

CIFSDS Section Championships 2024

All Schedules are Approximate

Running Events

Time	Event	Heat
10:00	Girls 4 x 800 Relay	1
10:15	Boys 4 x 800 Relay	1
11:00	Girls 4 x 100 Relay	1
11:05	Girls 4 x 100 Relay	2
11:14	Boys 4 x 100 Relay	1
11:19	Boys 4 x 100 Relay	2
11:28	Girls 1600m	1
11:38	Boys 1600m	1
11:50	Girls 100 HH	1
11:54	Girls 100 HH	2
12:02	Boys 110 IH	1
12:06	Boys 110 IH	2
12:18	Girls 400m	1
12:22	Girls 400m	2
12:30	Boys 400m	1
12:34	Boys 400m	2
12:44	Girls 100m	1
12:48	Girls 100m	2
12:56	Boys 100m	1
1:00	Boys 100m	2
1:10	Girls 800m	1
1:15	Girls 800m	2
1:25	Boys 800m	1
1:30	Boys 800m	2
1:40	Girls 300 LH	1
1:44	Girls 300 LH	2
1:52	Boys 300 IH	1
1:56	Boys 300 IH	2

Running Events

Time	Event	Heat
2:04	Girls 200m	1
2:08	Girls 200m	2
2:16	Boys 200m	1
2:20	Boys 200m	2
2:30	Girls 3200m	1
2:50	Boys 3200m	1
2:58	Girls 4 x 400 Relay	1
3:06	Girls 4 x 400 Relay	2
3:16	Boys 4 x 400 Relay	1
3:24	Boys 4 x 400 Relay	2

Field Events

Time	Event	Flight
9:00	Boys Shot Put	
9:00	Girls Shot Put	
10:00	Girls Long Jump	
10:00	Boys Long Jump	
10:15	Girls Pole Vault	
10:30	Boys High Jump	
11:00	Girls Discus	
12:30	Boys Pole Vault	
12:30	Girls Triple Jump	
12:30	Boys Triple Jump	
1:00	Girls High Jump	
2:00	Boys Discus	

Note: Additional heats or events may add to the time schedule.