne, Aaliyah 10	4) Broussard, Asia 10		
	5) Merlo, Kaiya 9	6) Grigg, Geneva 10		
4	Point Loma	A	4:17.18	_____
	1) Ramos, Isabella 10	2) Avila-Aguilar, Alexa 10		
	3) Rosas, Sophia 11	4) Wotursky, Mallory 11		
5	Steele Canyo	A	4:21.00	_____
	1) Burkhardt, Nicoletta 12	2) Barclay, Ily 10		
	3) Fuller, Kailey 10	4) Lewis, Elisha 9		
	5) Dickens, Brionna 12	6) Harper, Devyn 9		
6	Mira Mesa	A	4:25.00	_____
	1) Sarabia, Analeah 12	2) Mitchell, Allison 12		
	3) Sanders, Liliana 11	4) Gabriel, Adelia 11		
	5) Reed, Hannah 11			
7	Rancho Berna	A	4:28.13	_____
	1) Van Bakel, Juliana 11	2) Mendenhall, Abby 12		
	3) Frozano, Sophia 10	4) Rudkin, Zoe 9		
	5) Walkley, Gabriella 9			
8	Mount Miguel	A	4:38.32	_____
	1) Keller, Angelina 10	2) Reyna, Kenzie 12		
	3) Mahaney, Skyy 12	4) Fulcher, Zoey 9		
	5) Chrisp, Ma'liyah 9	6) Cook-Weaver, Kanay'Jah 12		

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Section 3 of 3 Finals...(Event 27 Girls 4x400 Meter Relay Varsity (24))

1	Del Norte	A	4:15.00	_____
	1) Sutherland, Juliana 10		2) Prasouvo, Anna 12	
	3) Blackburn, Ashlyn 10		4) Joo, Ella 10	
	5) Czyszczonek, Izabella 9		6) Harpster, Savannah 9	
2	Poway	A	4:14.12	_____
	1) Edelstein, Shani 11		2) Sweeney, Aine 9	
	3) Smith, Mackenzie 10		4) Gould, Reese 12	
	5) Buswell, Tessa 12			
3	Carlsbad	A	4:08.00	_____
	1) Hunter, Leela 12		2) Herrera, Jillian 11	
	3) Sinnett, Audrey 12		4) Herbst, Morgan 11	
	5) Walker, Maggie 9		6) Nolte, Lily 11	
4	Vista Murrie	A	3:59.00	_____
	1) Blake, Samarra 12		2) Robinson, Kaila 12	
	3) Alumbres, Alyssa 12		4) Spencer, Jaylen 12	
5	Westview	A	4:08.00	_____
	1) Arciaga, Kaitlyn 11		2) Ratermann, Macy 11	
	3) Hennigan, Delaney 10		4) Li, Elizabeth 12	
	5) Long, Charlotte 10		6) Lee, Kiana 9	
6	Mt Carmel	A	4:10.00	_____
	1) Desmond, Issa 10		2) Lake, Kassa 12	
	3) Cassell, Giselle 12		4) Ruskovich, Tianna 12	
	5) Barrus, Ashlee 9			
7	Olympian	A	4:15.00	_____
	1) Ruiz, Ivanna 11		2) Anderson, Airi 11	
	3) Gallardo, Kelena 10		4) Hawkins, Gabrielle 11	
	5) Rodriguez, Sarai 11			
8	Martin Luthe	A	4:15.00	_____
	1) Williams, Kindyl 12		2) Llamas, Sophia 9	
	3) Carrothers, Kenzie 12		4) Downs, Aubrie 10	

Alternates

1	Classical Academy	A	NT	_____
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Event 28 Boys 4x400 Meter Relay Varsity (24)

Saturday 3/9/2024 - 4:08 PM

Meet Record: 3:19.44 1996 Morse

Lane Team Relay Seed Time

Section 1 of 3 Finals

1	Ramona	A	4:09.88	_____
	1) Moretti, Mac 12		2) Paredes, Timothy 10	
	3) Swanson, Orion 11		4) Mesa, George 10	
2	El Cajon Val	A	3:49.61	_____
	1) Oliverez, Carlos 11		2) Poston, Jamari 11	
	3) Middleton, Jay 11		4) Dixon, Paris 12	
	5) Esttaifan, Yousif 12			
3	Liberty Char	A	3:47.00	_____
	1) Bray, Joel 12		2) Mapes, Benjamin 12	
	3) Burr, Aiden 11		4) Acosta, Caleb 10	
	5) Voss, Trevor 12			
4	Eastlake	A	3:40.22	_____
	1) Leon, Charles 12		2) Ramos, Andreaz 12	
	3) Linck, Nathan 12		4) Kipp, Caleb 12	
	5) Reavis, Anthony 11		6) Lovell, Jacob 9	
5	Granite Hill	A	3:45.00	_____
	1) Williams, Davion 9		2) Kraling, Jared 11	
	3) Hedrick, Justin 10		4) Miller, Donovan 12	
	5) Runkle, Kaleb 9		6) Cruz, Sergio 12	
6	Santana	A	3:47.00	_____
	1) Moreno-Acosta, Brian 12		2) Hallman, Kaedyn 11	
	3) Cruz, O'Neil 12		4) Valenzuela, Michael 12	
	5) Thomas, Ryder 10			
7	Valley Cente	A	3:52.94	_____
	1) Natale, Matteo 11		2) Cathers, Ryan 12	
	3) Maces, Manuel 11		4) Bender, Ezekiel 11	
	5) Natale, Alexander 10			
8	Scripps Ranc	A	NT	_____
	1) Randolph, Marley 12		2) Melancon, John 10	
	3) Cruz, Nico 9		4) Martin, Markell 11	
	5) Stadtherr, Ryan 11		6) Barajas, Luke 12	

