

PG Sports & Learning Complex
8001 Sheriff Rd, Landover, MD 20785

12:00 p.m. enter PGSLC
12:30 p.m. coaches meeting

Order of events – this will be a rolling schedule.

1:00 p.m. BOYS 55m Hurdles Semi-finals
1:15 p.m. GIRLS 55m Hurdles Semi-finals
1:30 p.m. BOYS 55m Dash Semi-finals
1:40 p.m. GIRLS 55m Dash Semi-finals

1:45 p.m. Girls 4x800m Relay
2:20 p.m. Boys 4x800m Relay
3:00 p.m. Girls 300m Dash - Sections on Time
3:15 p.m. Boys 300m Dash - Sections on Time
3:30 p.m. Girls 1600m Run - Sections on Time
3:45 p.m. Boys 1600m Run - Sections on Time
4:00 p.m. Girls 500m Run - Sections on Time
4:15 p.m. Boys 500m Run - Sections on Time
4:30 p.m. GIRLS 55m Hurdle Finals
4:40 p.m. BOYS 55m Hurdle Finals
4:50 p.m. Girls 3200m Run - Sections on Time
5:20 p.m. GIRLS 55m Dash Finals
5:25 p.m. BOYS 55m Dash Finals
5:30 p.m. Boys 3200m Run – Sections on Time
6:00 p.m. Girls 4x200m Relay - Sections on Time
6:15 p.m. Boys 4x200m Relay - Sections on Time
6:30 p.m. Girls 800m Run - Sections on Time
6:45 p.m. Boys 800m Run - Sections on Time
6:55 p.m. Girls 4x400m Relay - Sections on Time
7:10 p.m. Boys 4x400m Relay - Sections on Time

Field Events

1:00 p.m. Girls High Jump - followed by Boys High Jump
1:00 p.m. Girls Shot Put - followed by Boys Shot Put
1:00 p.m. Boys Pole Vault - followed by Girls Pole Vault Both classes together