

**CIF Divisional Championships 2024**

**Del Norte High School**

**All Schedules are Approximate**

<b>Time</b>	<b>Event</b>	<b>Heat</b>	<b>Time</b>	<b>Event</b>	<b>Heat</b>
10:00	Girls 4 x 800 Relay	1	1:56	Girls 300 LH	1
10:15	Boys 4 x 800 Relay	1	1:59	Girls 300 LH	2
11:00	Girls 4 x 100 Relay	1	2:01	Girls 300 LH	3
11:04	Girls 4 x 100 Relay	2	2:07	Boys 300 IH	1
11:10	Boys 4 x 100 Relay	1	2:10	Boys 300 IH	2
11:14	Boys 4 x 100 Relay	2	2:13	Boys 300 IH	3
11:22	Girls 1600m	1	2:23	Girls 200m	1
11:30	Girls 1600m	2	2:26	Girls 200m	2
11:40	Boys 1600m	1	2:29	Girls 200m	3
11:48	Boys 1600m	2	2:35	Boys 200m	1
11:58	Girls 100 IH	1	2:38	Boys 200m	2
12:01	Girls 100 IH	2	2:41	Boys 200m	3
12:04	Girls 100 IH	3	2:51	Girls 3200m	1
12:12	Boys 110 HH	1	3:09	Boys 3200m	1
12:15	Boys 110 HH	2	3:27	Girls 4 x 400 Relay	1
12:18	Boys 110 HH	3	3:35	Girls 4 x 400 Relay	2
12:28	Girls 400m	1	3:45	Boys 4 x 400 Relay	1
12:32	Girls 400m	2	3:53	Boys 4 x 400 Relay	2
12:36	Girls 400m	3			
12:42	Boys 400m	1	<b>Time</b>	<b>Field Events</b>	<b>Site</b>
12:46	Boys 400m	2	10:00	Girls Long Jump	
12:50	Boys 400m	3	10:00	Boys Long Jump	
1:00	Girls 100m	1	10:00	Girls Pole Vault	
1:03	Girls 100m	2	10:00	Boys High jump	
1:06	Girls 100m	3	10:00	Girls Shot Put	
1:12	Boys 100m	1	10:00	Boys Discus	
1:15	Boys 100m	2	12:45	Girls Triple Jump	
1:18	Boys 100m	3	12:45	Boys Triple Jump	
1:28	Girls 800m	1	12:45	Boys Pole Vault	
1:33	Girls 800m	2	12:45	Girls High jump	
1:41	Boys 800m	1	12:45	Boys Shot Put	
1:46	Boys 800m	2	12:45	Boys Ambulatory Shot Put	
			12:45	Girls Discus	