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Section 2 of 3 Finals...(Event 28 Boys 4x400 Meter Relay Varsity (24))

1	Rancho Berna	A	3:39.45	_____
	1) Abawi, Brice 10		2) Fisher, Terrick 12	
	3) Cappello, Christopher 12		4) Christensen, Silas 10	
	5) De La Cruz, Miles 10		6) Wong, Stephen 11	
2	Martin Luthe	A	3:38.00	_____
	1) Babino, Rami 10		2) Lochard, Amare 12	
	3) Juarez, Alexander 11		4) Harb, Shehab 11	
3	Mount Miguel	A	3:37.42	_____
	1) Gross, James 10		2) Jones, Vincent 12	
	3) Williams, Delontay 9		4) Cloyd, Garrett 12	
	5) Hege, Dason 12		6) Lattisaw, Jaison 12	
4	Mira Mesa	A	3:35.00	_____
	1) Castillo, Nathaniel 11		2) Chiu, Bennett 12	
	3) Twyman, Caleb 11		4) Cato, Elijah 11	
	5) Scott, Dante 11		6) Zelaya, Xavier 12	
5	Steele Canyo	A	3:37.00	_____
	1) Dodds, Michael 12		2) Azevedo, Jacob 12	
	3) Purvis, Isaiah 12		4) Gray, Aaron 12	
	5) Wilson, Josiah 12		6) Sicat, Micah 12	
6	Point Loma	A	3:38.00	_____
	1) Turner, Jonah 9		2) Xavier, Gabriel 11	
	3) Cardenas-Wallenfelt, Diego 12		4) Bond, Ethan 12	
	5) Valiere, Micah 10			
7	Poway	A	3:39.10	_____
	1) Nohara, Gavin 11		2) Kim, Rory 12	
	3) Sevilla, Arturo 12		4) Smith-Earle, Rowan 11	
	5) Nations, Mitchell 12		6) Vranish, Jack 11	
8	Kearny	A	3:40.00	_____
	1) McClew, Caleb 12		2) Thomas, Charles 12	
	3) Kamari, Jacob 12		4) Enriquez, Carlos 11	
	5) Gravely, Zaiden 10		6) Teodoro-Mackey, Lorenzo 11	

Section 3 of 3 Finals

1	Helix	A	3:31.51	_____
	1) Gray, Spencer 11		2) Ellis, Jackson 10	
	3) Burston, Laurence 11		4) Norman-Lester, Lee 10	
	5) Freshley, Alex 12			
2	Mt Carmel	A	3:29.00	_____
	1) Caulfield, Harrison 11		2) Tucker, Jack 12	
	3) Barrus, Bryce 11		4) Slaughter, David 11	
	5) Young, Shaun 11			
3	Vista Murrie	A	3:28.00	_____
	1) Coats, Connor 12		2) Jones, Adrian 11	
	3) Chancay, Xzavier 12		4) Aboueldahab, Kareem 11	
4	El Capitan	A	3:25.00	_____
	1) Henry, Logan 12		2) Biffle, Jonathan 12	
	3) Calvert, Aundrey 12		4) Uden, Shamarion 12	
5	Del Norte	A	3:26.00	_____
	1) Phillips, Dean 12		2) Olsen, Ty 11	
	3) Kaimer, Aden 11		4) Spurgiesz, Josh 12	
	5) Lappin, Cooper 12		6) Bowers, Charlie 11	
6	Olympian	A	3:28.00	_____
	1) Castro, Caleb 12		2) Cuellar, Isaac 11	
	3) Cordero, Angel 12		4) Graves, Jaylon 11	
	5) Pinedo, Joaquin 12		6) Rodriguez, Franky 10	
7	Carlsbad	A	3:31.00	_____
	1) Ivey, Damon 12		2) Henkel, Carson 11	
	3) Brotman, Chase 11		4) Saint Paul, Jalen 12	
	5) Siegel, Jack 11			
8	San Dieguito	A	3:35.00	_____
	1) Kessler, Harrison 12		2) Ericson, Reid 11	
	3) LePiere, Isaac 11		4) Dillon, Shreyas 10	
	5) Silverman, Kyan 10			

