

Palomar League Championships 2025
Mt Carmel High School - 5/10/2025
Meet Program - Palomar League Finals - Field Events

Event 24 Girls Pole Vault Varsity**Saturday 5/10/2025 - 9:00 AM****Record: 12-09 2008****Emily Mattoon**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Lau, Jady	10	Westview	8-00.00
2	Kneeland, Killian	12	Poway	8-00.00
3	Campbell, Emily	10	San Marcos	8-06.00
4	Fulton, Kiyora	11	Rancho Berna	9-00.00
5	Gage, Jillian	11	Poway	9-00.00
6	Schultz, Leila	11	Mt Carmel	9-03.00
7	Harris, Molly	9	Rancho Berna	9-06.00
8	Waggaman, Kailey	11	Rancho Berna	9-06.00
9	Morris, Mia	12	Rancho Berna	10-00.00
10	Recaido, Keira	12	Del Norte	10-00.00
11	Montiel, Lola	10	Rancho Berna	10-00.00

Flight 2 of 2 Finals

1	Ngo, Haley	11	Mt Carmel	10-02.00
2	Tremble, Abigail	11	Poway	10-02.00
3	Khieu, Michelle	9	Del Norte	10-06.00
4	Vu, Darleen	11	Westview	10-07.00
5	Humer, Sonia	9	Rancho Berna	11-02.00
6	Kaiser, Nicole	12	Del Norte	11-07.00
7	Bugayong, Izzy	11	Rancho Berna	12-00.00
8	Khieu, Caitlin	11	Del Norte	12-05.00
9	Humer, Sophie	11	Rancho Berna	12-06.00
10	Echsner, Paige	12	Del Norte	13-09.00

Event 30 Boys Pole Vault Varsity**Saturday 5/10/2025 - 11:30 AM****Record: 16-04 2013****Kyle Pater**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Borinsky, Sam	12	Mt Carmel	11-00.00
2	Havrilak, Damian	10	Rancho Berna	11-00.00
3	Brockett, Nathan	9	San Marcos	11-03.00
4	Humphrey, Tyler	9	Rancho Berna	11-04.00
5	Hatch, Brady	9	Westview	11-06.00
6	Johnson, Aidan	11	San Marcos	11-09.00
7	Osthimer, Joshua	11	San Marcos	12-06.00
8	Segovia, Rylen	11	Del Norte	12-06.00
9	Sun, Tyler	11	Rancho Berna	12-06.00
10	Knott, Kaden	11	Westview	12-06.00
11	Bhatt, Kush	10	San Marcos	12-06.00

Flight 2 of 2 Finals

1	Van Pelt, Caden	11	Poway	13-00.00
2	Hansen, George	11	Westview	13-01.00
3	Bowers, Charles	12	Del Norte	13-03.00
4	Benson, Juelle	12	Poway	13-06.00
5	Ojeda, Brennan	10	Del Norte	14-00.00
6	Thomson, Hunter	12	Poway	14-00.00
7	Guseman, Leo	11	Mt Carmel	14-01.00
8	Bradshaw, Courtland	10	Del Norte	14-02.00
9	Leigh, Peyton	12	Del Norte	14-06.00
10	Irmen, Lance	10	Rancho Berna	14-06.00

Event 28 Girls Discus Throw Varsity**Saturday 5/10/2025 - 10:00 AM****Record: 144-10 1992****Kristina Mataafa**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Prasouvo, Karly	11	Del Norte	78-09
2	Moore, Lauren	12	Westview	80-09
3	Learue, Angelica	10	San Marcos	80-11
4	Sablan, Cheyanne	12	Poway	81-01
5	Simien, Essynce	9	San Marcos	81-01
6	Hardy, Kalia	12	Poway	85-04
7	Kale, Reena	11	Rancho Berna	85-09
8	Coker, Lola	9	San Marcos	86-10
9	Traynum, Laura	12	Poway	88-05.50
10	Gadzekpo, Faith	12	Poway	88-11

Flight 2 of 2 Finals

1	Thompson, Nia	12	Westview	94-06
2	Thrall, Clara	11	San Marcos	96-09
3	Austin, Cassidy	11	Rancho Berna	97-07
4	Looper, Hannah	12	Rancho Berna	108-08
5	Utech, Miller	11	Del Norte	114-01
6	Khot, Jaya	12	Rancho Berna	114-05
7	McClean, Briana	12	San Marcos	115-02
8	Seabolt, Jacqueline	12	Mt Carmel	116-01

