

Metro Track And Field Championships - 5/11/2022 to 5/13/2022

SWAC

Results - Day Two

Event 1 Girls 4x200 Meter Relay 3A

Team	Relay	Finals
Section 1		
1 Ballard	A	1:45.74
2 West Seattle	A	1:46.18
3 Eastside Catholic	A	1:46.35
4 Seattle Prep	A	1:46.74
5 Holy Names Academy	A	1:47.45
6 Ingraham	A	1:48.53
7 Garfield	A	1:49.11
8 Roosevelt (Wa)	A	1:54.07
Section 2		
1 Franklin (Wa)	A	1:48.03
2 Lincoln (Seattle)	A	1:48.56
3 Lakeside (Seattle)	A	1:48.59
4 Bishop Blanchet	A	1:48.74
5 Rainier Beach	A	1:50.79
6 Chief Sealth	A	1:55.57
7 Cleveland (Wa)	A	2:01.69

Event 2 Boys 110 Meter Hurdles 3A

Name	Yr	School	Finals
Section 1 Finals			
1 #552 Velling, Drew	12	Seattle Prep	14.65
2 #468 Endris, Eyoub	12	Rainier Beac	15.12
3 #249 Johnson, Khalil	11	Garfield	15.76
4 #431 Caesar, Amani	9	O'Dea	16.05
5 #34 Moore, Andrew	12	Ballard	16.15
6 #100 Moore, Isaac	11	Bishop Blanc	16.44
7 #204 Coburn, Truman	11	Franklin (Wa)	16.51
8 #47 Tinker, Samuel	12	Ballard	16.85

Event 3 Girls 100 Meter Hurdles 3A

Name	Yr	School	Finals
Section 1 Finals			
1 #236 Robinson, Mae	11	Garfield	15.85
2 #15 Marion, Sydney	12	Ballard	16.55
3 #349 Guggino, Zoe	12	Lincoln (Sea)	16.80
4 #18 Nash, Kathryn	12	Ballard	17.47
5 #10 Goldberg, Vivian	9	Ballard	17.75
6 #226 Ceballos-Baliga, Anyanl	12	Garfield	17.84

Event 4 Boys 100 Meter Dash 3A

Name	Yr	School	Finals
Section 1 Finals			
1 #507 Griffin, Zaire	11	Roosevelt (W)	10.79
2 #446 Salopek I, Sage	11	O'Dea	10.94
3 #130 Vela, Vilame	11	Chief Sealth	10.97
4 #177 Lamebull-Ingram, Dash	10	Eastside Cat	10.98
5 #380 Krishnamurthy, Roan	11	Lincoln (Sea)	11.00
6 #442 Nyblod, Quinten	11	O'Dea	11.09
7 #242 Aboudou, Tawaf	12	Garfield	11.20
8 #473 Murph Jr., Akeem	11	Rainier Beac	11.24

Event 5 Girls 100 Meter Dash 3A

Name	Yr	School	Finals
Section 1 Finals			
1 #401 Noji, Kela	10	Nathan Hale	12.20
2 #193 Larry, Cherish	10	Franklin (Wa)	12.38
3 #232 Lexing, Mylea	12	Garfield	12.59
4 #164 Smith, Thea	12	Eastside Cat	12.70
5 #67 Johnson, Izabella	11	Bishop Blanc	12.70
6 #464 Saulsbury, Alliyah	10	Rainier Beac	12.78
7 #291 Quabner, Loyalty	10	Ingraham	12.82
8 #17 Muwero, Mahlia	11	Ballard	12.96