Alternates

1	Santa Fe Christian	A	NT
2	School for Entrepreneurship	A	NT
3	Classical Academy	A	NT

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Event 29 Girls Long Jump Open (16)**Saturday 3/9/2024 - 9:00 AM****Meet Record: 19-05 2008 Alycia Herring**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Dixon, Camiele	10	El Capitan	15-03.00	_____
2	Nolte, Lily	11	Carlsbad	15-03.00	_____
3	Neuenschwander, Eveline	12	San Pasqual	15-03.00	_____
4	Yakob, Jasmine	12	Granite Hill	15-03.50	_____
5	Wesolowski, Sienna	11	Martin Luthe	15-04.00	_____
6	Lorett, Abbi	12	Del Norte	15-04.00	_____
7	Ball, Rae	12	Eastlake	15-05.00	_____
8	Parker, Sasha	9	El Capitan	15-05.00	_____
9	Pascual, Lexington	9	Rancho Berna	15-06.00	_____
10	Brown, Taryn	10	Santa Fe Chr	15-06.50	_____
11	Millard, Peighton	11	Carlsbad	15-10.50	_____
12	Miller, Jillian	10	El Capitan	15-10.75	_____
13	Desmond, Issa	10	Mt Carmel	15-11.00	_____
14	Davis, Paige	11	Martin Luthe	15-11.00	_____
15	McKee, Alexa	10	Grossmont	15-11.00	_____
16	Eshel, Taliah	10	Rancho Berna	15-11.50	_____

Event 30 Boys Long Jump Open (15)**Saturday 3/9/2024 - 9:00 AM****Meet Record: 23-03.50 2007 Gary Lee**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Socha, Andre	12	Santa Fe Chr	19-08.00	_____
2	Smith-Earle, Rowan	11	Poway	19-08.00	_____
3	Kumar, Alex	12	Del Norte	19-08.25	_____
4	Olah, Kevin	12	Santa Fe Chr	19-08.50	_____
5	McGowan, Davian	12	Mount Miguel	19-10.50	_____
6	Moreno-Acosta, Brian	12	Santana	19-11.75	_____
7	Dukes, Cyncere	12	Madison	20-00.00	_____
8	Altamirano, Wolfe	11	Rancho Berna	20-00.25	_____
9	Clark, Levi	11	Rancho Berna	20-01.00	_____
10	Conn, Derek	11	Martin Luthe	20-01.50	_____
11	Dixon, Paris	12	El Cajon Val	20-02.00	_____
12	Weim, Andrew	11	Point Loma	20-02.75	_____
13	Lappin, Cooper	12	Del Norte	20-03.00	_____
14	Easter, Malakai	12	Mira Mesa	20-03.00	_____
15	Calvert, Aundrey	12	El Capitan	20-05.75	_____

Event 31 Girls Shot Put Open (17)**Saturday 3/9/2024 - 9:00 AM****Meet Record: 42-06.50 2011 Nneka Anvanu**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Larios, Lauryn	12	Steele Canyo	26-09.50	_____
2	Spencer-Millard, Emalee	12	Martin Luthe	26-10.00	_____
3	Sarmiento, Shayla	11	Santana	26-11.00	_____
4	Gonzalez, Lyka	9	El Capitan	27-01.00	_____
5	Stilwell, Isabella	10	Granite Hill	27-01.00	_____
6	Mann, Bailey	9	Martin Luthe	27-07.00	_____
7	Bautista, Monserrat	11	Steele Canyo	27-09.25	_____
8	Hernandez Palomo, Semalu	11	Valley Cente	28-04.50	_____
9	Fornof, Morgan	12	Valley Cente	28-07.00	_____
10	Escobar, Mniya	12	San Pasqual	28-08.00	_____
11	Muyille, Ava	11	Westview	28-10.50	_____
12	Edwards, Ke'Ajanay	10	Mira Mesa	29-00.00	_____
13	Gadzekpo, Faith	11	Poway	29-07.00	_____
14	Traynum, Laura	11	Poway	29-07.50	_____
15	Heston, Cassandra	10	Martin Luthe	30-05.00	_____
16	Amiraslani, Bella	12	Poway	30-05.50	_____
17	Wax, Kyla	11	Eastlake	30-06.00	_____

