



(Updated 5/13/24)

MEET SCHEDULE

THURSDAY 5/16/24

3:00 PM Coaches Meeting

Field Events:

3:30 PM G-Discus ❖
G-Pole Vault
 G-Long Jump
 B-High Jump
 B-Javelin
 B-Long Jump ❖
 B-Shot

If cancelled on Thursday, Girls PV rescheduled for Saturday at 8:30 AM followed by Boys PV

Track Events:

4:00 PM G-4X200
 4:20 PM B-110 HH
 4:25 PM G-100 HH
 4:35 PM B-100
 4:40 PM G-100
 4:45 PM **AMB-100 / BREAK**
 5:00 PM B-1600
 5:10 PM G-1600
 5:20 PM Unified-Medley Relay
 5:25 PM **AMB-400 / BREAK** ○
 5:35 PM B-400
 5:45 PM G-400

SATURDAY 5/18/24

9:30 AM Coaches Meeting

Field Events:

10:00 AM G-High Jump
 G-Javelin ❖
 G-Shot ❖
 G-Triple Jump
 B-Discus
 B-Pole Vault
 B-Triple Jump

Track Events:

10:00 AM B-4X100
 10:10 AM G-4X100
 10:20 AM Unified-4x100
 10:40 AM B-300 IH
 10:45 AM G-300 LH
 10:55 AM B-800
 11:05 AM G-800
 11:15 AM B-200
 11:20 AM G-200
 11:25 AM **AMB - 200 / BREAK** ◎
 11:40 AM B-3200 ●
 11:55 AM G-3200
 12:10 PM B-4X400
 12:15 PM G-4X400

❖ = Ambulatory Athlete added to 1st flight

○ = Announce field events (TH) IF completed by 5:15 PM

◎ = Announce field events (TH)

● = Announce field events (SAT)