Event 7 Girls 1600 Meter Run 3A

Name	Yr	School	Finals
Section 1			
1 #2 Armstrong, Cassidy	10	Ballard	4:54.93
2 #497 Oberg, Ginger	11	Roosevelt (W)	4:58.24
3 #262 Bazzi, Sophia	11	Holy Names A	5:00.35
4 #69 LaPorte, Lily	11	Bishop Blanc	5:02.67
5 #70 Louis, Zoe	11	Bishop Blanc	5:04.95
6 #482 Fox, Kate	12	Roosevelt (W)	5:11.31
7 #57 Cool, Sophia	9	Bishop Blanc	5:11.37
8 #494 Minard, Genevieve	12	Roosevelt (W)	5:11.63
9 #354 Kim, Dahna	12	Lincoln (Sea)	5:12.12
10 #518 Beliard, Emiline	10	Seattle Prep	5:12.74
11 #51 Andersen, Sadie	10	Bishop Blanc	5:13.41
12 #321 Cui, Amy	10	Lakeside (Se)	5:16.09
13 #224 Bryar, Phoebe	12	Garfield	5:18.97
14 #402 Nowlin, Penelope	10	Nathan Hale	5:19.39
15 #81 Viscon, Sofie	12	Bishop Blanc	5:22.09
16 #342 Baernstein, Cleo	11	Lincoln (Sea)	5:22.95
17 #186 Colbert, Sabrina	12	Franklin (Wa)	5:26.02
18 #25 Young, Holland	11	Ballard	5:27.14
19 #523 Lauinger, Anna	12	Seattle Prep	5:30.25
20 #58 Cromwell, Chloe	9	Bishop Blanc	5:30.46
21 #12 Kibelstis, Sadie	12	Ballard	5:32.14
22 #21 Rousseau, Emme	12	Ballard	5:32.40
23 #272 Pinelli, Elise	10	Holy Names A	5:38.44
24 #481 Fox, Abby	10	Roosevelt (W)	5:49.02

Event 8 Boys 4x100 Meter Relay 3A

Team	Relay	Finals
Section 1		
1 Lincoln (Seattle)	A	43.24
2 Roosevelt (Wa)	A	43.25
3 O'Dea	A	43.84
4 Rainier Beach	A	44.05
5 Ballard	A	44.23
6 Seattle Prep	A	44.23
7 Eastside Catholic	A	44.24
8 Bishop Blanchet	A	44.43
Section 2		
1 Ingraham	A	44.08
2 West Seattle	A	44.11
3 Garfield	A	44.73

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Results - Day Two

Section 2 ... (Event 8 Boys 4x100 Meter Relay 3A)

Team	Relay	Finals
4 Lakeside (Seattle)	A	45.91
5 Cleveland (Wa)	A	46.11
6 Nathan Hale	A	46.19
7 Chief Sealth	A	46.24
8 Franklin (Wa)	A	46.28

Event 9 Girls 4x100 Meter Relay 3A

Team	Relay	Finals
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Section 1

1 Bishop Blanchet	A	49.21
2 Seattle Prep	A	50.33
3 Ballard	A	50.88
4 Holy Names Academy	A	50.91
5 Franklin (Wa)	A	51.12
6 Lincoln (Seattle)	A	51.24
7 Garfield	A	51.61
8 Ingraham	A	51.89

Section 2

1 Lakeside (Seattle)	A	52.80
2 Roosevelt (Wa)	A	53.18
3 Cleveland (Wa)	A	56.99
4 Eastside Catholic	A	58.01
5 Chief Sealth	A	1:02.85

Event 10 Boys 400 Meter Dash 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #446 Salopek I, Sage	11	O'Dea	49.16
2 #242 Aboudou, Tawaf	12	Garfield	49.46
3 #389 Starnes, Julian	11	Lincoln (Sea	50.58
4 #511 Howard, Ari	12	Roosevelt (W	51.40
5 #91 Flora, Joe	12	Bishop Blanc	51.57
6 #38 Plesko, Logan	12	Ballard	52.04
7 #439 Johnson-Mitchell, Xavie	12	O'Dea	55.13
8 #442 Nyblod, Quinten	11	O'Dea	55.96

Event 11 Girls 400 Meter Dash 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #392 Ainslie, Matilda	11	Nathan Hale	59.83
2 #275 Winkler, Grace	12	Holy Names A	1:00.01
3 #157 Denny, Carmen	12	Eastside Cat	1:00.31
4 #75 Palmer, Samantha	11	Bishop Blanc	1:00.71
5 #519 Bozzuti, Emory	12	Seattle Prep	1:02.08
6 #501 Waldron, Maxine	11	Roosevelt (W	1:11.42

Event 12 Boys 300 Meter Hurdles 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #552 Velling, Drew	12	Seattle Prep	39.19
2 #573 Gionet, Bo	12	West Seattle	39.76
3 #468 Endris, Eyoub	12	Rainier Beac	40.08
4 #249 Johnson, Khalil	11	Garfield	40.64
5 #41 Shull, Jona	11	Ballard	41.23