Event 32 Boys Shot Put Open (17)**Saturday 3/9/2024 - 11:00 AM****Meet Record: 61-05 2016 Charles Lenford**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Franco, Thien	11	Rancho Berna	40-00.00	_____
2	Mason, Ryan	12	Helix	40-01.00	_____
3	Chavez, Daniel	10	Martin Luthe	40-01.00	_____
4	MacRae, Luke	11	Martin Luthe	40-02.00	_____
5	Dipietro, Nick	11	Ramona	40-02.50	_____
6	Perez Jr., Alberto	12	Valhalla	40-03.00	_____
7	Zamora, Nicolas	10	Mount Miguel	40-04.50	_____
8	Stadtherr, Ryan	11	Scripps Ranc	40-10.00	_____
9	Zarate, Jaicob	12	Vista	40-11.00	_____
10	Edwards, Joaquin	12	Point Loma	41-03.00	_____
11	Hoopes, Talon	11	Classical Ac	42-00.00	_____
12	Dixon, Andrew	11	Martin Luthe	42-04.00	_____
13	Sweitzer, Grant	11	Rancho Berna	42-04.50	_____
14	Gascon, Dylan	12	Foothills Ch	42-05.25	_____
15	Adair, Da'Shaud	11	Steele Canyo	42-07.00	_____
16	Manzo, Nathan	12	Steele Canyo	42-10.50	_____
17	Bader, Zachery	12	Santana	42-11.00	_____

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Event 33 Girls High Jump Open (11)

Saturday 3/9/2024 - 10:00 AM

Meet Record: 5-06 Underhill(RBV)Collins(SMa)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	van Heijnsbergen, Sienna	11	Poway		4-07.00
2	Baldwin, Emmy(Emerson)	11	Granite Hill		4-07.00
3	Castro, Mattea	10	Mt Carmel		4-07.00
4	Blackburn, Ashlyn	10	Del Norte		4-07.00
5	Williams, Kyndall	9	Martin Luthe		4-08.00
6	Lane, Maya	12	Helix		4-08.00
7	Fairman, Makayla	12	Steele Canyo		4-08.00
8	List, Mackenzie	12	Eastlake		4-08.00
9	Denison, Danica	9	Carlsbad		4-08.00
10	Thompson, Nia	11	Westview		4-09.00
11	Hendrickson, Kate	11	Rancho Berna		4-11.00

Event 34 Boys High Jump Open (12)

Saturday 3/9/2024 - 10:00 AM

Meet Record: 6-08 2003 Nate Gwozdz

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Carranza, Michael	12	San Pasqual		5-07.00
2	Kyle, Tristan	11	Del Norte		5-07.00
3	Qualin, Noah	11	Santana		5-07.00
4	Young, Shaun	11	Mt Carmel		5-07.00
5	Lee, Caleb	12	Rancho Berna		5-07.00
6	Dizon, Anthony	10	Rancho Berna		5-07.00
7	Carlile, Parker	12	Carlsbad		5-08.00
8	Halsey, Deshon	12	Scripps Ranc		5-08.00
9	Becker, Tyler	12	Del Norte		5-08.00
10	Gilles, Joshua	11	Steele Canyo		5-08.00
11	Robak, Aiden	12	Santana		5-09.00
12	Mashouf, Jackson	11	Poway		5-09.00

Event 35 Girls Pole Vault Open (16)

Saturday 3/9/2024 - 10:00 AM

Meet Record: 12-07 2008 Emily Matoon

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ferguson, Ingrid	10	Ramona		9-00.00
2	Unruh, Madeline	11	San Dieguito		9-00.00
3	Hettinger, Grace	12	Torrey Pines		9-00.00
4	Rausa, Ella	10	San Dieguito		9-00.00
5	Kaiser, Nicole	11	Del Norte		9-00.00
6	Waggaman, Kailey	10	Rancho Berna		9-01.00
7	Vu, Darleen	10	Westview		9-03.00
8	Viglotti, Emma	10	Francis Park		9-04.00
9	Smith, Kendra	12	Rancho Berna		9-06.00
10	Morris, Mia	11	Rancho Berna		9-06.00
11	Hunter, Leela	12	Carlsbad		9-06.00
12	Bugayong, Izzy	10	Rancho Berna		9-06.00
13	Pearson, Jordan	12	Torrey Pines		9-08.00
14	Milocco, Gabrielle	11	San Dieguito		9-09.00
15	Abola, Sophia	12	Del Norte		10-00.00
16	Tremble, Abigail	10	Poway		10-01.00

Event 36 Boys Pole Vault Open (14)

Saturday 3/9/2024 - 10:00 AM

Meet Record: 16-04 2016 Kyle Brown

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ortiz, Xander	11	Valley Cente		12-00.00
2	Benson, Juelle	11	Poway		12-00.00
3	DeLeon, Johnathon	11	Granite Hill		12-02.00
4	Rudolph, Cannon	12	Torrey Pines		12-06.00
5	Parzyk, Noah	12	Rancho Berna		12-06.00
6	Thomson, Hunter	11	Poway		12-06.00
7	Cruise, Owen	11	Torrey Pines		12-06.00
8	Thomas, Tyler	12	Santana		13-00.00
9	Votaw, Damien	12	Fallbrook		13-00.00
10	Gilbert, Jackson	12	Poway		13-00.00
11	Suhar, Tyler	10	Torrey Pines		13-02.00
12	Doomey, Parker	11	Ramona		13-03.00
13	Moore, Brandon	12	Torrey Pines		13-06.00
14	Beireis, Beckett	12	Poway		13-06.00