Event 33 Boys Shot Put Varsity**Saturday 5/10/2025 - 10:00 AM****Record: 70-00.25 1992****Brent Noon**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Serrano, Lucas	10	Rancho Berna	40-05.50
2	Samuels, Jaidon	11	Del Norte	41-05.75
3	Marcos, Rowan	10	Poway	41-06.00
4	Ho-Sing-Loy, Lukas	12	Westview	41-09.00
5	Tootikian, Asher	11	San Marcos	41-10.00
6	Borillo, Jayden	12	Rancho Berna	42-01.50
7	Montgomery, Maxwell	12	Rancho Berna	43-02.50
8	Laborde, Cooper	11	Rancho Berna	44-04.00
9	Vargas Jr., JJ	10	Westview	44-08.50

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Flight 2 of 2 Finals...(Event 33 Boys Shot Put Varsity)

1	Sweitzer, Grant	12	Rancho Berna	45-00.00
2	Curry, Chance	11	Rancho Berna	45-05.50
3	Winslow, Jonathyn	12	Mt Carmel	45-07.00
4	Hillery, Delonte	10	Poway	45-07.00
5	Lane, Travis	12	San Marcos	46-00.00
6	Reese, Judah	11	San Marcos	47-09.50
7	Meyer, Cooper	11	San Marcos	48-09.00
8	Llama, Jacob	12	Rancho Berna	50-03.50
9	Gelt, Matek	12	San Marcos	52-05.00

Event 25 Girls Long Jump Varsity**Saturday 5/10/2025 - 10:00 AM****Record: 18-03.50 2002****Lauren Miller**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Weddle, Brooklyn	11	Rancho Berna	14-07.00
2	Onan, Eilee	9	Poway	14-07.50
3	Coker, Zoe	9	Rancho Berna	14-10.00
4	Cotton, Jocelyn	10	Westview	14-11.00
5	Jabbour, Sasha	12	Rancho Berna	14-11.50
6	Collins, Sevanna	11	Del Norte	15-01.00
7	Vu, Emma	9	Mt Carmel	15-01.50
8	Onan, Maya	9	Poway	15-03.50
9	McConnin, Lindsay	9	Poway	15-05.50

Flight 2 of 2 Finals

1	Wavrik, Bailey	12	Westview	15-08.00
2	Hansen, Audrey	10	Poway	15-08.00
3	Akinpelu, Victoria	12	Del Norte	16-00.00
4	Eshel, Taliah	11	Rancho Berna	16-03.25
5	Castro, Mattea	11	Mt Carmel	16-04.00
6	Pascual, Lexington	10	Rancho Berna	16-04.50
7	Do, Madelyn	9	Del Norte	16-08.50
8	Bustarde, Virginia	11	San Marcos	17-04.00
9	Vermilyea, Hailey	12	Poway	17-04.50
10	Fonseca, Naja	12	Del Norte	17-07.00

Event 31 Boys Long Jump Varsity**Saturday 5/10/2025 - 10:00 AM****Record: 23-08.50 1983****Chris Alarcon**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Nagesh, Akshay	11	Del Norte	19-00.50
2	Gonzalez, Ocean	12	Poway	19-02.00
3	Gainey, Andre	9	San Marcos	19-02.25
4	Hurt, Christian	9	San Marcos	19-06.00
5	Kaelin, Brayden	12	Rancho Berna	19-06.25
6	Dalrymple, Trent	11	Rancho Berna	19-07.50
7	Swillens, Lucas	10	San Marcos	19-08.00
8	Barnett, Kaden	12	Del Norte	19-09.50

Flight 2 of 2 Finals

1	Smith-Earle, Rowan	12	Poway	20-01.00
2	Anderson, Chase	11	Rancho Berna	20-05.00
3	Ford, Brogan	11	Westview	20-05.00
4	Young, Shaun	12	Mt Carmel	20-07.00
5	Yakubisin, Luke	12	Westview	20-07.50
6	Osthimer, Joshua	11	San Marcos	20-08.00
7	Hawkins, William	11	Poway	20-08.00
8	Hines, Preston	12	San Marcos	21-00.00
9	Gray, Abdul	9	Mt Carmel	21-02.00
10	Kyle, Tristan	12	Del Norte	21-07.00
11	Brown, Kyler	11	Westview	21-09.75

