

Dr. Sander Invitational Columbia Challenge 2024

TOTAL ATHLETE NUMBERS AND SCHEDULE SUBJECT TO CHANGE

*****Fastest heat/top flight will go last (except for College Races during TV Window)*****

Friday, January 26						
Combined Events						
Time	Gender	Event	Type	Opening Height	Progression	Field Size
9:00 AM	M	Hep 60m	College	-	-	15
9:40 AM	M	Hep LJ	College	-	-	15
10:40 AM	M	Hep SP	College	-	-	15
11:40 AM	M	Hep HJ	College	-	-	15

Track Events						
Time	Gender	Event	Type	Minutes	Heats	Field Size
12:15 PM	-	Coaches Meeting		0:15	-	-
2:00 PM	W	60m Dash	College Heats: WHITE	0:10	3	27
2:10 PM	W	60m Dash	College Heats: BLUE	0:15	4	36
2:25 PM	M	60m Dash	College Heats: WHITE	0:10	3	27
2:35 PM	M	60m Dash	College Heats: BLUE	0:15	4	36
2:50 PM	W	DMR	College Final	0:15	1	12
3:05 PM	M	DMR	College Final	0:15	1	12
3:20 PM	W	60m Hurdles	College Heats	0:15	4	36
3:35 PM	M	60m Hurdles	College Heats	0:15	4	36
3:50 PM	W	5K	College Final	0:20	1	20
4:10 PM	M	5K	College Final	0:20	1	20
4:30 PM	M	60m Hurdles	College Final	0:05	1	9
4:35 PM	W	60m Hurdles	College Final	0:05	1	9
4:40 PM	W	60m Dash	College Final: BLUE	0:05	1	9
4:45 PM	M	60m Dash	College Final: BLUE	0:05	1	9

Field Events						
Time	Gender	Event	Type	Opening Height	Progression	Field Size
11:00 AM	M	Triple Jump	College	-	-	32
11:00 AM	M	Pole Vault	College	4.15m	15cm	16
12:15 PM	W	Shot Put	College	-	-	32
1:00 PM	M	Long Jump	College	-	-	32
1:00 PM	W	Long Jump	College	-	-	32
2:00 PM	W	Pole Vault	College	3.15m	15cm	16
3:00 PM	M	Shot Put	College	-	-	32



Saturday, January 27						
Combined Events						
Time	Gender	Event	Type	Opening Height	Progression	Field Size
8:30 AM	M	Hep 60mH	College	-	-	15
9:10 AM	M	Hep Pole Vault	College	-	-	15
2:02 PM	M	Hep 1000m	College	-	-	15
8:45 AM	W	Pent 60mH	College	-	-	15
9:30 AM	W	Pent HJ	College	-	-	15
11:00 AM	W	Pent SP	College	-	-	15
2:00 PM	W	Pent LJ	College	-	-	15
3:00 PM	W	Pent 800m	College	-	-	15

Saturday, January 27						
Field Events						
Time	Gender	Event	Type	Opening Height	Progression	Field Size
9:00 AM	W	Weight Throw	College	-	-	32
12:00 PM	Inv M	USA Triple Jump	Invitational	-	-	8
12:15 PM	Inv W	USA Long Jump	Invitational	-	-	8
12:15 PM	Inv M	USA High Jump	Invitational	1.85m	5cm	8
1:45 PM	M	Weight Throw	College	-	-	32
2:00 PM	W	High Jump	College	1.50m	5cm	20
2:15 PM	W	Triple Jump	College	-	-	32

Track Events						
Time	Gender	Event	Type	Minutes	Sections	Field Size
9:50 AM	W	3K - Section 1-2	College	0:25	2	32
10:15 AM	M	3K - Section 1-2	College	0:25	2	32
10:40 AM	W	800m - Sections 1-2	College	0:08	2	20
10:48 AM	M	800m - Sections 1-3	College	0:12	3	30
11:00 AM	W	400m - Sections 1-10	College	0:20	10	50
11:20 AM	M	400m - Sections 1-8	College	0:16	10	50
11:36 AM			Opening Ceremonies			
12:04 PM	W	USA 800m	Invitational	0:06	1	8
12:10 PM	M	3K - Section 3	College	0:10	1	16
12:20 PM	W	College 400m - Sections 11-12	College	0:07	2	8
12:27 PM	M	USA 800m	Invitational	0:08	1	8
12:35 PM	M	College 400m - Sections 9-10	College	0:07	2	8
12:42 PM	M	College 800m - Sections 4-5	College	0:08	2	16
12:50 PM	W	USA 400m	Invitational	0:07	1	3
12:57 PM	W	College 800m - Sections 3-4	College	0:08	2	16
1:05 PM	M	USA 400m	Invitational	0:06	1	4
1:11 PM	M	College 200m - Sections 11-12 (Fastest)	College	0:06	2	8
1:17 PM	W	College 200m - Sections 11-12 (Fastest)	College	0:06	2	8
1:23 PM	W	College 3K - Section 3	College	0:13	1	14
1:36 PM	W	USA Mile	Invitational	0:09	1	12
1:45 PM	M	USA Mile	Invitational	0:10	1	12
2:02 PM	M	Mile - Section 3 (Fastest)	College	0:06	1	12
2:08 PM	M	Hep 1000m	College	0:12	2	15
2:20 PM	W	200m - Sections 1-10	College	0:36	15	80
2:56 PM	M	200m - Sections 1-10	College	0:28	12	80
3:24 PM	M	Mile - Sections 1-2	College	0:12	2	24
3:36 PM	W	Mile - Sections 1-3	College	0:18	3	36
3:54 PM	W	4x400m	College	0:20	4	17
4:14 PM	M	4x400m	College	0:15	3	13

TV Window