6 #204 Coburn, Truman	11	Franklin (Wa	41.46
7 #330 Elaiho, Efe	11	Lakeside (Se	41.74
--- #243 Blue, Tayden	12	Garfield	DQ

Event 13 Girls 300 Meter Hurdles 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #489 Ledford, Ada	11	Roosevelt (W	47.81
2 #561 Papineau, Elle	11	West Seattle	47.84
3 #18 Nash, Kathryn	12	Ballard	48.21
4 #325 Porter, Phoebe	9	Lakeside (Se	48.83
5 #10 Goldberg, Vivian	9	Ballard	49.24
6 #236 Robinson, Mae	11	Garfield	49.34
7 #559 Ho, Layla	10	West Seattle	49.54
8 #349 Guggino, Zoe	12	Lincoln (Sea	50.21

Event 14 Boys 800 Meter Run 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #206 Hunter, Keith	12	Franklin (Wa	1:53.58
2 #448 Sanders, Seku	12	O'Dea	1:55.50
3 #387 Schneider, Owen	12	Lincoln (Sea	1:56.34
4 #373 Hirschfeld, Caleb	11	Lincoln (Sea	1:56.99
5 #572 Frederick, William	10	West Seattle	1:57.26
6 #109 Sandnes, Will	12	Bishop Blanc	1:58.60
7 #333 Klebeck, Ulee	11	Lakeside (Se	1:58.69
8 #550 Riley, Liam	12	Seattle Prep	1:59.80

Event 15 Girls 800 Meter Run 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #497 Oberg, Ginger	11	Roosevelt (W	2:14.20
2 #70 Louis, Zoe	11	Bishop Blanc	2:20.76
3 #57 Cool, Sophia	9	Bishop Blanc	2:22.00
4 #482 Fox, Kate	12	Roosevelt (W	2:22.20
5 #354 Kim, Dahna	12	Lincoln (Sea	2:22.59
6 #78 Schneider, Audrey	10	Bishop Blanc	2:23.80
7 #224 Bryar, Phoebe	12	Garfield	2:26.54
8 #51 Andersen, Sadie	10	Bishop Blanc	2:27.06

Event 16 Boys 200 Meter Dash 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #446 Salopek I, Sage	11	O'Dea	22.07
2 #507 Griffin, Zaire	11	Roosevelt (W	22.50
3 #513 Patu, Kayo	12	Roosevelt (W	22.70
4 #442 Nyblod, Quinten	11	O'Dea	22.79
5 #177 Lamebull-Ingram, Dash	10	Eastside Cat	22.82
6 #389 Starnes, Julian	11	Lincoln (Sea	22.91
7 #380 Krishnamurthy, Roan	11	Lincoln (Sea	29.22

Event 17 Girls 200 Meter Dash 3A

Name	Yr	School	Finals
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Section 1 Finals

1 #401 Noji, Kela	10	Nathan Hale	25.38
2 #232 Lexing, Mylea	12	Garfield	25.74
3 #193 Larry, Cherish	10	Franklin (Wa	25.82

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Results - Day Two

Section 1 Finals ... (Event 17 Girls 200 Meter Dash 3A)

Name	Yr	School	Finals
4 #75 Palmer, Samantha	11	Bishop Blanc	25.96
5 #528 Nettles, Sabina	11	Seattle Prep	27.16
6 #164 Smith, Thea	12	Eastside Cat	28.27