2024 Don Jones - 3/9/2024
Rancho Bernardo High School, San Diego CA
Meet Program

Event 37 Girls Long Jump Invite (14)**Saturday 3/9/2024 - 10:30 AM****Meet Record: 19-05 2008 Alycia Herring**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Hall, London	12	Westview	16-00.00	_____
2	Hope, Vanessa	10	Martin Luthe	16-02.00	_____
3	Richardson, Jahmyia	12	Steele Canyo	16-03.00	_____
4	Ewing, Kaliani	10	Steele Canyo	16-03.00	_____
5	Cesena, Jenna	11	Eastlake	16-06.00	_____
6	Thomas, Sa'Mari	9	El Cajon Val	16-06.25	_____
7	Cook-Weaver, Kanay'Jah	12	Mount Miguel	16-07.25	_____
8	Harper, Devyn	9	Steele Canyo	16-08.00	_____
9	Boleda, Charlotte	10	Valley Cente	16-08.50	_____
10	Burton, Chanel	12	Helix	16-10.00	_____
11	Cook, Lillian	12	Steele Canyo	16-10.00	_____
12	Broussard, Asia	10	Helix	16-10.25	_____
13	Mcdowell, Evin	11	Grossmont	16-11.00	_____
14	Hoagland, Tayhlore	12	Rancho Berna	18-06.75	_____

Event 38 Boys Long Jump Invite (16)**Saturday 3/9/2024 - 10:30 AM****Meet Record: 23-03.50 2007 Gary Lee**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Shaw, Jacob	12	Olympian	20-06.50	_____
2	Natale, Matteo	11	Valley Cente	20-07.50	_____
3	Kassab, Jamil k	12	Ramona	20-08.00	_____
4	Guinn, Brody	12	Vista Murrie	20-08.50	_____
5	Uden, Shamarion	12	El Capitan	20-09.00	_____
6	Wilson, Josiah	12	Steele Canyo	20-10.00	_____
7	Pennyman, Mario	12	Rancho Berna	21-00.75	_____
8	Aiken, Zagar	11	Madison	21-04.00	_____
9	Shaw, Amare	12	Scripps Ranc	21-11.00	_____
10	Allen, Kevin	12	Helix	21-11.00	_____
11	Nwafor, Kosi	12	Vista Murrie	21-11.25	_____
12	Dahlan, Kai	12	Carlsbad	22-00.50	_____
13	Jones, Vincent	12	Mount Miguel	22-03.00	_____
14	Henry, Logan	12	El Capitan	22-04.50	_____
15	Parenteau, Ryley	11	Madison	22-05.00	_____
16	Harris, Marcus	12	Vista	23-00.00	_____

Event 39 Girls Shot Put Invite (16)**Saturday 3/9/2024 - 9:00 AM****Meet Record: 42-06.50 2011 Nneka Anvanu**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Williams, Kamryn	9	Olympian	30-07.50	_____
2	Santon, Makayla	12	Carlsbad	30-09.00	_____
3	Welch, Amy	12	Mt Carmel	30-09.00	_____
4	McGrath, Hannah	12	El Capitan	31-01.00	_____
5	Worthem, Paige	11	El Capitan	31-01.00	_____
6	Danks, Natalie	12	El Capitan	31-03.50	_____
7	Staff, Grace	12	Vista	31-11.00	_____
8	Seabolt, Jacqueline	11	Mt Carmel	32-08.00	_____
9	McKinney, Carsen	12	Del Norte	32-08.50	_____
10	Oyawale, Alexandria	12	Vista Murrie	32-09.00	_____
11	Robles, Mia	12	Mt Carmel	32-10.50	_____
12	Brown, Nyah	12	Vista Murrie	35-04.00	_____
13	Lauifi, Leilah	12	Helix	38-01.50	_____
14	Lauifi, Hailey	12	Helix	38-09.50	_____
15	Liufau, Tesa	12	Helix	39-04.00	_____
16	Ford, Shani	11	Helix	39-09.50	_____

