

Sheboygan North Raider Co-ed JV Invite

Friday March 22, 2024

Sheboygan North High School is hosting its JV Co-Ed indoor invite Friday March 22, 2024. FAT timing will be used in all events except for the 3200m relay. Please have your team camp established in the commons as you enter the building. There will not be enough room in the fieldhouse for Team Camps.

Location: Sheboygan North High School, 2926 North 10th Street. Please have your bus drop athletes off at the intersection of School Avenue and 12th street. (Door 15) Have your buses drop athletes off, then relocate the bus to the parking lot on the east side of the building; off of N.10th Street.

Teams:

Grafton, Howards Grove, Kaukauna, Kiel, Little Chute, Milwaukee Pulaski, Oshkosh West, Plymouth, Port Washington, Racine Lutheran, Roncalli, Sheboygan Christian, Sheboygan Falls, Sheboygan North, Sheboygan South, West Bend East, West Bend West

Entries:

- All schools must enter their athletes online at www.athletic.net Please have your entries in by 8pm on Thursday night
- 3 entries per individual event Exception 200 where only 2 will be allowed
- 5 entries for the 55m dash No Finals
- 1 Relay Team
- Unlimited Throwers
- No 3200m Run

Deadline for entries is Thursday, March 21st at 7:00pm. Please make sure to enter legitimate times for indoor meets. You may only scratch and replace athletes in running events at the coaches meeting.

Facility:

The field house track is a 160m track with 6 lanes on the straight and 4 lanes around. **NO SPIKES** are allowed on the track. Pole Vault and High Jump will be held on the infield while the long and triple jump pit is located on the outside of the track along the back stretch in the field house. Shot put is held in the Desotell Gymnasium.

Athletes must report to the bullpen, (located near the north end of the bleachers) and obtain a hip number prior to the second call of their race. That hip number must be placed on their left hip and be visible when the athlete crosses the finish line. Only the 4th runner in the relay race must have this number. All runners must report to the clerk of course by the 2nd call of their race. He will be located near the start line of each race.

Coaches Meeting:

Coaches meeting will be held in the Multipurpose at 1:45pm. Only scratch and replace will be allowed in running events, no additional athletes will be allowed on the day of competition. Food and Beverage will be provided

Awards: medals to the top 3 place finishers in each event.

Results: All results will be available at www.athletic.net immediately following competition.

Running Events:

All running events will be finals only. 400m Dash and 1600m Relay will be run in alleys. Blocks will not be used and each heat will have 6 competitors.

We will need lap counters for the 1600. The Event will not start without a lap counter per athlete.

Field Events:

Due to number of competitors, all field events will be 3 attempts with no Finals

Starting Heights:

Starting heights will be determined in the coaches meeting. The below are tentative heights.

Tentative thoughts about Heights

Girls PV 5', 6', then 6" increments

Boys PV 6' 7', 8', then 6" increments

Girls HJ 3'6"

Boys HJ 4'6"

Final heights will be determined at the coaches meeting. We will look at the total number of competitors, and we will try to provide heights that will allow for every competitor to get a mark, but not extend the meet to an obnoxious length.

Pits:

Long jump will occur first. Only 1 board will be used for 3 jumps with no finals.. Athletes will be able to piggyback on their first **2 attempts**. Following their second jump they will need to go to the end of the line. Coaches and teams failing to adhere to this request will forfeit their third attempt. Make sure athletes measure steps off the proper Board. At the conclusion of Long Jump there will be a short break for Triple Jump run throughs. Triple jump will operate from 3 boards and operate in the same manner.

