



HIGH SCHOOL SCHEDULE

January 24th, 2025

*Heat Sheets Available
at ArmoryTrack.Live*

FRIDAY HS TRACK EVENTS

5:30 PM	G	DMR	High School	Finals	Top 12 Teams	1	12
5:42 PM	B	DMR	High School	Finals	Top 12 Teams	1	12
5:54 PM	G	200m Dash	High School	Finals	Fast to Slow	15	85
6:16 PM	B	200m Dash	High School	Finals	Fast to Slow	15	83
6:39 PM	G	1 Mile Run	High School	Finals	Fast to Slow	3	44
7:00 PM	B	1 Mile Run	High School	Finals	Fast to Slow	4	70
7:24 PM	G	400m Dash	High School	Finals	Fast to Slow	13	69
7:50 PM	B	400m Dash	High School	Finals	Fast to Slow	9	47
8:08 PM	G	800m Run	High School	Finals	Fast to Slow	6	69
8:26 PM	B	800m Run	High School	Finals	Fast to Slow	6	68
8:50 PM	G	4x200m Relay	High School	Finals	Fast to Slow	3	16
8:59 PM	B	4x200m Relay	High School	Finals	Fast to Slow	3	14

Friday Night HS Infield Events

					# Sections	Field Size
6:15 AM	Girls	55m Hurdles	High School	Final	4	29
6:30 PM	Boys	55m Hurdles	High School	Final	4	27
6:40 PM	Girls	55m Dash	High School	Final	6	49
6:50 PM	Boys	55m Dash	High School	Final	6	38

We have to wait until the college High Jump ends

5:45 PM	Girls	Pole Vault	High School	Final	1	3
7:00 PM	Boys	Pole Vault	High School	Final	1	9
6:00 PM	Girls	Long Jump	High School	Final	1	17
6:00 PM	Boys	Long Jump	High School	Final	2	21
7:15 PM	Girls	Triple Jump	High School	Final	1	6
7:15 PM	Boys	Triple Jump	High School	Final	1	13
6:00 PM	Boys	Shot Put	High School	Final	2	20
7:15 PM	Girls	Shot Put	High School	Final	2	21
7:00 PM	Girls	High Jump	High School	Final	1	4
7:00 PM	Boys	High Jump	High School	Final	1	8

Field events - 3 jumps & topp 6 to a final

Blocks allowed in the infield races