Event 18 Boys 3200 Meter Run 3A

Name	Yr	School	Finals
Section 1			
1 #104 Recupero, Vincent	11	Bishop Blanc	9:17.02
2 #540 Henzke, Jack	12	Seattle Prep	9:22.21
3 #533 Atrosh, Hudson	11	Seattle Prep	9:25.10
4 #334 Kolenski, Andrew	11	Lakeside (Se	9:29.00
5 #410 Erickson, Avery	12	Nathan Hale	9:29.18
6 #541 Herb, Henry	9	Seattle Prep	9:29.30
7 #173 Huarte, Jack	11	Eastside Cat	9:31.28
8 #44 Stevens, Dexter	12	Ballard	9:47.12
9 #217 Weiss, Quinn	11	Franklin (Wa	9:47.56
10 #409 Cook, Ian	11	Nathan Hale	9:47.85
11 #542 Howard, Nash	9	Seattle Prep	9:49.48
12 #381 McNaul, Zach	11	Lincoln (Sea	9:49.51
13 #384 Montgomery, Kaj	11	Lincoln (Sea	9:49.70
14 #547 Mounir, Toto	11	Seattle Prep	9:54.47
15 #375 Jackson, Aiden	10	Lincoln (Sea	9:55.35
16 #413 Haucke, Walker	11	Nathan Hale	10:06.02
17 #372 Hanscom, Levi	11	Lincoln (Sea	10:10.21
18 #89 Davis, Zach	9	Bishop Blanc	10:11.84
19 #86 Campbell, Huston	9	Bishop Blanc	10:13.25
20 #102 Padilla Bond, Nicolas	10	Bishop Blanc	10:15.61
21 #411 Giles, Damon	11	Nathan Hale	10:21.03
22 #250 Ladd, Colten	12	Garfield	10:31.59
23 #340 Valdman, Charles	10	Lakeside (Se	10:35.31
--- #214 Shillito, Kingston	10	Franklin (Wa	DNF

Event 20 Boys 4x400 Meter Relay 3A

Team	Relay	Finals
Section 1		
1 O'Dea	A	3:24.32
2 Bishop Blanchet	A	3:27.93
3 Ballard	A	3:27.94
4 West Seattle	A	3:33.14
5 Lincoln (Seattle)	A	3:34.10
6 Seattle Prep	A	3:34.14
7 Roosevelt (Wa)	A	3:37.62
8 Garfield	A	3:43.28

Section 2

1 Lakeside (Seattle)	A	3:34.02
2 Franklin (Wa)	A	3:35.97
3 Ingraham	A	3:36.63
4 Eastside Catholic	A	3:38.69
5 Chief Sealth	A	3:39.23
6 Cleveland (Wa)	A	3:48.04
7 Nathan Hale	A	3:53.89

Event 21 Girls 4x400 Meter Relay 3A

Team	Relay	Finals
Section 1		
1 Bishop Blanchet	A	4:04.26
2 Ballard	A	4:10.25
3 Lakeside (Seattle)	A	4:12.13
4 Roosevelt (Wa)	A	4:12.96
5 Holy Names Academy	A	4:15.90
6 West Seattle	A	4:16.53
7 Lincoln (Seattle)	A	4:17.99
8 Nathan Hale	A	4:22.96

Section 2

1 Garfield	A	4:19.74
2 Franklin (Wa)	A	4:26.28
3 Chief Sealth	A	4:30.03
4 Ingraham	A	4:34.94
--- Rainier Beach	A	DQ

Event 23 Girls High Jump 3A

Name	Yr	School	Finals
Flight 1			
1 #528 Nettles, Sabina	11	Seattle Prep	J5-03.00
1 #56 Campbell, Brooke	10	Bishop Blanc	J5-03.00
3 #7 Engstrom, Hazel	11	Ballard	J4-10.00
3 #6 Dutton, Kathryn	12	Ballard	J4-10.00
3 #493 McMillan, Ashlyn	11	Roosevelt (W	J4-10.00
3 #1 Abler, Clover	9	Ballard	J4-10.00
3 #347 Day, Nola	12	Lincoln (Sea	J4-10.00
8 #529 Raney, Lauren	10	Seattle Prep	J4-08.00
8 #479 Buresh, Eve	11	Roosevelt (W	J4-08.00
8 #225 Carter-Vincent, Emiyjah	9	Garfield	J4-08.00
8 #11 Jacobson, Dorrie	11	Ballard	J4-08.00
12 #362 Young, Amelie	12	Lincoln (Sea	J4-06.00
12 #323 Miller, Chloe	10	Lakeside (Se	J4-06.00
12 #393 Bradley, Avery	12	Nathan Hale	J4-06.00
12 #79 Slavik, Lucy	10	Bishop Blanc	J4-06.00
12 #63 Halffman, Reese	11	Bishop Blanc	J4-06.00
12 #263 Beck, Lucy	9	Holy Names A	J4-06.00
18 #396 Enders, Isabel	12	Nathan Hale	J1-08.00
--- #159 Hizer, Ella	11	Eastside Cat	NH