Event 23 Girls High Jump Varsity**Saturday 5/10/2025 - 10:00 AM****Record: 5-09 2007****Whitney Sisler**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Fenter, Reagan	12	Poway	4-04.00
2	Christensen, Audrey	9	Poway	4-04.00
3	Hubbard, Lillian	11	Mt Carmel	4-04.00
4	Le, Kaylaine	11	Poway	4-04.00
5	Bouguerra, Nesreen	11	Mt Carmel	4-05.00
6	Pohl, Cami	9	San Marcos	4-06.00
7	Ho, Yvonne	11	Del Norte	4-06.00
8	Collingwood, Anne	11	Westview	4-07.00
9	Blackburn, Ashlyn	11	Del Norte	4-08.00
10	Hoopas, Abigale	10	Poway	4-08.00
11	Gergurich, Anna	11	Poway	4-08.00
12	Hendrickson, Kate	12	Rancho Berna	4-08.00
13	Davis, Piper	9	Westview	4-08.00
14	Olive, Amaia	11	Mt Carmel	4-08.00
15	McLaughlin, Makena	11	Westview	4-08.00
16	Thompson, Nia	12	Westview	4-08.00
17	Naigan, Melia	11	Del Norte	4-08.00
18	Brown, Avery	10	Rancho Berna	4-09.00
19	Castro, Mattea	11	Mt Carmel	4-10.00
20	Littlejohn, Gabriela	12	San Marcos	5-00.00
21	Applegate, Ashley	12	Rancho Berna	5-00.00
22	Lopez Valenzuela, Bridget	12	Poway	5-02.00
23	Cunningham, Isabella	10	Westview	5-03.00

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Event 29 Boys High Jump Varsity**Saturday 5/10/2025 - 10:00 AM****Record: 6-08 2002 Keno White**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Hagan, Seth	11	Mt Carmel		5-03.00
2	Bizjack, Donovan	12	Poway		5-04.00
3	Davis, Jack	10	Poway		5-04.00
4	Gibbons, Connor	11	Mt Carmel		5-04.00
5	Simmons, Jaden	10	Rancho Berna		5-04.00
6	Kouassi, Elliott	10	Westview		5-04.00
7	Johnson, Caleb	11	Rancho Berna		5-04.00
8	Pereira, Ethan	11	Rancho Berna		5-04.00
9	Black, Braden	9	San Marcos		5-06.00
10	Young, Shaun	12	Mt Carmel		5-06.00
11	Gainey, Anthony	12	San Marcos		5-06.00
12	Kyle, Tristan	12	Del Norte		5-08.00
13	Andruss, Miles	12	Poway		5-08.00
14	Fernandes, Jack	10	Rancho Berna		5-08.00
15	Taylor, Detroit	10	Del Norte		5-08.00
16	Marsh, Ryan	10	Westview		5-09.00
17	Gainey, Andre	9	San Marcos		5-09.00
18	Mashouf, Jackson	12	Poway		5-10.00
19	Dizon, Anthony	11	Rancho Berna		5-10.00
20	Schiocchet, Bernardo	11	Rancho Berna		6-02.00
21	Riker, Max	12	Westview		6-03.00

Event 26 Girls Triple Jump Varsity**Saturday 5/10/2025 - 12:00 PM****Record: 39-02.50 1993 Tamiaka Porter**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	McLaughlin, Makena	11	Westview		29-07.25
2	Stephens, Abigail	12	Poway		29-09.00
3	Idoui, Layla	11	Rancho Berna		29-09.50
4	Quach, Emma	11	Poway		29-09.50
5	Hardy, Kiana	11	Poway		30-04.00
6	Lopez, Giselle	12	Poway		30-06.50
7	Gergurich, Anna	11	Poway		30-09.00
8	Onan, Maya	9	Poway		30-09.00
9	Banda, Madison	11	Westview		30-10.00
10	Collingwood, Anne	11	Westview		30-11.50
Flight 2 of 2 Finals					
1	McConnin, Lindsay	9	Poway		31-04.00
2	Weddle, Brooklyn	11	Rancho Berna		31-05.00
3	Akinpelu, Victoria	12	Del Norte		31-09.00
4	Castro, Mattea	11	Mt Carmel		32-04.25
5	Bustarde, Virginia	11	San Marcos		32-05.00
6	Hernandez, Lianna	12	Rancho Berna		32-08.00
7	Cotton, Jocelyn	10	Westview		32-09.00
8	Eshel, Taliah	11	Rancho Berna		34-02.00
9	Vu, Emma	9	Mt Carmel		34-02.75
10	Fonseca, Naja	12	Del Norte		35-01.50
11	Pascual, Lexington	10	Rancho Berna		37-02.25

