

Updated Schedule

Principia Youth Relays 2024 Schedule:
Field Events schedule (subject to Change)

Time	Gender	Event	Age Group	Flighting	Attempts
8:30 am	G & B	Weight Throw	15-16, 17-18,O,M	TBD	4
8:30 am	G & B	Pole Vault	13-14,15-16,17-18,O,M	TBD	4
8:30 am	G & B	Long Jump	All divisions	TBD	4
9:00 am	G & B	High Jump:	9-10,11-12,13-14, 15-16,17-18,O,M	TBD	4
9:30 am	G & B	Shot Put	All divisions	TBD	4
10:30 am	G & B	Triple Jump	13-14,15-16,17-18,O,M	TBD	4

11:00 am - 11:15 am: Coaches Meeting at finish line

Running Events schedule (subject to Change) (Start times are approximate. We will move ahead of schedule when possible. Athletes and coaches must pay attention to announcements.)

Order of events: Heats will be run slow to fast. Girls first, followed by boys.

All events will be timed finals (no prelims)

Time	Event	Age Group	
10:30 am	1500m Racewalk	All divisions	
11:00 am	4x800m	All divisions	
11:30 pm	60M	All divisions	
12:30 pm	60H	11-12, 13-14, 15-16,17-18 O, M	
1:15 pm	1 Mile	All divisions	
1:45 pm	200M	All divisions	
2:45 pm	600M	All divisions	
3:30 pm	4x200m Relay	All division	
4:00 pm	Mixed 4x200m Relay (Order: B, G, B, G)	All division	
4:30 pm	Sprint Medley Relay (200-200-400-800)	All division	
5:00 pm	3200M	All divisions	
5:30 pm	4x400 Relay	9-10, 11-12, 13-14, 15-16,17-18, O,M	
5:30 pm	Mixed 4X400 RELAY (Order: B, G, B, G)	9-10, 11-12, 13-14, 15-16,17-18,O,M	