Event 24 Boys Pole Vault 3A

Name	Yr	School	Finals
Flight 1			
1 #245 Gordon, Joe	12	Garfield	J13-03.00
2 #369 Domingo, Luca	11	Lincoln (Sea	J13-00.00
3 #103 Poole, Joseph	10	Bishop Blanc	J12-06.00
3 #254 Powell, Jordan	10	Garfield	J12-06.00
5 #314 Thai, Eames	10	Ingraham	J12-00.00
5 #48 Whetsel, Dempsey	10	Ballard	J12-00.00
7 #39 Scott, Jackson	10	Ballard	11-06.00
8 #308 Phelps, Gareth	11	Ingraham	J11-00.00
8 #244 Fahey, Cooper	11	Garfield	J11-00.00
8 #408 Brennan, Patrick	12	Nathan Hale	J11-00.00
8 #313 Snider, Max	11	Ingraham	J11-00.00

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Flight 1 ... (Event 24 Boys Pole Vault 3A)

Name	Yr	School	Finals
8 #338 Sasaki, Gino	12	Lakeside (Se	J11-00.00
13 #252 Pelton, Garner	10	Garfield	10-06.00
14 #364 Bailey, Miles	11	Lincoln (Sea	J10-00.00
14 #421 Roode, Dewald	10	Nathan Hale	J10-00.00
16 #31 Garibaldi, Xavier	10	Ballard	9-06.00

Event 28 Boys Triple Jump 3A

Name	Yr	School	Finals
1 #33 Kenard, Kevin	11	Ballard	40-11.50
2 #218 Williams, Earl	12	Franklin (Wa	40-00.50
3 #382 Mekuria, Benjamin	11	Lincoln (Sea	39-07.50
4 #378 Kirkland, Kavanaugh	10	Lincoln (Sea	38-11.00
5 #434 Dietiker, Zachary	12	O'Dea	38-10.00
6 #309 Poree, Bud	11	Ingraham	38-06.50
7 #108 Sandhoff, Nicholas	12	Bishop Blanc	38-03.00
8 #101 Munson, Chace	10	Bishop Blanc	38-00.25

Flight 2

1 #242 Aboudou, Tawaf	12	Garfield	43-10.00
2 #85 Brummond, Chane	11	Bishop Blanc	42-05.00
2 #367 Cari, Coby-Jude	11	Lincoln (Sea	42-05.00
4 #304 Jackson, KingDavid	11	Ingraham	42-04.50
5 #508 Guyton, Chase	11	Roosevelt (W	40-08.50
6 #213 Schachere-Banks, Bujoy	12	Franklin (Wa	40-03.50
7 #32 Goglia, Max	11	Ballard	38-08.00
8 #43 Steele, Emmett	11	Ballard	38-07.00

Event 29 Girls Triple Jump 3A

Name	Yr	School	Finals
1 #344 Brewer, Kate	12	Lincoln (Sea	32-06.00
2 #522 Garcia, Isabella	9	Seattle Prep	32-00.50
3 #59 Ferrick, Sonia	9	Bishop Blanc	31-09.75
4 #53 Barnett, Bridget	10	Bishop Blanc	31-08.75
5 #323 Miller, Chloe	10	Lakeside (Se	31-03.50
6 #400 Koehler, Mimi	12	Nathan Hale	30-10.25
7 #274 Preston, Mena	10	Holy Names A	30-05.00
8 #119 Lillich-Roberts, Victoria	12	Chief Sealth	28-09.00

Flight 2

1 #64 Hanay, Sophie	12	Bishop Blanc	35-07.75
2 #284 jimenez, matea	12	Ingraham	35-01.50
3 #7 Engstrom, Hazel	11	Ballard	34-06.25
4 #237 Skerritt, Emi	10	Garfield	33-04.50
5 #65 Heldridge, Quinn	10	Bishop Blanc	32-11.75
6 #227 Cole, Madison	12	Garfield	32-10.00
7 #6 Dutton, Kathryn	12	Ballard	32-06.25
8 #52 Bammler, Lily	10	Bishop Blanc	31-01.50

Event 31 Girls Shot Put 3A

Name	Yr	School	Finals
1 #492 Mavencamp, Jillian	11	Roosevelt (W	27-10.00
2 #185 Chappell, Khamille	10	Franklin (Wa	27-02.00
3 #346 Carlyle, Nava	11	Lincoln (Sea	26-08.25

