

USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS Saturday June 22, 2024 **Fitchburg State University**

1000 John Fitch Highway., Fitchburg MA 01420

AGE DIVISIONS - DIVISIONS ARE NAMED BY THE AGE GROUP (Age as of December 31)

Divisions - 8 / under **Year of birth**: 2016 / 2017 / 2018 - Must be at least 7 on 12/31 to compete at National meet 2014/2015 9-10 11-12 2012/2013 13-14 2010/2011 15-16 2008/2009

> 17-18** 2006/ 2007 * also 2005 if born July 28, 2005 or later

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WAIVERS INTO REGION I MEET / SPECIAL CIRCUMSTANCES

With prior approval of the USATF-NE Association, athletes missing the New England meet due to certain circumstances may (not guaranteed) be advanced to the Region I meet.

Waiver requests must be submitted by Sunday, June 16, at 5:00pm to pcrapsey@usatfne.org AND office@usatfne.org

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USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS Saturday June 22, 2024

COMPETITION PROCEDURES

Divisions- by birth year

8 / Under 2016 / 2017 / 2018 9-10 – 2014 / 2015 11-12 – 2012 / 2013

13-14 – 2010 / 2011 15-16 - 2008 / 2009 17-18 2006 / 2007 (also 2005 if born July 28 or later)

GENERAL POLICIES

- * ONLY CREDENTIALED OFFICIALS, CREDENTIALED COACHES, and ASSIGNED VOLUNTEERS ARE ALLOWED ON THE INFIELD OR INSIDE LANE 8 OF THE TRACK. 3 STEP COMPLIANT COACHES ONLY ON THE INFIELD DURING MEET. Parents/Coaches may not accompany their athlete to check-in on the infield regardless of athlete age.
- * The only exception is to assist an athlete in getting a jump mark. The individual must then leave prior to the start of competition
- * COMPETITORS MAY NOT POSSESS OR USE ELECTRONIC DEVICES INCLUDING CELL PHONES, EARPHONES, AND COMPUTERS ON THE INFIELD. Individuals with such devices will immediately be escorted to the track exit gates.

No dogs except for identifiable service animals are allowed in the facility – including stands, team areas, field event areas. Security will be asked to remove the animal and owner.

Please be aware of the order of events as the schedule runs in order, not on a time schedule. Competitors may not hear all announcements but it is still their responsibility to report in a timely manner.

Before entering events, please consult the schedule and understand how entering multiple events may create conflicts. Time schedules are not exact, and may require check-in at multiple events at the same time. It is the responsibility of the athlete/coach to resolve conflicts.

TRACK EVENTS

All track event competitors check-in for their events at the Clerking tent on the infield.

Once checked in and assigned a heat and lane, the competitor is responsible for being in the proper section of a race. Athletes will not be allowed **to** compete if they miss their assigned section. ALL ATHLETES 15-18 MUST use blocks for all sprint events; 13-14 top 2 sections ONLY in 200m & 400m can use blocks; ALL 100m Finals ONLY can use blocks ALL AGES (15-18YR REQUIRED); All Hurdle events ALL ages can use blocks (15-18YR REQUIRED). ALL ATHLETES ARE RESPONSIBLE FOR SETTING AND PLACING BLOCKS ON THEIR OWN.

FIELD EVENTS

Field event competitors check in with the official at the respective field event area

Field event competitors who are also in running events may be moved within flights, or excused for a reasonable time to run
Athletes <u>must check out with and report back</u> to the field event official or risk not competing or not completing all attempts Missed
trials are allowed only if the competitor returns before the competition ends (age 7-14) or before the finals begin (age 15-18) In the
pole vault and high jump, the bar is not lowered after the competition begins

Warmup periods – A maximum 15 minute before a new age group, and 5 minutes between flights.

NOTE: In field events including long, triple jumps and javelin warm-ups, <u>no runbacks</u> from the board will be allowed for any Age Groups (RUNBACKS IN HJ ONLY). A common tape measure from the board down the runway will be available to obtain marks. Coaches may assist athletes in getting marks but must leave the area before competition begins.

