

2024 MHSAA Regional Meet # 4-Div.1 at Grand Ledge HS

Time Schedule

- 12:00p.m. Pole Vault check-in (**coaches must** sign off on pole capacity) and warm up at event (south end of track and field complex)
- 1:00p.m. * **Girls' pole vault begins** *
- **Implement (shot and discus) weigh-in and check in** (in coaches' office on northeast corner of concession/restroom building at north end of complex) open from 1:00-1:45p.m.
 - **Coaches' Meeting** at Track storage barn located at southwest corner of complex.
- 1:20p.m. **Opening Round Scratches Due** (field events, 3200 relay and semifinals) to press box (north end)
- 2:00p.m. Field events begin
- **Girls discus** (north end of complex)
 - **Girls LJ** (south end of complex)
 - **Boys HJ** (south end of infield)
 - **Boys SP** (northeast end of complex)
- 3:00p.m. Boys **3200m relay** (1 heat), followed by girls (1 heat)
- 3:30p.m. **Semifinals** (will start immediately following conclusion of girls 3200 relay)
- 100m dash (boys, then girls: heat winners + next fastest times to fill 8 lanes)
 - 100m hurdles (boys, then girls: same qualifying as 100)
 - 200m dash (boys, then girls: same qualifying as 100)
- 4:20p.m. **Final scratches** due to press box (north end)
- 5:00p.m. **Finals** begin with boys 110m hurdles final (rolling schedule, thereafter)