Event 40 Boys Shot Put Invite (21)**Saturday 3/9/2024 - 11:00 AM****Meet Record: 61-05 2016 Charles Lenford**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jorgensen, Ryan	12	Poway	43-01.00	_____
2	Addleman, Caleb	12	Eastlake	43-02.00	_____
3	Larsina, Daniel	12	Helix	43-03.00	_____
4	Llama, Jacob	11	Rancho Berna	43-08.25	_____
5	Polak, Jacob	11	Granite Hill	43-09.50	_____
6	Chiw, Noah	11	Mira Mesa	44-02.50	_____
7	Johnson, Chris	11	Vista Murrie	44-03.00	_____
8	Pacheco, Yusbel	12	Valley Cente	44-03.50	_____
9	Gamble, Marquis	11	Steele Canyo	44-04.50	_____
10	Victor, Max	12	Valley Cente	45-00.00	_____
11	Ledesma, Josue	12	San Pasqual	45-01.50	_____
12	Maciejewski, Kellen	12	Del Norte	45-04.50	_____
13	Tompkins, Jordan	12	San Pasqual	45-06.00	_____
14	Ghadban, Oliver	12	Poway	45-07.75	_____
15	Ortega, Omar	12	Rancho Berna	46-00.50	_____
16	Quiroga, Javier	12	Steele Canyo	46-05.00	_____
17	Marcos, Baylor	12	Poway	46-09.50	_____
18	Nickley, Jake	12	San Pasqual	47-05.00	_____
19	Green, Sam	12	Martin Luthe	47-09.25	_____
20	Hicks, Christian	12	Martin Luthe	51-01.25	_____
21	Gash, Anthony	12	Helix	53-07.00	_____

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Rancho Bernardo High School, San Diego CA
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Event 41 Girls Triple Jump Open (11)

Saturday 3/9/2024 - 12:30 AM

Meet Record: 38-08 2015 Cinnamon Stevenson

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Laramie, Isabella	11	Martin Luthe	30-11.50	_____
2	Dill, Kylah	11	Eastlake	31-00.00	_____
3	Lorett, Abbi	12	Del Norte	31-04.00	_____
4	Yakob, Jasmine	12	Granite Hill	31-04.00	_____
5	Cotton, Jocelyn	9	Westview	31-04.50	_____
6	Christensen, Kaia	10	Point Loma	31-05.00	_____
7	Pascual, Lexington	9	Rancho Berna	31-05.50	_____
8	Surber, Lina	10	Point Loma	31-08.00	_____
9	Castro, Mattea	10	Mt Carmel	31-11.00	_____
10	Woldemichael, Lilette	11	Helix	31-11.00	_____
11	Whyte, Isabella	11	Mira Mesa	31-11.75	_____

Event 42 Boys Triple Jump Open (12)

Saturday 3/9/2024 - 12:30 AM

Meet Record: 47-04.50 1997 Draper Rivers

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Bender, Ezekiel	11	Valley Cente	37-10.00	_____
2	Lamas, Javier	10	Helix	38-02.00	_____
3	Gravelly, Zaiden	10	Kearny	38-04.00	_____
4	Sauerhage, Ethan	12	Scripps Ranc	38-05.00	_____
5	Brown, Kyler	10	Westview	38-08.00	_____
6	Rotell, Brody	11	Santana	38-08.50	_____
7	Cromwell, Dominic	11	Ramona	39-00.00	_____
8	Nevels, Christ	12	Mount Miguel	39-03.50	_____
9	Speck, Logan	12	Poway	39-04.00	_____
10	Mordan, Jake	12	Westview	39-05.50	_____
11	Weim, Andrew	11	Point Loma	40-02.00	_____
12	Elhamad, Hamad	11	Mount Miguel	40-03.75	_____

Event 43 Girls Discus Throw Open (16)

Saturday 3/9/2024 - 12:00 PM

Meet Record: 142-06 2007 Jessica Bonner

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Williams, Kamryn	9	Olympian	80-02	_____
2	Utech, Miller	10	Del Norte	80-02	_____
3	Cueto, Jimena	11	Santana	81-05	_____
4	Austin, Cassidy	10	Rancho Berna	81-08	_____
5	Manalac, Saniyah	12	Vista Murrie	81-10	_____
6	Looper, Hannah	11	Rancho Berna	81-10	_____
7	Sarmiento, Shayla	11	Santana	82-07	_____
8	Santon, Makayla	12	Carlsbad	83-03	_____
9	Amiraslani, Bella	12	Poway	84-00	_____
10	Staff, Grace	12	Vista	84-05.25	_____
11	Escobar, Mniya	12	San Pasqual	84-08	_____
12	Traynum, Laura	11	Poway	85-02	_____
13	Worthern, Paige	11	El Capitan	86-00	_____
14	Helton, Lillian	11	Steele Canyo	86-07	_____
15	Hernandez Palomo, Semalu	11	Valley Cente	87-04	_____
16	Fornof, Morgan	12	Valley Cente	88-07	_____

Event 44 Boys Discus Throw Open (14)

