



Eastern High School  
Lansing, Michigan  
Saturday, April 19, 2025

<b>PURPOSE:</b>	Queens with Wings is an all-female Athletics event management team located in Columbus, Ohio is partnering with Embrace Sportz to host the first all-female track & field showcase in <b><u>Lansing Michigan</u></b> . We have hosted all female track and field events in the United States for 3 years in Ohio and 1 year in Texas. This event has been designed to empower, celebrate female athletes, coaches, officials and provide scholarship to help offset the cost of education for all academic levels.
<b>CORE VALUES:</b>	<b>Honor, Excellence, Giving, Hospitality</b>
<b>START TIME</b>	<b>Track Events will begin at 10:30am; Field Events 9:30am</b>
<b>ENTRY FEE:</b>	Track & Field Events - \$20.00USD per athlete; \$150.00 per team ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Entry fees are per athlete, no substitutions allowed after submission. All entry entries must be paid prior to competition.
<b>ONLINE REGISTRATION</b>	<a href="http://www.athletic.net">www.athletic.net</a>
<b>PACKET PICKUP:</b>	Packet pickup will be located at the Awards table on the day of the event.
<b>IMPLEMENTS:</b>	Meet management will not supply implements. Athletes may bring their own implements to use during competition.
<b>ENTRY DEADLINE:</b>	<b>The entry deadline is Thursday, April 17, 2025@ 11:59pm EST. The person who registers the athlete online assumes all responsibility for what is entered online. NO CHANGES WILL BE MADE.</b>
<b>COACHES PASSES:</b>	<b>1-4 athletes 1 passes; 5-10 athletes - 2 pass; 11-19 athletes 3 passes; 20-29 athletes-4 passes; 30-39 athletes- 5 passes; 40-59 athletes 6 passes: 60+ 7 passes.</b>





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## EVENT LIMITATIONS

All competitors in the 12-year-old age divisions and under will be limited to a maximum of (3) three events per competitor, including relays but excluding multi-events. All competitors in the age 13 and up divisions will be limited to a total of (4) four events per competitor.

**ATHLETE WARM-UP:** The track will close 20 minutes prior to the start of the 1st running event.

**COMPETITOR:** Check-in shall be conducted upon the first call of their events.

**RESULTS:** [www.athletic.net](http://www.athletic.net)

**AWARDS:** Top three (3) place finishers in each event will receive medals and tiara's. Awards can be picked up at the awards area approximately 30 minutes after the conclusion of the event except Field Events. They will be given out at the event. **Medals will not be mailed.** It is the responsibility of the competitor, coach or parent to pick up awards before leaving meet.





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**SPECTATOR**

**Spectator Gate will open at 9:00am.** \$10.00 per person in advance. \$13.00 per person the day of event. Children 5 and under are free.

**TICKET LINK**

[Queens with Wings powered by Embrace Sportz Tickets, Sat, Apr 19, 2025 at 9:00 AM | Eventbrite](#)

**CONCESSIONS:**

Concessions will be available. Hosted by a local athletics club





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## Custom Awards

1<sup>st</sup> Place Medal (5"inch Custom Medal)



1<sup>ST</sup> Place award pictured above with custom ribbon  
2<sup>ND</sup> & 3<sup>RD</sup> Place Medal (Medal will be silver and bronze)



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## SCHOLARSHIP OPPORTUNITIES FOR STUDENTS

# Girls Run the WORLD!

## Queens with Wings Scholarship

Two \$500 scholarships sponsored by Queens with Wings will be awarded to students who are pursuing academic excellence and participating in the sport of Track and Field.

### SCHOLARSHIP – Queens with Wings SCHOLARSHIP

Awards \$500.00

#### Criteria:

- Have a G.P.A of 3.33 or higher.
- Registered as a participant for the Queen with Wings Invitational held on Saturday April 19, 2025.
- Must submit a 600-word essay.
- Must submit your school transcript acceptance letter along with the essay by Saturday, April 12, 2025.

#### ESSAY TOPIC:

Please write a 600-word essay on “How Has Youth Track and Field Athletics Impacted Your Life?”

Essays must be submitted to **Mrs. Myra Boggs via email @ [myradeniseboggs@gmail.com](mailto:myradeniseboggs@gmail.com)**

SUBMISSIONS ARE DUE NO LATER THAN: Midnight Saturday, April 12, 2025

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### RAFFLE - YOUTH ATHLETE (School Grade k-12th)

Queens with Wings Invitational will be raffling eight (5) gift cards in the amount of \$30.00 each.

#### Criteria:

- Registered as a participant for the Queens with Wings Invitational held in Lansing, Michigan on April 19, 2025.
- Youth athletes must participate in the event.





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**Order of Events**

**Field Events: 9:30am :** High Jump, Long Jump, Triple Jump, Shot Put/Softball Throw/Discus

**Running Events: 10:30am**

All races will be run as a timed final. We reserve the right to combine age groups.

3200M

100 M Hurdles

**Sub- Pee-Wee (3-4) Track Girl Magic Raffle**

100 M Dash

**Kindergarten 5-6 age group Track Girl Magic Raffle**

1600 M Run

**Masters (30+) Queens with Wings Raffle**

55 M Dash

**Open (19-29) Queens with Wings Raffle**

4x100 M Relay

4x100 Mixed Relay (Mother/Daughter)

**Lower Elementary Queens with Wings Raffle**

400 M Dash

**Queens with Wings Scholarship Presentation**

**Upper Elementary Queens with Wings Raffle**

800 M Dash

**Middle School Age Queens with Wings Raffle**

200 M Dash

**High School Age Queens with Wings Raffle**

