



# USATF Georgia Association Junior Olympic Track and Field Championships

June 20 - 23, 2024  
Morrow High School

June 15, 2024

University of West Georgia - Hammer/Steeplechase



## SATURDAY, June 15, 2024

Venue: University of West Georgia

**9:00 AM Steeplechase Finals** 13-14 (G/B), 15-16 (G/B), 17-18 (W/M)

**Hammer Throw 10:00 AM** 15-18 (G/W) / **11:00 AM** 15-18 (B/M)

## THURSDAY, June 20, 2024

### Schedule of Events

#### COMBINED EVENTS:

**9:00 AM** 15-16(B) & 17-18(M) **Decathlon-Day 1**

100m Dash  
Long Jump  
Shot Put (12lb)  
High Jump  
400m Dash

**10:00 AM** 15-16(G) & 17-18(W) **Heptathlon-Day 1**

100m Hurdles (33")  
High Jump  
Shot Put (4kg)  
200m Dash (G)

**11:00 AM** 11-12(G) & 11-12(B) **Pentathlon 80m**

Hurdles (30")  
Shot Put (6lb)  
High Jump  
Long Jump  
800m (G)/1500m (B) Run

**12:00 PM** 13-14(G) and 13-14(B) **Pentathlon**

100m Hurdles (G 30"/B 33")  
Shot Put (G 6lb/B 4kg)  
High Jump  
Long Jump  
800m Run (G) / 1500m Run (B)

#### RUNNING EVENTS:

**5:00 PM 800m Run Finals**

All Age Divisions

#### Age Divisions Guide:

7-8G 7-8 Year Old Girls  
7-8B 7-8 Year Old Boys  
9-10G 9-10 Year Old Girls  
9-10B 9-10 Year Old Boys  
11-12G 11-12 Year Old Girls  
11-12B 11-12 Year Old Boys  
13-14G 13-14 Year Old Girls  
13-14B 13-14 Year Old Boys  
15-16G 15-16 Year Old Girls  
15-16B 15-16 Year Old Boys  
17-18G 17-18 Year Old Women\*\*  
17-18M 17-18 Year Old Men\*\*

**Note: \*\*17-18 athletes must still be 18 on August 1, the last day of the USATF Junior Olympic Championships. Advancement to the finals in the 100, 200, 400, short hurdles, and long hurdles events shall be in accordance with Rule 303(h) in the Competition Rule Book. All starting blocks and relay batons are provided. Do not bring your own.**



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## FRIDAY, June 21, 2024

### Schedule of Events

#### COMBINED EVENTS:

**9:00 AM** 15-16B & 17-18M Decathlon-Day 2

110m Hurdles (39")  
Discus (1.6kg)  
Pole Vault  
Javelin (800 G)  
1500m Run

**10:00 AM** 15-16(G) & 17-18(W) Heptathlon-Day 2

Long Jump  
Javelin (600g)  
800m Run

**11:00 AM** 9-10(G)-9-10(B) Triathlon

Shot Put (6lb)  
High Jump  
200m Dash (G) / 400m Dash (B)

#### RACE WALKS:

**9:30 AM** 1500m Race Walk Finals

9-10(G/B), 11-12(G/B)

**10:30 AM** 3000m Race Walk Finals

13-14(G/B), 15-16(G/B), 17-18(M/W)

#### RUNNING EVENTS:

**5:00 PM** 200m Dash Qualifying

All Age Divisions

#### FIELD EVENTS:

##### JAVELIN

**2:00 PM** 15-16(G), 17-18(W) (600g) **3:30**

**PM** 15-16(B), 17-18(M) (800g)

**5:00 PM** 13-14 (G) 13-14(B – 600g)

##### LONG JUMP:

**2:30 PM** 7-8(G) – Pit #1, 7-8(B) – Pit #2 **4:00 PM**

9-10(G) – Pit #1, 9-10(B) – Pit #2

HAMMER THROW – University of West Georgia, June  
15

STEEPLECHASE – University of West Georgia, June 15

#### Implements for the Throws:

**Competitors** should bring their personal implements for use in competition. Please have your implements inspected and weighed prior to competition at the appointed time and place. **If implements have not been approved, they will not be accepted in competition.**



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## Schedule of Events:

### **SATURDAY, JUNE 22, 2024**

#### **RUNNING EVENTS:**

8:00 AM	<b>3000m Run Finals</b> – 11-12(G/B), 13-14 (G/B), 15-16 (G/B), 17-18 (M/W)
9:45 AM	<b>Short Hurdle Qualifying</b> 110m 15-16(B), 17-18(M) 100m 13-14(B), 15-16(G), 17-18(W) 100m 13-14(G) 80m 11-12(G)/11-12(B)
11:00 AM	<b>400m Dash Qualifying All Age Divisions</b>
1:00 PM	<b>100m Dash Qualifying All Age Divisions</b>
3:00 PM	<b>4 x 800M Relay</b> 11-12 (G/B), 13-14 (G/B), 15-16 (G/B), 17-18 (M/W)
4:00 PM	<b>Long Hurdle Qualifying</b> 200m 13-14(G/B) 400m 15-16(G), 17-18(G) 400m 15-16(B), 17-18(M)
5:00 PM	<b>4 x 100M Relay Finals All Divisions</b>

#### **FIELD EVENTS:**

##### **HIGH JUMP**

9:00 AM	17-18(M)–Pit #2
9:00 AM	9-10(B)– Pit#1
11:00 AM	15-16(B)–Pit #2
11:00 AM	11-12(B)– Pit #1
1:00 PM	13-14(B)–Pit #2

##### **SHOT PUT:**

8:30 AM	7-8(B) – Ring #1 (6lb)
8:30 AM	17-18(M) – Ring #2 (12lb)
10:30 AM	13-14(B) – Ring #1 (4kg)
10:30 AM	15-16(B) – Ring #2 (12lb)
1:00PM	9-10(B) – Ring #1 (6lb)
2:00 PM	11-12(B) – Ring #2 (6lb)

#### **FIELD EVENTS:**

**POLE VAULT** – must provide own pole

9:00 AM	13-14(G)
10:00 AM	15-16(G)
11:30 AM	17-18(W)

##### **LONG JUMP**

10:00 AM	11-12(G) – Pit #1, 11-12(B) – Pit #2
11:30 AM	13-14(G) – Pit #1, 13-14(B) – Pit #2
1:00 PM	15-16(G) – Pit #1, 15-16(B) – Pit #2
2:30 PM	17-18(W) – Pit #1, 17-18(M) – Pit #2

##### **DISCUS**

9:00 AM	11-12(G) – (1kg)
10:30 AM	15-16(G) – (1kg)
12:00 PM	13-14(G) – (1kg)
1:30 PM	17-18(W) – (1kg)

##### **MINI JAVELIN**

9:00 AM	11-12(G) (450g)
10:30 AM	11-12(B) (450g)
12:00 PM	9-10(G) (300g)
1:30 PM	9-10(B) (300g)

**\*Events can run up to 30 minutes ahead of schedule\***



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## Schedule of Events:

### **SUNDAY, June 23, 2024**

#### **RUNNING EVENTS:**

8:00 AM	1500m Run Finals (All Divisions)
10:00 AM	Short Hurdles Finals (All Divisions)
10:45 AM	100m Dash Finals (All Divisions)
12:00 PM	400 M Dash Finals (All Divisions)
1:45 PM	200m Hurdle Finals (All Divisions)
2:00 PM	400m Hurdle Finals (All Divisions)
2:15 PM	200 m Dash Finals (All Divisions)
3:30 PM	4 x 400M Relay Finals (All Divisions)

#### **FIELD EVENTS:**

**POLE VAULT** – must provide own pole

9:00 AM	13-14(B)
10:00 AM	15-16(B)
11:30 AM	17-18(M)

#### **DISCUS**

9:00 AM	13-14(B) (1kg)
10:30 AM	17-18(M) (1.6kg)
12:00 PM	15-16(B) (1.6kg)
2:00 PM	11-12(B) (1kg)

#### **HIGH JUMP**

9:00 AM	17-18(W) – Pit #2
9:00 AM	9-10(G) – Pit #1
11:00AM	15-16(G) – Pit#2
11:30 AM	11-12(G) – Pit #1
1:00 PM	13-14(G) – Pit #2

#### **SHOT PUT**

8:30 AM	17-18(W) – Pit #1 (4kg)
8:30 AM	7-8(G) – Pit #2 (6lb)
10:30 AM	9-10(G) – Pit #2 (6lb)
10:30 AM	13-14(G) – Pit #1 (6lb)
12:30 PM	15-16(G) – Pit #1 (4kg)
1:00 PM	11-12(G) – Pit #2 (6lb)

#### **MINI JAVELIN**

9:30 AM	7-8(G) (300g)
11:30 AM	7-8(B) (300g)

#### **TRIPLE JUMP**

9:00 AM	13-14(G) – Pit #1	13-14(B) – Pit #2
11:00 AM	15-16(G) – Pit #1	15-16(B) – Pit #2
1:00 PM	17-18(W) – Pit #1	17-18(M) – Pit #2

**\*Events can run up to 30 minutes ahead of schedule\***