Saturday 3/9/2024 - 2:00 PM

Meet Record: 185-03 2006 Bo Taylor

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Addleman, Caleb	12	Eastlake	122-07.50	_____
2	Fortune, Corey	12	Mira Mesa	123-04	_____
3	Larsina, Daniel	12	Helix	123-06.50	_____
4	Quiroga, Javier	12	Steele Canyo	124-00	_____
5	Symington, Elijah	12	Patrick Henr	126-08	_____
6	Miranda, Drew	10	Vista Murrie	127-01	_____
7	Pacheco, Yusbel	12	Valley Cente	127-08	_____
8	Chiw, Noah	11	Mira Mesa	128-02	_____
9	Llama, Jacob	11	Rancho Berna	129-03	_____
10	Hunt, Joseph	12	Steele Canyo	130-07	_____
11	Cornthwaite, Aidan	12	Valhalla	131-04	_____
12	Maces, Andres	12	Valley Cente	131-09	_____
13	Gascon, Dylan	12	Foothills Ch	131-11	_____
14	Tompkins, Jordan	12	San Pasqual	133-07	_____

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Rancho Bernardo High School, San Diego CA
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Event 45 Girls High Jump Invite (14)**Saturday 3/9/2024 - 1:00 PM****Meet Record: 5-06 Underhill(RBV)Collins(SMa)**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	McFadden, Malia	12	Eastlake	4-10.00	_____
2	Phillips, Sadie	10	Santa Fe Chr	4-10.00	_____
3	Cunningham, Isa	9	Westview	4-10.00	_____
4	Stein, Natalie	10	Patrick Henr	4-10.00	_____
5	Naigan, Melia	10	Del Norte	4-10.00	_____
6	Smith, Genesis	11	Mt Carmel	4-10.00	_____
7	Nolte, Lily	11	Carlsbad	4-11.00	_____
8	Applegate, Ashley	11	Rancho Berna	5-00.00	_____
9	Mcdowell, Evin	11	Grossmont	5-00.00	_____
10	Yent, Addison	12	Patrick Henr	5-00.00	_____
11	McMichael, Samantha	12	Rancho Berna	5-01.00	_____
12	Williams, Mya	12	Steele Canyo	5-01.00	_____
13	Woldemichael, Lilette	11	Helix	5-02.00	_____
14	Lopez Valenzuela, Bridget	11	Poway	5-03.00	_____

Event 46 Boys High Jump Invite (14)**Saturday 3/9/2024 - 1:00 PM****Meet Record: 6-08 2003 Nate Gwozdz**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Washington, Andrew	10	Point Loma	5-10.00	_____
2	Kurata, Blake	9	San Dieguito	5-10.00	_____
3	Riker, Max	11	Westview	5-10.00	_____
4	Kumar, Alex	12	Del Norte	5-10.00	_____
5	Kramer, Samuel	12	Santa Fe Chr	5-10.00	_____
6	Hasley, Deon	12	Scripps Ranc	5-10.00	_____
7	Baker, Darrious	12	Granite Hill	5-10.00	_____
8	Easter, Malakai	12	Mira Mesa	5-11.00	_____
9	Fincher, Kevin	10	Martin Luthe	5-11.00	_____
10	Moore, Julian	12	Vista Murrie	6-00.00	_____
11	Doctor, Brandon	12	Valhalla	6-01.00	_____
12	Kassab, Jamil k	12	Ramona	6-02.00	_____
13	Carmona, Sammy	12	Fallbrook	6-04.00	_____
14	Uden, Shamarion	12	El Capitan	6-05.00	_____

Event 47 Girls Pole Vault Invite (11)**Saturday 3/9/2024 - 1:00 PM****Meet Record: 12-07 2008 Emily Matoon**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Potenciano, Jada	12	Rancho Berna	10-06.00	_____
2	Recaido, Keira	11	Del Norte	10-06.00	_____
3	Humer, Sophie	10	Rancho Berna	10-06.00	_____
4	Khoury, Sahara	12	Fallbrook	11-00.00	_____
5	Scarpelli, Lauren	12	Sage Creek	11-03.00	_____
6	Tseng, Chloe	12	Del Norte	11-03.00	_____
7	Khieu, Caitlin	10	Del Norte	11-03.00	_____
8	Khoury, Maya	12	Fallbrook	11-05.00	_____
9	Galkina, Alisa	10	Torrey Pines	11-05.75	_____
10	Dejong, Kelly	12	Maranatha Ch	12-08.00	_____
11	Echsner, Paige	11	Del Norte	12-09.00	_____

Event 48 Boys Pole Vault Invite (13)**Saturday 3/9/2024 - 1:00 PM****Meet Record: 16-04 2016 Kyle Brown**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Casanova, Gian	12	Valhalla	14-00.00	_____
2	Farenc, Vincent	12	Westview	14-01.00	_____
3	Yarbrough, Dylan	10	San Dieguito	14-04.00	_____
4	Sun, Leo	12	Del Norte	14-06.00	_____
5	Schiering, Andrew	12	Westview	14-06.00	_____
6	Bernier, Aiden	12	Fallbrook	14-06.00	_____
7	Saunders, Rob	12	Rancho Berna	14-06.00	_____
8	Kondo, Jordan	12	Vista	14-09.00	_____
9	Sotelo, Tristan	12	Grossmont	15-00.00	_____
10	Cullen, Michael	11	Redlands	15-06.00	_____
11	Mckee, Jaden	12	Martin Luthe	16-00.00	_____
12	Weisman, Joey	12	Torrey Pines	16-01.00	_____
13	Emerson, Jacob	12	Sage Creek	16-01.00	_____

