

**CIF D1 Divisional Championships 2025**  
**May 17 at Del Norte High School**

<b>Time</b>	<b>Event</b>	<b>Heat</b>	<b>Time</b>	<b>Event</b>	<b>Heat</b>
10:00	Girl's 4 x 800 Relay	1	2:00	Girl's 300 LH	1
10:15	Boy's 4 x 800 Relay	1	2:03	Girl's 300 LH	2
11:00	Girl's 4 x 100 Relay	1	2:06	Girl's 300 LH	3
11:04	Girl's 4 x 100 Relay	2	2:12	Boy's 300 IH	1
11:10	Boy's 4 x 100 Relay	1	2:15	Boy's 300 IH	2
11:14	Boy's 4 x 100 Relay	2	2:18	Boy's 300 IH	3
11:22	Girl's 1600m	1	2:28	Girl's 200m	1
11:30	Girl's 1600m	2	2:31	Girl's 200m	2
11:40	Boy's 1600m	1	2:34	Girl's 200m	3
11:48	Boy's 1600m	2	2:40	Boy's 200m	1
11:58	Girl's 100 IH	1	2:43	Boy's 200m	2
12:01	Girl's 100 IH	2	2:46	Boy's 200m	3
12:04	Girl's 100 IH	3	2:50	Boy's Ambulatory 200m	1
12:12	Boy's 110 HH	1	2:58	Girl's 3200m	1
12:15	Boy's 110 HH	2	3:16	Boy's 3200m	1
12:18	Boy's 110 HH	3	3:34	Girl's 4 x 400 Relay	1
12:28	Girl's 400m	1	3:42	Girl's 4 x 400 Relay	2
12:32	Girl's 400m	2	3:52	Boy's 4 x 400 Relay	1
12:36	Girl's 400m	3	4:00	Boy's 4 x 400 Relay	2
12:42	Boy's 400m	1			
12:46	Boy's 400m	2	<b>Time</b>	<b>Field Events</b>	<b>Site</b>
12:50	Boy's 400m	3	10:00	Girl's Long Jump	
1:00	Boy's Ambulatory 100m	1	10:00	Boy's Long Jump	
1:04	Girl's 100m	1	10:00	Girl's Pole Vault	
1:07	Girl's 100m	2	10:00	Boy's High jump	
1:10	Girl's 100m	3	10:00	Girl's Shot Put	
1:16	Boy's 100m	1	10:00	Boy's Discus	
1:19	Boy's 100m	2	12:45	Girl's Triple Jump	
1:22	Boy's 100m	3	12:45	Boy's Triple Jump	
1:32	Girl's 800m	1	12:45	Boy's Pole Vault	
1:37	Girl's 800m	2	12:45	Girl's High jump	
1:45	Boy's 800m	1	12:45	Boy's Shot Put	
1:51	Boy's 800m	2	12:45	Boy's Ambulatory Shot Put	
			12:45	Girl's Discus	

Note: Time schedule is approximate