

FRIDAY TRACK EVENTS

10:20 a.m.				13-14
	Girls & Women	2000M Steeplechase	Final	15-16
				17-18
	Boys & Men			2000M Steeplechase
		15-16		
		17-18		
	Boys & Girls	3000M Race Walk	Final	13-14
	Boys & Girls			15-16
	Men & Women			17-18
	Boys & Girls			1500M Race Walk
	Boys & Girls	11-12		
	Girls & Boys	4x800M Relay	Final	11-12
	Girls & Boys			13-14
Girls & Boys	15-16			
Women & Men	17-18			

FRIDAY THROWING EVENTS

9:00 a.m.	Girls & Boys			13-14
	Girls & Boys	Javelin		15-16
	Women & Men			17-18

FRIDAY COMBINED EVENTS

	Heptathlon		
9:15 a.m.	Girls	100M Hurdles; High Jump; Shot Put; 200M	15-16
	Women		17-18
9:00 a.m.	Decathlon		
	Boys	100M Dash; Long Jump; Shot Put; High Jump; 400M	15-16
Men	17-18		
12:00 p.m.	Triathlon		
	Girls	Shot Put; High Jump; 200M (G) / 400M (B)	9-10
Boys			

SATURDAY RUNNING EVENTS

10:00 a.m.	Girls & Boys	4 X 100M Relay	Final	All Divisions
	Girls & Boys	400M Dash & Para-athletics	Semi	All Divisions
	Girls & Boys	1500M Run	Final	All Divisions
	Girls & Boys	200M Dash & Para-athletics	Semi	All Divisions
	Girls & Boys	200M Hurdles	Semi	13-14
	Girls & Boys	100M Dash & Para-athletics	Semi	All Divisions

SATURDAY THROWING EVENTS

8:00 a.m.	Girls & Boys	Shot Put & Para-athletics		8 & Under
	Girls & Boys		9-10	
	Girls & Boys		11-12	
	Girls & Boys		13-14	
	Girls & Boys		15-16	
	Women & Men		17-18	
	8:00 a.m.	Boys & Girls	Aero / Mini-Jav	
	Boys & Girls	9-10		
	Boys & Girls	11-12		

SATURDAY JUMPING EVENTS

9:15 a.m.	Boys & Girls	Long Jump		13-14
	Boys & Girls		15-16	
	Men & Women		17-18	
	8:00 a.m.	Girls & Boys	High Jump	9-10
	Girls & Boys	11-12		
	Girls & Boys	13-14		
8:00 a.m.	Girls	Pole Vault		13-14
	Girls		15-16	
	Women		17-18	
	Boys		13-14	
	Boys		15-16	
	Men		17-18	

SATURDAY COMBINED EVENTS

8:00 a.m.	Heptathlon		
	Girls	Long Jump; Javelin; 800M Run	15-16
	Women		17-18
8:00 a.m.	Decathlon		
	Boys	110M Hurdles, Discus, Pole Vault, Javelin, 1500M Run	15-16
	Men		17-18
8:15 a.m.	Pentathlon		
	Boys	100M Hurdles, Long Jump, Shot Put, High Jump, & 800M (Girls) 1500M (Boys)	13-14
Girls			
8:30 a.m.	Pentathlon		
	Boys	80M Hurdles, High Jump, Shot Put, Long Jump & 800M (Girls) 1500M (Boys)	11-12
	Girls		

SUNDAY RUNNING EVENTS

9:00 a.m.	Girls & Boys	3000M Run	Final	11-12
	Girls & Boys			13-14
	Girls & Boys			15-16
	Women & Men			17-18
	Girls & Boys	80 M Hurdles	Semi	11-12
	Girls & Boys	100M Hurdles	Semi	13-14
	Girls & Boys			15-16
	Girls & Boys			17-18
	Boys	110M Hurdles	Semi	15-16
	Men			17-18
	Girls & Boys	400M Dash	Final	All Divisons
	Girls & Boys	100M Dash	Final	All Divisons
	Girls & Boys	200 Meter Hurdles	Final	13-14
	Boys	400M Hurdles Dash	Final	15-16
	Men			17-18
	Girls			15-16
	Women			17-18
	Girls & Boys	800M Dash	Final	All Divisons
	Girls & Boys	80 M Hurdles	Final	11-12
	Girls & Boys	100M Hurdles		13-14
	Girls & Boys			15-16
	Girls & Boys			17-18
	Boys	110M Hurdles		15-16
	Men			17-18
	Girls & Boys	200M Dash	Final	All Divisons
	Girls & Boys	4x400M Relay	Final	All Divisons

SUNDAY THROWING EVENTS

8:00 a.m.	Girls & Boys	Discus	11-12
	Girls & Boys		13-14
	Girls & Boys		15-16
	Women & Men		17-18

SUNDAY JUMPING EVENTS

8:00 a.m.	Boys & Girls	Long Jump	8 & Under
	Boys & Girls		9-10
	Boys & Girls		11-12
	Girls & Boys	Triple Jump	13-14
	Girls & Boys		15-16
	Women & Men		17-18
8:00 a.m.	Boys	High Jump	15-16
	Men		17-18
	Girls		15-16
	Women		17-18