



2024

Track and Field Championship Schedule

Thursday

FIELD EVENTS

3:30 PM Coaches Meeting

3:50 PM G - Pole Vault**

3:50 PM B - Long Jump (S. Pit)

3:50 PM G - Long Jump (N. Pit)

3:50 PM G - Discus

3:50 PM B - Shot

3:50 PM B - High Jump

** If cancelled, Girls PV rescheduled for Saturday followed by Boys PV

Saturday

FIELD EVENTS

9:00 AM Coaches Meeting

9:20 AM B - Pole Vault

9:20 AM B - Triple Jump (N. Pit)

9:20 AM G - Triple Jump (S. Pit)

9:20 AM B - Discus

9:20 AM G - Shot

9:20 AM G - High Jump

Thursday

RUNNING EVENTS - Prelims

4:00 PM B - 110 H. Hurdles

4:15 PM G - 100 H. Hurdles

4:25 PM B - 100 M Dash

4:35 PM G - 100 M Dash

4:50 PM B - 1600 M Run (Final)

5:05 PM G - 3200 M Run (Final)

5:20 PM B - 400 M Dash

5:35 PM G - 400 M Dash

5:50 PM B - 300 I. Hurdles

6:05 PM G - 300 L. Hurdles

6:20 PM B - 800 M Run

6:35 PM G - 800 M Run

6:50 PM B - 200 M Dash

7:00 PM G - 200 M Dash

Saturday

RUNNING EVENTS - All Finals

9:30 AM G - 4x200 M Relay

- Awards Break -

10:00 AM B - 110 H. Hurdles

10:10 AM G - 100 H. Hurdles

10:20 AM B - 100 M Dash

10:25 AM G - 100 M Dash

G - 100 M Dash (Ambulatory)

10:35 AM G - 1600 M Run

10:45 AM B - 4x100 M Relay

10:55 AM G - 4x100 M Relay

11:05 AM B - 400 M Dash

11:15 AM G - 400 M Dash

11:35 AM B - 300 I. Hurdles

11:45 AM G - 300 L. Hurdles

11:55 AM B - 800 M Run

12:05 PM G - 800 M Run

12:15 PM B - 200 M Dash

12:25 PM G - 200 M Dash

12:35 PM B - 3200 M Run

12:50 PM B - 4x400 M Relay

12:55 PM G - 4x400 M Relay