SCHEDULE OF EVENTS FIELD EVENTS

Attempts in all throws and in the long and triple jumps

Ages 7-8 9-10 11-12 - 3 attempts for all athletes, top 8 get 4th attempt
Ages 13-14 - 3 attempts for all athletes, top 8 get 4th attempt
Ages 15-16 17-18 - 3 attempts for all athletes, top 8 get 3 final attempts

TIMES MAY BE ADJUSTED AFTER ENTRIES CLOSE. SCHEDULE CHANGES WILL BE POSTED AT CHECK-IN

Long Jump 9:15am Age 7-8 Girls AND Boys in Pit 1, Girls age 9-10 in Pit 2.

Ages 11-12 BOYS PIT 1, GIRLS PIT 2 9-10 boys, 11-12's

Boys follow in age order in Pit 1, and Girls then follow in Pit 2

Triple Jump 1:30pm PIT 1 - ALL BOYS 13-18; PIT 2 - ALL GIRLS 13-18 (ALL ages check in at 9:15!)

Long Jump Ages 13-18 - Follows Triple Jump in the listed order

PIT 1 – Boys 13-14 then 15-16 then 17-18; PIT 2 Girls 13-14 then 15-16 and 17-18

High Jump 9:45am Girls 15-16/17-18 combined, then Boys 15-16/17-18 combined; Then 13-14 Girls/Boys combined

1:45pm Girls 9-10 AND Boys 9-10 combined; then Girls 11-12; then Boys 11-12

Lowest opening heights for high jump - 9-12yr - 1.00m, 13-14yr - 1.10m, 15-18yr - 1.20m

17-18 - 9'0"

Pole Vault 11:00am All GIRLS TOGETHER Lowest opening heights - 13-14 - 5'6" 15-16 - 6'6" 17-18 - 7'6"

1:00pm All BOYS TOGETHER Lowest opening heights - 13-14 - 6'6" 15-16 - 8'0"

Javelin 9:45 am Girls 13-14; then Girls 15-16/17-18 combined; then Boys 13-14; then boys 15-16/17-18 combined Synthetic Runway ALL: MINIMUM 10.00 to measure. **Boys:** minimum measure after first throw: 15/16-25.00m 17/18-35.00m

Mini-Javelin 12:30 pm Boys 7-8 then Boys 9-10; then Girls 7-8 then Girls 9-10 (THROWN ON TURF INFIELD)

Aero-Javelin 1:30 pm 11-12 Boys then Girls

Shot Put 9:45 am Girls 15-16; then Girls 13-14 then Girls 17-18; then Boys 13-14 then Boys 15-16 then Boys 17-18

(ONE CIRCLE) 11:45am Boys 7-8 then Boys 9-10 then Boys 11-12; then Girls 7-8 / 9-10 combined then Girls 11-12

Discus 12:00pm All Girls 11-12, then 13-14, then 15-16, then 17-18; May combine age groups

2:00 pm All Boys 11-12; then 13-14, then 15-16, then 17-18; May combine age groups

Hammer 3:00 pm All Girls followed by all boys

TRACK EVENTS Age groups will be combined if numbers in events are small - Order in age group is Girls then Boys

9:15AM: 1500m Race Walk ALL AGES - ONE RACE- all will race 1500m

9:30AM: 3000m Run 11-12, 13-14, 15-16, 17-18 (SOME AGES WILL BE COMBINED)

10:30AM: 400m hurdles 36" B 15-16, B 17-18

400m hurdles 30" G 15-16, G 17-18

200m hurdles 30" All 13-14, Girls then Boys

11:00AM: 100m Trials 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 - top 8 times advance to final

1500m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 (May combine age groups)

100m Finals 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 400m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

2:45PM: 80m hurdles 30" All 11-12 Girls then Boys - All hurdles are final races, place on Time

100m hurdles 30" 13-14 Girls 100m hurdles 33" 13-14 Boys 100m hurdles 33" 15-16, 17-18 Girls 110m hurdles 39" 15-16, 17-18 Boys

3:15PM 4x100m Relay 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 (May combine age groups)

800m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 200m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

6:00PM 4x400m Relay 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 (May combine age groups)