Flight 1

4 #83 Wisse, Holly	12	Bishop Blanc	26-07.25
5 #461 Mody, Biansi	10	Rainier Beac	26-03.75
6 #525 Letey, Caitlin	9	Seattle Prep	25-07.75
7 #343 Blessing, Kyra	11	Lincoln (Sea	25-06.00
8 #80 Stannard, Alexa	10	Bishop Blanc	24-07.25
9 #264 Hamaker, Zoe	10	Holy Names A	24-05.75
10 #62 Graves, Sadie	12	Bishop Blanc	23-11.25
11 #187 Hale, Agnes Pippa	11	Franklin (Wa	23-05.50
12 #569 Wyatt-Draher, Evelyn	11	West Seattle	23-02.00

Flight 2

1 #166 Wiese, Lauren	11	Eastside Cat	35-04.25
2 #530 Renners, Grace	11	Seattle Prep	34-00.75
3 #527 Nabaie, Leyla	12	Seattle Prep	31-07.50
4 #278 Dally, Savi	10	Ingraham	29-07.25
5 #68 Judgeware, Naya	9	Bishop Blanc	29-05.50
6 #138 Lo, Jami	9	Cleveland (W	29-02.50
7 #4 Barber, Matilda	12	Ballard	29-00.00
8 #74 Mitchke, Anna	12	Bishop Blanc	28-01.00
9 #484 Guo, Annie	12	Roosevelt (W	27-02.25
10 #532 Willson, Sarah	12	Seattle Prep	26-09.50
11 #281 Hatangimana, Cesariya	12	Ingraham	26-06.75
12 #276 Bryan, Aoife	10	Ingraham	24-00.75

Event 32 Boys Discus Throw 3A

Name	Yr	School	Finals
1 #451 Thomas-Goodson, Juliar	11	O'Dea	114-02.50
2 #383 Minkey, Harlyn	11	Lincoln (Sea	111-07.50
3 #302 Gerber, Esben	11	Ingraham	107-04.50
4 #549 Poole, Andrew	10	Seattle Prep	104-01
5 #365 Bird, Jacob	12	Lincoln (Sea	102-06.50
6 #438 Holec, Kailun	12	O'Dea	100-11.50
7 #420 Posey, Jeremiah	11	Nathan Hale	100-02
8 #385 Nicholson, Liam	12	Lincoln (Sea	100-01
9 #112 Thomas, Daniel	12	Bishop Blanc	94-02.50
10 #548 Ouedraogo, Kenny	11	Seattle Prep	92-09
11 #472 Montgomery, Daveon	10	Rainier Beac	92-05.50
12 #93 Jones, Sam	12	Bishop Blanc	83-10.50

Flight 2

1 #312 Rudell, Ethan	12	Ingraham	161-03
2 #110 Slavik, Charlie	12	Bishop Blanc	141-01
3 #99 Merriman, Sam	12	Bishop Blanc	139-01
4 #255 Sadler, Jonathan	12	Garfield	134-06
5 #210 Ramanbason-hendren, E	11	Franklin (Wa	123-03
6 #581 Pepper, Jeremiah	12	West Seattle	121-05
7 #370 Fleet, Quinn	12	Lincoln (Sea	121-03
8 #428 Bannerman, Alex	11	O'Dea	107-03
9 #545 Lovejoy, Owen	12	Seattle Prep	102-10
10 #294 Bergstrom, Noah	11	Ingraham	102-04
11 #203 Clemons, Jordon Caliste	12	Franklin (Wa	98-08.50
12 #415 Khadka, Sean	12	Nathan Hale	88-05

Event 36 Boys 200 Yard Dash AMBALATORY

Name	Yr	School	Finals
1 #42 Staudenraus, Marcos	12	Ballard	26.87

Section 1

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	Name	Yr	School	Finals
Section 1				
1	#42 Staudenraus, Marcos	12	Ballard	13.25
2	#121 Asare, Bernard	11	Chief Sealth	31.72

Event 39 Girls 800 Sprint Medley UNIFIED

	Team	Relay	Finals
Section 1			
1	Chief Sealth	A	2:35.46

Event 40 Boys 4x100 Yard Relay UNIFIED

	Team	Relay	Finals
Section 1			
1	Chief Sealth	A	1:21.11