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Event 49 Girls Triple Jump Invite (16)

Saturday 3/9/2024 - 2:00 PM

Meet Record: 38-08 2015 Cynamon Stevenson

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Miller, Jillian	10	El Capitan	32-03.00	_____
2	Neuenswander, Eveline	12	San Pasqual	32-04.25	_____
3	Brownsberger, Kaci	10	Grossmont	32-05.00	_____
4	Jacques, Halle	12	Poway	32-08.00	_____
5	Jones, Jady	11	Kearny	32-09.00	_____
6	Gates, Natalie	11	Point Loma	32-09.00	_____
7	Wesolowski, Sienna	11	Martin Luthe	33-04.00	_____
8	Millard, Peighton	11	Carlsbad	33-04.50	_____
9	Eshel, Taliah	10	Rancho Berna	33-06.00	_____
10	Leonard, Ryan	10	Vista Murrie	33-07.00	_____
11	Hoagland, Tayhlore	12	Rancho Berna	33-11.00	_____
12	Hope, Vanessa	10	Martin Luthe	35-03.50	_____
13	Cook-Weaver, Kanay'Jah	12	Mount Miguel	35-08.00	_____
14	Mcdowell, Evin	11	Grossmont	35-09.50	_____
15	Cook, Lillian	12	Steele Canyo	36-00.50	_____
16	Ball, Rae	12	Eastlake	36-00.75	_____

Event 50 Boys Triple Jump Invite (12)

Saturday 3/9/2024 - 2:00 PM

Meet Record: 47-04.50 1997 Draper Rivers

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Griffiths, Kyler	11	Olympian	40-08.00	_____
2	Trang, Jacob	11	Eastlake	40-08.00	_____
3	Kumar, Alex	12	Del Norte	40-08.25	_____
4	Gupta, Aadit	12	Del Norte	40-10.75	_____
5	Kraling, Jared	11	Granite Hill	40-11.50	_____
6	Young, Shaun	11	Mt Carmel	41-06.75	_____
7	Shaw, Jacob	12	Olympian	42-00.50	_____
8	Easter, Malakai	12	Mira Mesa	43-07.50	_____
9	Pennyman, Mario	12	Rancho Berna	44-01.50	_____
10	Wood, Donovan	12	Point Loma	44-04.50	_____
11	Harris, Marcus	12	Vista	46-04.50	_____
12	Nwafor, Kosi	12	Vista Murrie	47-08.50	_____

Event 51 Girls Discus Throw Invite (14)

Saturday 3/9/2024 - 12:00 PM

Meet Record: 142-06 2007 Jessica Bonner

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	McGrath, Hannah	12	El Capitan	89-06	_____
2	Welch, Amy	12	Mt Carmel	91-06	_____
3	Spencer-Millard, Emalee	12	Martin Luthe	95-10	_____
4	Seabolt, Jacqueline	11	Mt Carmel	97-04	_____
5	Danks, Natalie	12	El Capitan	98-02	_____
6	Khot, Jaya	11	Rancho Berna	99-02	_____
7	Oyawale, Alexandria	12	Vista Murrie	101-08	_____
8	McKinney, Carsen	12	Del Norte	103-04	_____
9	Brown, Nyah	12	Vista Murrie	103-08	_____
10	Liufau, Tesa	12	Helix	105-05.25	_____
11	Lauifi, Leilah	12	Helix	109-00	_____
12	Ford, Shani	11	Helix	116-07.50	_____
13	Robles, Mia	12	Mt Carmel	118-05	_____
14	Lauifi, Hailey	12	Helix	120-06	_____

Event 52 Boys Discus Throw Invite (12)

Saturday 3/9/2024 - 2:00 PM

Meet Record: 185-03 2006 Bo Taylor

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Edwards, Joaquin	12	Point Loma	134-05	_____
2	Green, Sam	12	Martin Luthe	138-01	_____
3	Nickley, Jake	12	San Pasqual	139-02	_____
4	Franco, Thien	11	Rancho Berna	139-09	_____
5	Ortega, Omar	12	Rancho Berna	140-05	_____
6	Hicks, Christian	12	Martin Luthe	141-00	_____
7	Victor, Max	12	Valley Cente	142-08	_____
8	Maciejewski, Kellen	12	Del Norte	144-07	_____
9	Nuechterlein, Ethan	12	Vista Murrie	145-04	_____
10	Polak, Jacob	11	Granite Hill	146-02	_____
11	Dixon, Andrew	11	Martin Luthe	154-01	_____
12	Gash, Anthony	12	Helix	155-10.50	_____