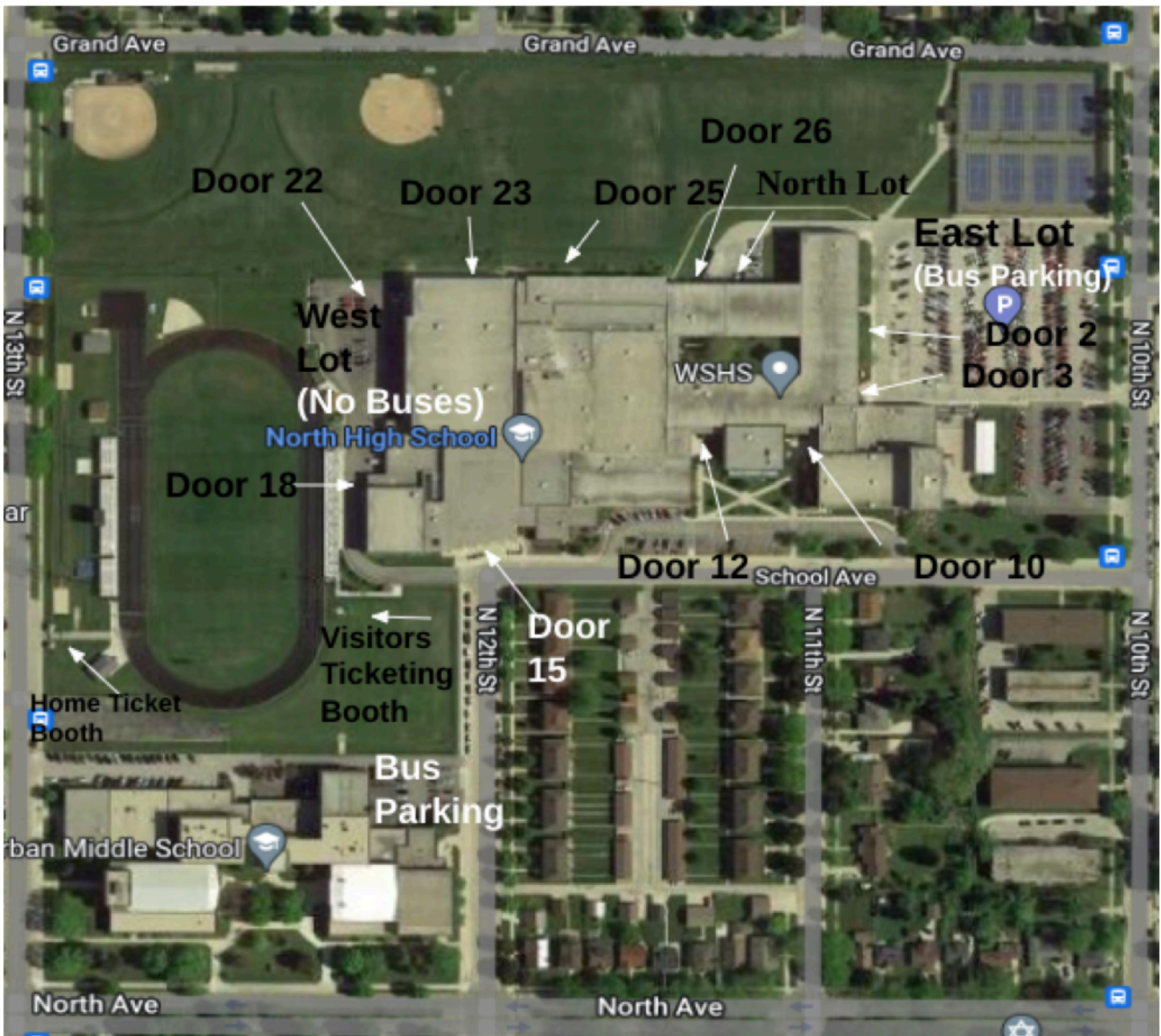
Shot Put:

2 circles will be used. We will start with boys in one circle and girls in the other. Flights will have approximately 10 athletes. Warm up time will be 10 minutes between flights. Throws will be 1-1-1. If one gender finishes prior to the other we may move flights and use both circles for the same gender.

Concessions: The Sheboygan north booster club will provide concessions, please remind your athletes that only water is allowed in the field house area.

Admission: Students 10 yrs & up \$5.00; Adults \$5.00, Sr. Citizens \$5.00; Children 9 yrs and under \$3.00, **Passes will not be honored.**

Bus Parking: (see below diagram) Buses should Drop off at Door 15. The best way to accomplish this is to travel North on 11th Street, turn left on to School Avenue. Once athletes are dropped off buses should leave the area and park in Lot 2. This area is likely to be congested at the time of drop off. Buses may want to park on surrounding streets until both North high school and Urban Middle school traffic dissipates



If you have any questions, please email or call Ted Schermetzler 920-698-0418 Cell tschermetzler@sasd.net

Order of Events:

1:00 Facility Opens
1:45 Coaches Meeting
2:15 All Field Events
Pole Vault Boys/Girls
Shot Put both genders opposite circles
High Jump Girls/Boys
Long Jump Open Pit (both genders)
Triple Jump (after conclusion of long jump)

3:00 All Running Events

3200m Relay (Hand Timed) Girls/Boys
55m Hurdle Girls/Boys
55m Dash Wheelchair
55m Dash Girls/Boys
1600m Run Girls/Boys
4x240m Relay Girls/Boys
400m Dash Girls/Boys
4x160m Relay Girls/Boys
800m Run Girls/Boys
200m Dash Girls/Boys
1600m Relay Girls/Boys

Fieldhouse Records Boys

Fieldhouse Records

55m Dash	Ray Smith	6.68a	2008	Sheboygan South
55m Dash	Ben Daniels	6.68a	2011	GB Preble
200m Dash	Aaron Kidd	24.08a	2009	Sheboygan North
400m Dash	Caleb Ogden	50.95a	2016	Oak Creek
800m run	Clarke Otte	2:01.94a	2017	Sheboygan Falls
1600m Run	Clarke Otte	4:34.13a	2016	Sheboygan Falls
3200m Run	Daniel Laluzrne	10:00.86a	2015	GB Preble
55m Hurdles	Taylor Gregory	8.04a	2013	Sheboygan South
55m Hurdles	Matt Dobson	8.04a	2011	GB Preble
4x160m Relay	Beasley, Bailey, Cornell, Jatczak	1:19.68a	2024	Manitowoc
4x240m Relay	Madden, Griessmeyer, Gundrum, Allan	2:02.71a	2011	Sheboygan North
4x400m Relay	Rettler, Molzahn, Kirchman, Boez	3:42.13a	2011	GB Preble
4x800m Relay	Lang, Thomas, Willemsen, Willemsen	8:398.82	2024	Sheboygan North
Shot Put	Rafael Saez	54-9"	2011	Oak Creek
High Jump	DJ Devalk	6-8"	2014	Little Chute
Long Jump	Korey Peters	21-3"	2012	West Bend East
Triple Jump	Chauncey Jackson	43-1.5"	2024	MAOS
Pole Vault	Jake Czisny	14-6"	2009	West Bend East
55m Wheelchair	Mateo Shaw	17.98	2023	Sheboygan North