Event 27 Girls Shot Put Varsity**Saturday 5/10/2025 - 12:00 PM****Record: 43-03 1988 Laura Hughes**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Kale, Reena	11	Rancho Berna		24-03.00
2	Prasouvo, Karly	11	Del Norte		25-05.50
3	Sablan, Cheyanne	12	Poway		25-09.00
4	Austin, Cassidy	11	Rancho Berna		26-10.00
5	Looper, Hannah	12	Rancho Berna		27-01.00
6	Traynum, Laura	12	Poway		27-03.50
7	Weilhammer-Emory, Bella	12	Westview		28-01.00
8	Akinpelu, Victoria	12	Del Norte		28-06.50
9	Simien, Essynce	9	San Marcos		28-08.00
10	Utech, Miller	11	Del Norte		28-10.00
Flight 2 of 2 Finals					
1	Matcha, Fiona	10	Westview		29-02.00
2	Khot, Jaya	12	Rancho Berna		31-01.50
3	Thrall, Clara	11	San Marcos		32-06.50
4	Coker, Lola	9	San Marcos		32-11.50
5	Thompson, Nia	12	Westview		33-00.00
6	Gadzekpo, Faith	12	Poway		34-06.00
7	McClean, Briana	12	San Marcos		35-01.50
8	Seabolt, Jacqueline	12	Mt Carmel		37-06.00

Event 32 Boys Triple Jump Varsity**Saturday 5/10/2025 - 12:00 PM****Record: 50-03 1994 Von Ware**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Dalrymple, Trent	11	Rancho Berna		36-11.00
2	O'Brien, Griffin	9	Mt Carmel		36-11.00
3	Tan, Derek	10	Del Norte		37-02.00
4	Pereira, Ethan	11	Rancho Berna		37-05.50
5	Hennigan, Cashel	9	Westview		37-06.00
6	Huang, Jeffrey	11	Westview		37-07.25
7	Skalsky, Jack	12	Poway		37-09.25
8	Fortenberry, Anthony	9	San Marcos		38-02.00
9	Hines, Preston	12	San Marcos		39-03.25
Flight 2 of 2 Finals					
1	Kaelin, Brayden	12	Rancho Berna		40-04.50
2	Yakubisin, Luke	12	Westview		40-07.50
3	Plonka, Pierce	12	Mt Carmel		40-08.00
4	Barnett, Kaden	12	Del Norte		40-09.50
5	Taylor, Anthony	12	Del Norte		40-10.50
6	Nagesh, Akshay	11	Del Norte		41-04.50
7	Kyle, Tristan	12	Del Norte		41-08.00
8	Fune, Ethan	11	Mt Carmel		42-00.50
9	Gainey, Andre	9	San Marcos		42-03.00
10	Anderson, Chase	11	Rancho Berna		42-07.00
11	Young, Shaun	12	Mt Carmel		43-00.00

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Event 34 Boys Discus Throw Varsity**Saturday 5/10/2025 - 12:00 PM****Record: 177-00 1992****Brent Noon**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Ho-Sing-Loy, Lukas	12	Westview		116-04
2	Manson, Jackson	11	Del Norte		117-07
3	Shiflet, Noah	12	Westview		119-08
4	Reese, Judah	11	San Marcos		122-01
5	Laborde, Cooper	11	Rancho Berna		122-01
6	Sweitzer, Grant	12	Rancho Berna		123-02
7	Hillery, Delonte	10	Poway		124-10
8	Bradbury, Lance	12	Rancho Berna		131-11

Flight 2 of 2 Finals

1	Zierolf, Jacob	10	Del Norte		134-02
2	Serrano, Lucas	10	Rancho Berna		135-00
3	Lane, Travis	12	San Marcos		139-02
4	Meyer, Cooper	11	San Marcos		143-03
5	Franco, Thien	12	Rancho Berna		143-09
6	Gelt, Matek	12	San Marcos		146-10
7	Borillo, Jayden	12	Rancho Berna		146-10
8	Winslow, Jonathyn	12	Mt Carmel		150-02
9	Curry, Chance	11	Rancho Berna		154-08
10	Llama, Jacob	12	Rancho Berna		158-00