



Mt. Zion Boys Mini Meet Event Schedule Friday, February 23, 2024

<u>TEAMS:</u>	ALAH	Pana	Okaw Valley	Meridian
	Mt. Zion	Eisenhower	Olney	Cumberland
	Lanphier	Heyworth	Cerro Gordo	

ENTRY

FEE: \$100.00 per team (made payable to Mt. Zion High School)
Mail to: Kelly Fox, Mt. Zion HS, 315 S. Henderson, Mt. Zion, IL 62549

Each school needs to provide a worker (coach if necessary) at one of the field events. Mt. Zion will cover pole vault. Please sign up using the link below. We will designate teams to open positions if they've not been filled.

<https://www.signupgenius.com/go/60B0C4BABAC2FA0FB6-46995837-mtzion>

4:00 p.m. Field Events HJ, LJ followed by TJ, PV, SP (up to 3 athletes per event)

5:00 p.m. Shot put will be held at the Intermediate School across the street in the All-purpose room

4:45 p.m. 60m dash (4 entries)
1600m run (4 entries)
60m hh finals (3 entries)
800 Meter Relay (A/B entries)
800 run (4 entries)
200m dash (3 entries)
1600m relay (A/B entries)

Spike shoes **WITHOUT SPIKES WILL BE ALLOWED! Coaches, please emphasize this stipulation to your athletes. If an athlete is discovered to have spikes in his shoes, he will be disqualified from the meet.

Register at www.athletic.net by noon on Wednesday, February 21

New this year: DOC Athletic Performance in MTZ is providing athleticlive results

ADMISSION: \$2 students/\$5 adults

CONTACT INFORMATION:

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